

# Sexual Orientation and Gender Identity Counseling

FREE

Reservation  
Necessary



## Yokosuka LGBTQ+ Counseling

*We are here for you, come talk to us*

A specialized sexual orientation and gender identity counselor can meet with you at Duo Yokosuka, the Human Rights and Diversity Promotion Division of City Hall, etc. You can come talk to us about your personal concerns, or as a family member or ally. Please feel free to give us a call. (One meeting per person).



*I feel disconnected from my gender...*

*I think my child is struggling with their gender identity, how can I be there for them?*



### Come talk to us!

#### About yourself:

If you are attracted to members of the same sex or both sexes, feeling disconnected from your gender, or have any concerns about your sexual orientation or gender identity. All ages welcome.

#### About someone close to you:

If you think a family member or friend is struggling with any of the above.

#### As an ally:

If you are an ally and/or counselor at a local school, business, or organization and want to discuss LGBTQ+ issues.

### Our Counselors

You can talk to our specialized counselors, including clinical psychologists from NPO SHIP.

### Hours & Locations

#### For a meeting about yourself or someone close to you:

Hours: Mon-Fri 10:00-18:00

- Human Rights and Diversity Promotion Division (Yokosuka City Hall, 11 Ogawa-cho, 2<sup>nd</sup> floor)
- Duo Yokosuka (Sogo Fukushima Kaikan Hall, 2-1 Honcho, 5<sup>th</sup> floor)
- Other

#### For an ally meeting:

Hours: Mon-Fri 10:00-18:00

- Any school, business, or allied organization, etc. (in Yokosuka)
- Human Rights and Diversity Promotion Division (address above)
- Duo Yokosuka (address above)

### Reserve a Meeting Online/Inquiries

#### Contact the Human Rights and Diversity Promotion Division of City Hall

**Website (Japanese):** [www.city.yokosuka.kanagawa.jp/0531/200908senmonsoudan.html](http://www.city.yokosuka.kanagawa.jp/0531/200908senmonsoudan.html)

**Email (English OK):** [we-pc@city.yokosuka.kanagawa.jp](mailto:we-pc@city.yokosuka.kanagawa.jp)



#### At least three days before you want to meet, please email us:

1. Your name/nickname, 2. Age, 3. What you want to discuss, 4. Where you want to meet (City Hall or Sogo Fukushima Kaikan Hall), 5. Three potential days you could meet, 6. If you are bringing anyone with you or not, 7. Phone number, 8. What language you prefer to speak (**for languages other than Japanese, it may take more time to arrange a meeting**)