

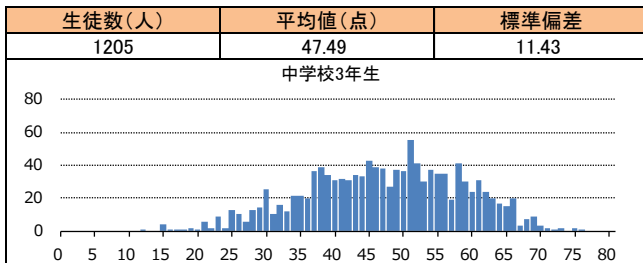
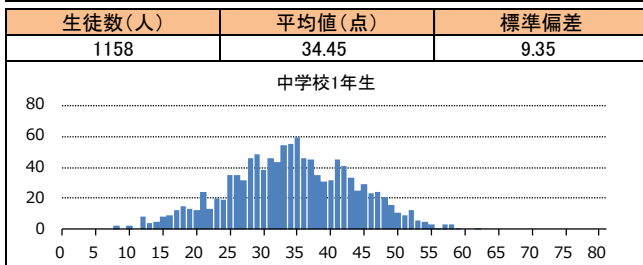
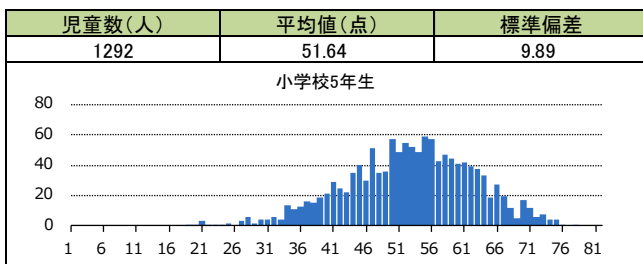
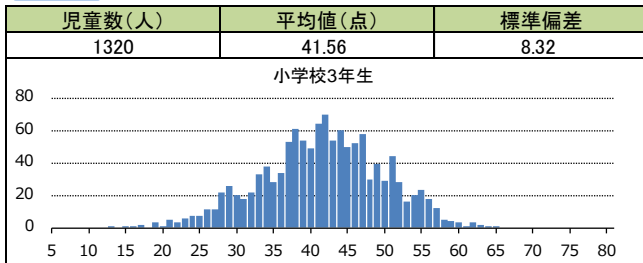
1 実技の状況 実技結果と経年変化

〈実技結果（令和5年度）〉

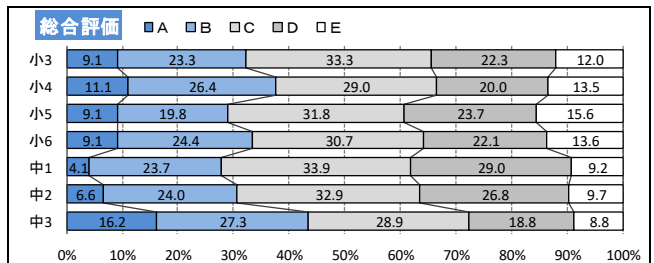
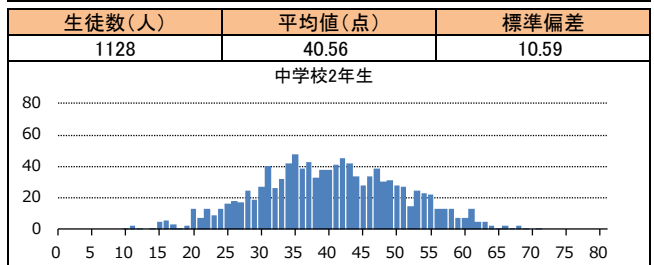
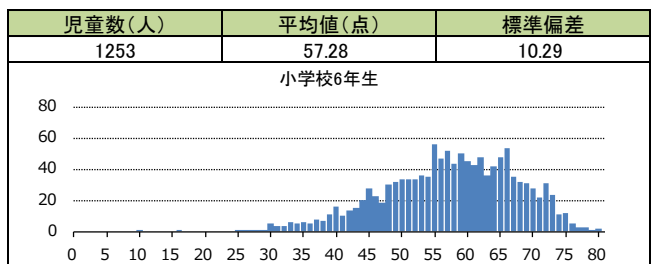
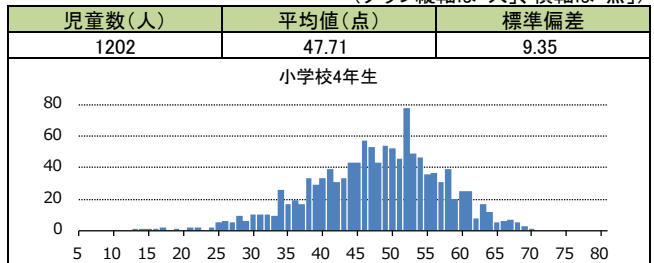
令和5年度の体力合計点及び各種目の実技結果の分布、平均値、総合評価の段階別の割合は次の通りである。

〈体力合計点と総合評価・段階別（令和5年度）〉

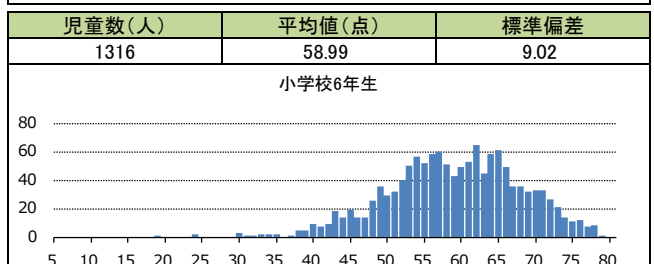
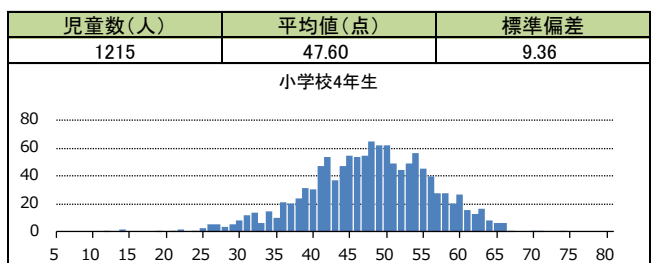
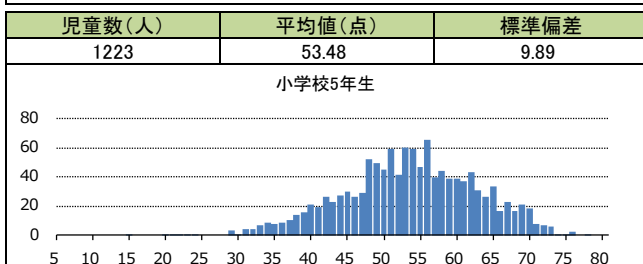
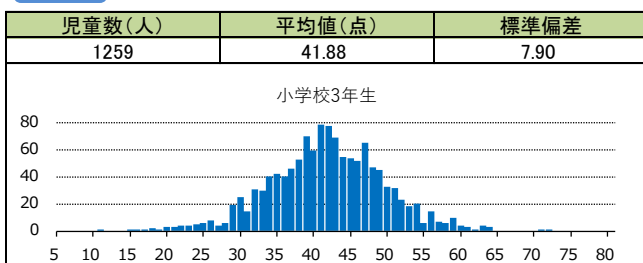
男子

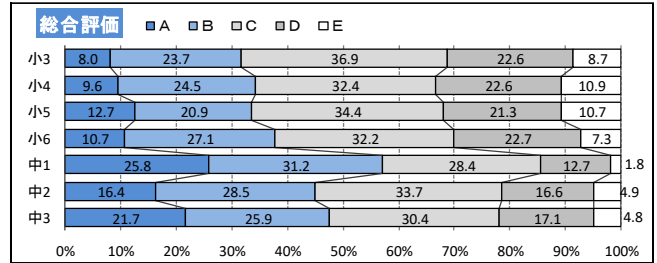
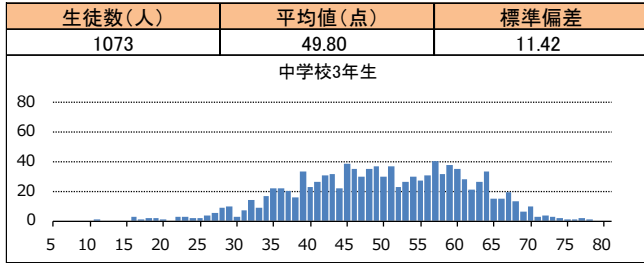
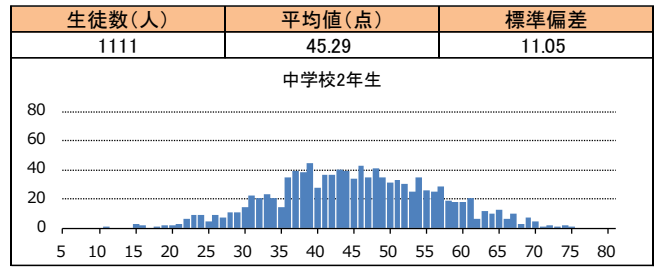
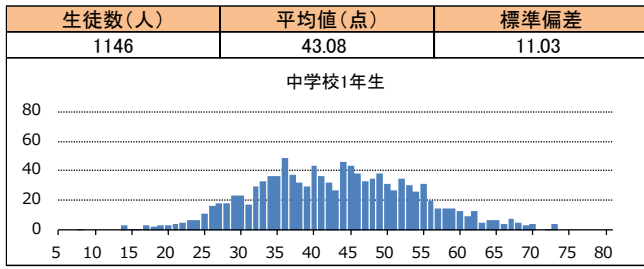


※得点基準及び総合評価規準は小学校と中学校、男子と女子とで異なる
(グラフ縦軸は「人」、横軸は「点」)



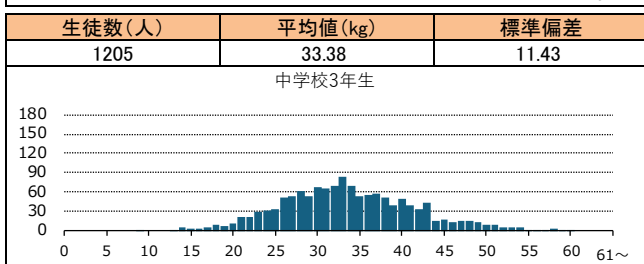
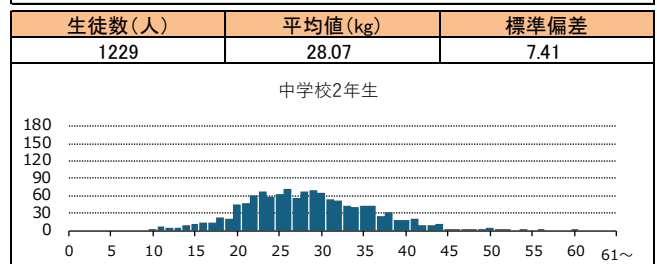
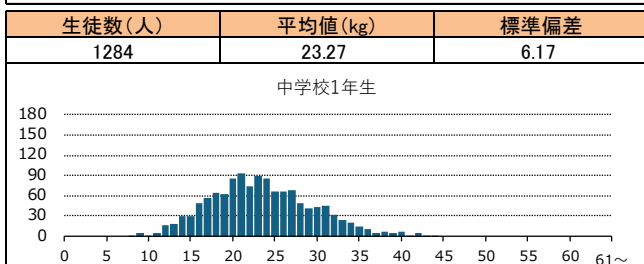
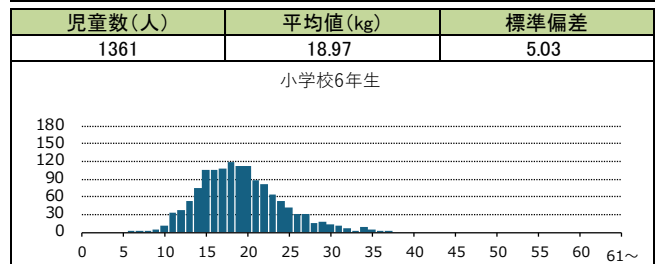
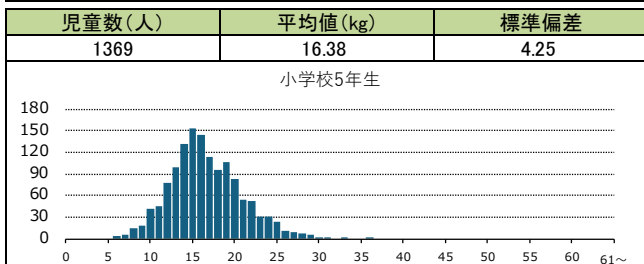
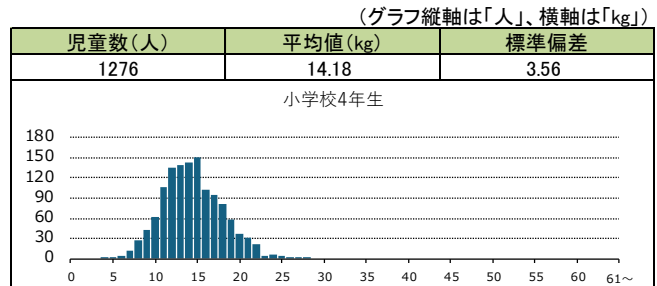
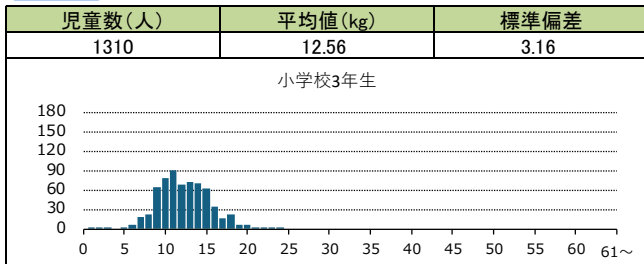
女子



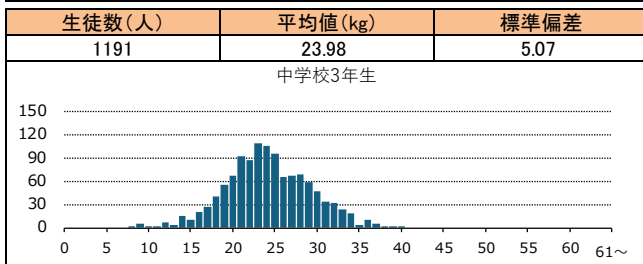
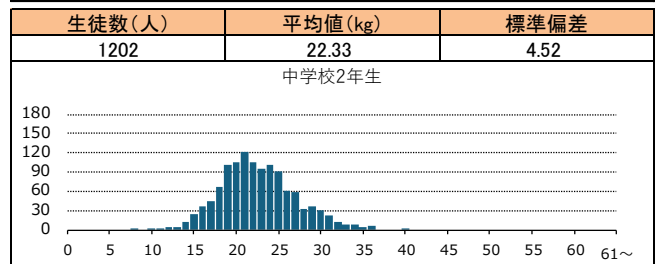
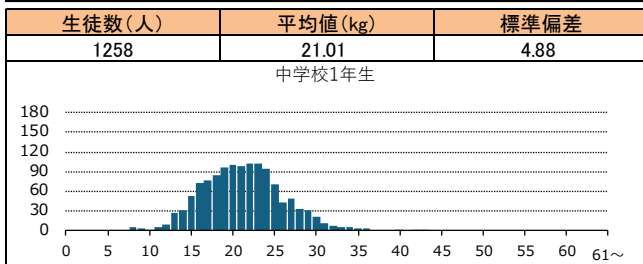
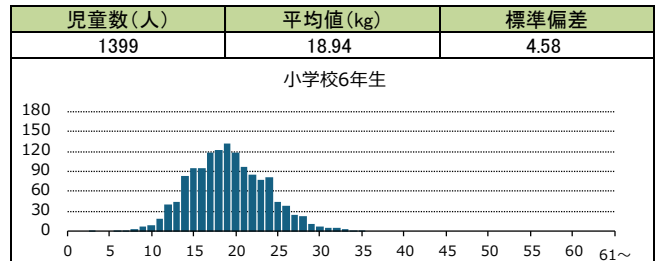
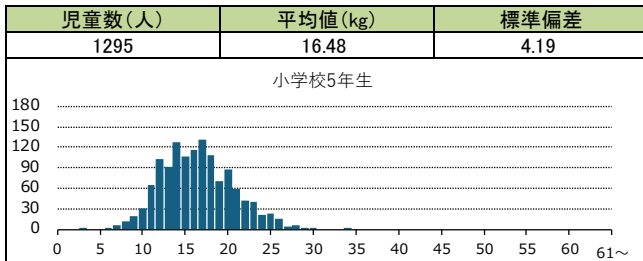
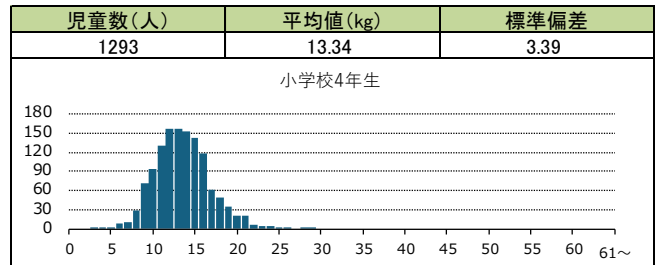
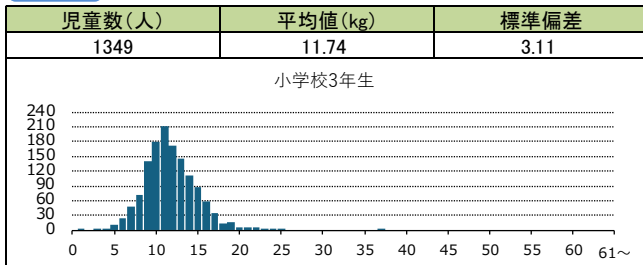


握 力

男子



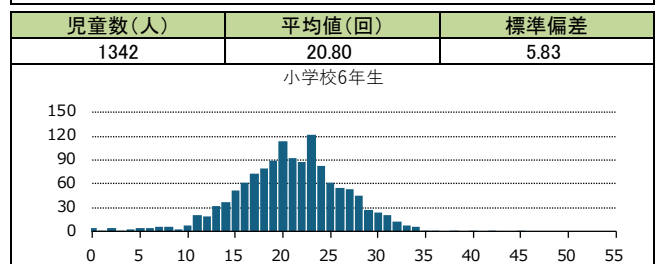
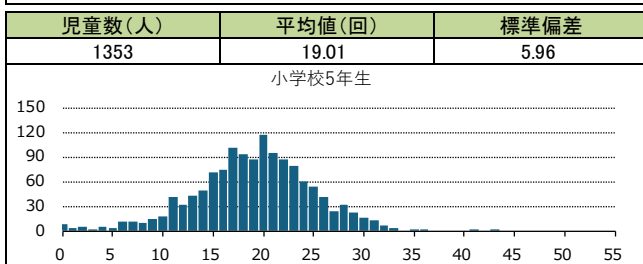
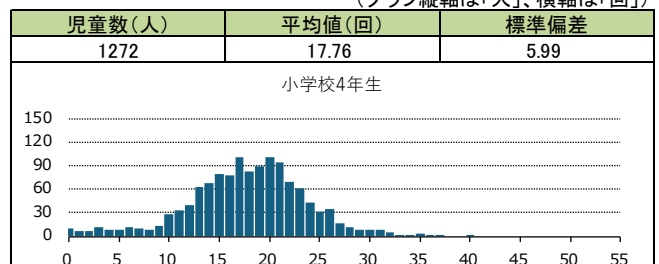
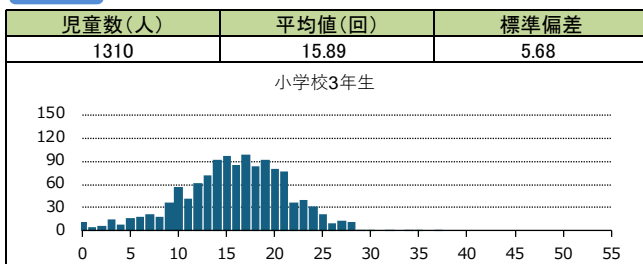
女子

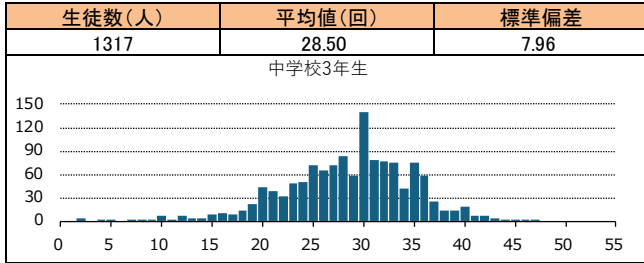
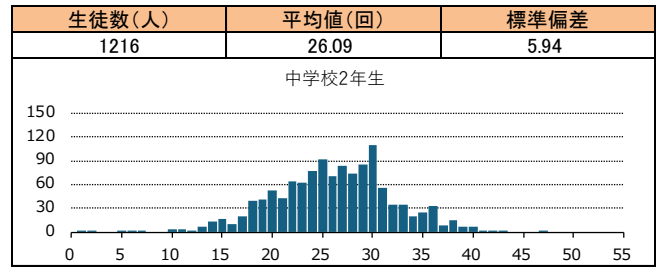
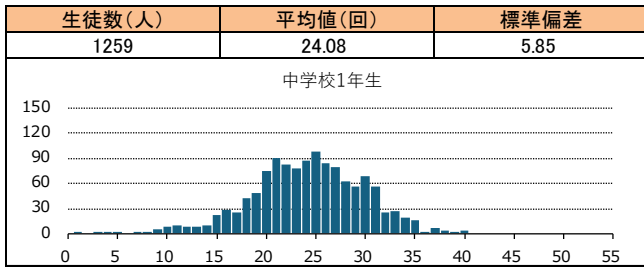


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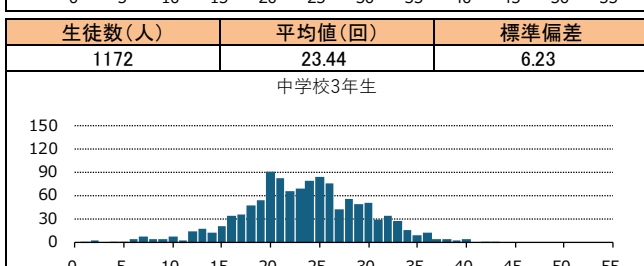
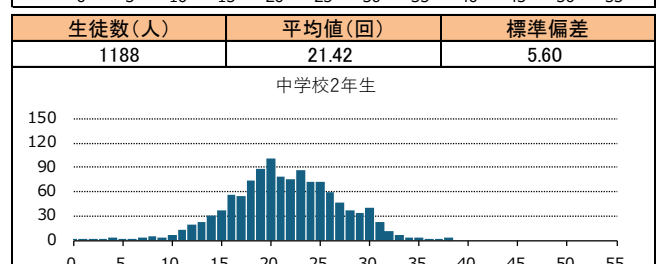
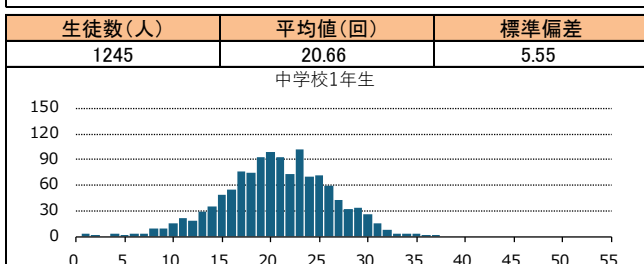
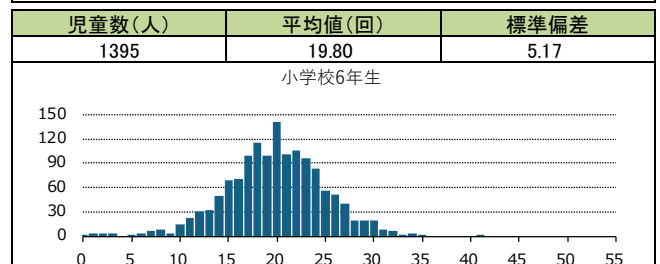
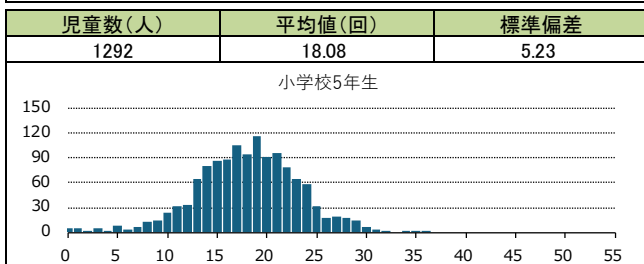
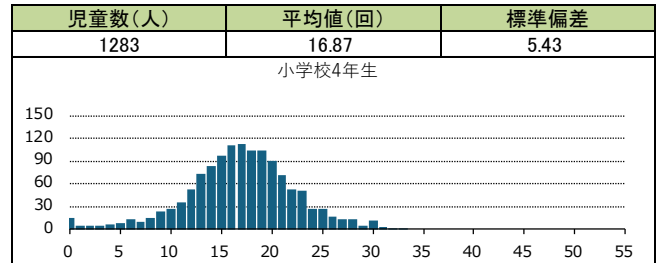
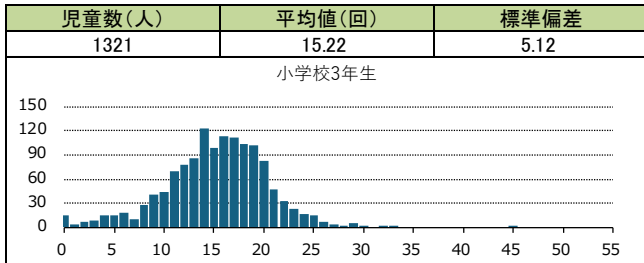
男子

(グラフ縦軸は「人」、横軸は「回」)





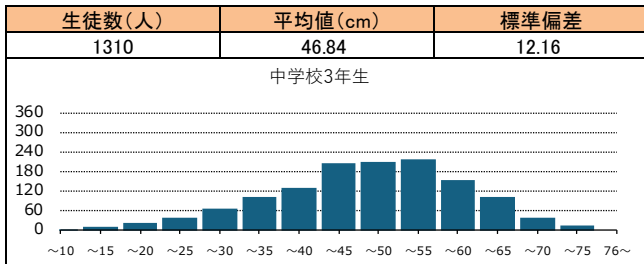
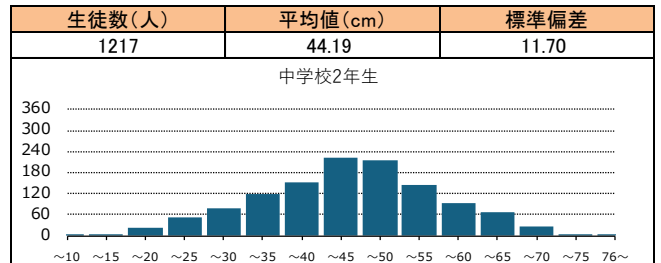
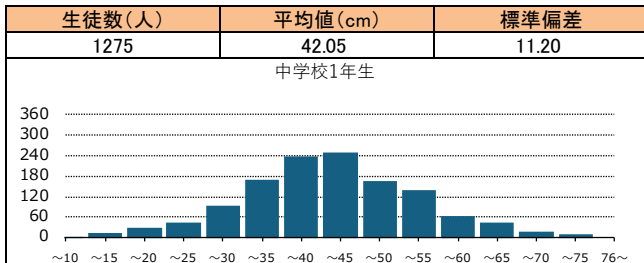
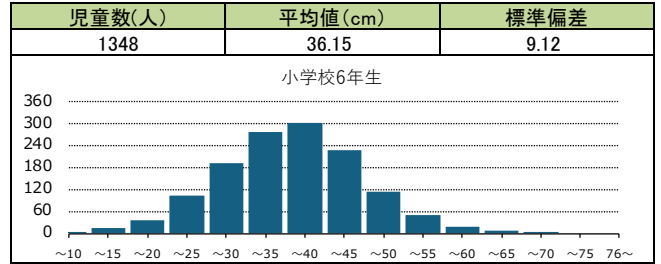
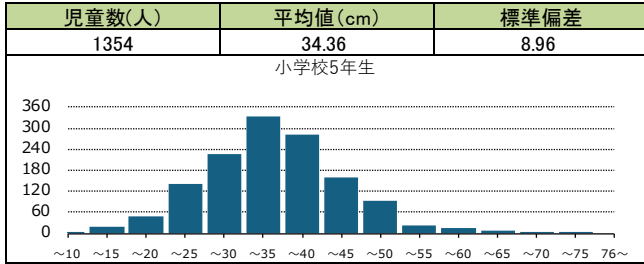
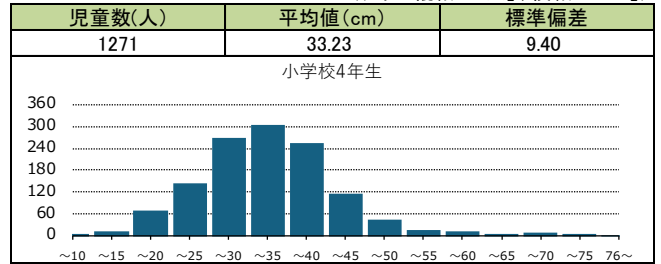
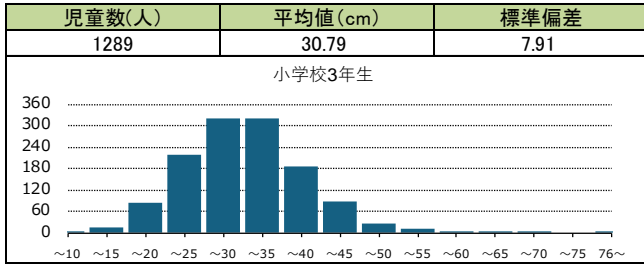
女子



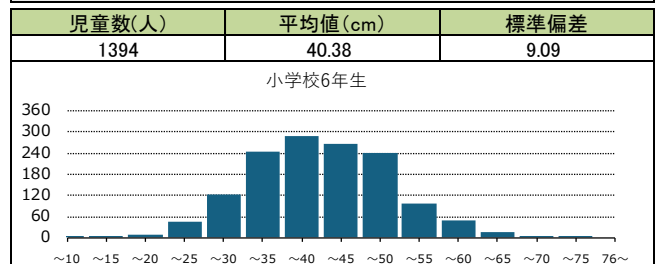
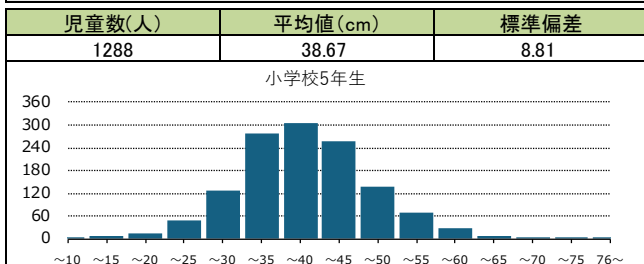
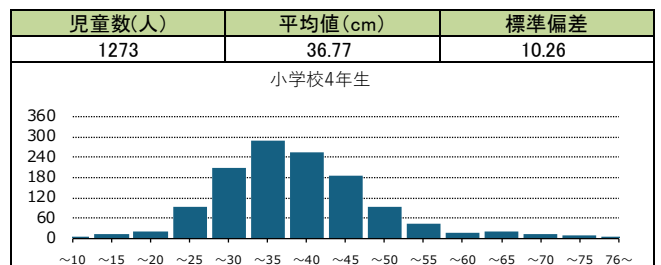
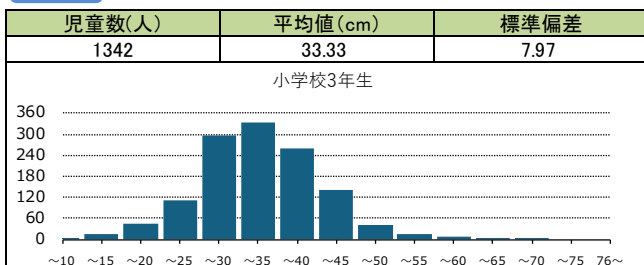
長座体前屈

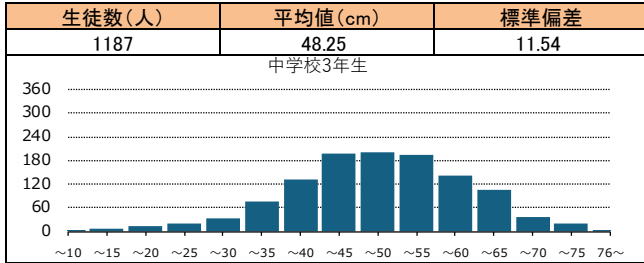
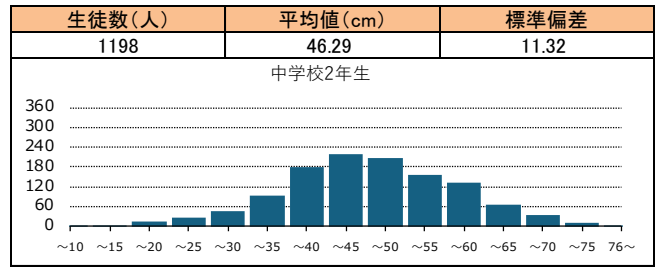
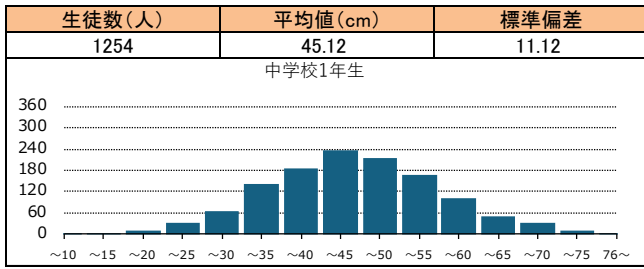
男子

(グラフ縦軸は「人」、横軸は「cm」)



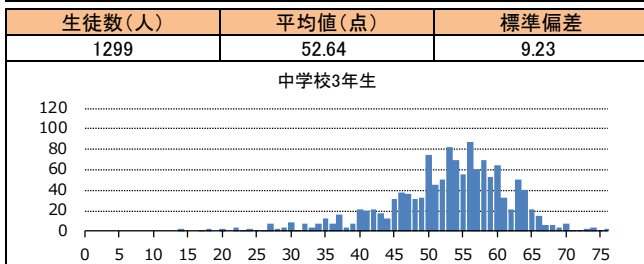
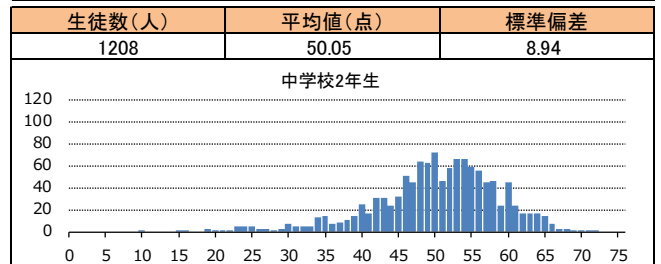
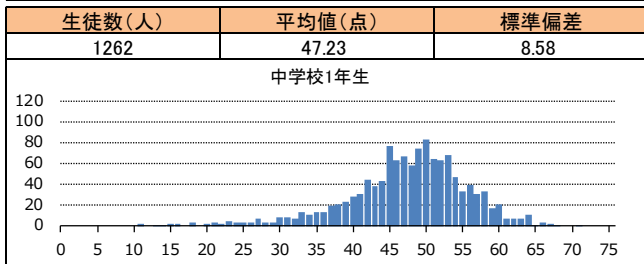
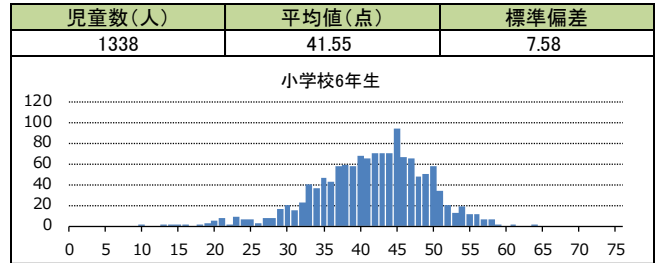
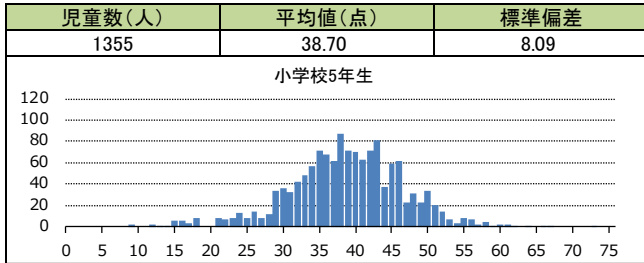
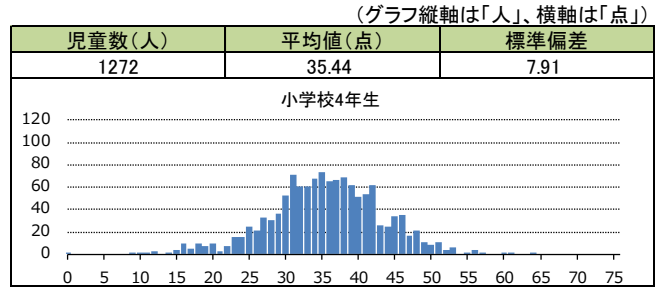
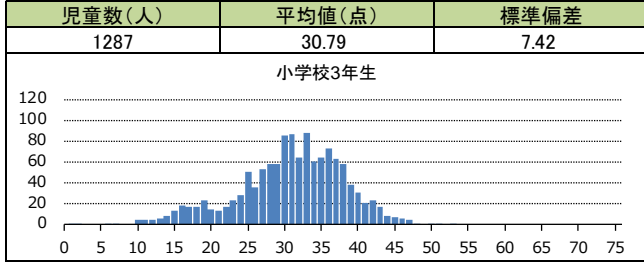
女子





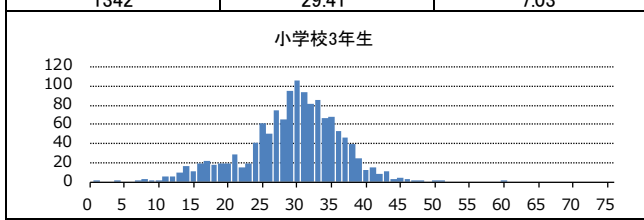
反復横とび

男子

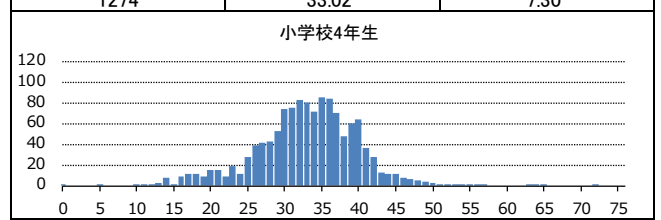


女子

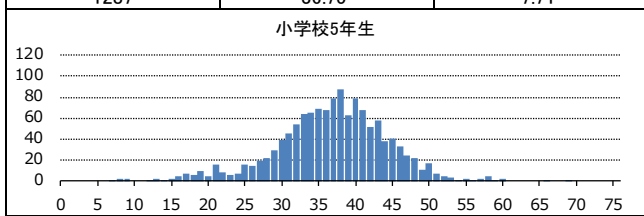
児童数(人)	平均値(点)	標準偏差
1342	29.41	7.03



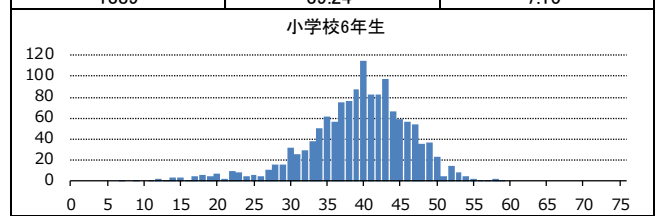
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1274	33.02	7.30



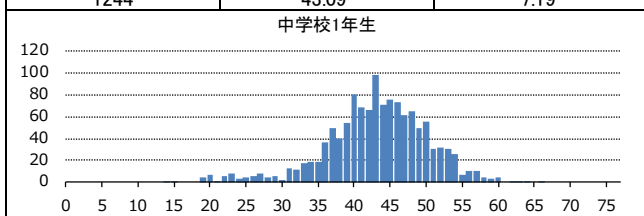
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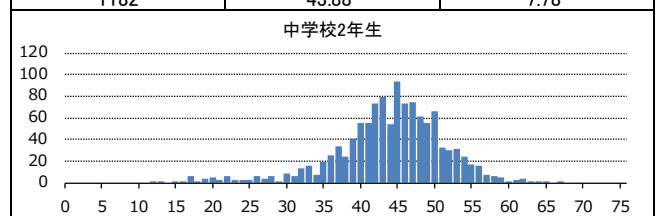
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1389	39.24	7.15



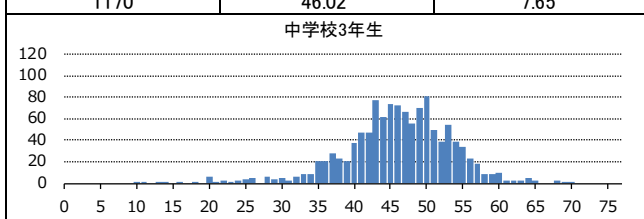
生徒数(人)	平均値(点)	標準偏差
1244	43.09	7.19



生徒数(人)	平均値(点)	標準偏差
1182	43.88	7.78



生徒数(人)	平均値(点)	標準偏差
1170	46.02	7.65

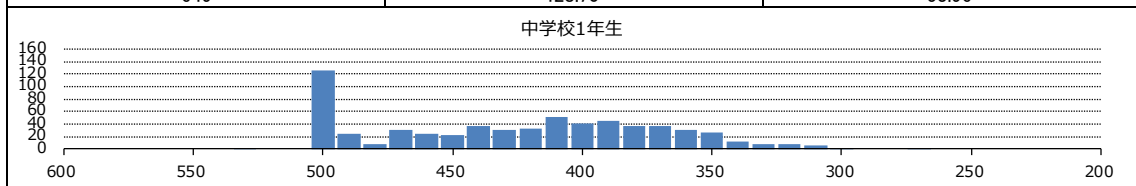


持久走(男子1500m、女子1000m)

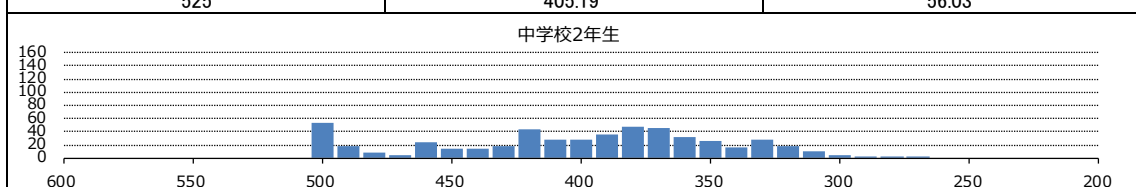
男子

(グラフ縦軸は「人」、横軸は「秒」)

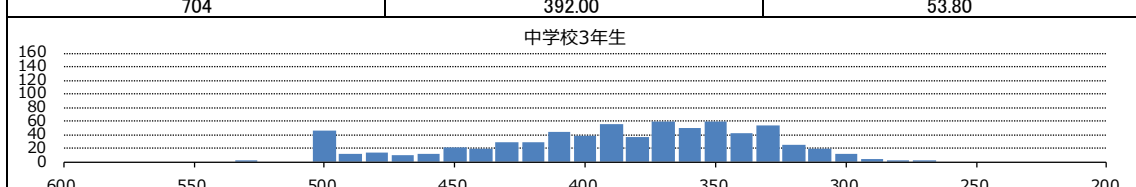
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649	428.70	53.96



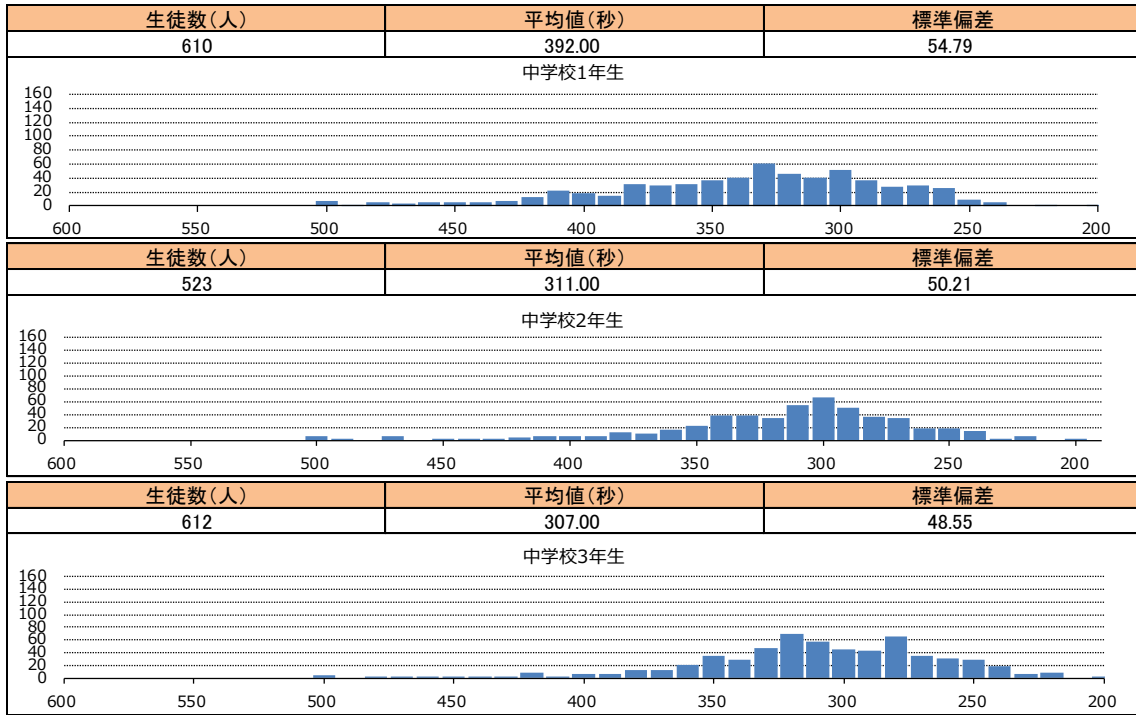
生徒数(人)	平均値(秒)	標準偏差
525	405.19	56.03



生徒数(人)	平均値(秒)	標準偏差
704	392.00	53.80



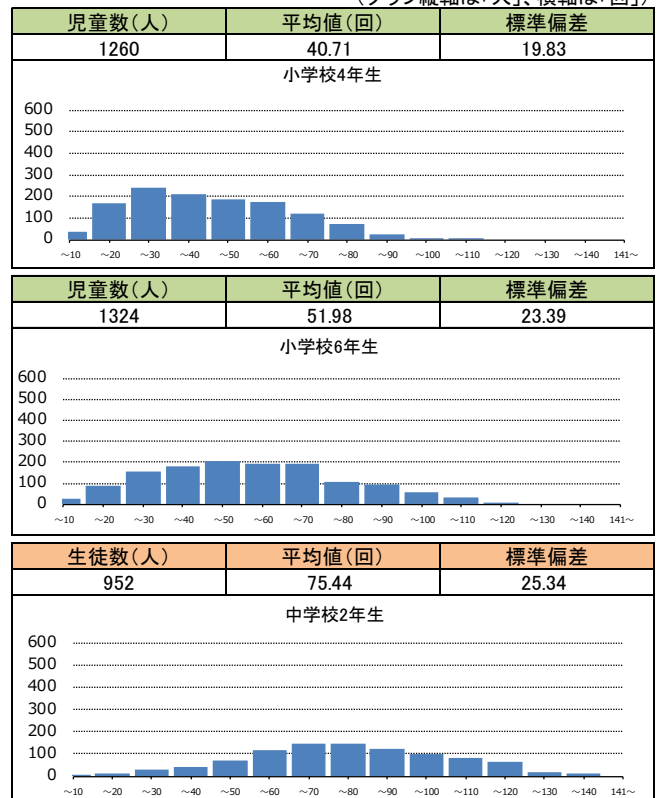
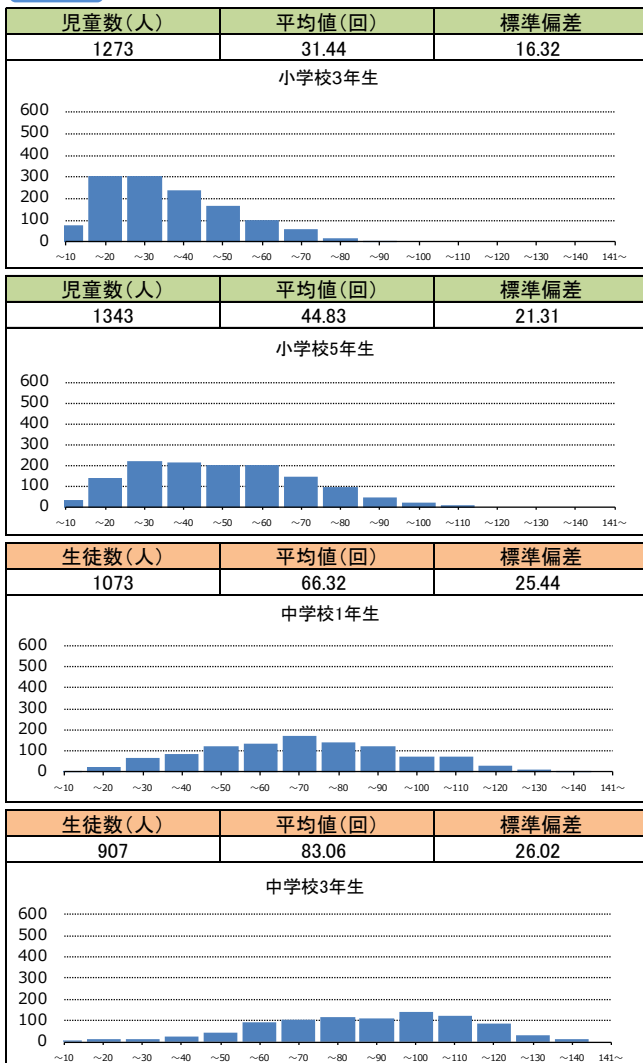
女子



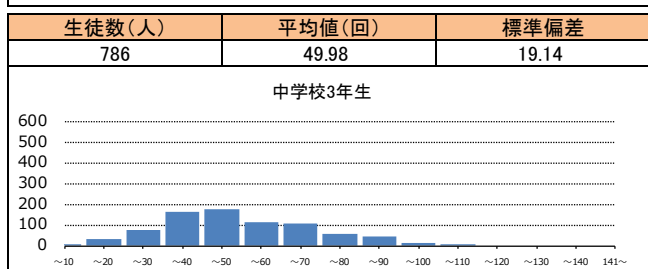
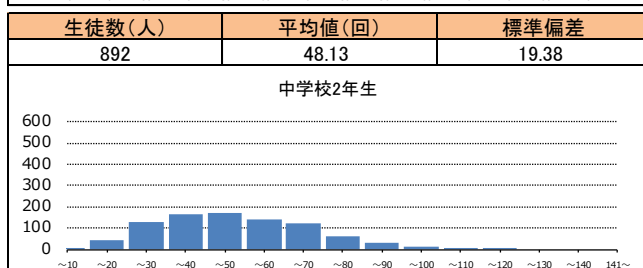
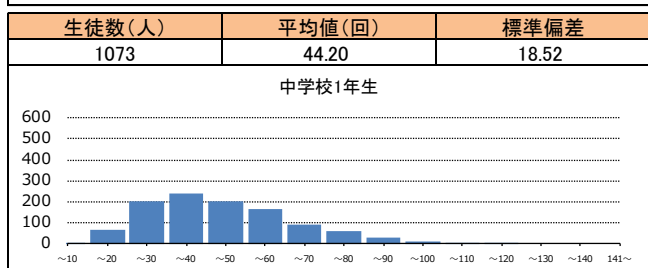
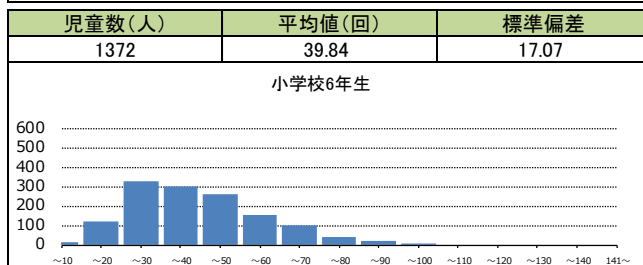
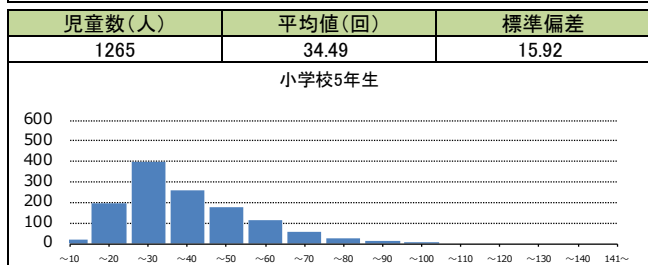
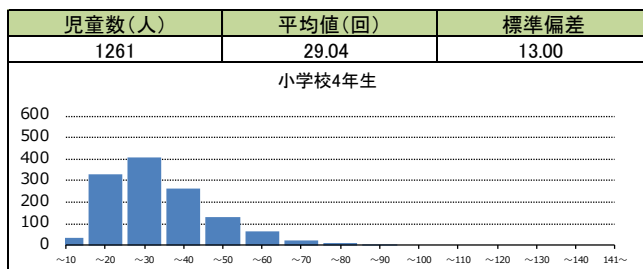
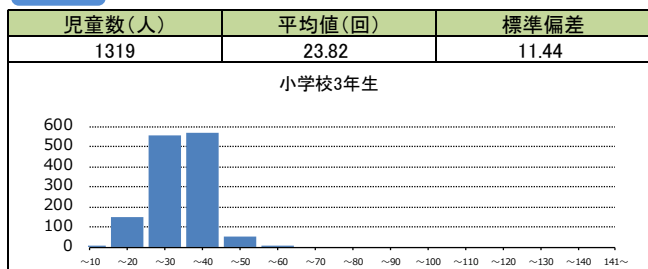
20mシャトルラン

男子

(グラフ縦軸は「人」、横軸は「回」)



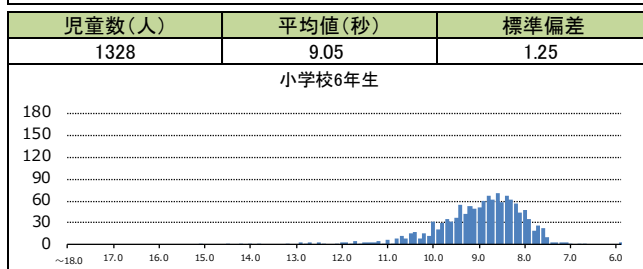
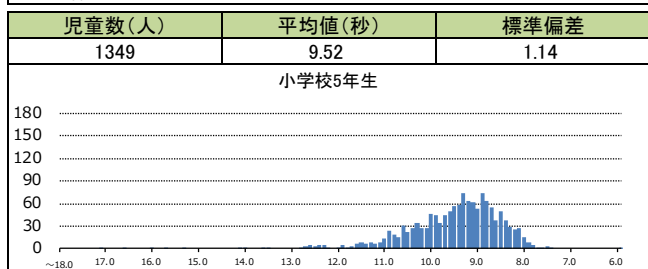
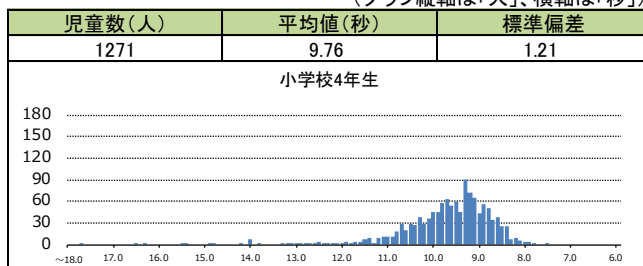
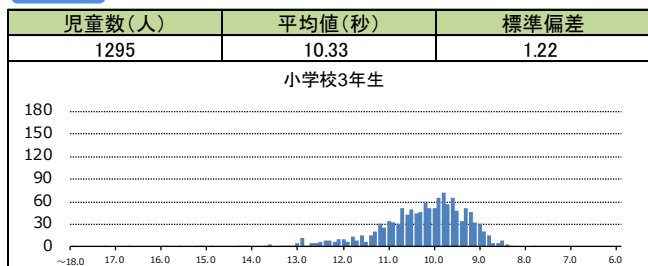
女子

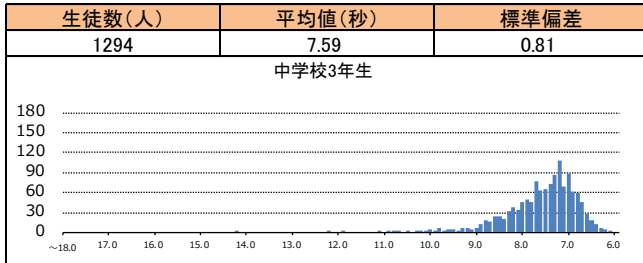
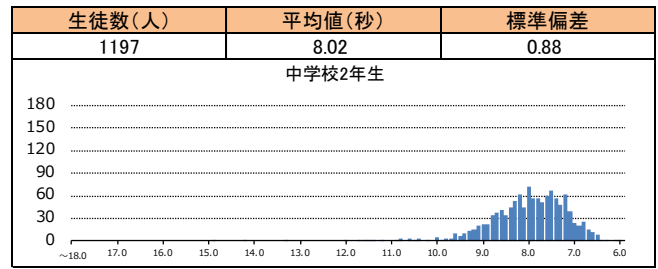
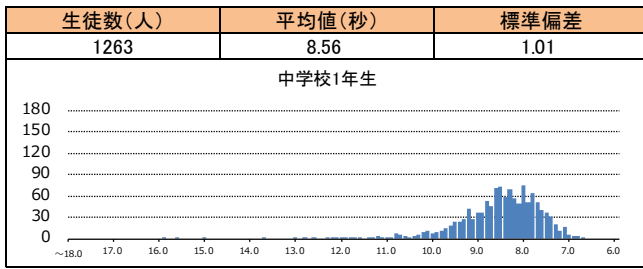


50 m 走

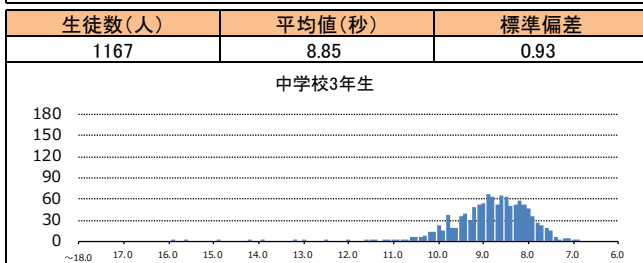
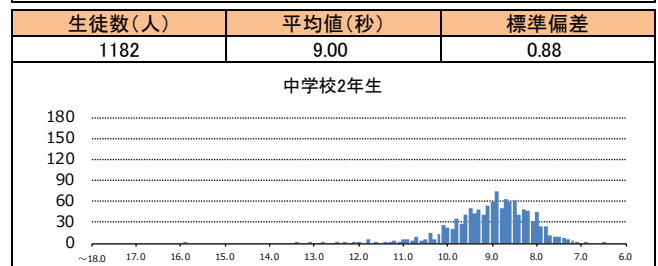
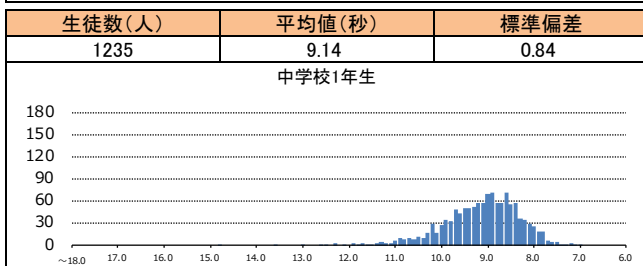
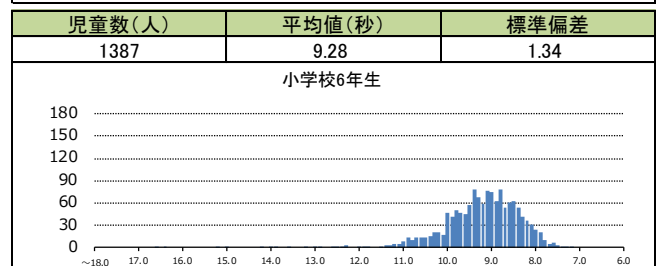
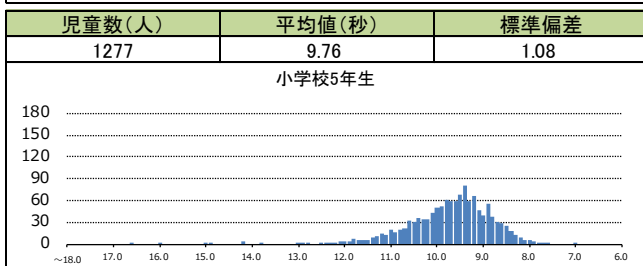
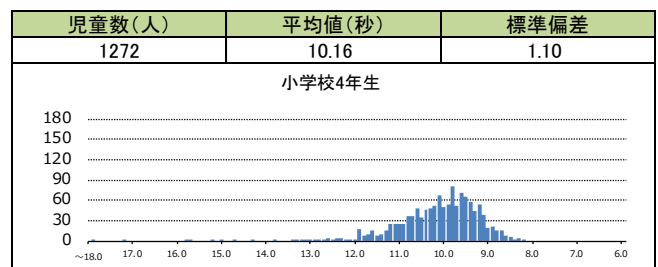
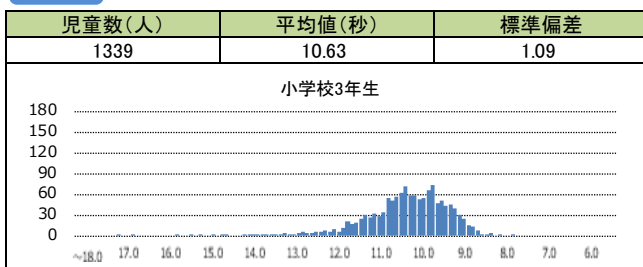
男子

(グラフ縦軸は「人」、横軸は「秒」)





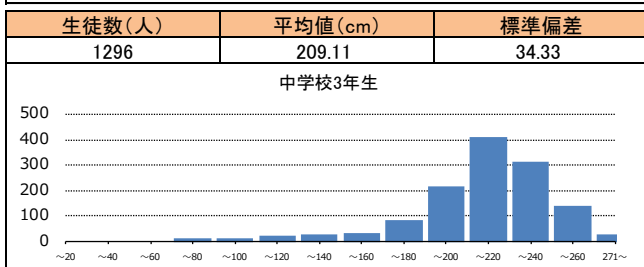
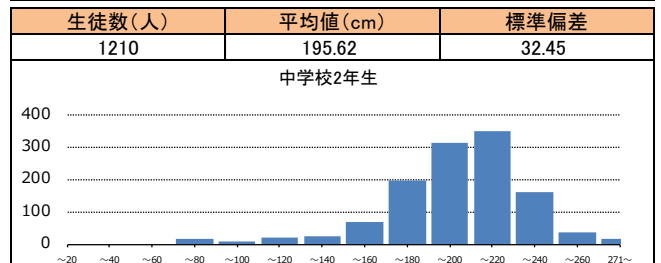
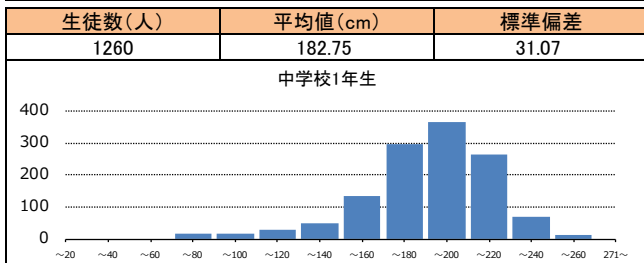
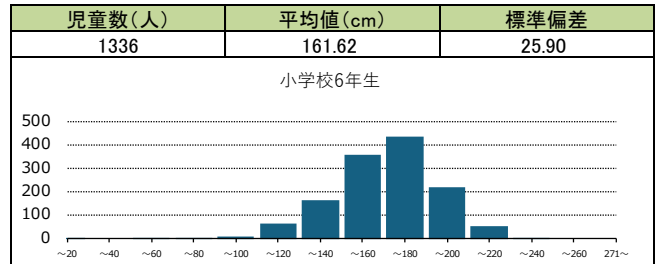
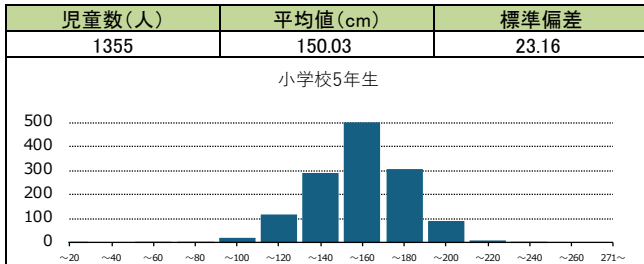
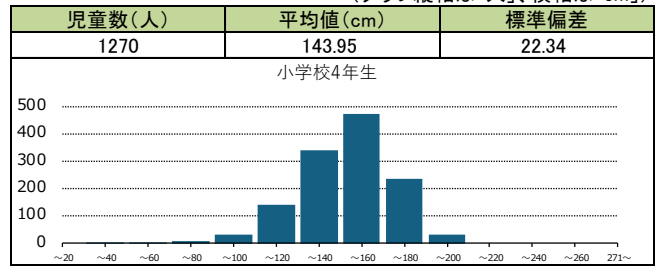
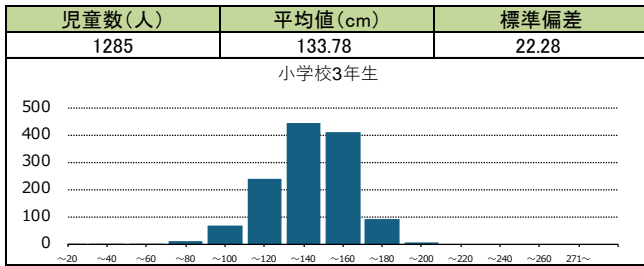
女子



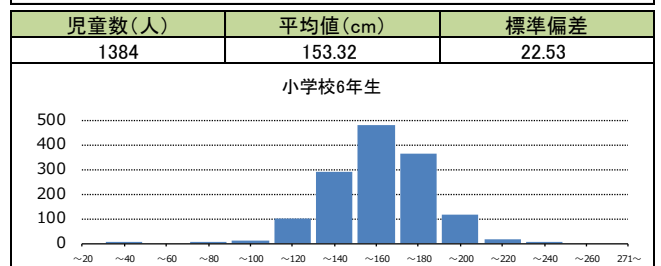
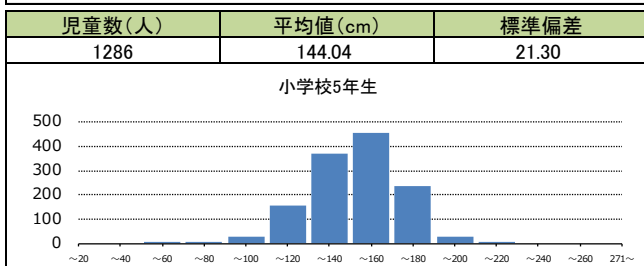
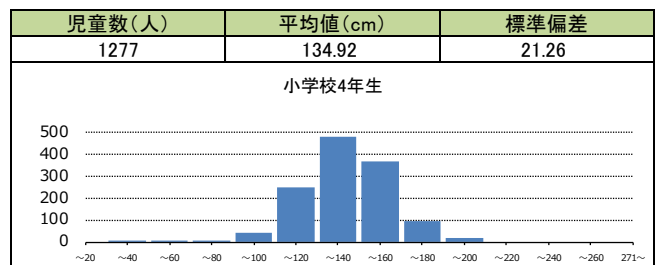
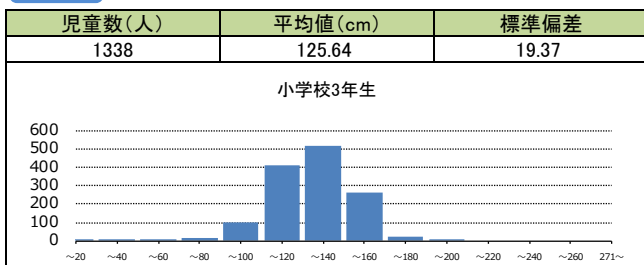
立ち幅とび

男子

(グラフ縦軸は「人」、横軸は「cm」)



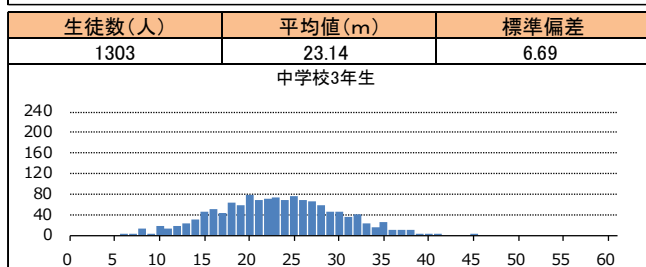
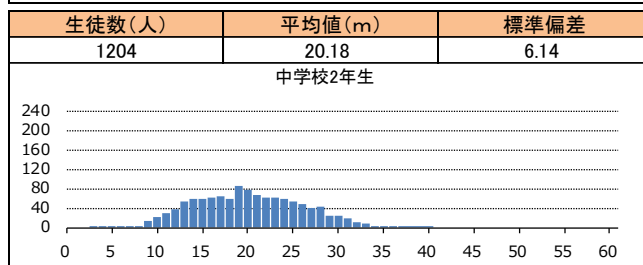
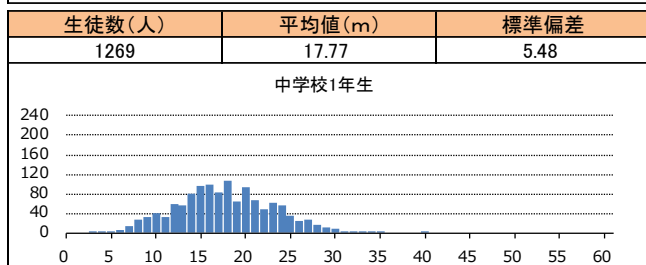
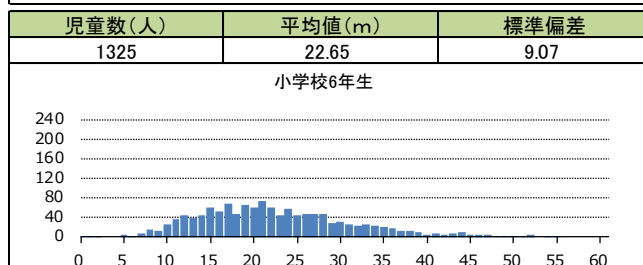
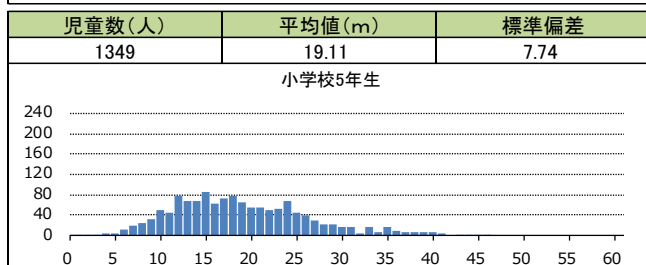
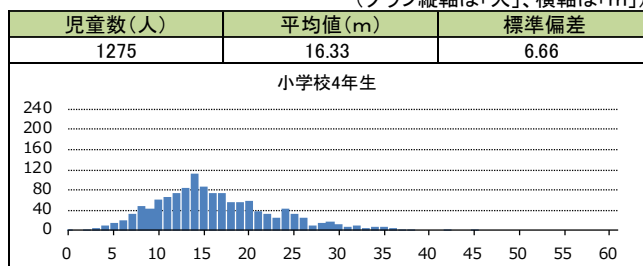
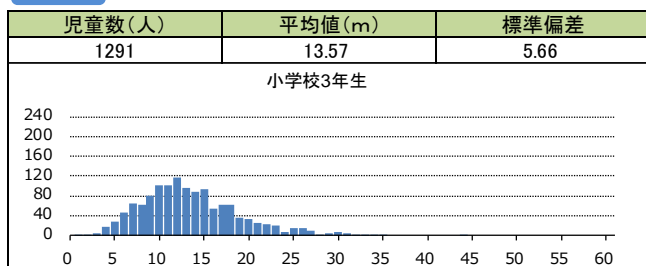
女子



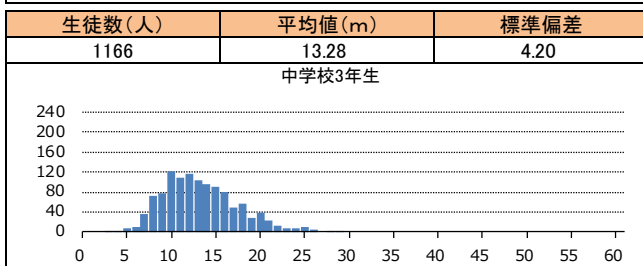
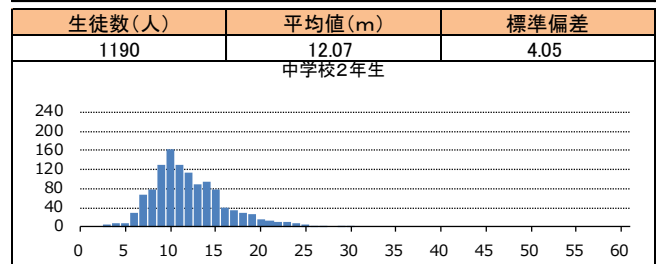
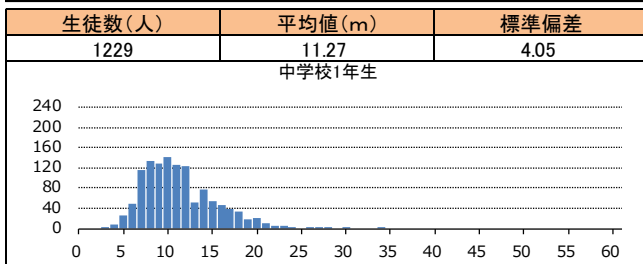
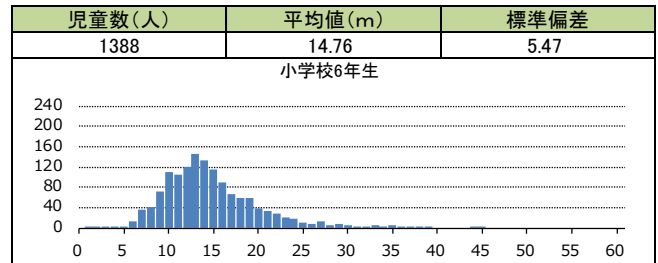
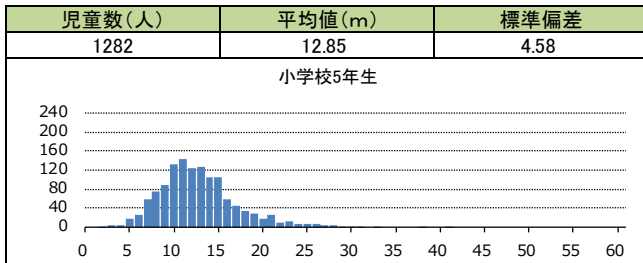
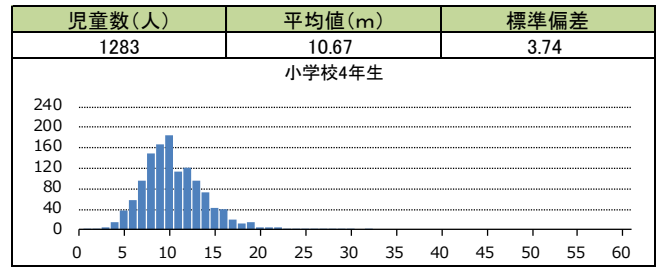
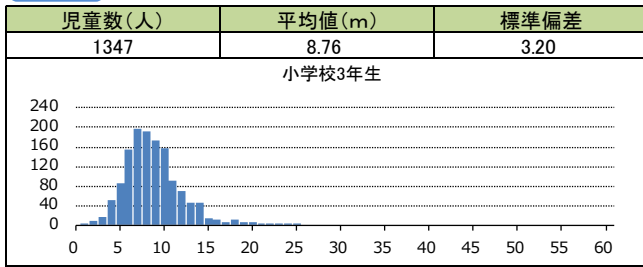
ボール投げ(小学校ソフトボール投げ、中学校ハンドボール投げ)

男子

(グラフ縦軸は「人」、横軸は「m」)



女子



〈各種目の経年変化〉

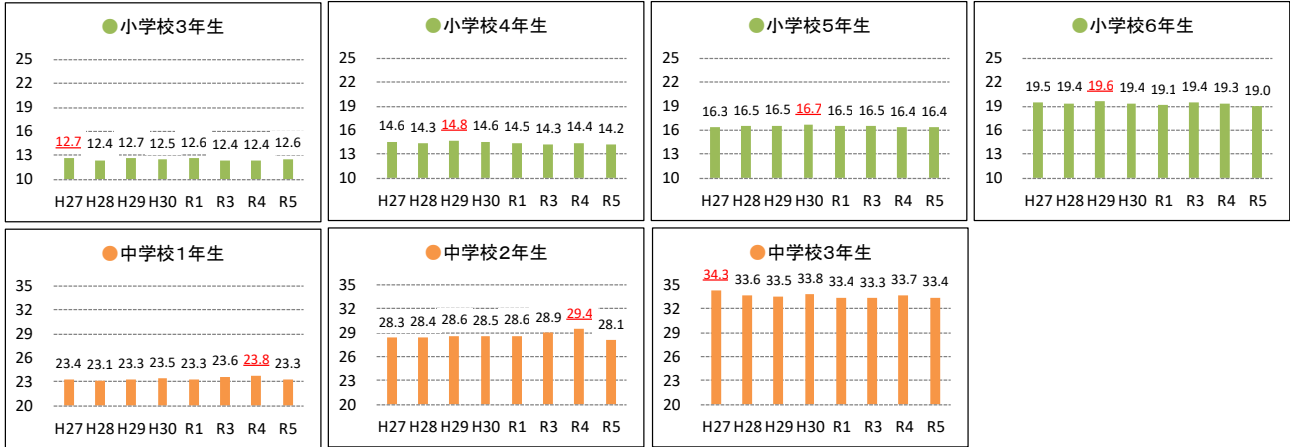
本市の課題の種目でもある「反復横とび」、「20mシャトルラン」については、昨年度と比較し、一部の学年で数値は下がったものの、全体として上昇傾向であった。

※下線(赤)の数値は最高値(小数第2位までの比較)

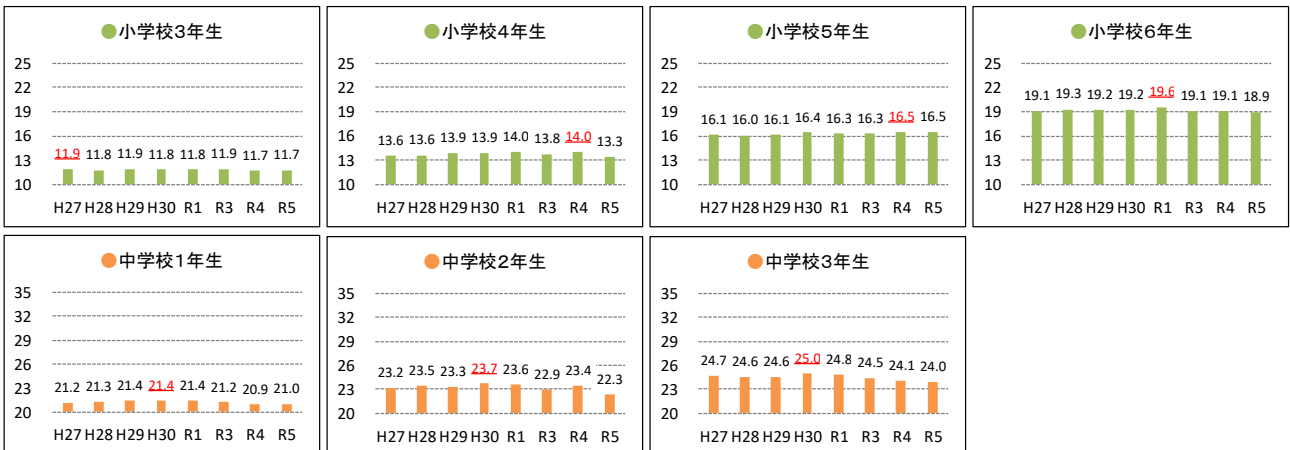
握 力

男子

※グラフ横軸の「H～」は調査年度、縦軸の数値の単位は「kg」。



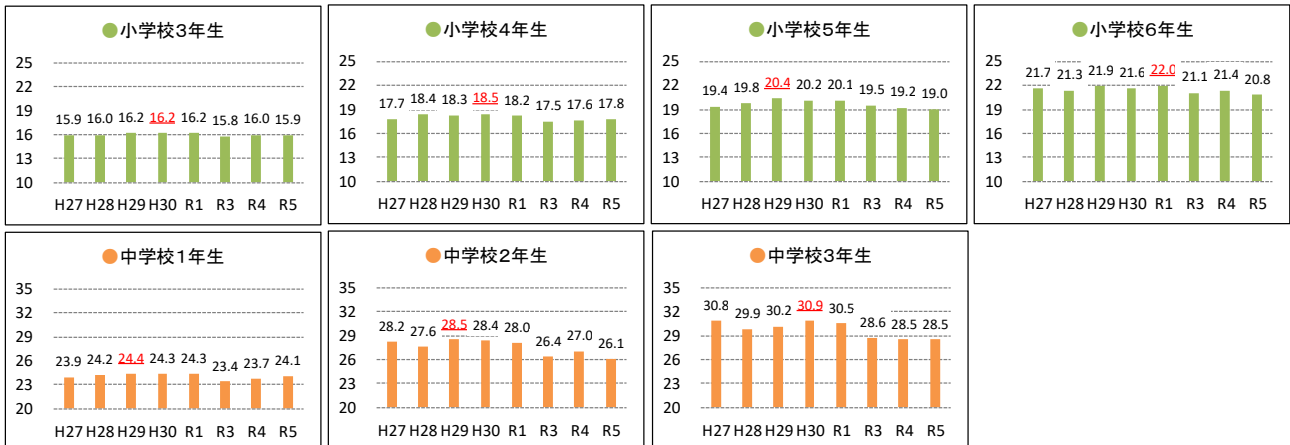
女子



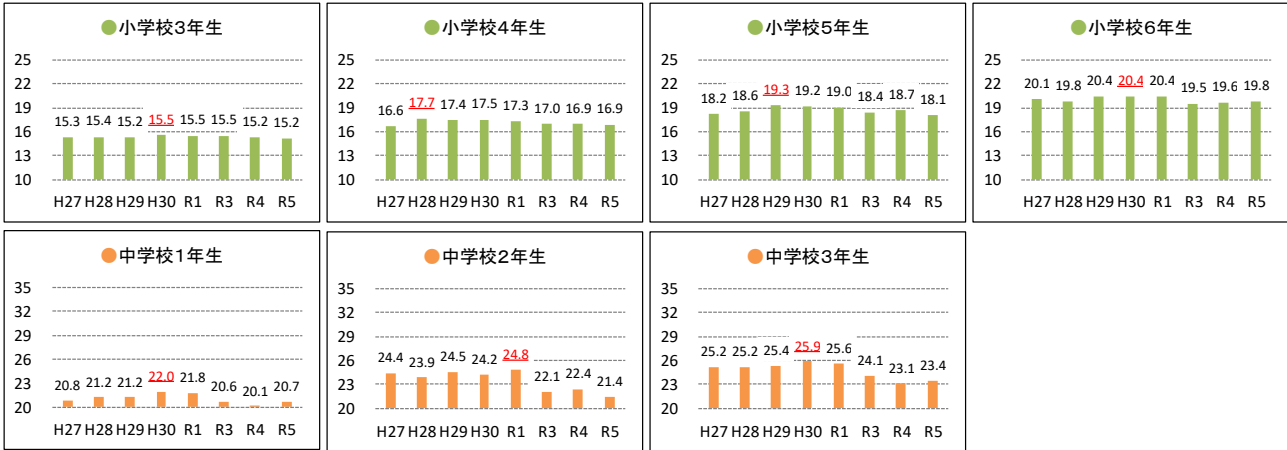
上 体 起 こ し

男子

※グラフ横軸の「H～」は調査年度、縦軸の数値の単位は「回」。



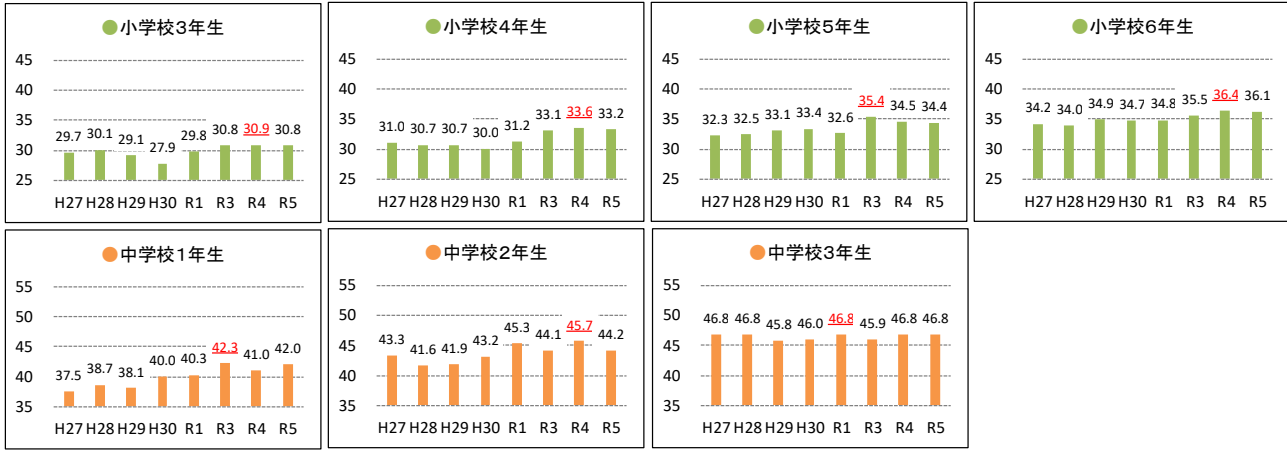
女子



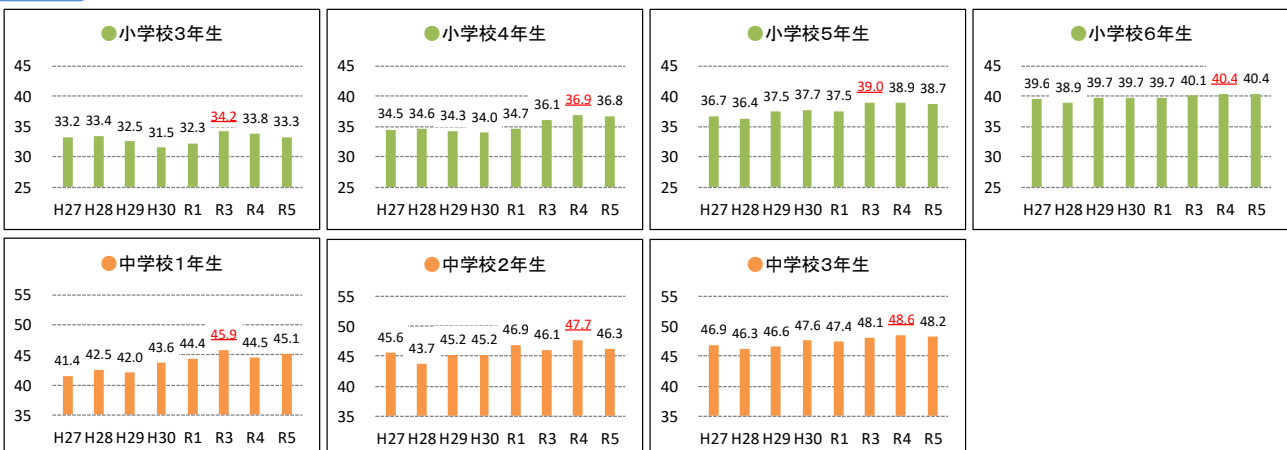
長座体前屈

男子

※グラフ横軸の「H～」は調査年度、縦軸の数値の単位は「cm」。



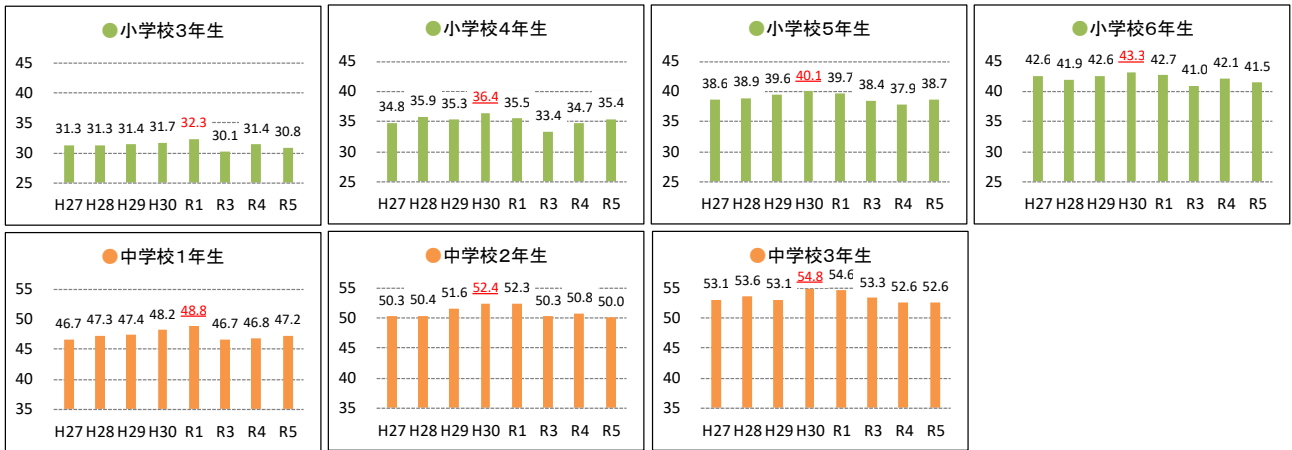
女子



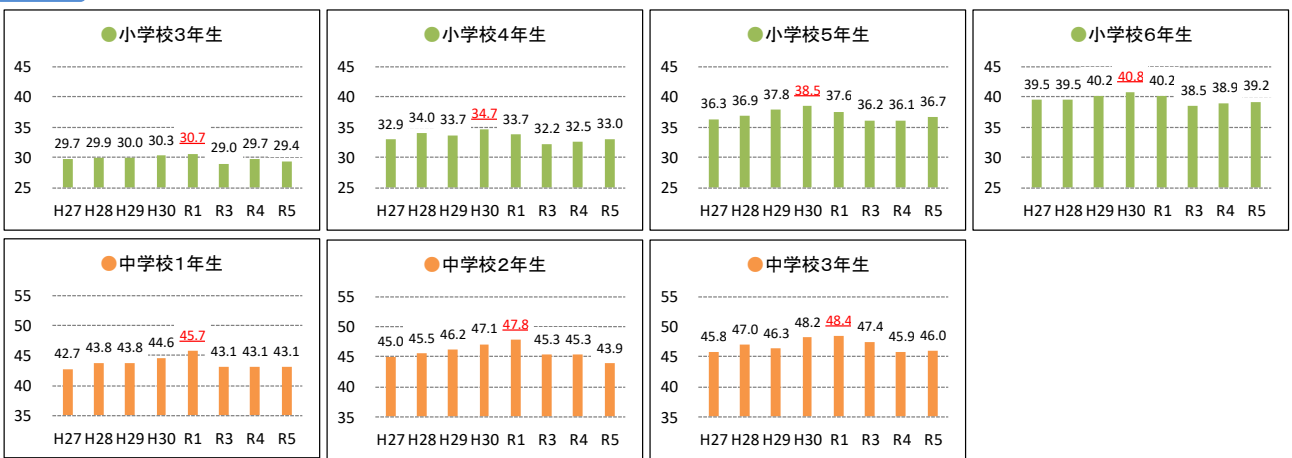
反復横とび

男子

※グラフ横軸の「H～」は調査年度、縦軸の数値の単位は「点」。



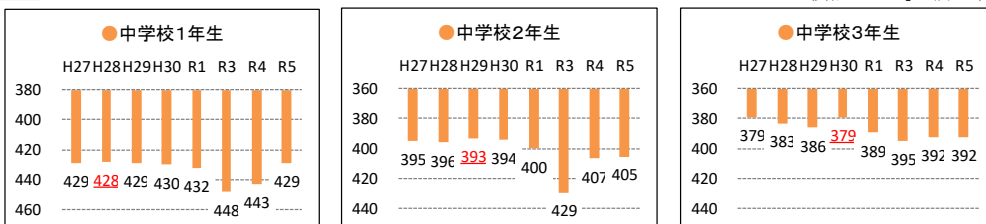
女子



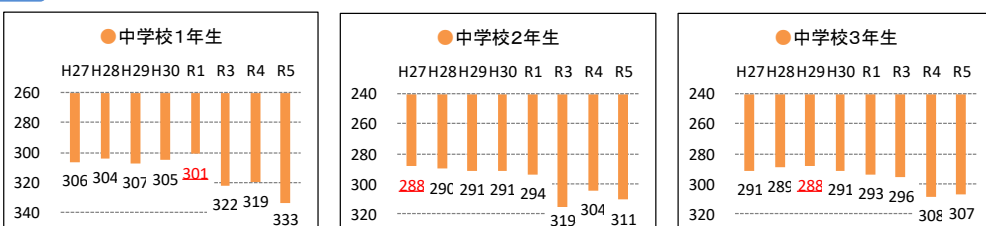
持久走(男子1500m、女子1000m)

男子

※グラフ横軸の「H～」は調査年度、縦軸の数値の単位は「秒」。



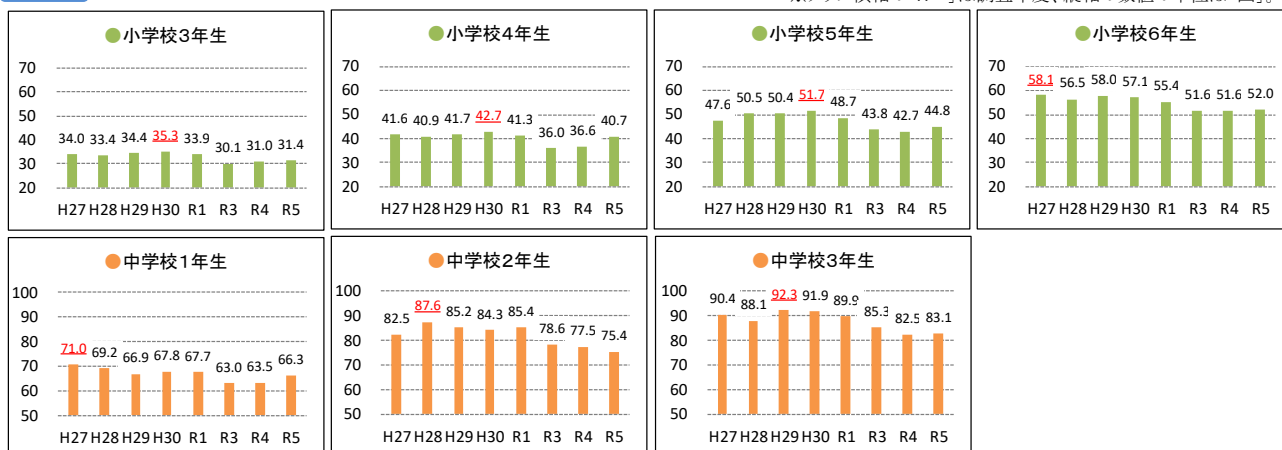
女子



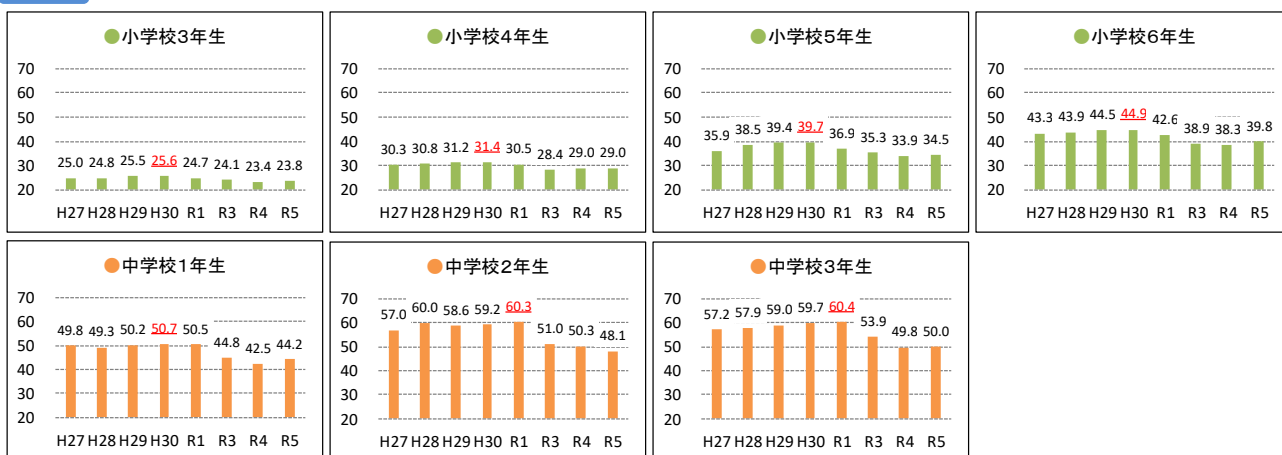
20mシャトルラン

男子

※グラフ横軸の「H～」は調査年度、縦軸の数値の単位は「回」。



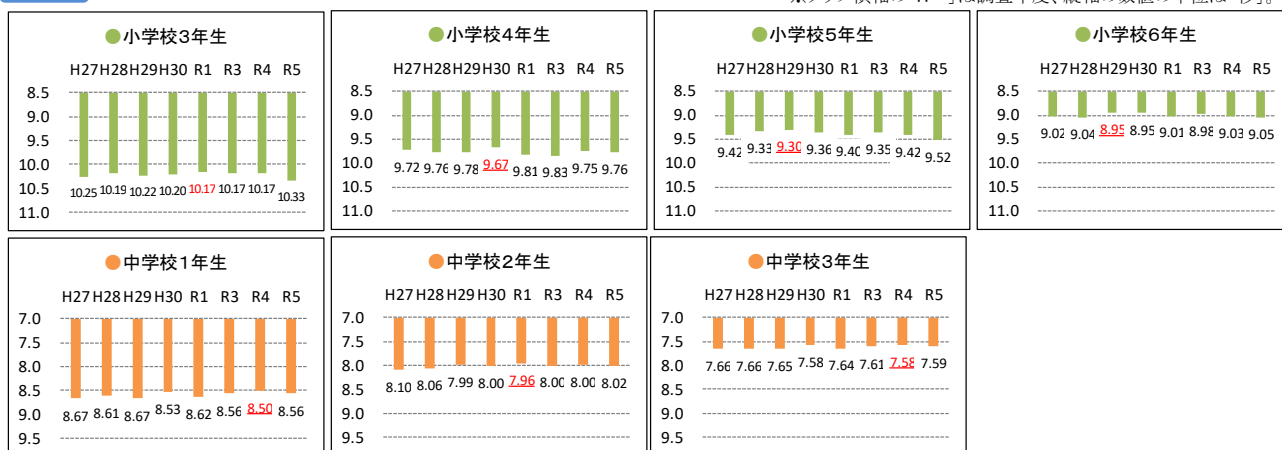
女子



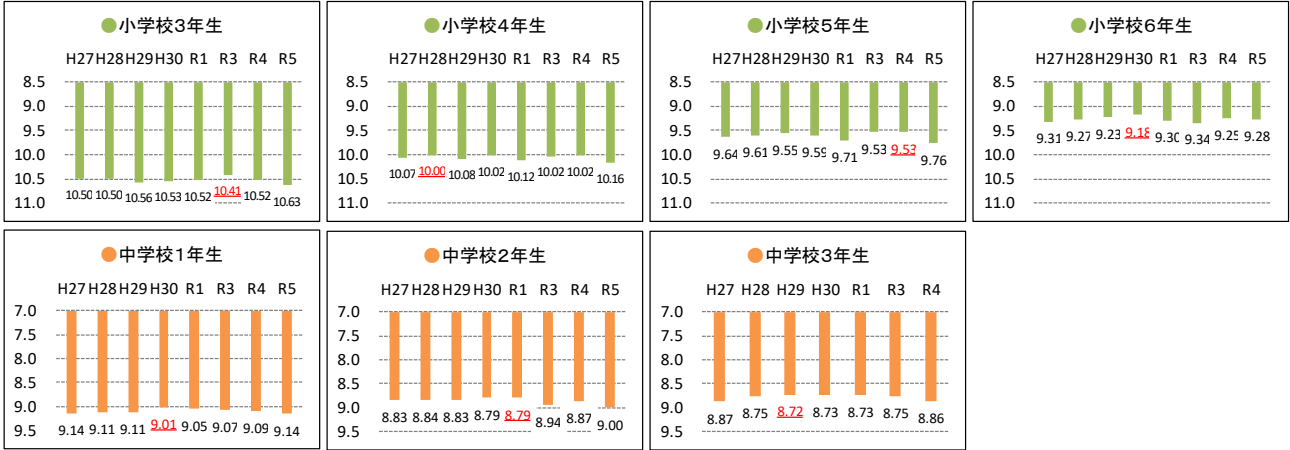
50m走

男子

※グラフ横軸の「H～」は調査年度、縦軸の数値の単位は「秒」。



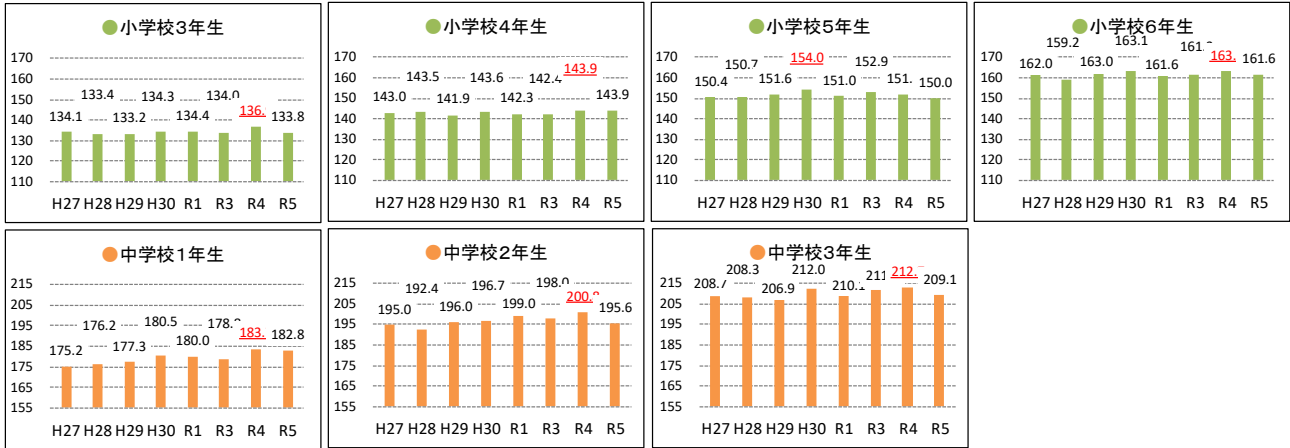
女子



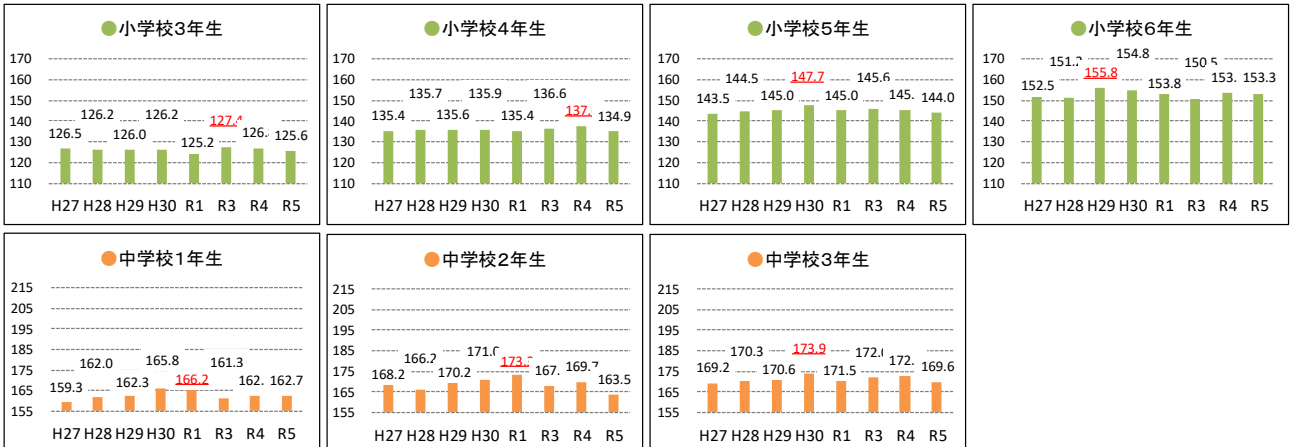
立ち幅とび

男子

※グラフ横軸の「H～」は調査年度、縦軸の数値の単位は「cm」。



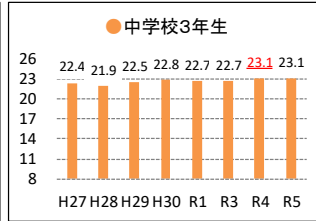
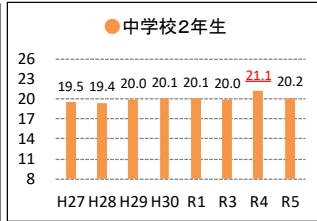
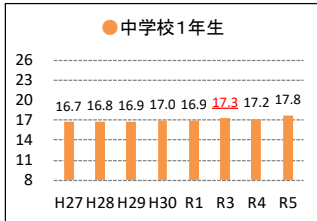
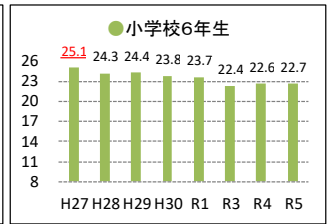
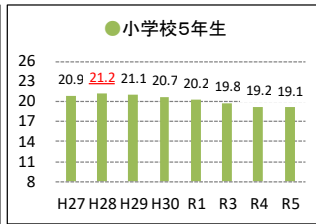
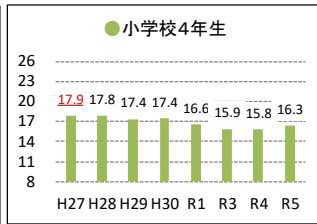
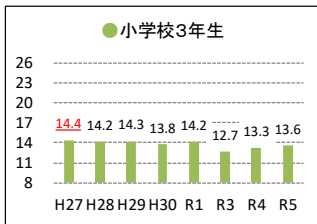
女子



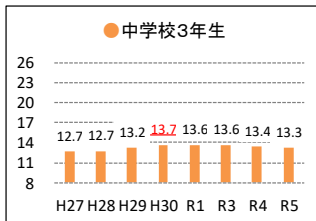
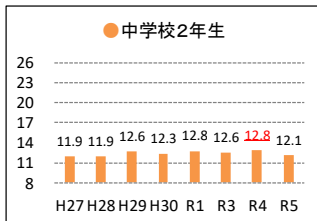
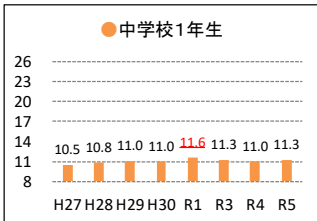
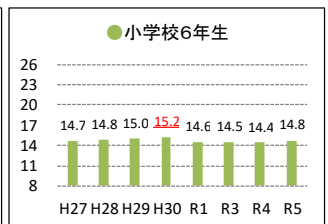
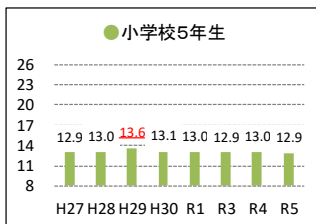
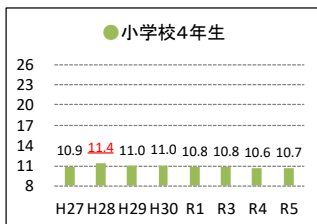
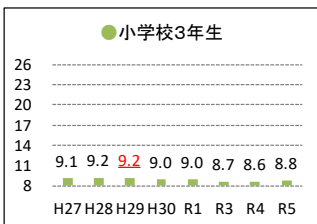
ボール投げ(小学校ソフトボール投げ、中学校ハンドボール投げ)

男子

※グラフ横軸の「H～」は調査年度、縦軸の数値の単位は「m」。



女子

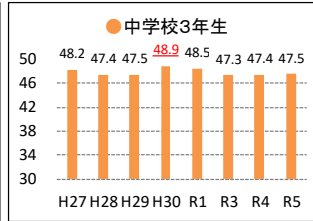
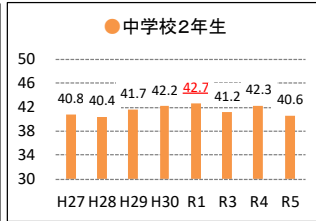
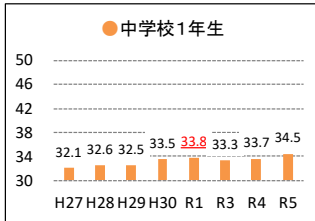
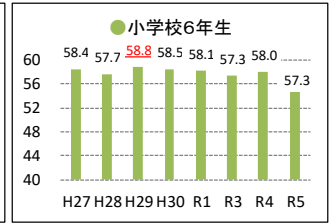
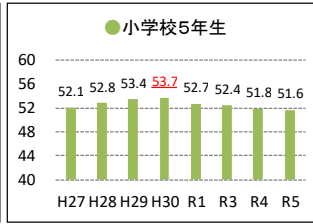
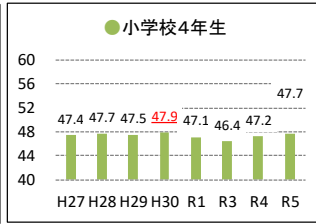
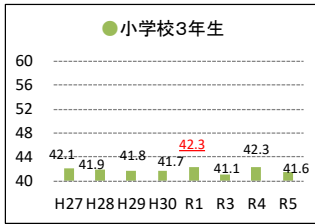


<体力合計点の経年変化>

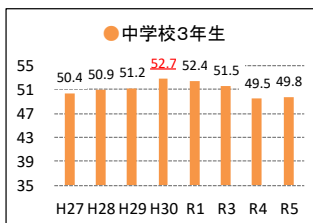
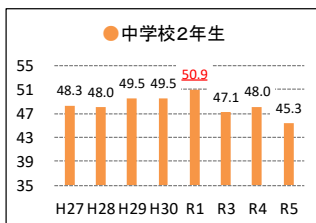
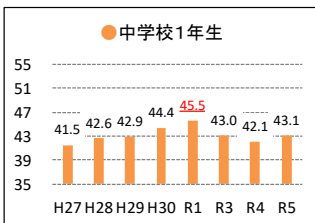
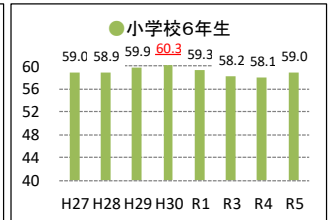
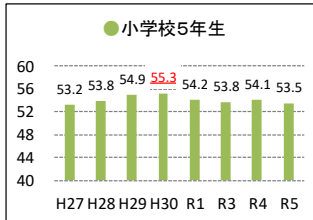
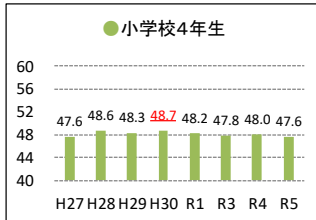
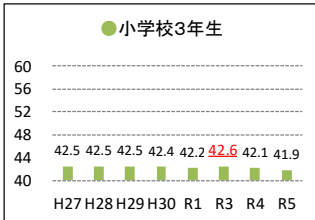
体力合計点

男子

※グラフ横軸の「H～」は調査年度、縦軸の数値の単位は「点」。



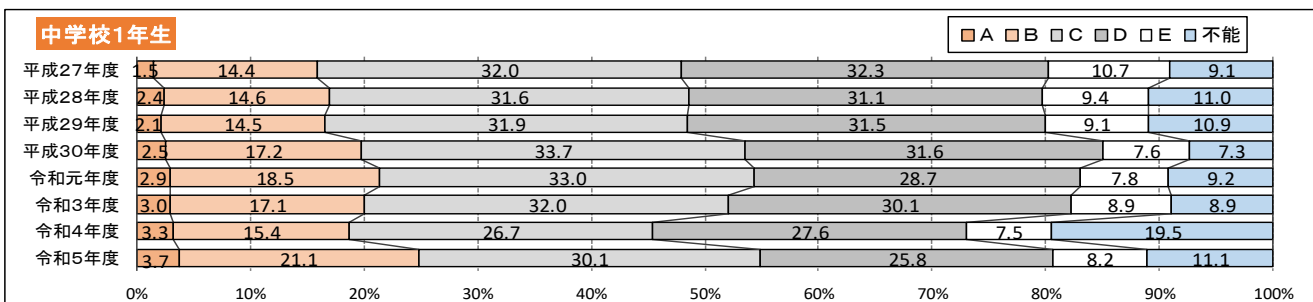
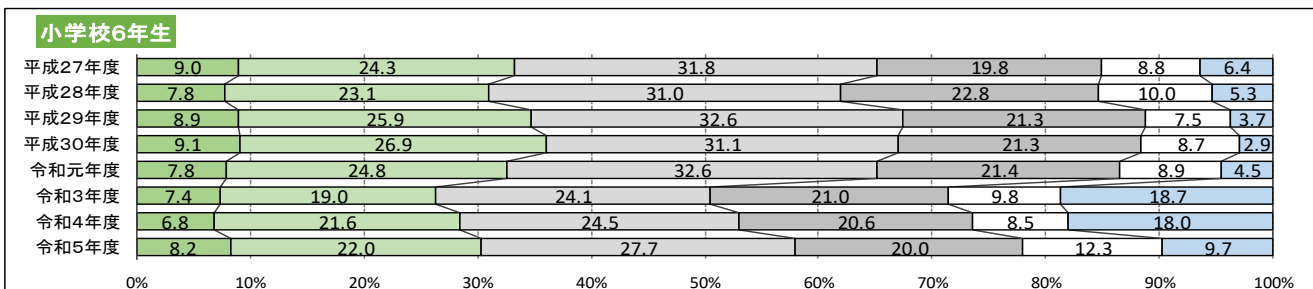
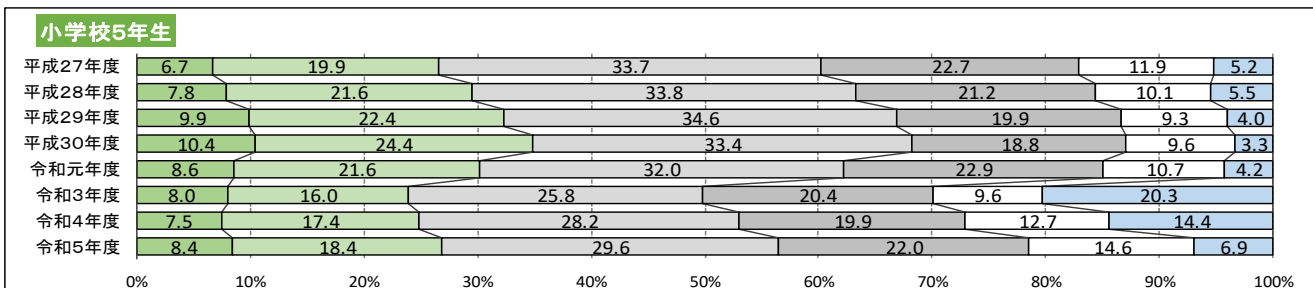
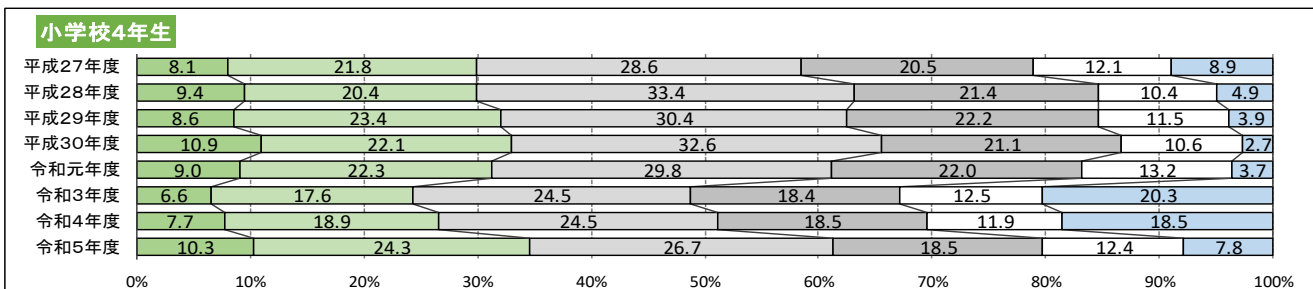
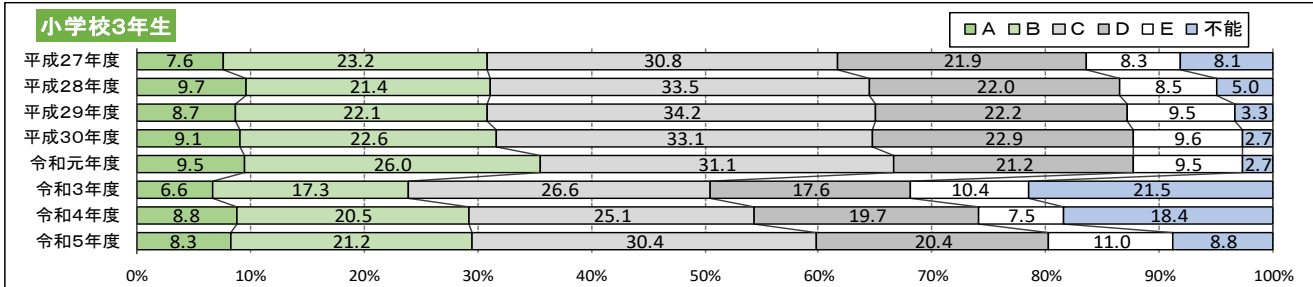
女子



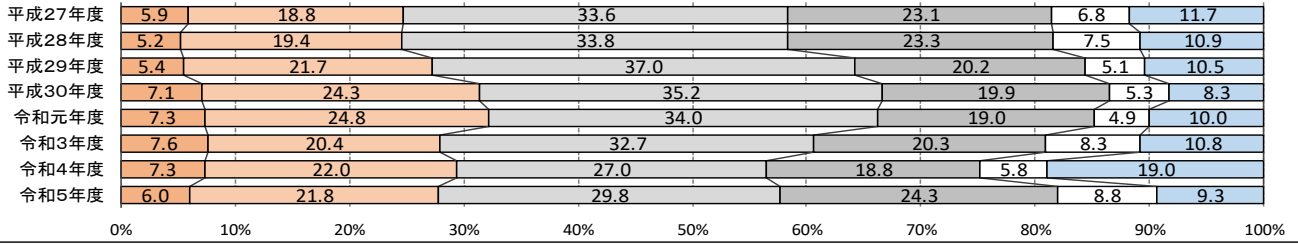
〈総合評価（段階別）の経年変化〉

全体的に、A・Bの割合、C・Dの割合がそれぞれ上昇するなど、体力の二極化傾向が進んでいる。また、実技調査の全ての種目を終了できなかった「評価不能」の割合は、全学年において、昨年度と比較し、大幅に減少した。

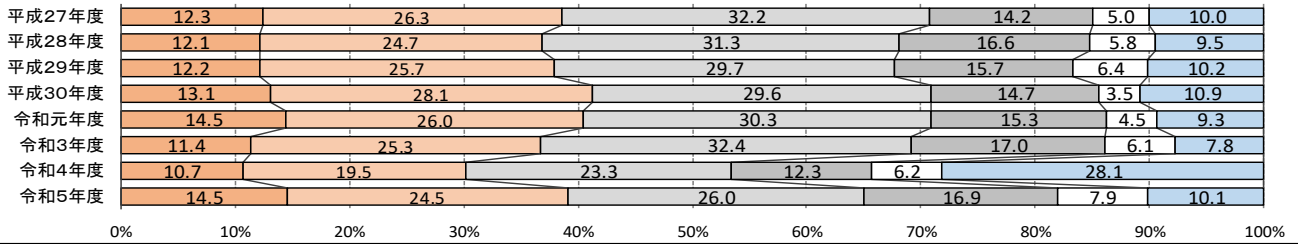
男子



中学校2年生

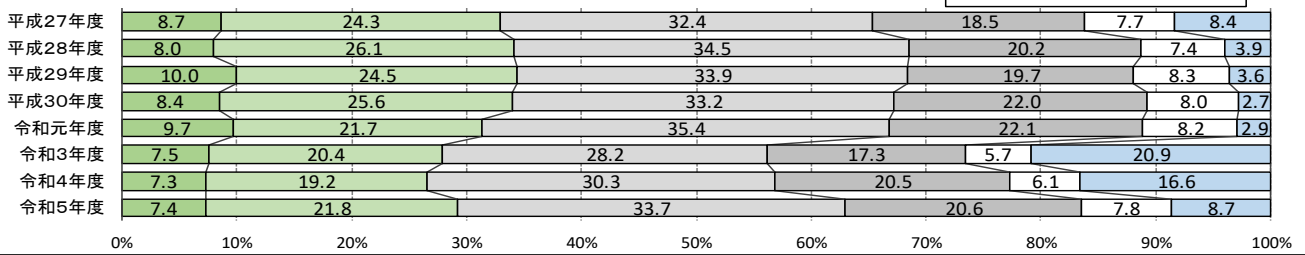


中学校3年生

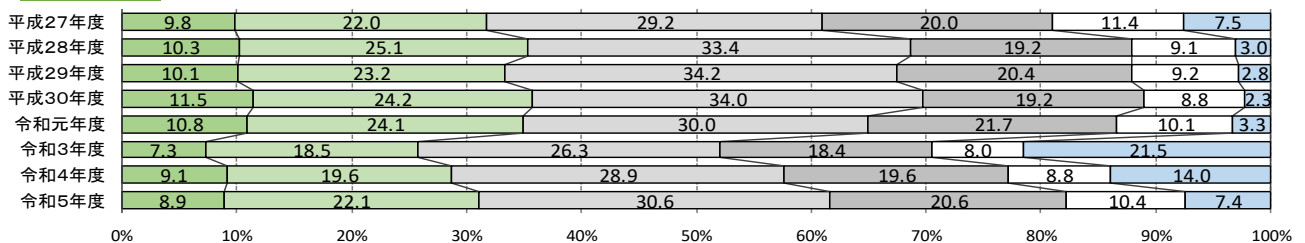


女子

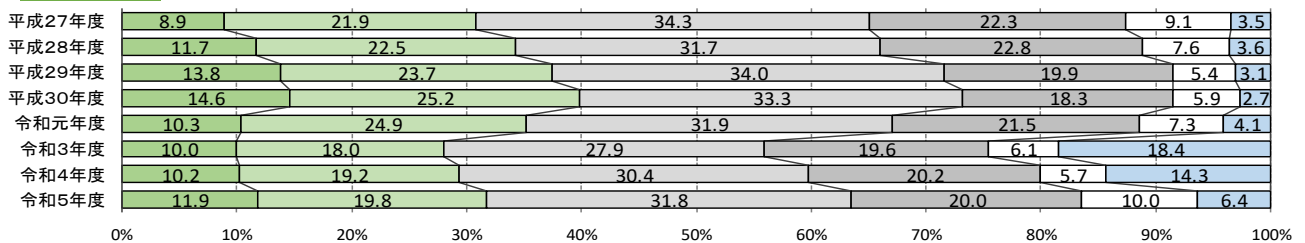
小学校3年生



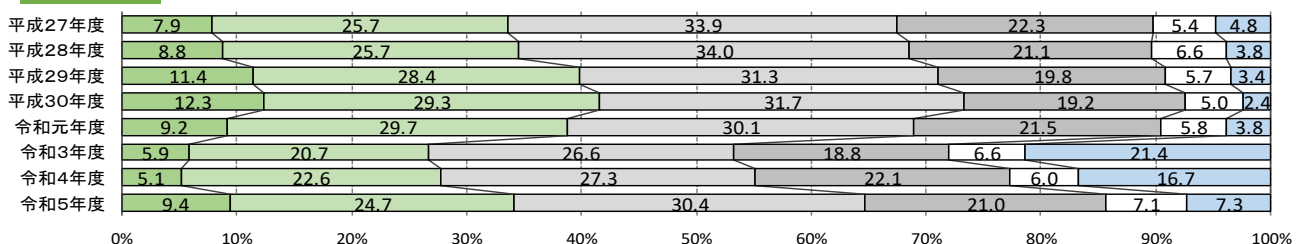
小学校4年生

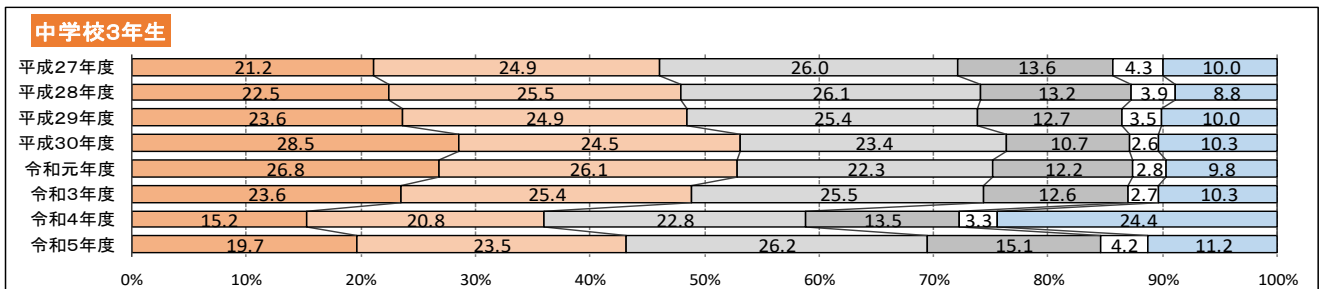
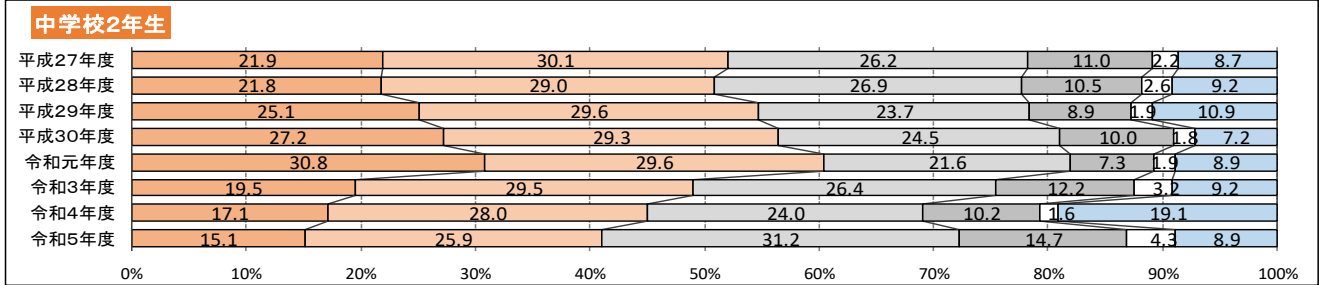
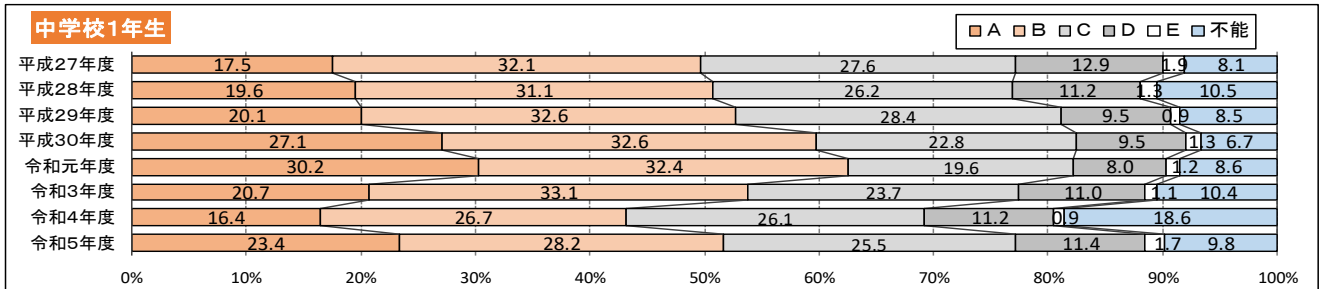


小学校5年生



小学校6年生



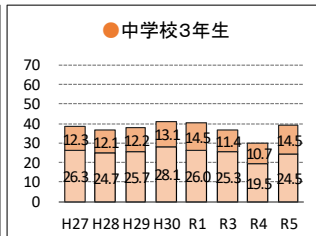
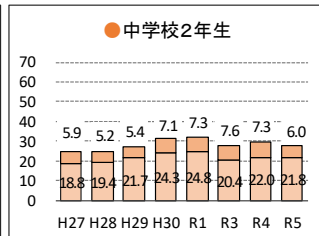
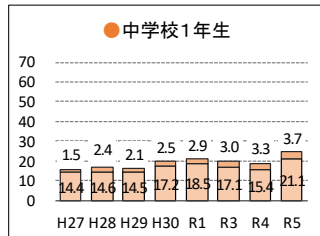
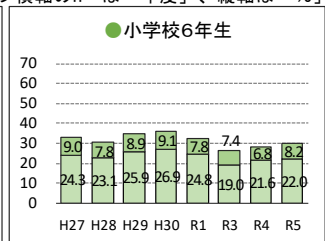
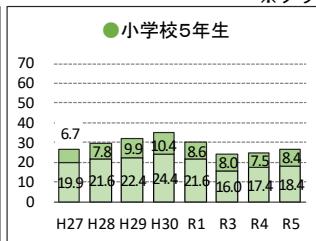
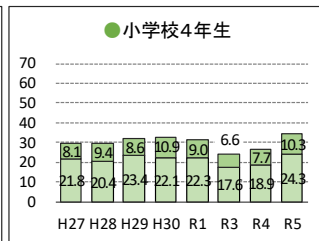
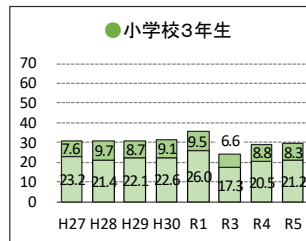


[A+B率]

男子

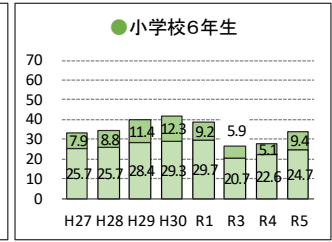
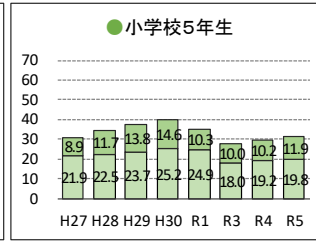
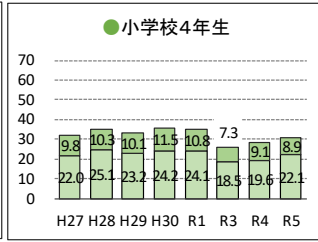
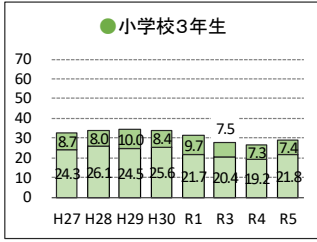


※グラフ横軸のH〜は「年度」、縦軸は「%」

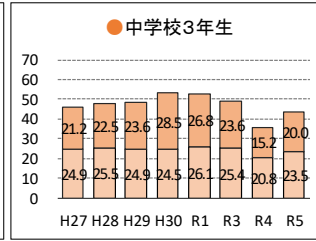
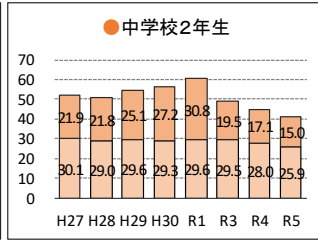
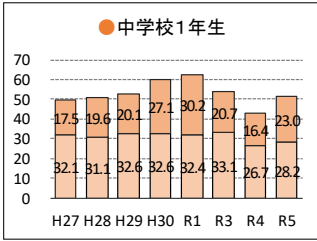


女子

■ A ■ B



■ A ■ B

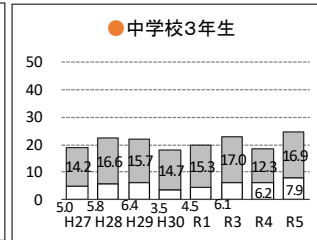
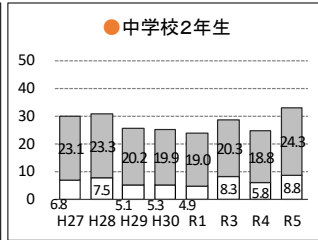
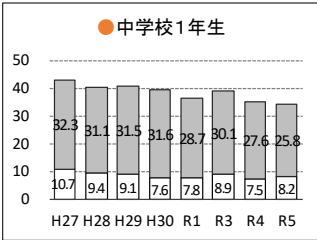
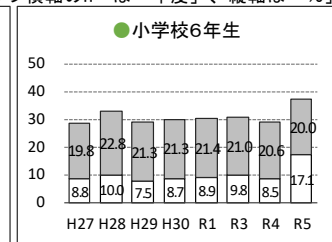
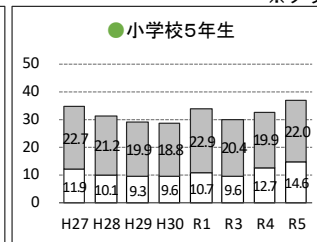
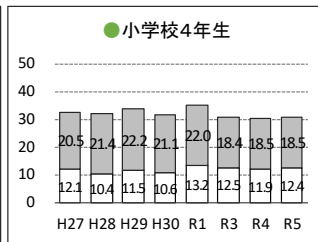
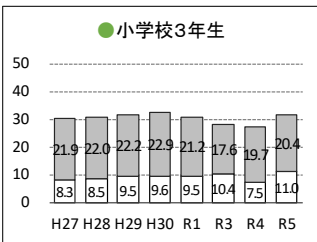


[D+E率]

男子

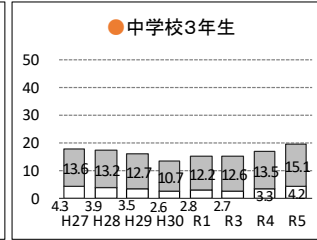
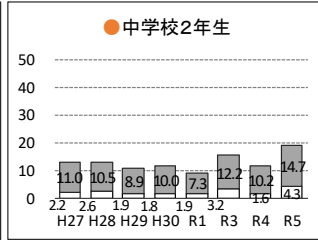
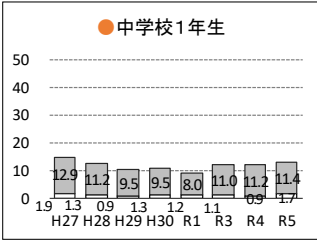
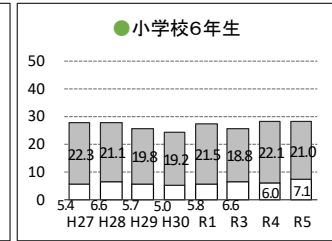
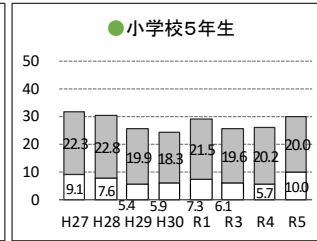
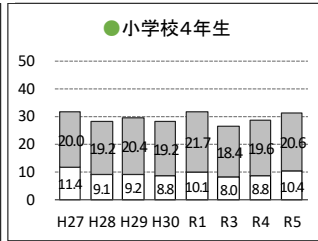
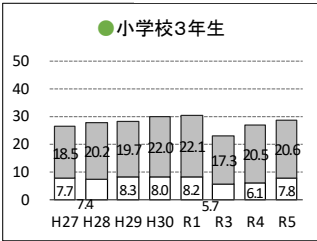
■ D ■ E

※グラフ横軸のH～は「年度」、縦軸は「%」



女子

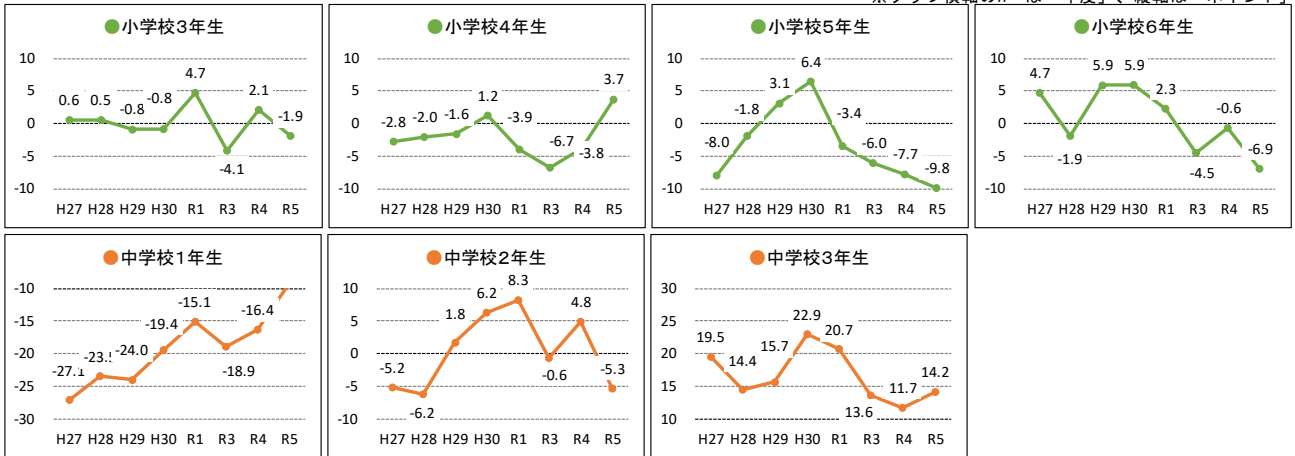
■ D ■ E



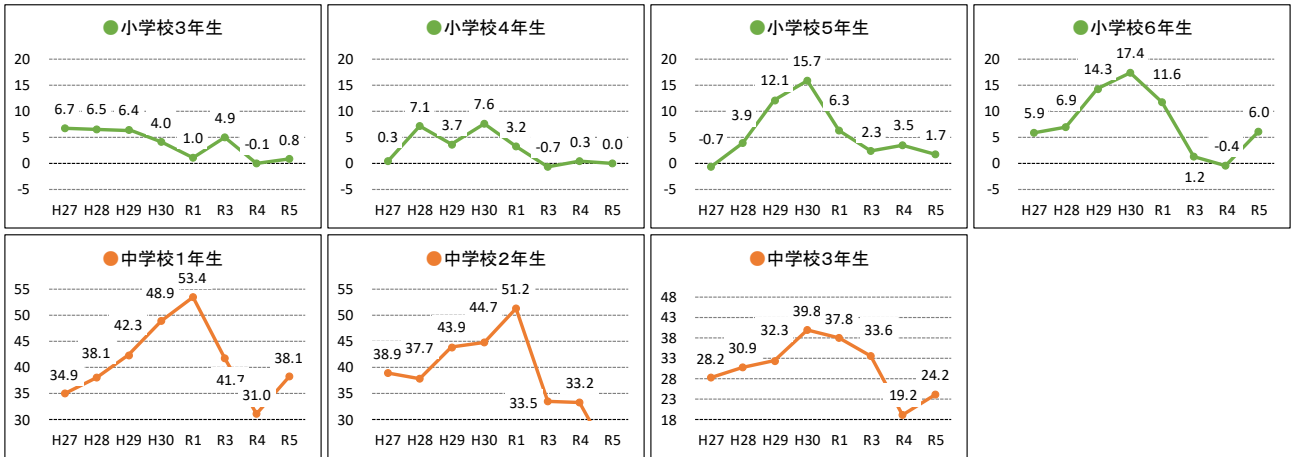
[(A+B) - (D+E) 率]

男子

※グラフ横軸のH～は「年度」、縦軸は「ポイント」



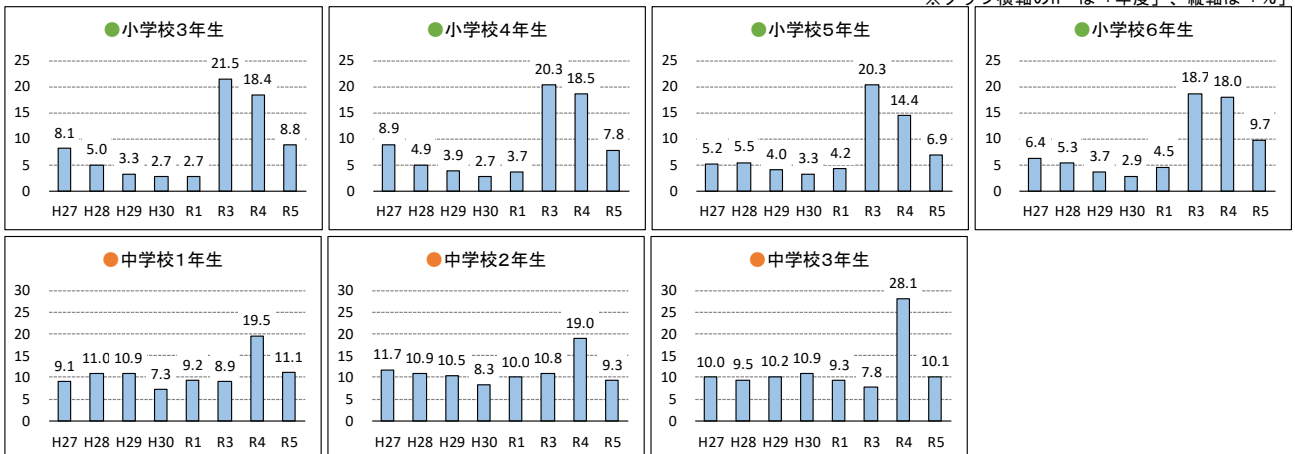
女子



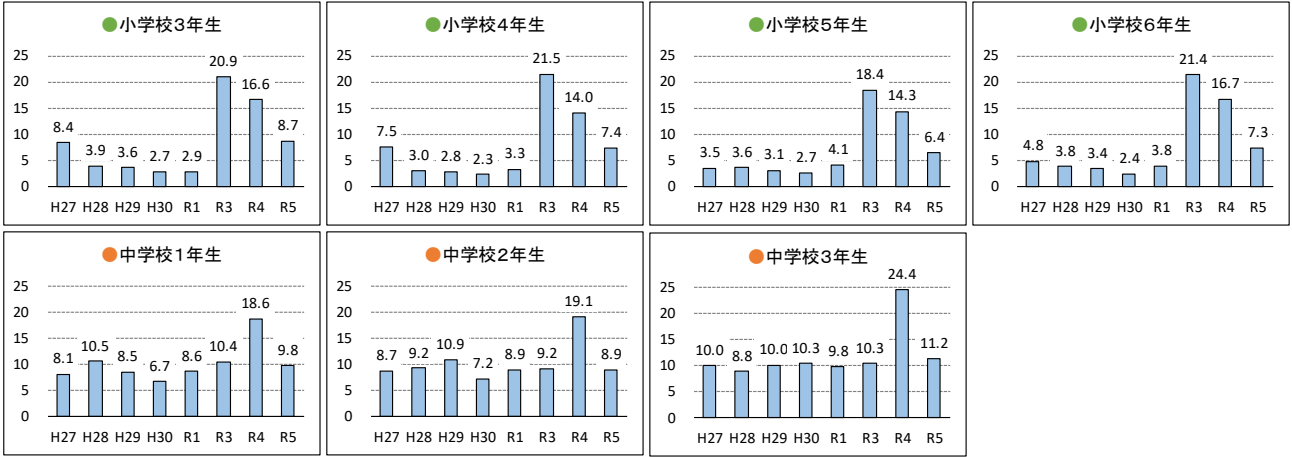
〔評価不能率〕

男子

※グラフ横軸のH～は「年度」、縦軸は「%」



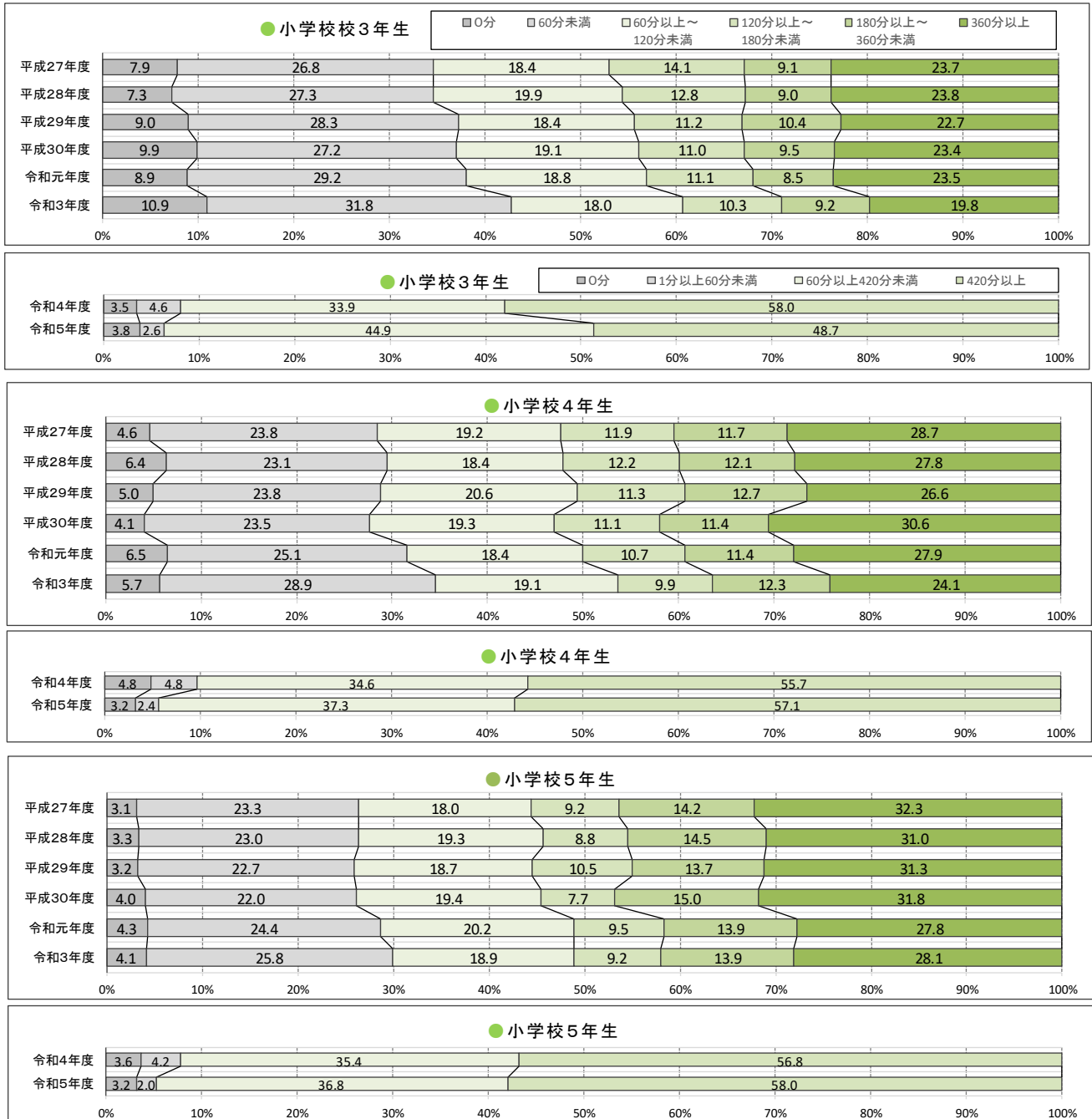
女子

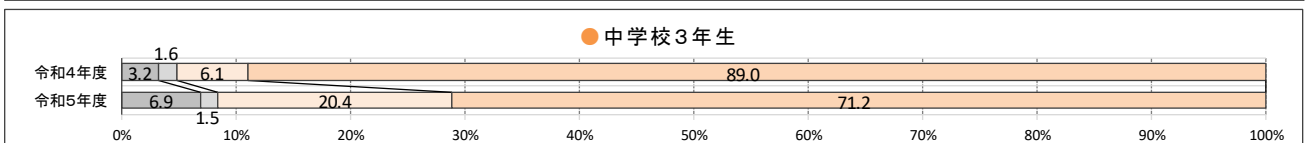
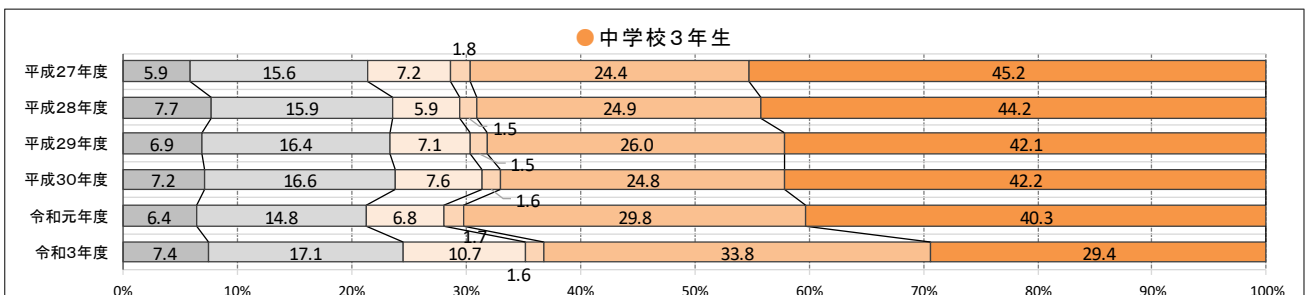
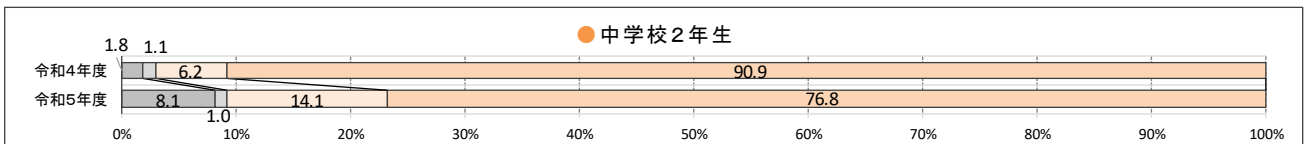
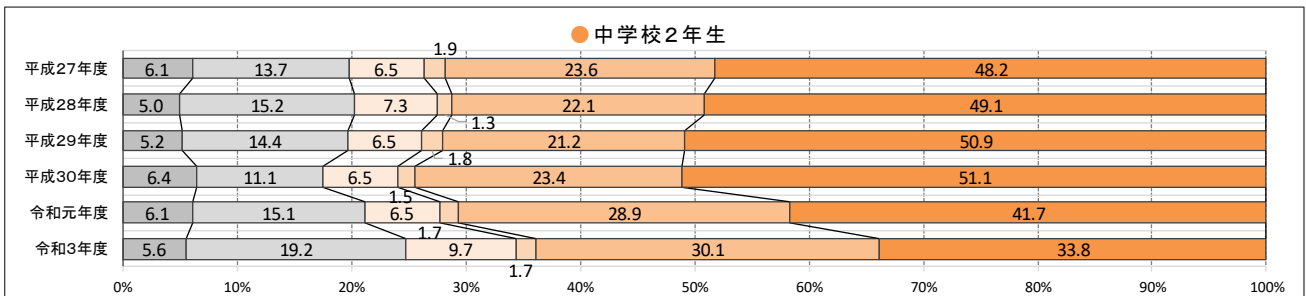
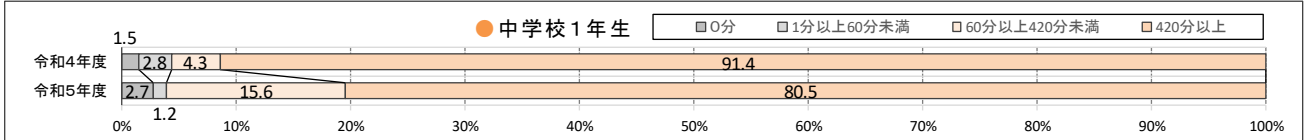
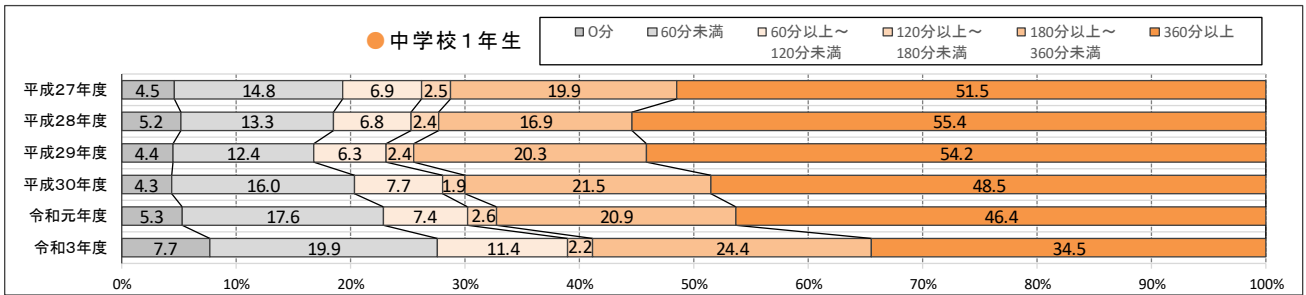
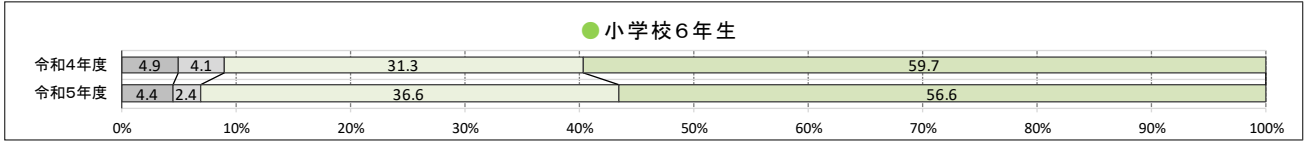
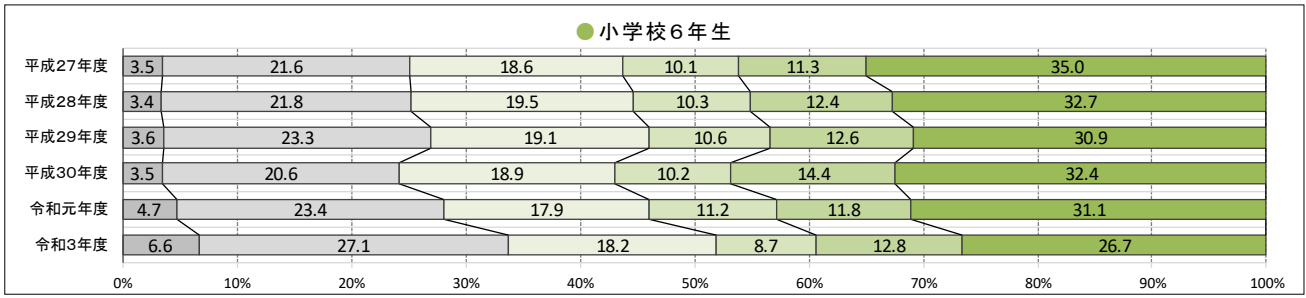


2 1週間の総運動時間（経年変化）

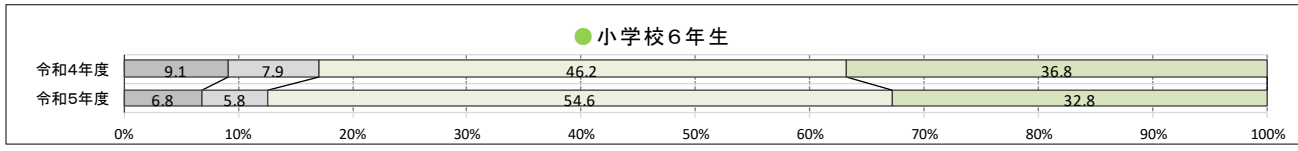
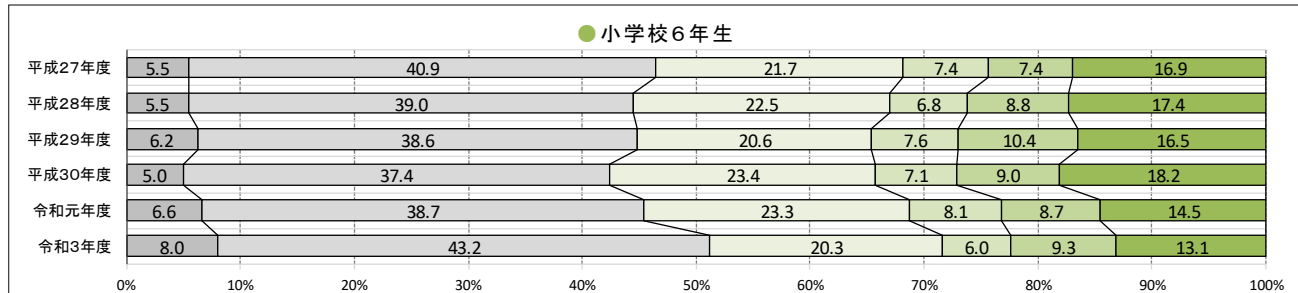
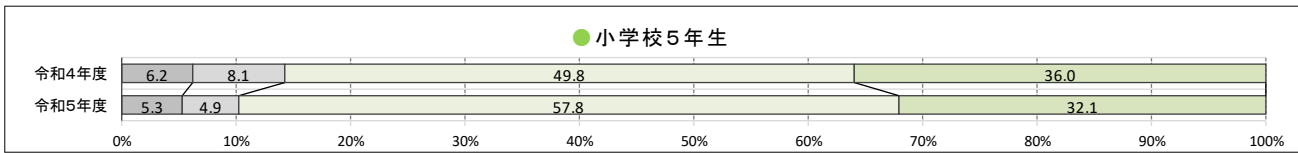
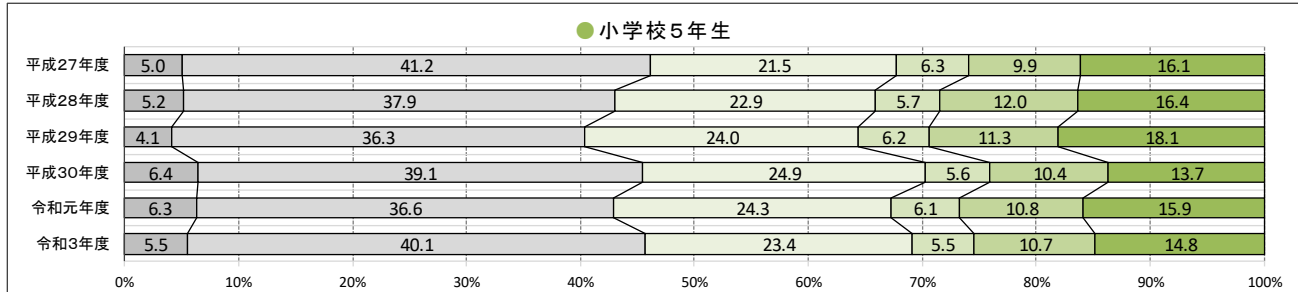
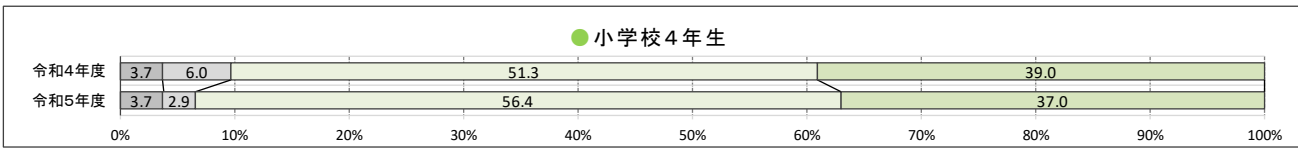
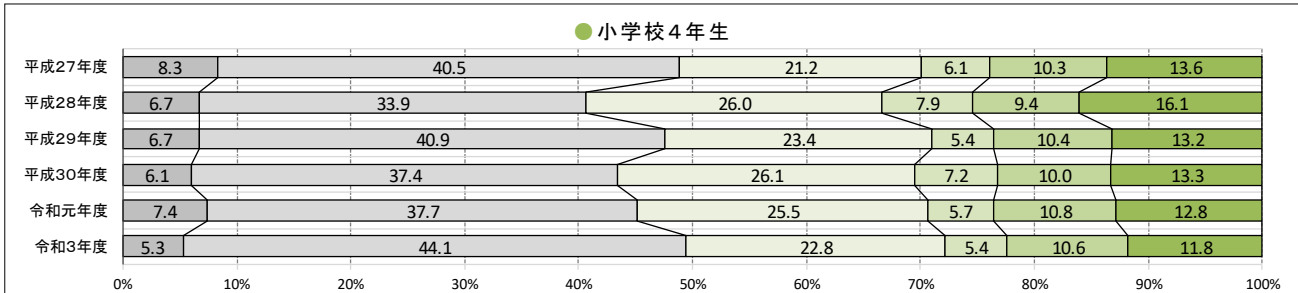
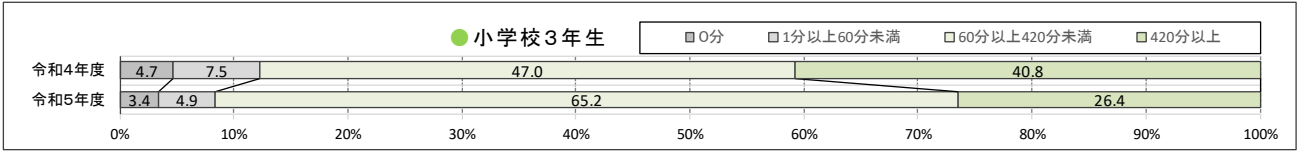
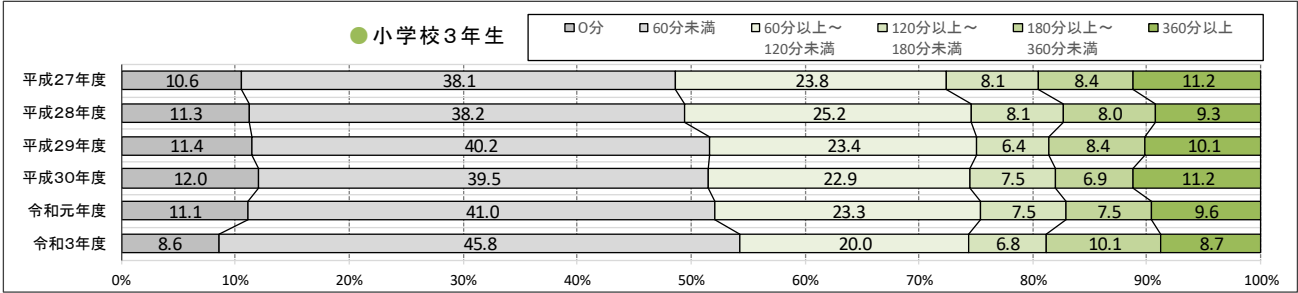
体育・保健体育の授業を除く1週間の総運動時間は、「0分」の割合は、昨年度と比較し、全体的に差は見られないものの、「(1分以上) 60分未満」の割合については、各学年ともに大幅に減少した。

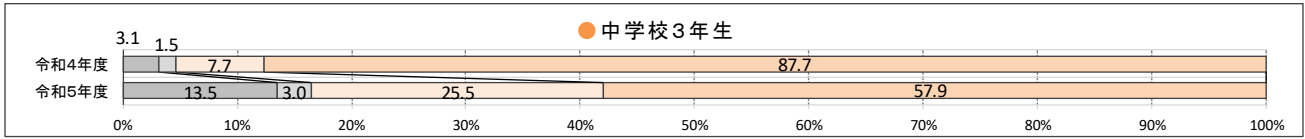
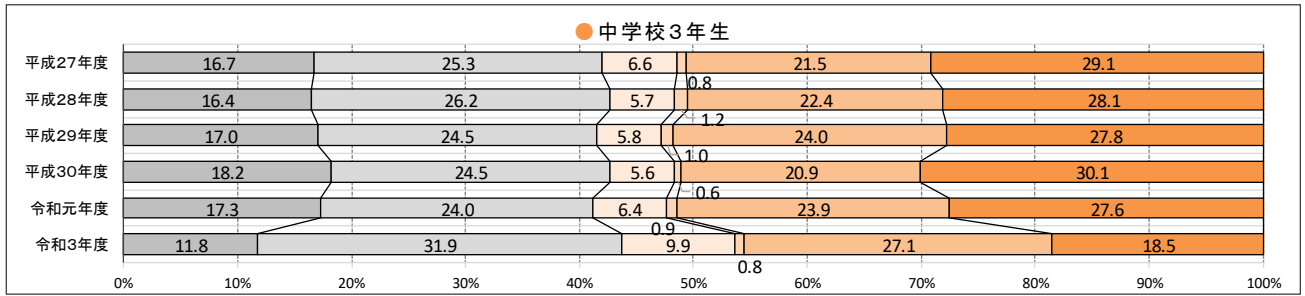
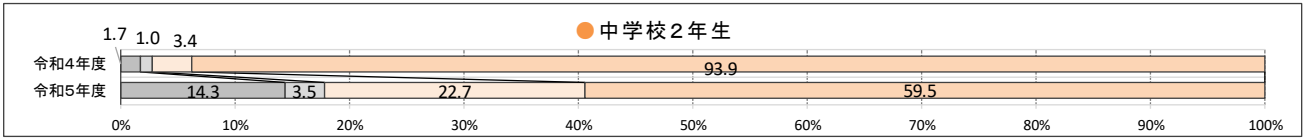
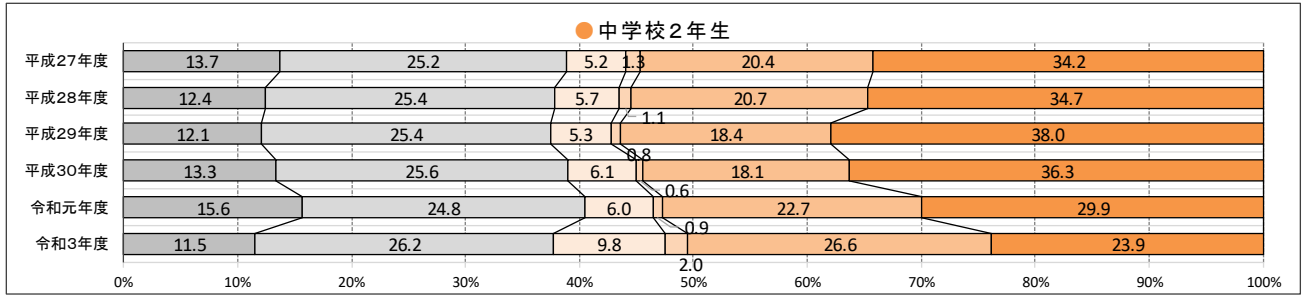
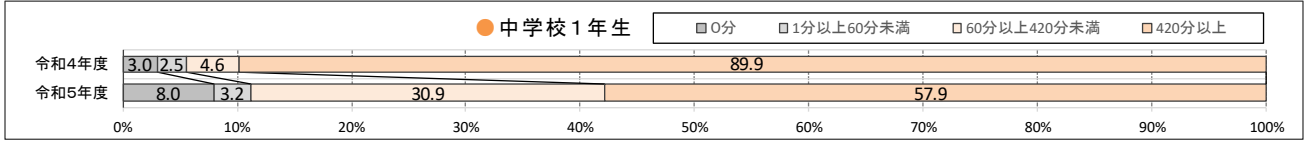
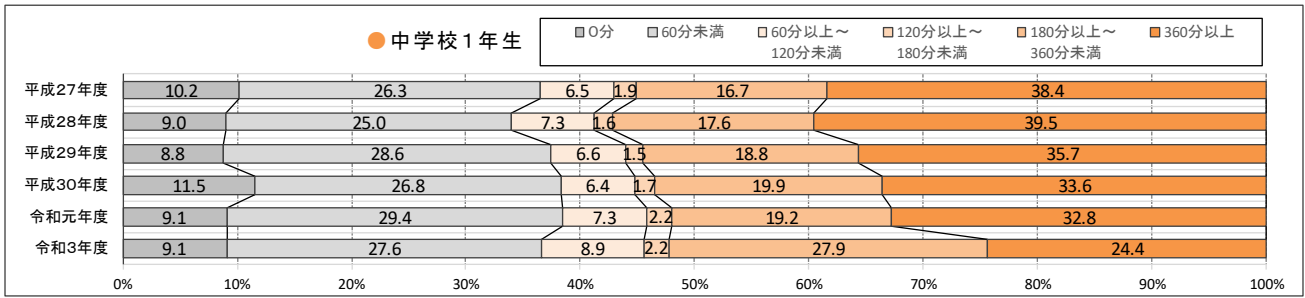
男子





女子



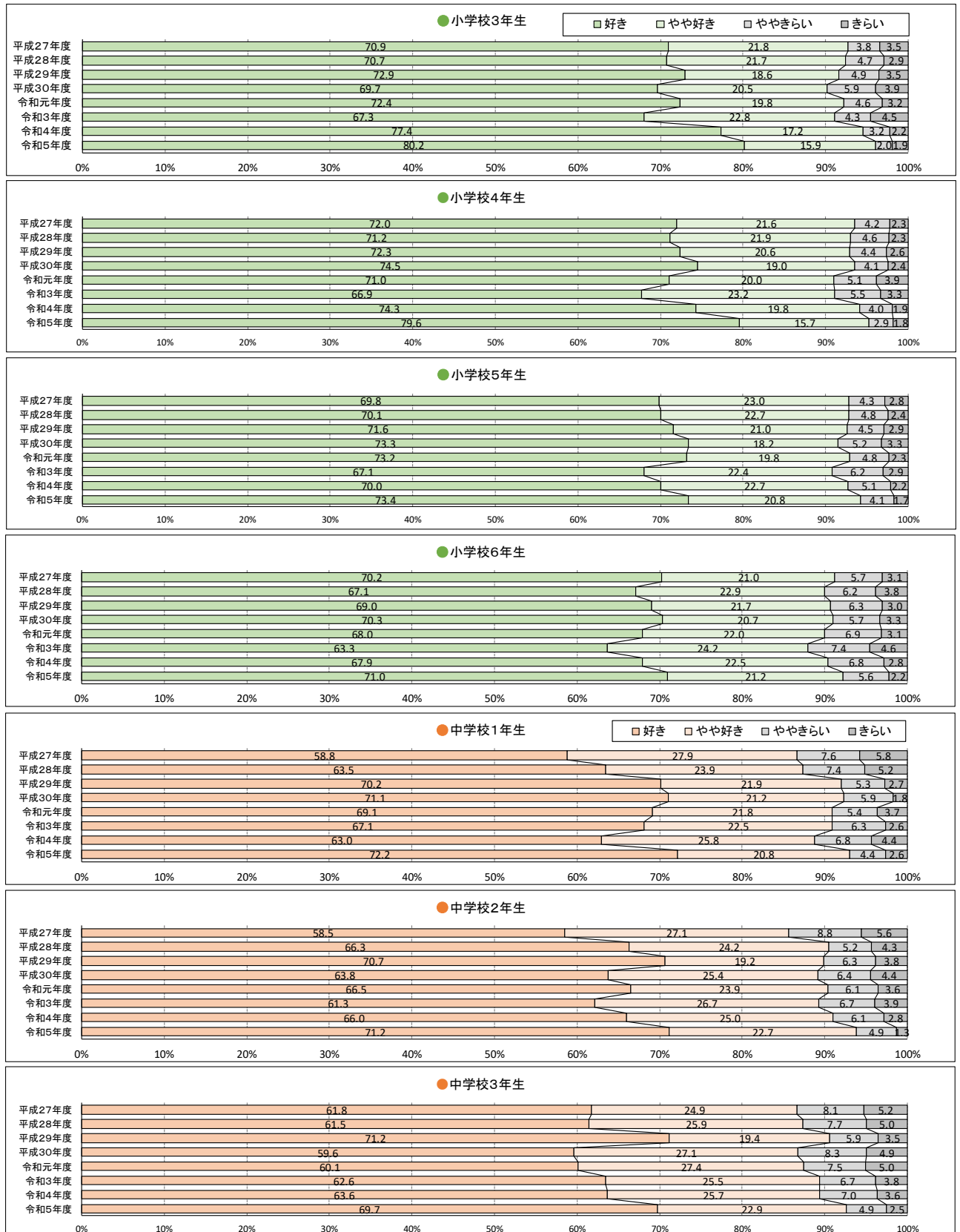


3 運動やスポーツに対する意識

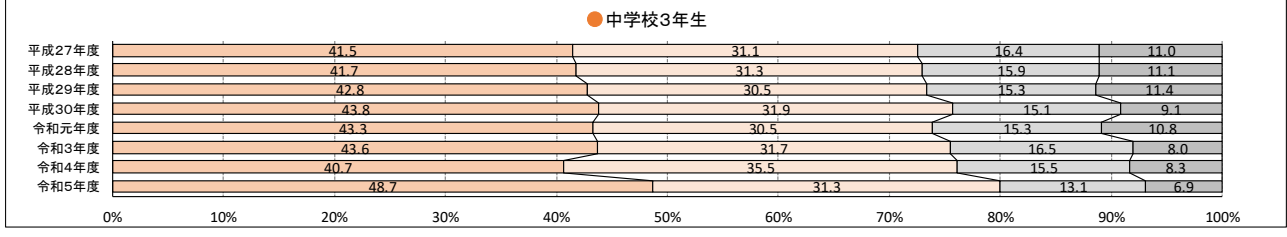
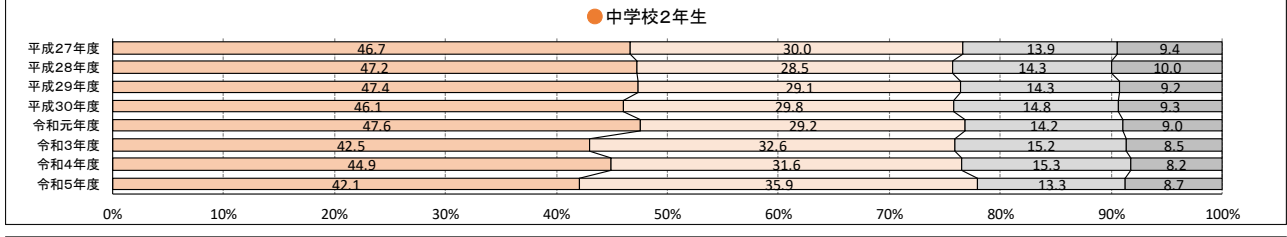
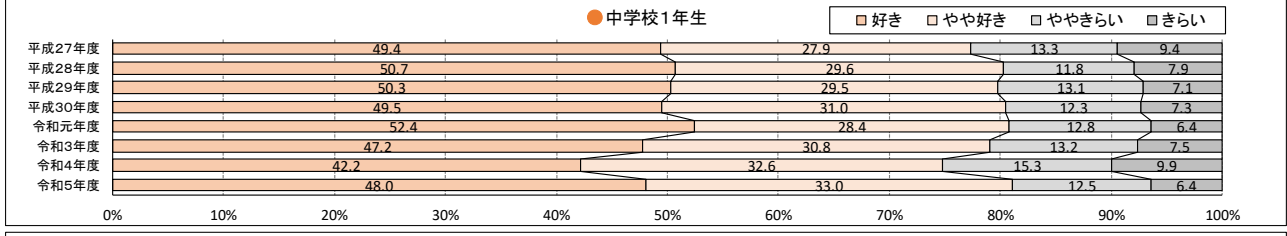
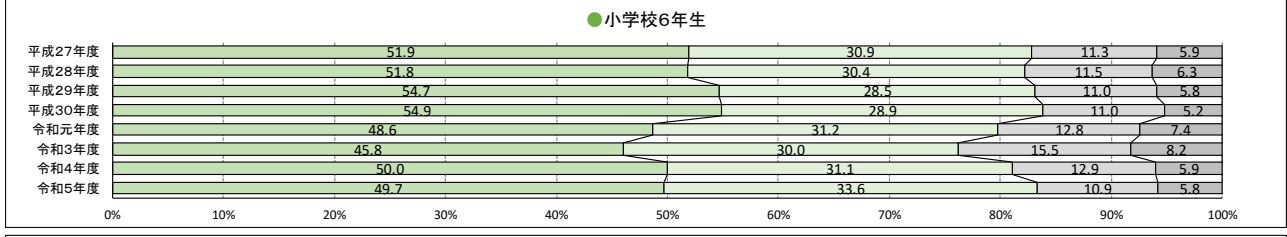
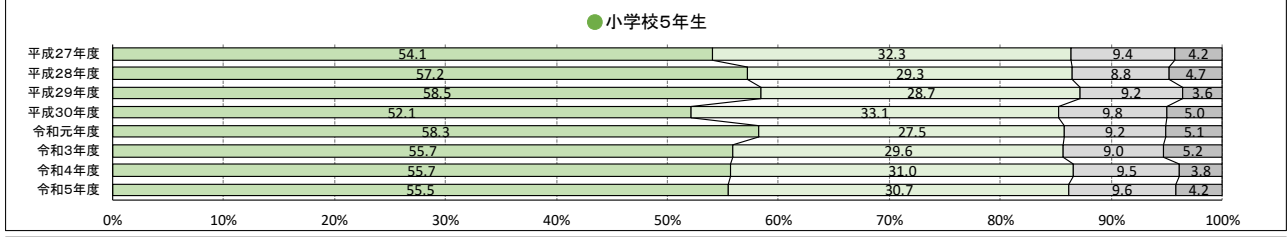
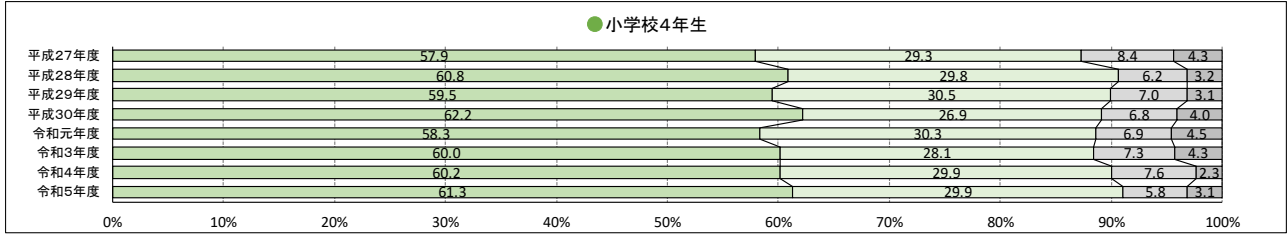
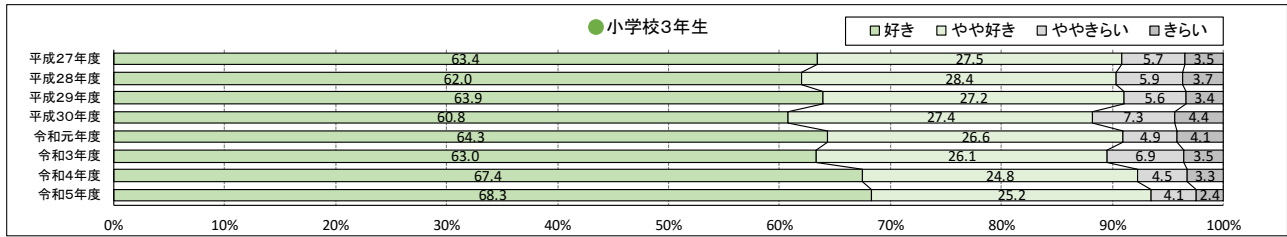
<3-1> 運動やスポーツの好き・嫌いの経年変化

運動やスポーツが「好き」または「やや好き」の割合が、小学校5年女子、6年女子を除き、すべての学年において過去最高値であった。

男子



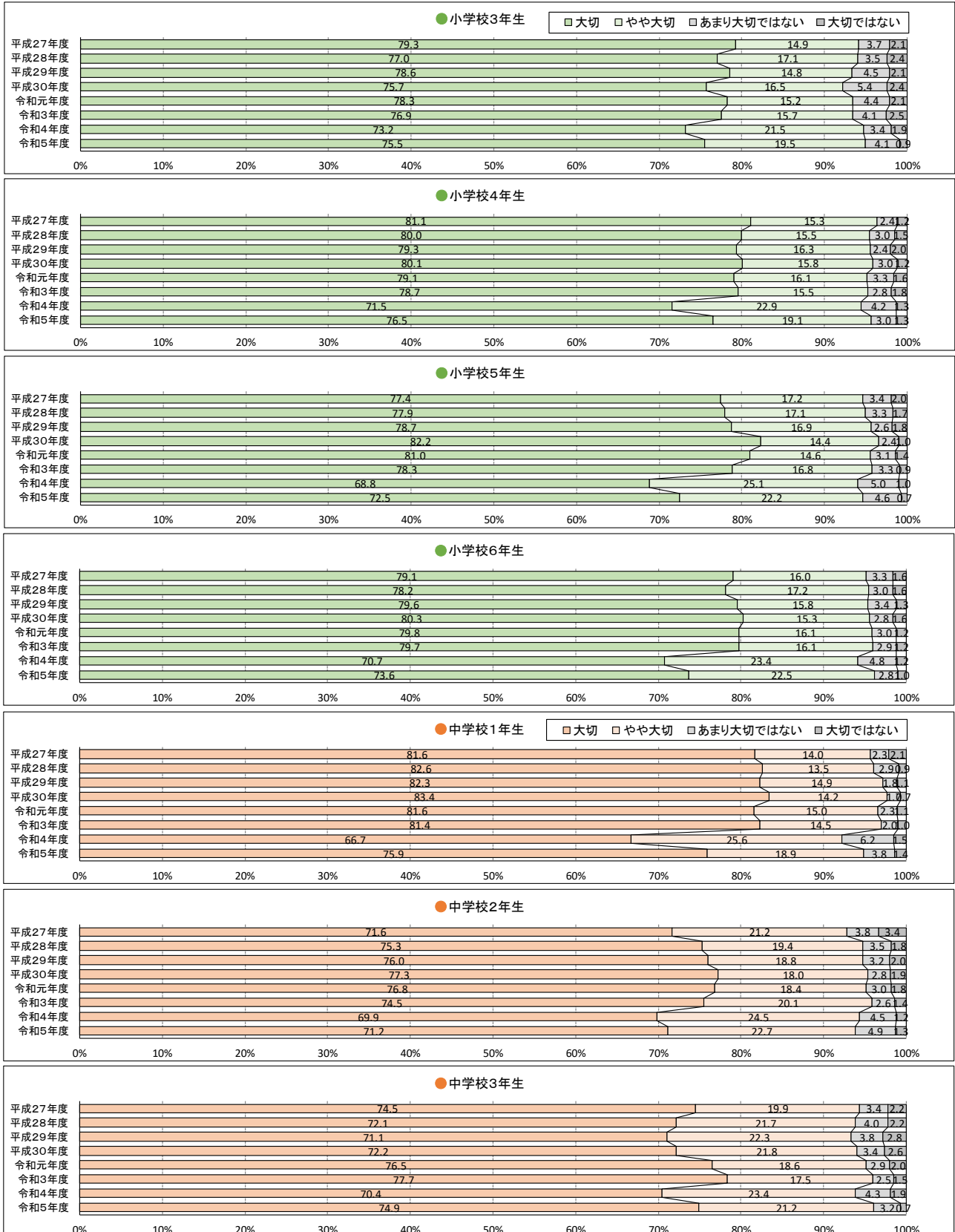
女子



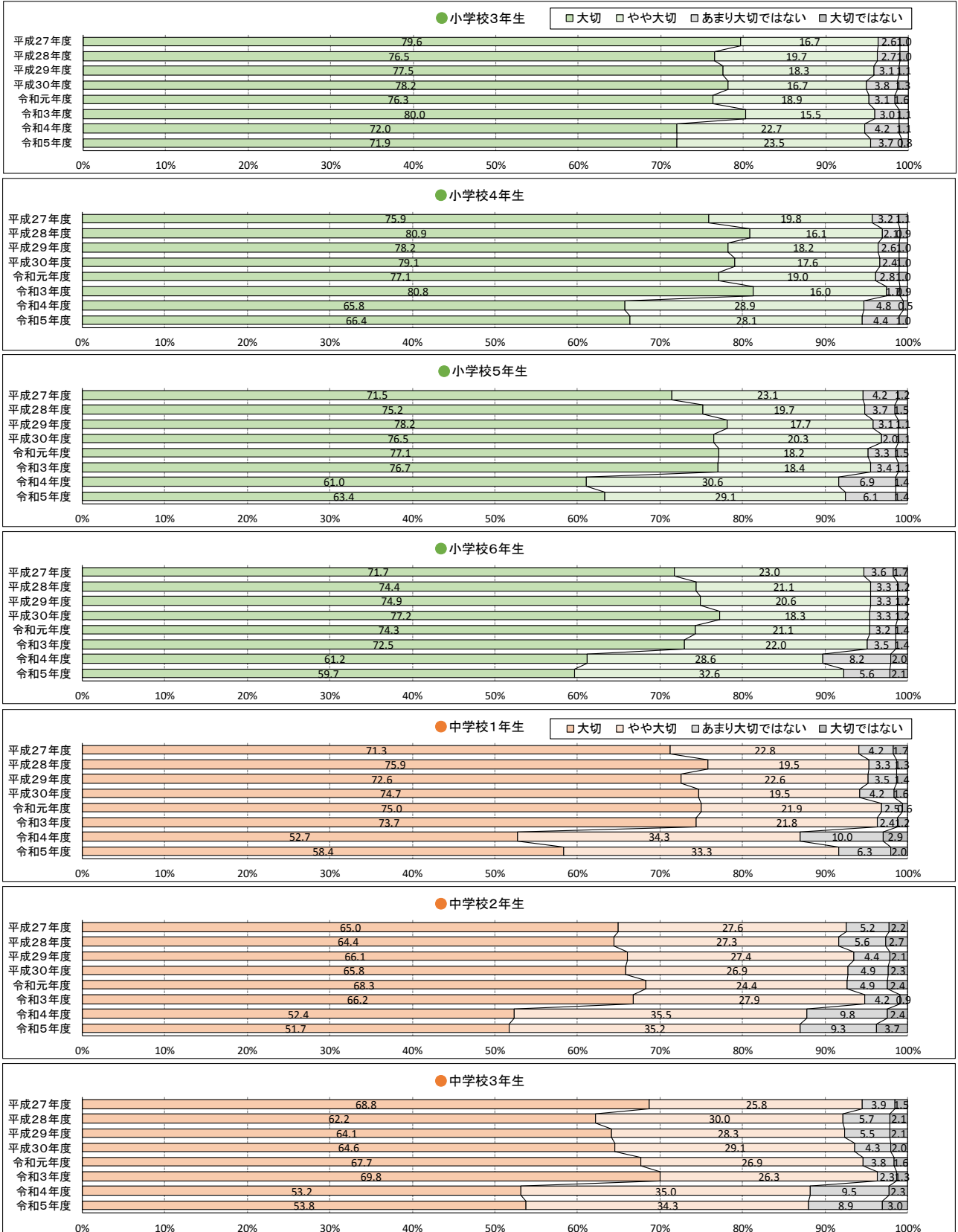
〈3-2〉 運動やスポーツが大切の経年変化

運動やスポーツが「大切」または「やや大切」の割合が、昨年度と比較し、男女ともに一部の学年を除き、増加した。

男子



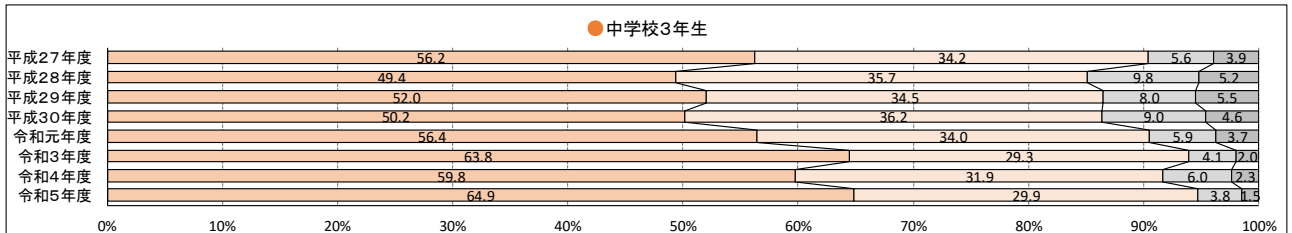
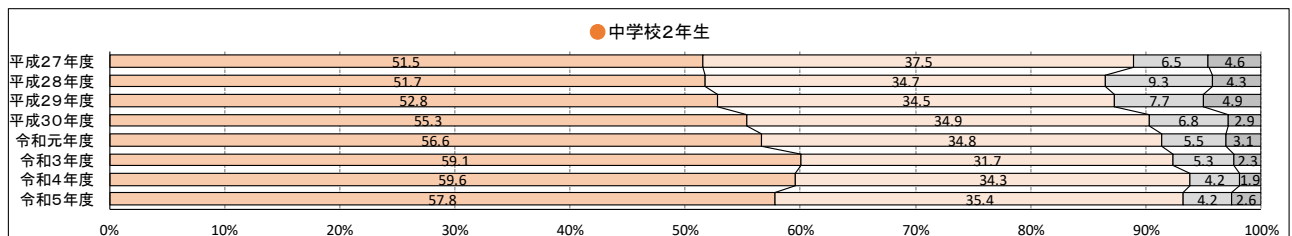
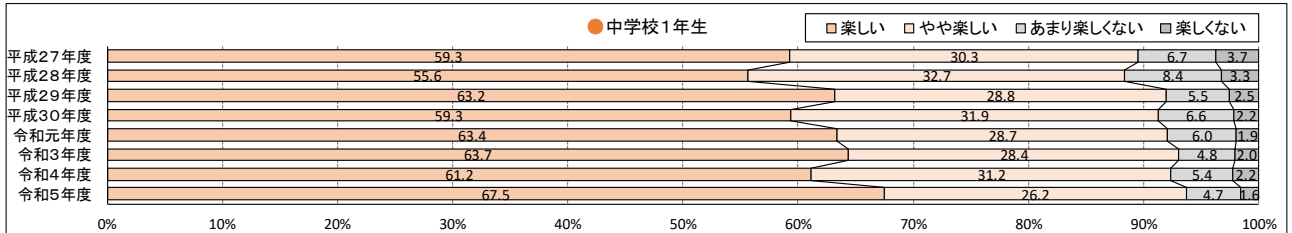
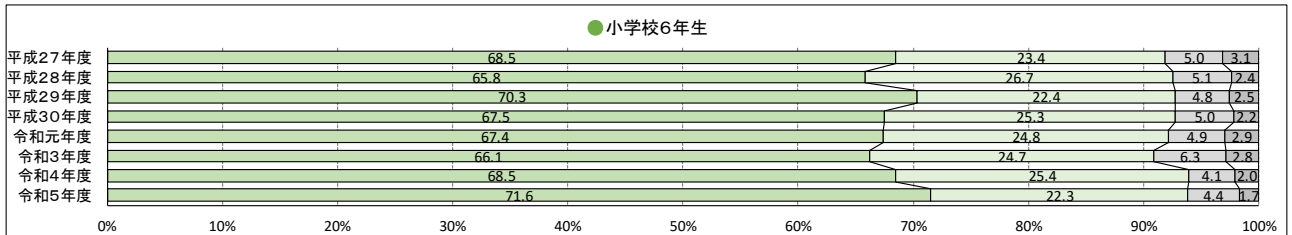
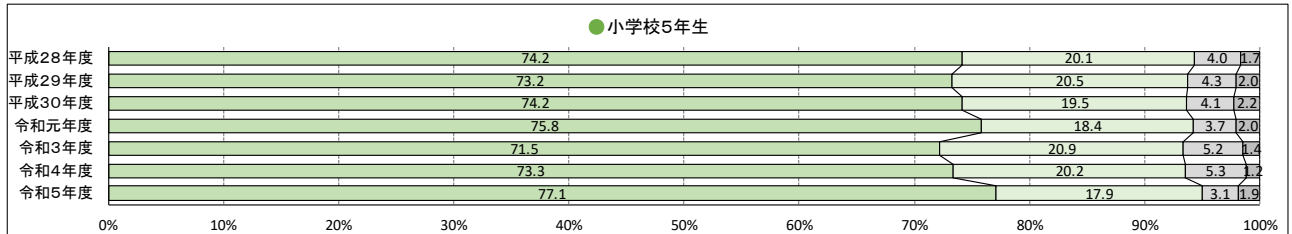
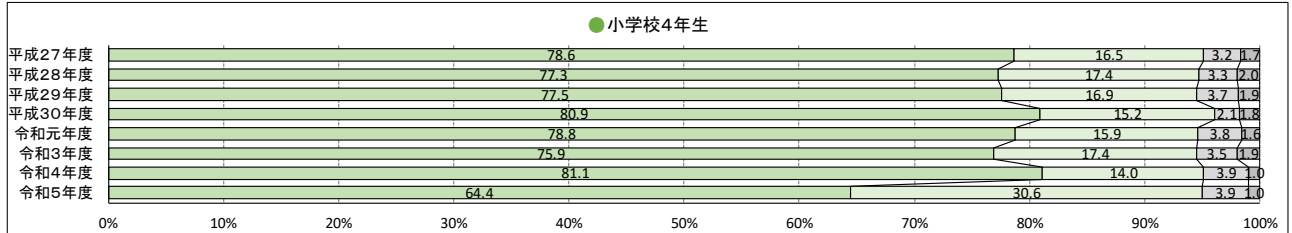
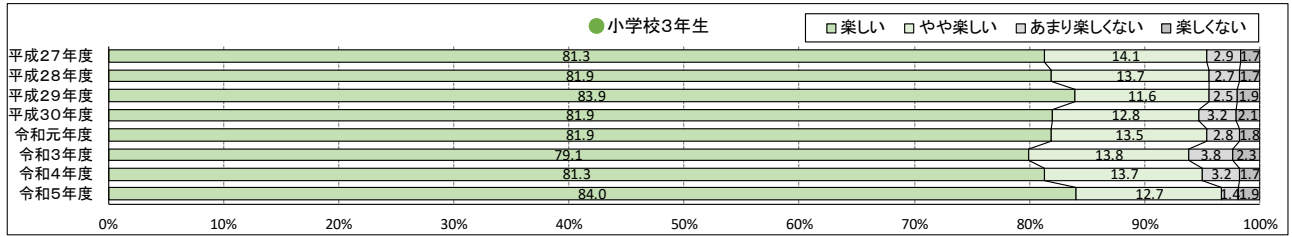
女子



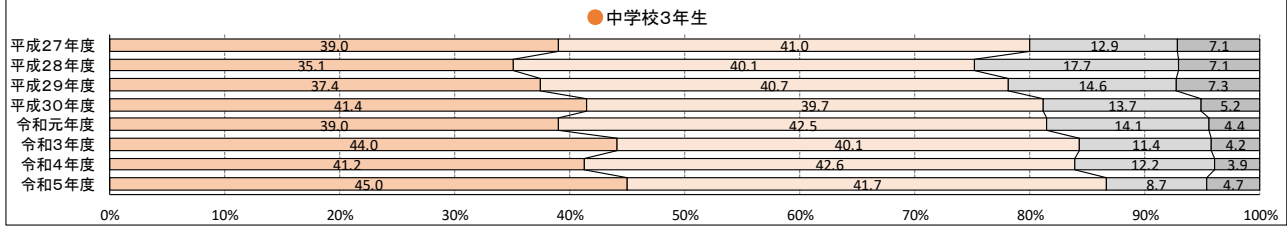
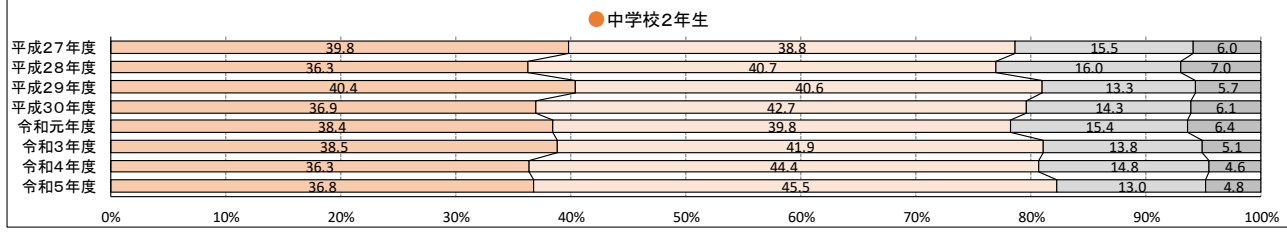
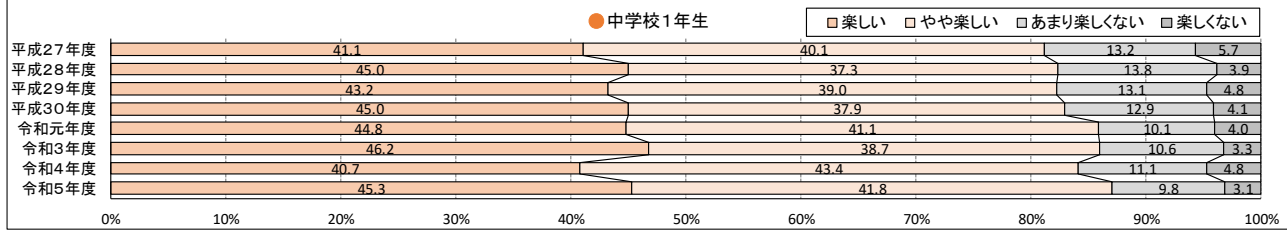
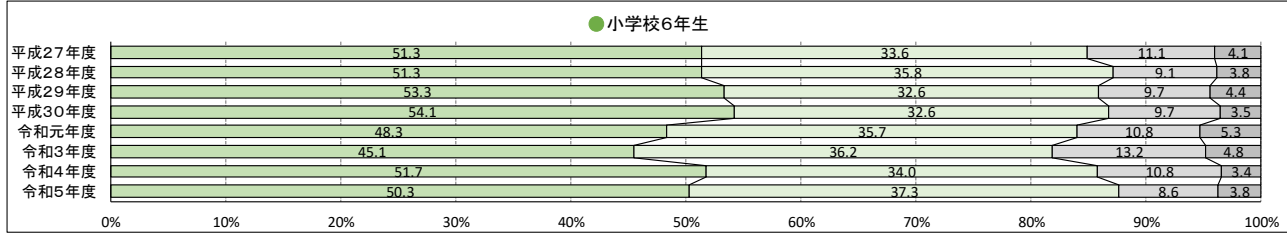
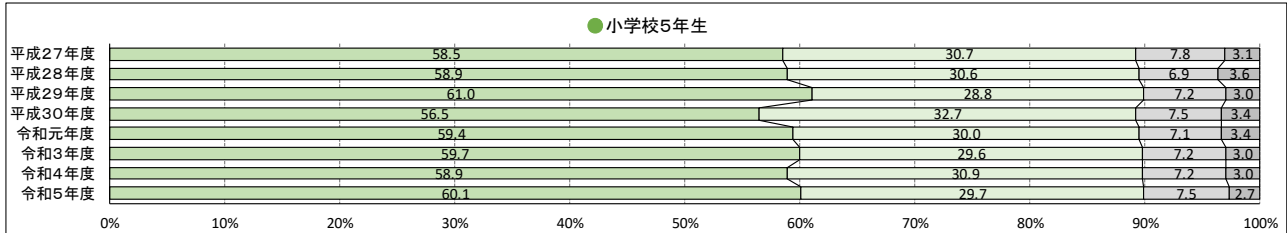
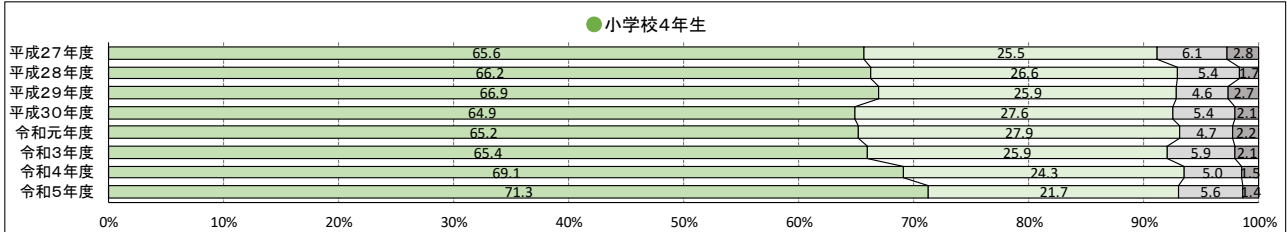
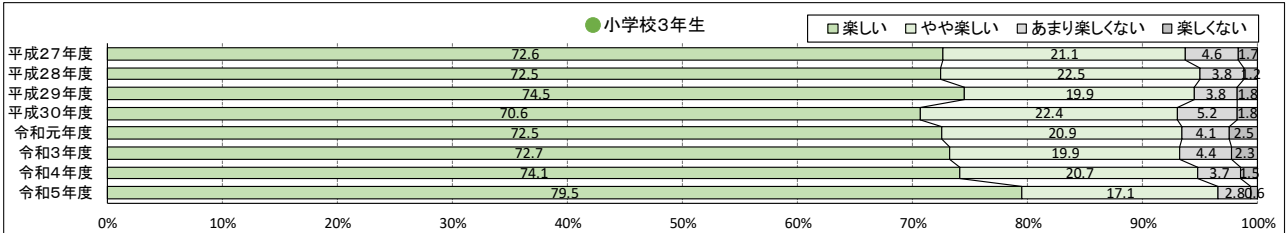
＜3-3＞ 体育・保健体育の授業は楽しいの経年変化

運動やスポーツが「楽しい」または「やや楽しい」の割合が、昨年度と比較して、男女とも一部の学年を除き、増加した。

男子



女子

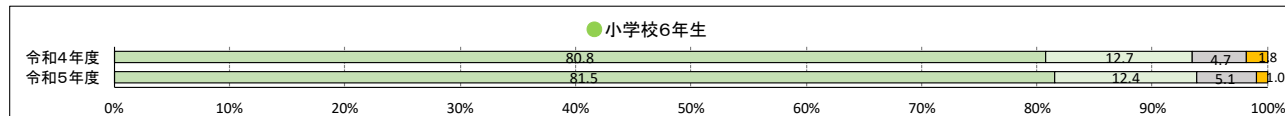
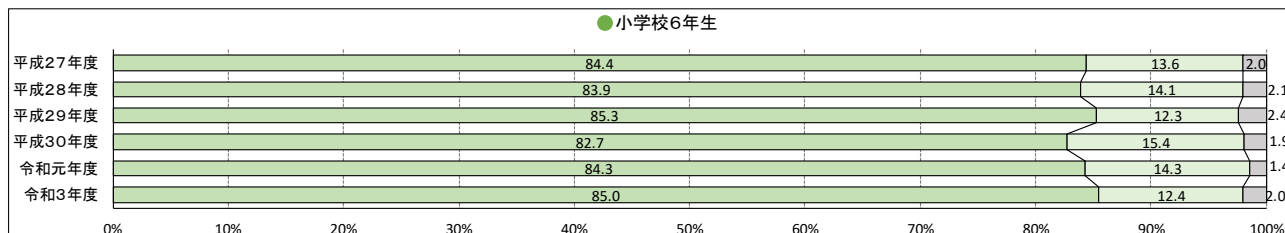
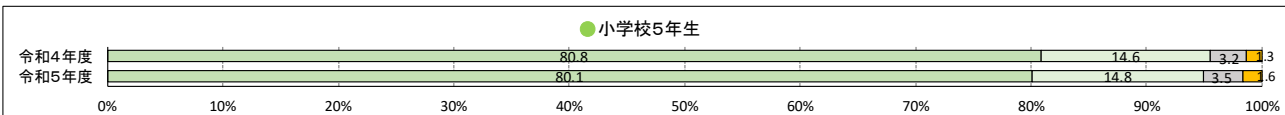
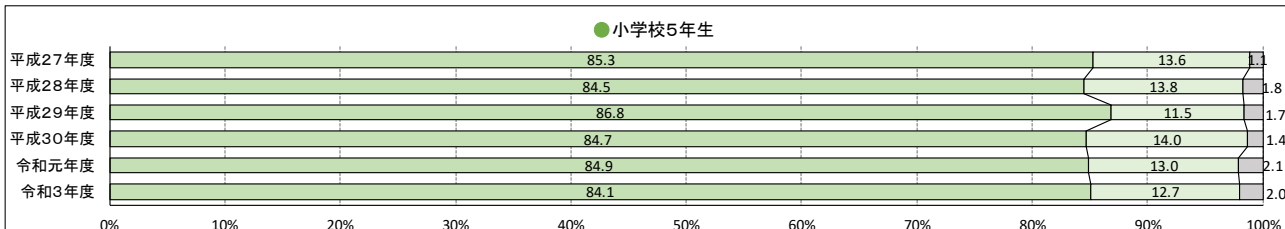
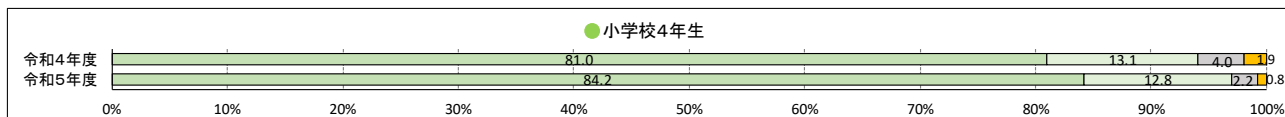
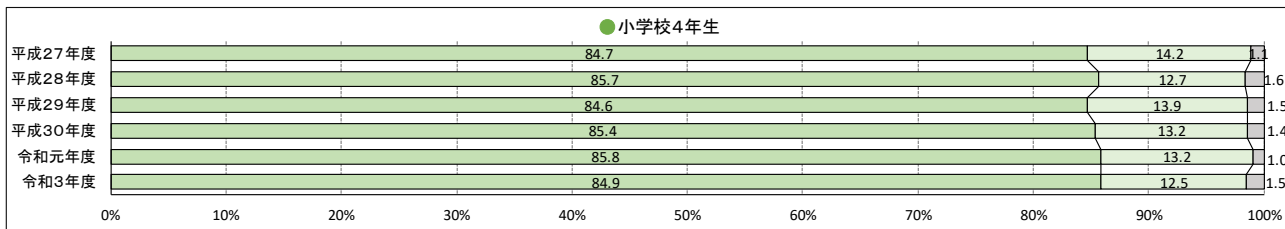
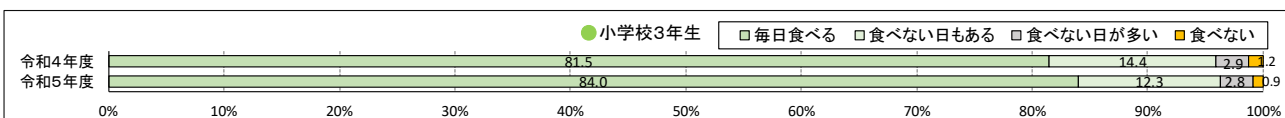
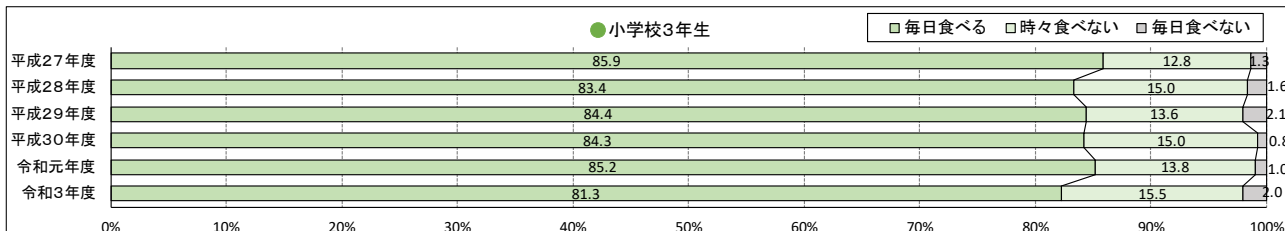


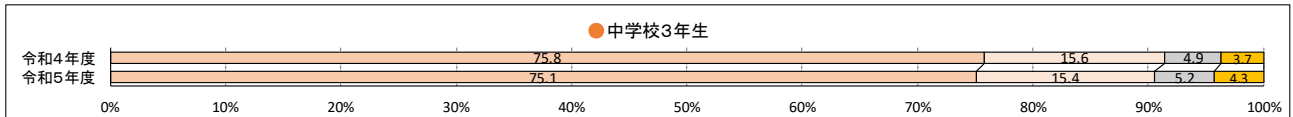
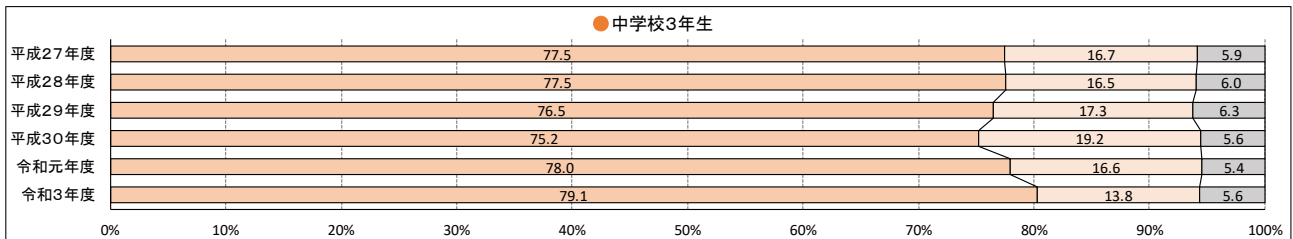
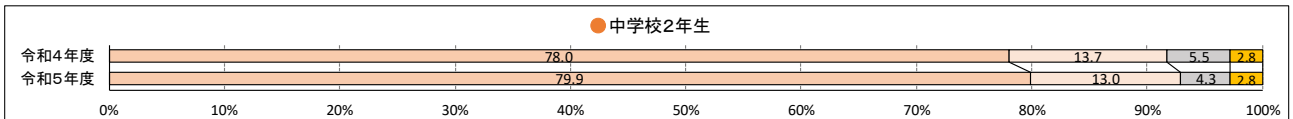
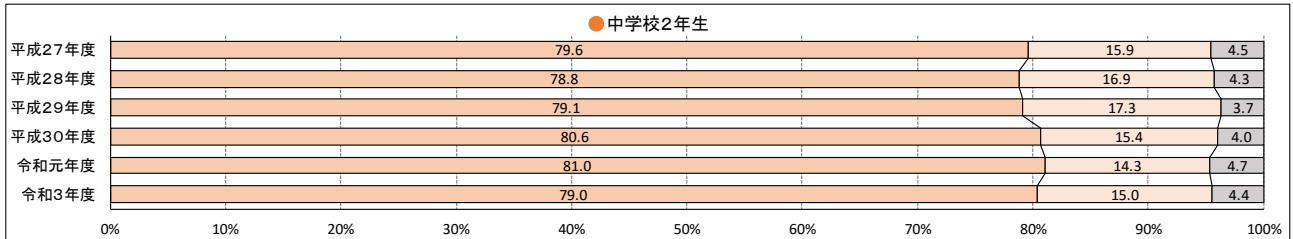
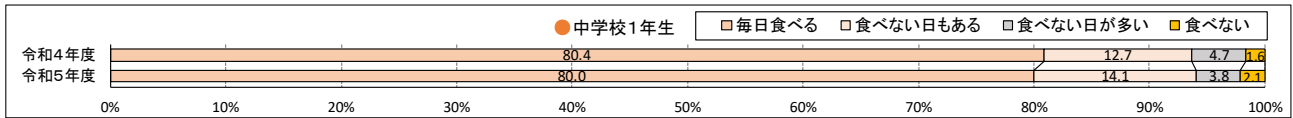
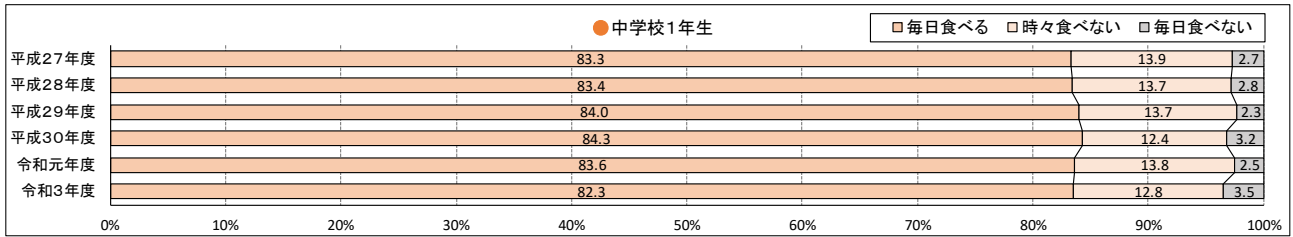
4 生活習慣の状況

朝食の摂取状況は、「食べない」または「食べない日が多い」と回答した割合が、小学校では減少傾向、中学校では増加傾向であった。睡眠時間については、「6時間未満」の割合が、昨年度と比較して、すべての学年において、減少した。

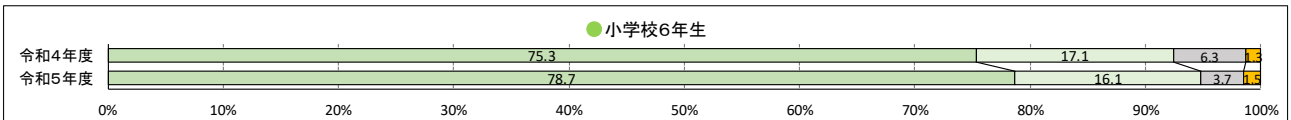
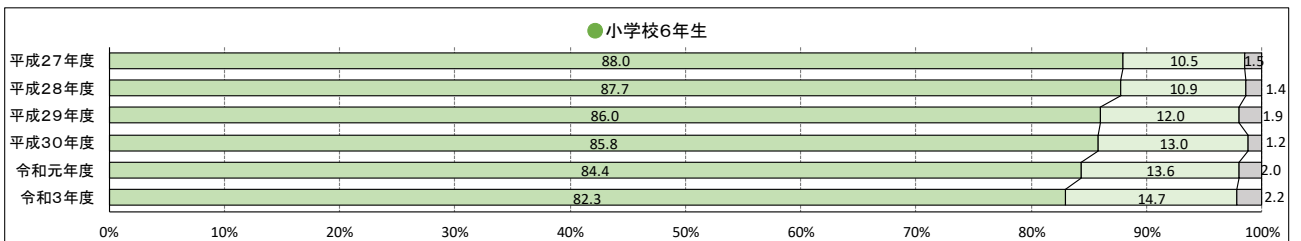
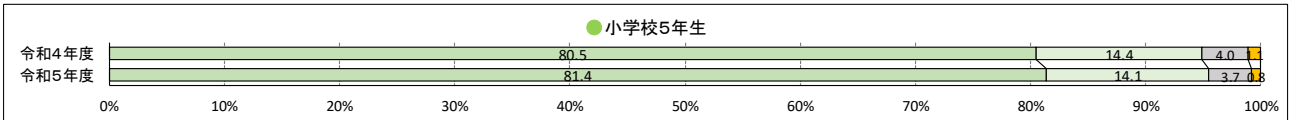
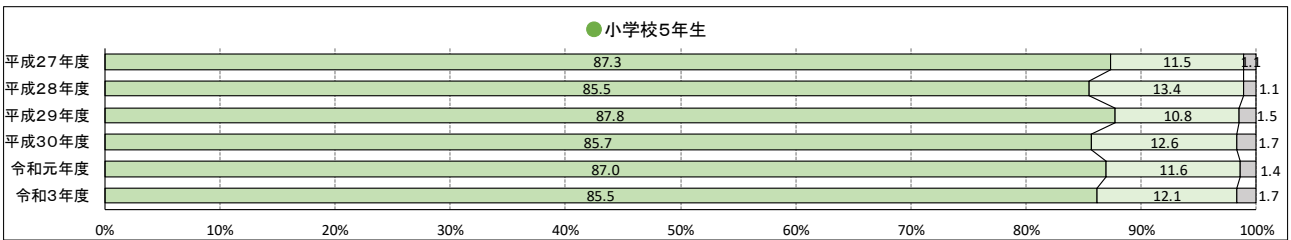
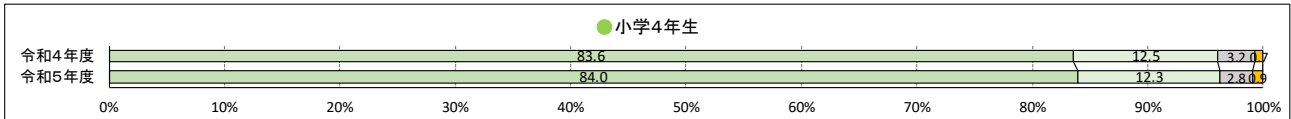
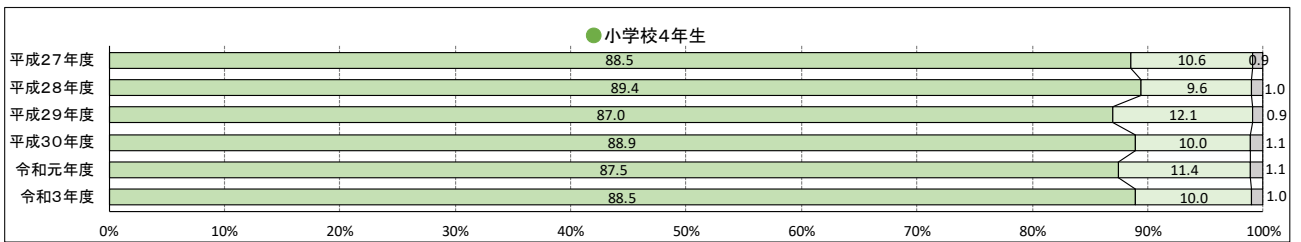
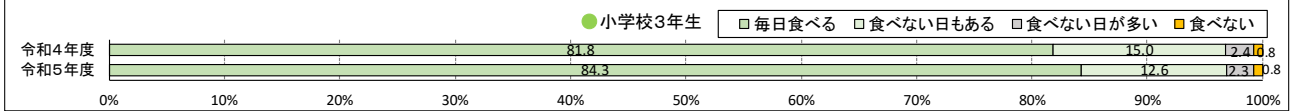
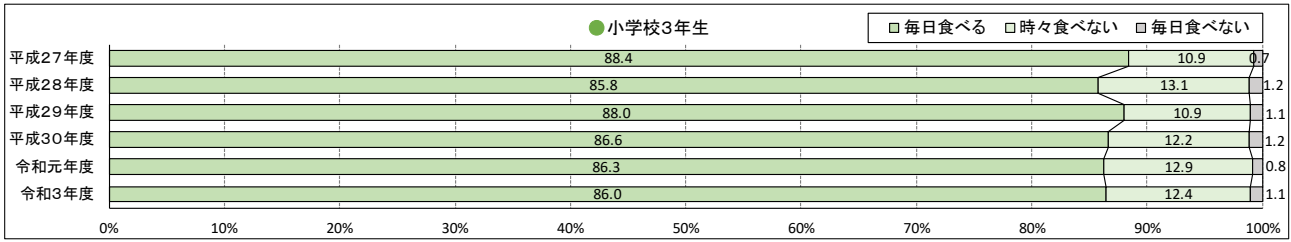
〔朝食の摂取状況の経年変化〕

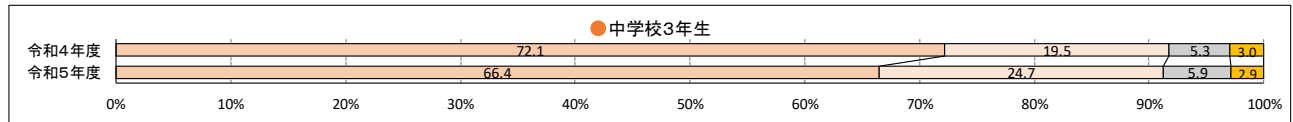
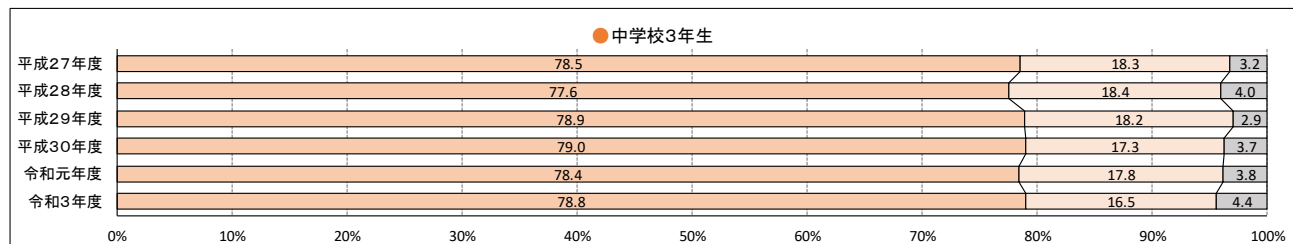
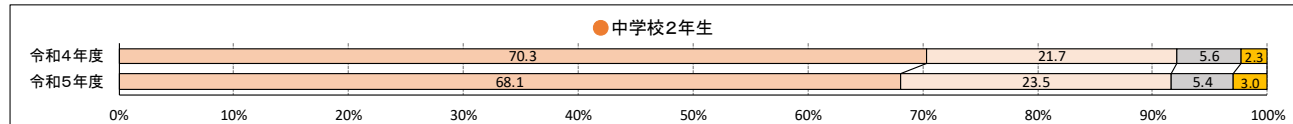
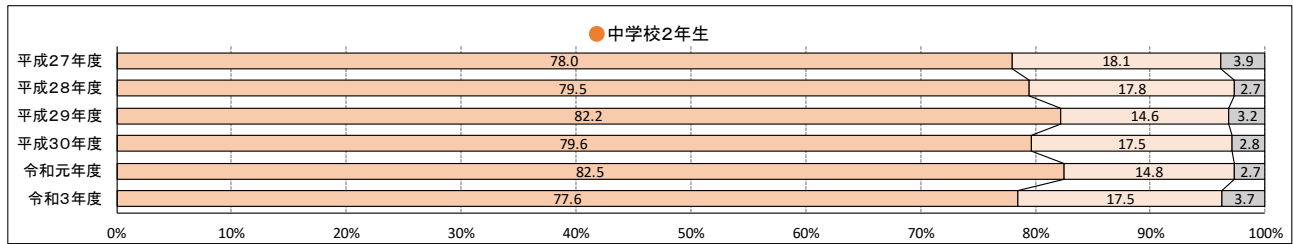
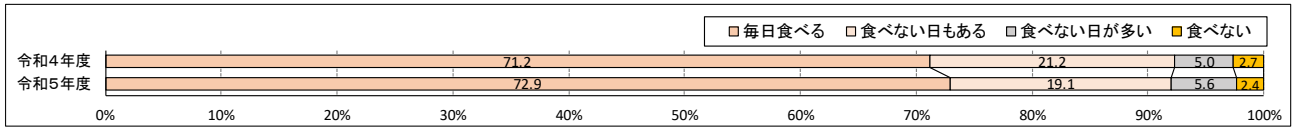
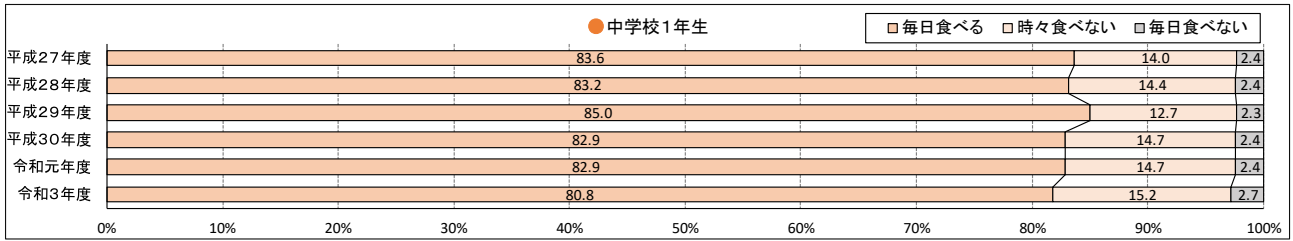
男子





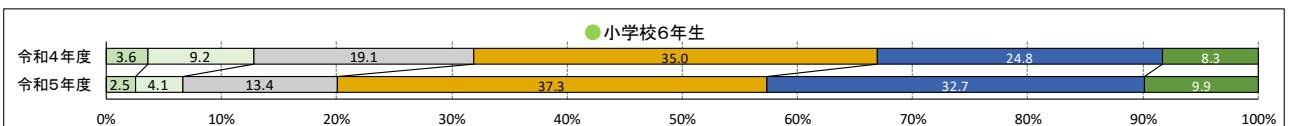
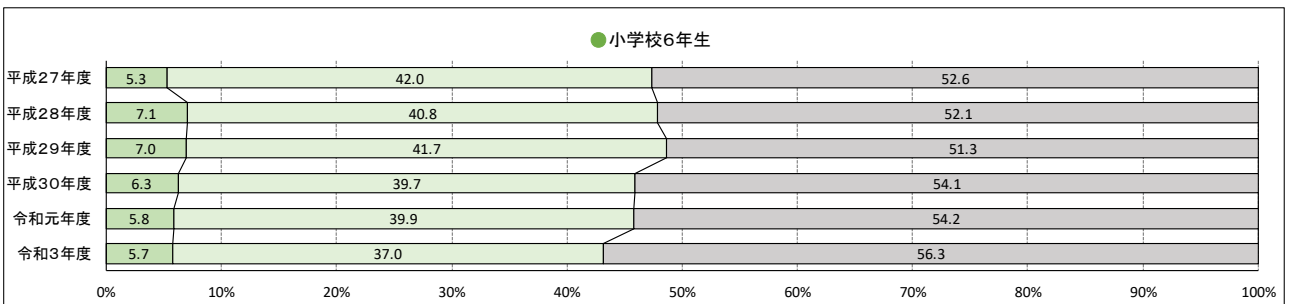
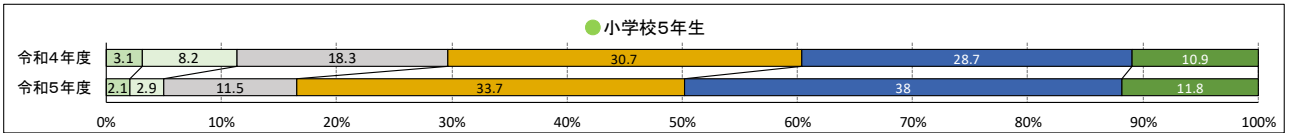
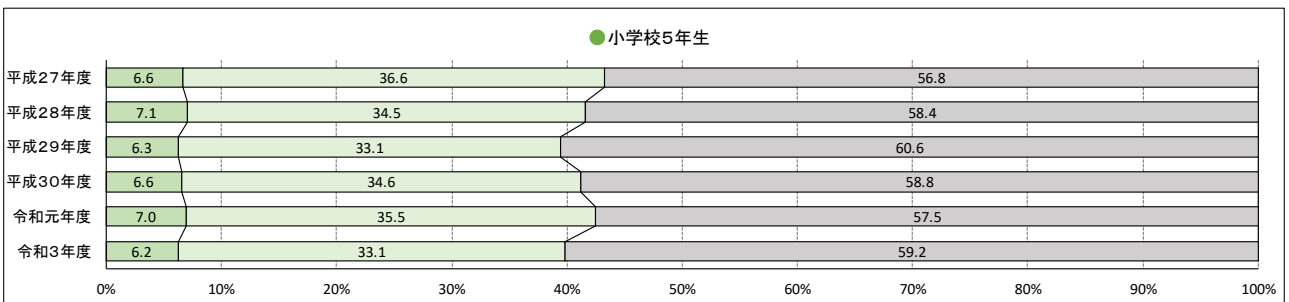
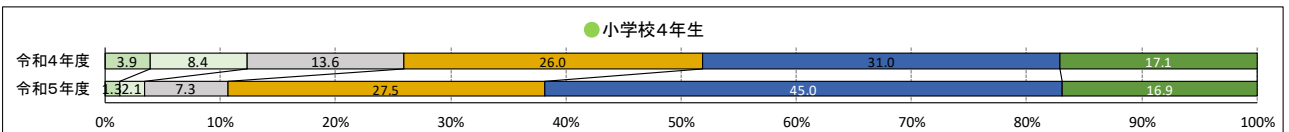
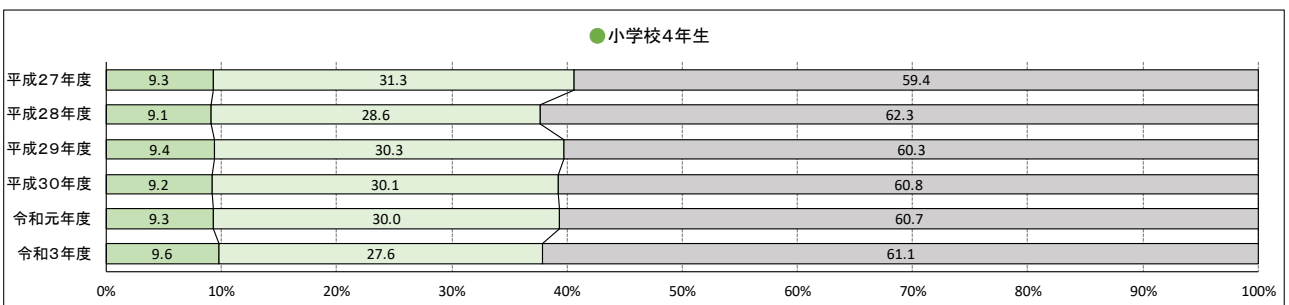
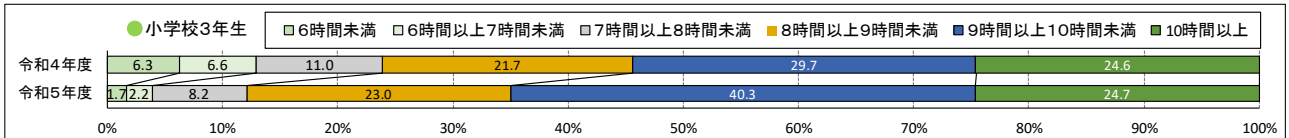
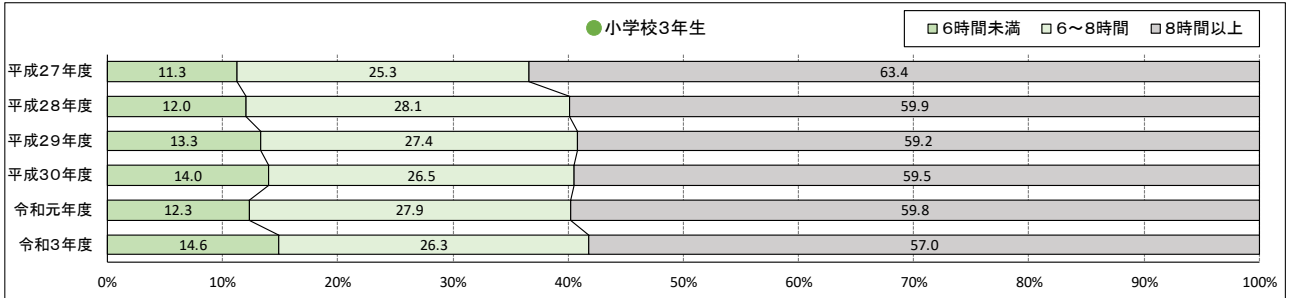
女子

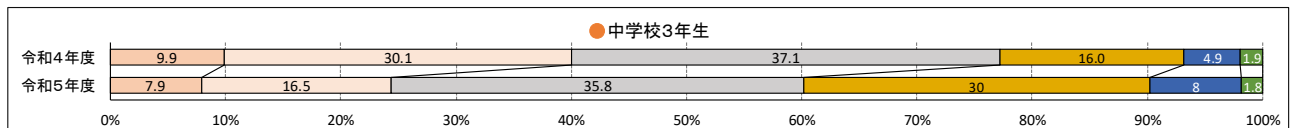
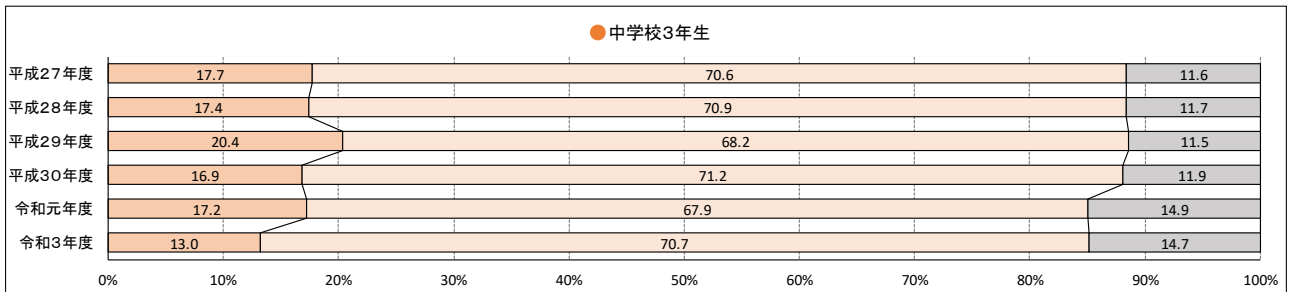
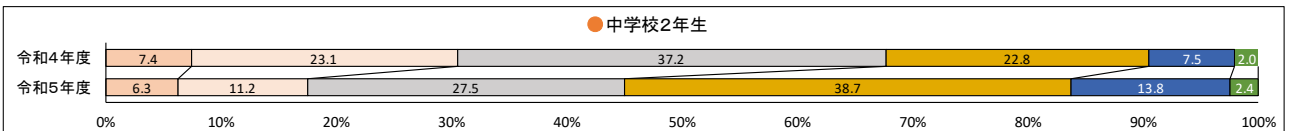
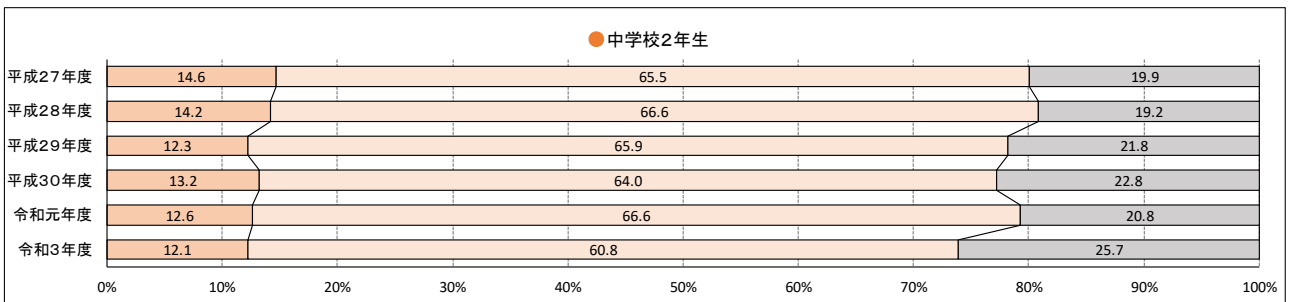
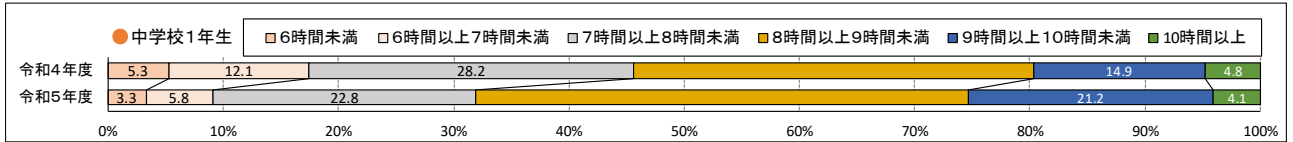
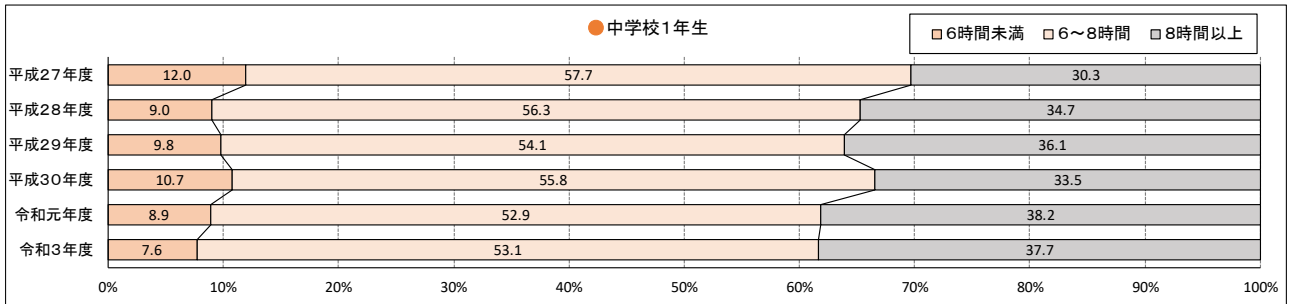




〔1日の睡眠時間の経年変化〕

男子





女子

