

# Disability Welfare Handbook

(Abridged Version) ENGLISH

### Disability Welfare Division Yokosuka City Welfare Department

This handbook is an abridged version of the complete April 2023 Disability Welfare materials. For the purposes of being easier to understand, some content has been omitted.

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# \*When calling one of these numbers or reception desks, please have someone who speaks Japanese there to help you.

1 Consultation and Support

#### 1. Disability Welfare Division

City Hall 1F TEL 822-8248

The Disability Welfare Division, in cooperation with national and specialized institutions, provides various services and life guidance for people with physical, intellectual, and mental disabilities.

#### 2. Yokosuka Children's Guidance Center

Hagukumikan 3F

TEL 820-2323

Guidance concerning children under the age of 18.

## 3. Health and Welfare Centers, Community-Based Welfare Division, Health Promotion Division

Regional guidance centers which provide support for handicapped children, expecting mothers, infants, children, elderly citizens' health and in-home care.

FACILITY	TEL
Chuou Health and Welfare Center	824-7632
Kita Health and Welfare Center	861-4118
Minami Health and Welfare Center	836-1511
Nishi Health and Welfare Center	856-0719
Community-Based Welfare Division	822-9613
Health Promotion Division	822-4537

## 4. Yokosuka Public Employment Security Office (Hello Work)

Heisei-cho 2-14-19

TEL 824-8609

Services that introduce employment opportunities to disabled individuals, from help in finding employment to aftercare.

#### 5. Disability Support Center

Specialized staff provides guidance and support for disabled individuals and their families.

FACILITY	TEL
Taura Disability Support Center	861-9792
Kurihama Disability Support Center Yunri	838-4616
Kinugasa Disability Support Center Counseling Room Asunaro	853-3415
Team Blue Yokosuka Disability Support Center	874-8407
Peace Talk Disability Support Center	855-3555

## 2 Certificate of Disability

A Certificate of Disability serves as proof of an individual's disability.

#### 1. Physical Disability Certificate Disability Welfare Division TEL 822-8248

A certificate for individuals with physical disabilities.

#### 2. Intellectual Disability Certificate Disability Welfare Division TEL 822-8248

A certificate for individuals who have been determined as having an intellectual disability.

#### 3. Mental Disability Certificate Disability Welfare Division TEL 822-8248

A certificate for individuals who have a mental disability that affects their daily life.

# 3 Medical Expense Assistance (Partial assistance for medical expenses)

#### 1. Advanced Elderly Medical Service System

Health Insurance Division TEL 822-8272

Partial assistance for medical expenses for the Advanced Elderly Medical Service System for individuals age 65 or over.

#### 2. Specific Intractable Disease Assistance

Public Health Center Health Protection Division

TEL 822-4385

Partial assistance for medical expenses for specific illnesses.

3. Childhood Chronic Intractable Disease Assistance Child Allowance Division TEL 822-9729

Partial assistance for medical expenses for specific childhood illnesses.

#### 4. Assistance for Children

Child Allowance Division TEL 822-9729

Partial assistance for medical expenses for children who have been diagnosed with a specific illness which if neglected may cause future disability, for the purposes of eliminating or lessening said disability.

#### 5. Assistance for Rehabilitation

Disability Welfare Division TEL 822-8248

Partial assistance for individuals age 18 and over with a Physical Disability Certificate, for improvement of quality of life, lessening their impairment, and rehabilitation.

#### 6. Assistance for Psychiatric Care

Disability Welfare Division TEL 822-8248

Partial Assistance for individuals undergoing psychiatric care.

#### 7. Severe Disability Assistance

Disability Welfare Division TEL 822-8248

Partial assistance for individuals that have been diagnosed as having a severe disability.

# Pension, Allowance (Conditions must be met to receive payments)

#### 1. Disability Basic Pension

Counter Service Division TEL 822-8235

If an individual was enrolled in the Japan National Pension at the time of their initial examination by a doctor for their illness or injury, they can apply for the Disability Basic Pension.

#### 2. Disability Employees' Pension

Pension Office TEL 827-1251

If an individual was enrolled in the Japan Employee's Pension at the time of their initial examination by a doctor for their illness or injury, they can apply for the Disability Employees' Pension.

#### 3. Special Disability Allowance

Disability Welfare Division TEL 822-8248

Support for individuals 20 years or older who live at home that have a severe disability or mental disability which requires special assistance in daily life.

#### 4. Disabled Child Welfare Allowance

Disability Welfare Division TEL 822-8248

Support for children under the age of 20 who have a severe physical or mental disability.

5. Kanagawa In-Home Severe Disability Allowance Disability Welfare Division TEL 822-8248 Support for individuals that live at home who have a severe disability that requires 24-hour care.

6. Yokosuka Severe Disability Welfare Allowance Disability Welfare Division TEL 822-8248 Support for individuals that live at home who have a severe disability.

#### 7. Disability Support and Mutual Aid

Disability Welfare Division TEL 822-8248

Guardians who are looking after an individual with a disability provide regular monthly payments to this pension. Upon the guardian's own death or instance of acquiring a severe disability, the disabled person they are looking after will receive regular payments from this pension.

8. Severe Disability Caregiver Consolation Aid Disability Welfare Division TEL 822-8248

Financial aid provided annually to caregivers who care for an individual with a severe disability.

#### 9. Special Child Rearing Allowance

Child Allowance Division TEL 822-9809

Support for individuals who are raising a child that is under the age of 20 and has a moderate to severe physical or mental disability.

#### 10. Child Rearing Allowance

Child Allowance Division TEL 822-9809

Support for individuals who are raising a child that is under the age of 20 in a single-parent household.

## 5 Disability Welfare Services

#### 1. Disability Welfare Services

Disability Welfare Division TEL 822-8248

Support services based on the Services and Supports for Persons with Disabilities Act. Provides services to individuals according to the severity of their disability, daily activity, and residence status. (Home care services, day services, residential services)

#### 2. Community Life Support Services

Disability Welfare Division TEL 822-8248

Support services based on the Services and Supports for Persons with Disabilities Act. Determined by the local municipality's original ideas, provides a flexible range of services to individuals with disabilities based on their needs and social resources. (Transportation support, day support)

#### 3. Other In-Home Support

Disability Welfare Division TEL 822-8248

The following in-home support is offered to individuals with disabilities:

- 1. In-Home Grooming Services
- 2. Washing of Bedding
- 3. In-Home Bathing Services
- 4. IT Instructor Dispatch

6 Prosthesis, Daily Living Aids, Etc. (Conditions must be met to receive payments)

## 1. Financial Assistance System for Prosthetic Device Expenses Disability Welfare Division TEL 822-8248

Items that are necessary for an individual with a physical disability to more easily live and work, such as hearing aids, glasses, wheelchairs, etc. are classified as prosthetic devices. This Financial Assistance System will partially cover the expenses of procuring and repairing prosthetic devices.

### 2. Financial Assistance System for Daily Living Aids Disability Welfare Division TEL 822-8248

Items that are necessary for an individual with a severe disability to function easily in their daily life, such as special beds, smoke detectors, talking clocks for the visually impaired, etc., are classified as daily living aids. This Financial Assistance System will partially cover the expenses of daily living aids.

#### 3. Disposable Diaper Allowance

Disability Welfare Division TEL 822-8248 Nursing Insurance Division TEL 822-8255

Support system for individuals with a disability who live at home that require disposable diapers.

# 7 Transport (Conditions must be met to receive discounts and assistance)

#### 1. Discounts for Public Transportation

Disability Welfare Division TEL 822-8248

When an individual presents their Certificate of Disability they can receive discounts on public transportation.

- 1. Railway fare discounts
- 2. Bus fare discounts
- 3. Domestic airfare discounts
- 4. Taxi fare discounts
- 5. Ferry fare discounts
- 6. Toll road discounts

#### 2. Financial Support for Automobiles, Etc. Disability Welfare Division TEL 822-8248

- 1. Financial assistance for taxi fares (automobile fuel expenses)
- 2. Financial assistance for automobile driving lessons
- 3. Financial assistance for automobile modifications expenses

## 8 Public Service Fees, Etc.

(Conditions must be met to receive fee reductions and discounts)

#### 1. Water Supply and Sewerage Fee Reduction

Disability Welfare Division

TEL 822-8248

Basic water supply and sewerage fees will be reduced for households with an individual who has a severe disability.

#### 2. NHK License Fee Exemption

Disability Welfare Division

TEL 822-8248

An individual will be exempt from paying the monthly NHK fee the month they submit an exemption form certified by the Welfare Division for Disabled Persons.

## 3. "Fureai Annai" (Free Telephone Directory Assistance)

NTT EAST Fureai Annai
TEL 0120-104174

Telephone directory assistance (#104) through "Fureai Annai" is offered for free.

#### 4. Cell Phone Basic Usage Fee Discounts

Cell phone provider stores, etc.

A discount on basic monthly cell phone usage and service fees. For further information, please contact a cell phone service provider.

#### 5. Free Admission for Prefectural Cultural Centers

Relevant facilities

Individuals with a Certificate of Disability will be exempt from paying fees when visiting prefectural cultural centers.

#### 6. City Facility Usage Fee Reduction

Disability Welfare Division

TEL 822-8248

Fees will be reduced for individuals with a Certificate of Disability when visiting city facilities.

Yokosuka Citizen's Health and Welfare Bureau Welfare and Children's Services Department Disability Welfare Division

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