

第 1 章 調査結果の概要

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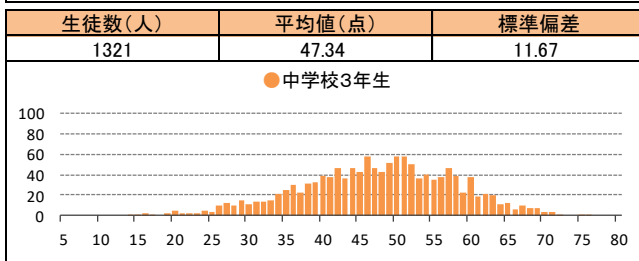
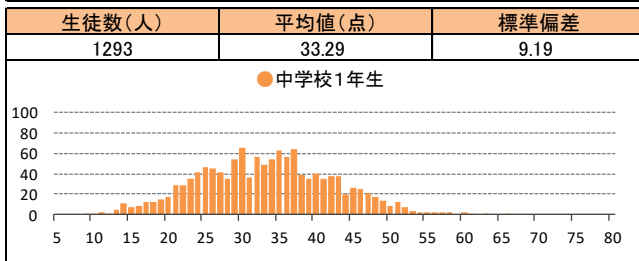
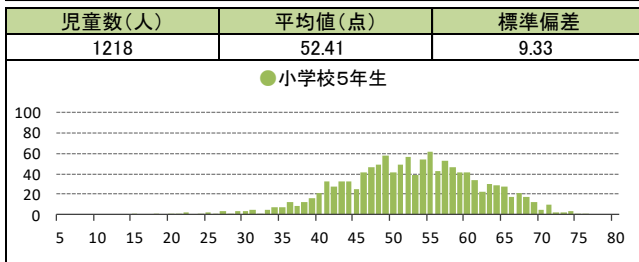
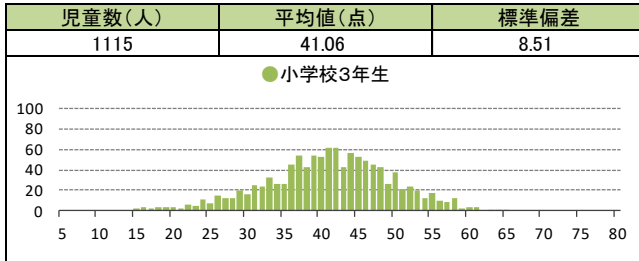
1 実技の状況 実技結果と経年変化

<実技結果（令和3年度）>

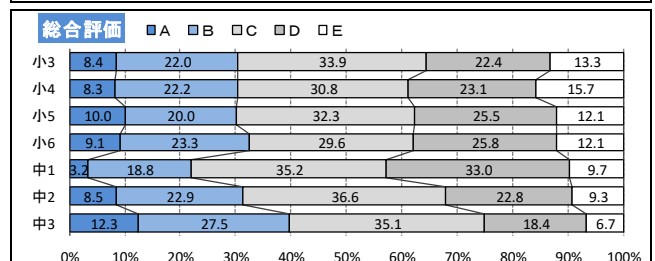
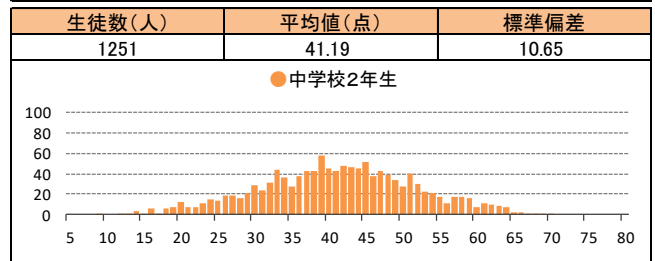
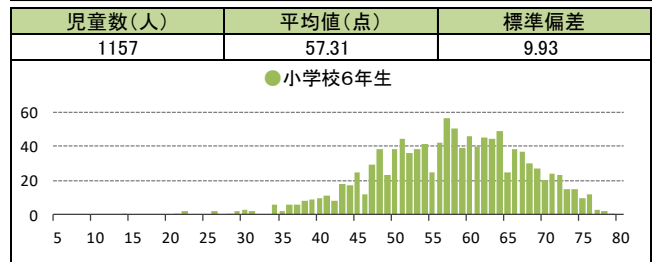
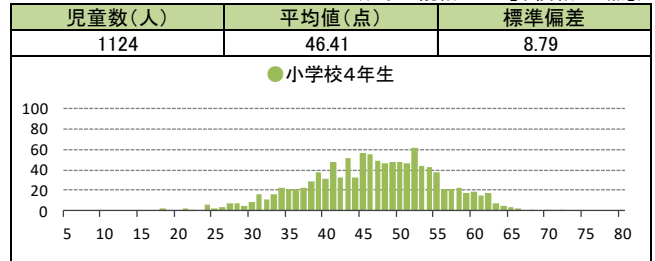
令和元年度の体力合計点及び各種目の実技結果の分布、平均値、総合評価の段階別の割合は次の通りである。

<体力合計点と総合評価・段階別（令和3年度）>

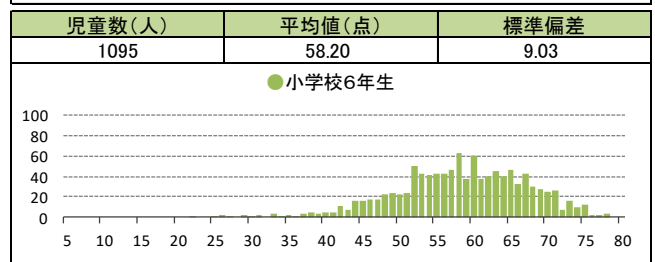
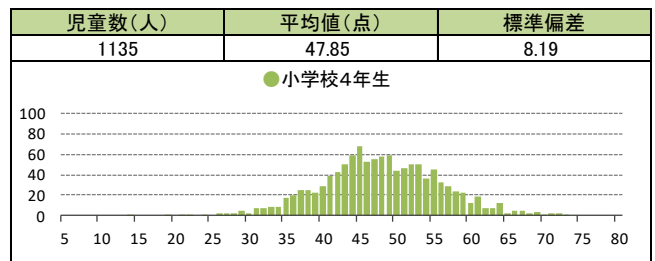
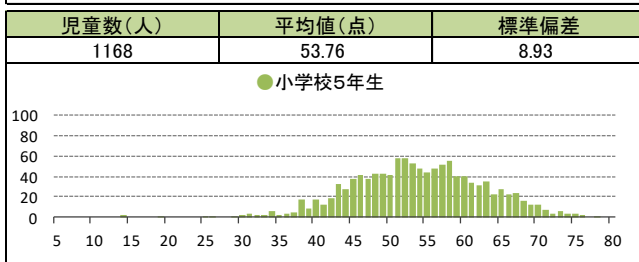
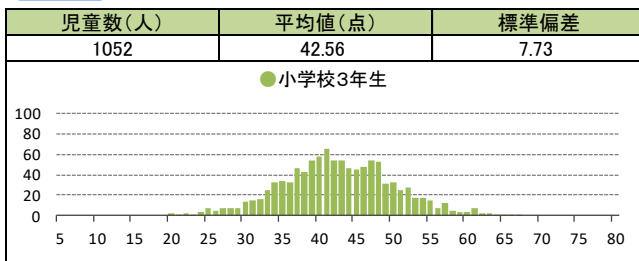
男子

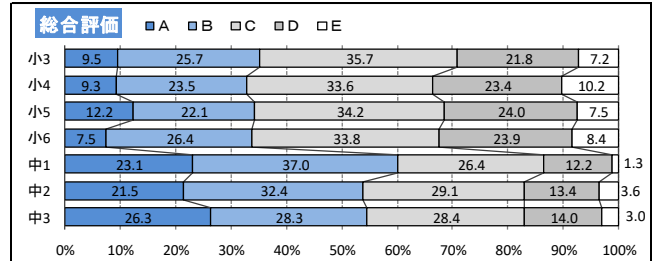
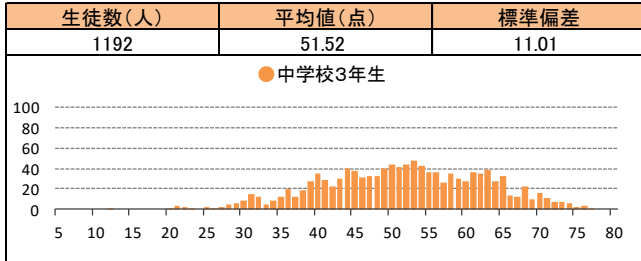
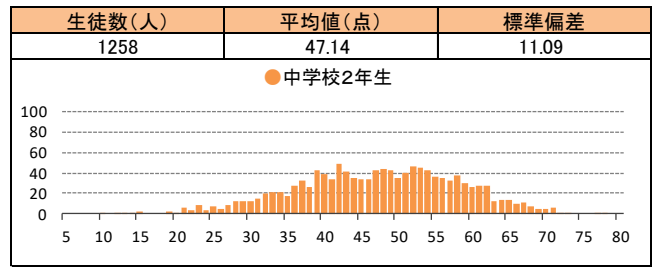
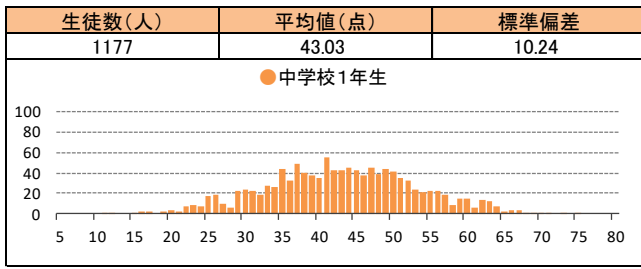


※得点基準及び総合評価規準は小学校と中学校、男子と女子とで異なる
(グラフ縦軸は「人」、横軸は「点」)



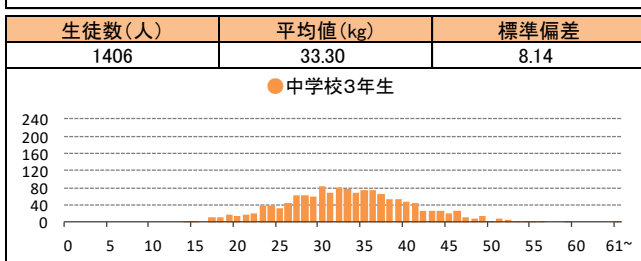
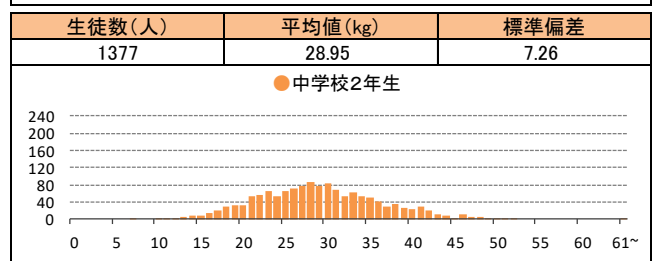
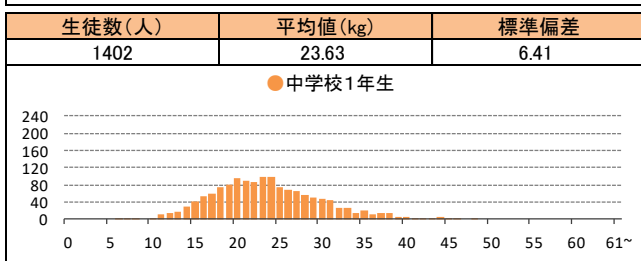
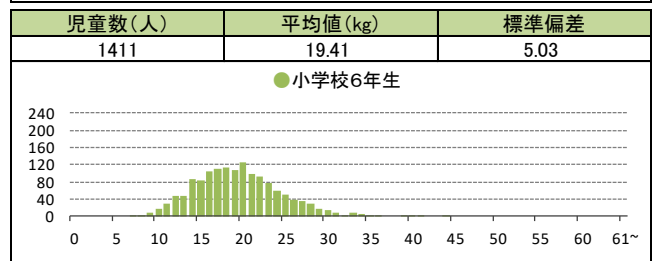
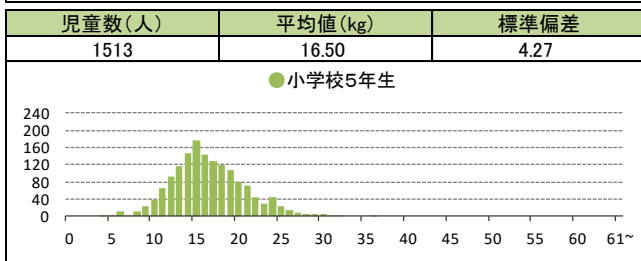
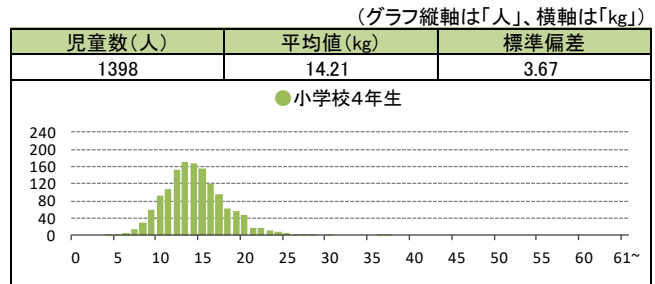
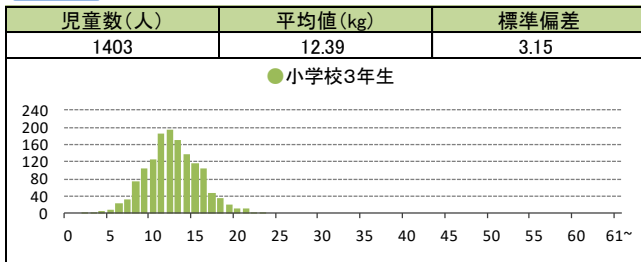
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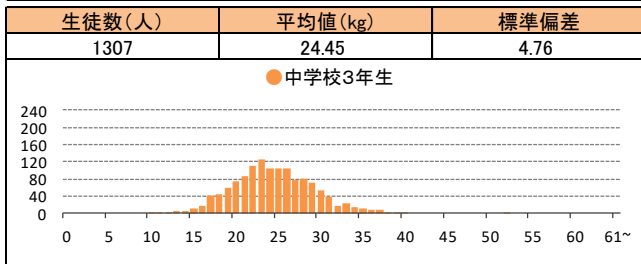
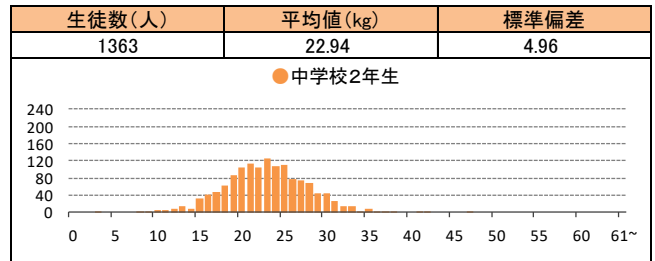
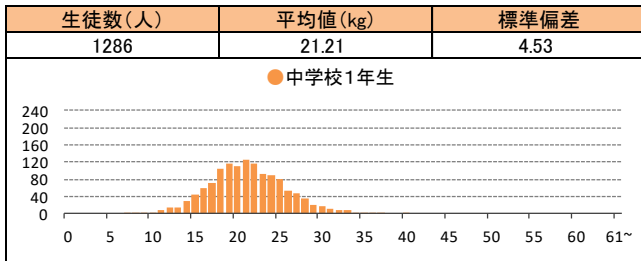
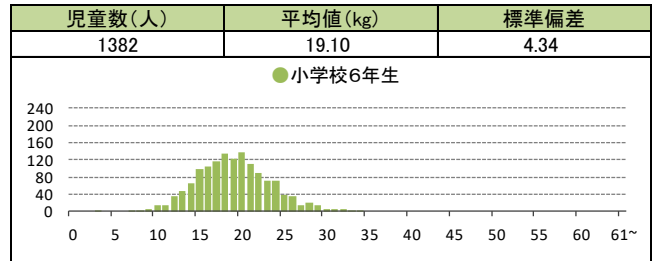
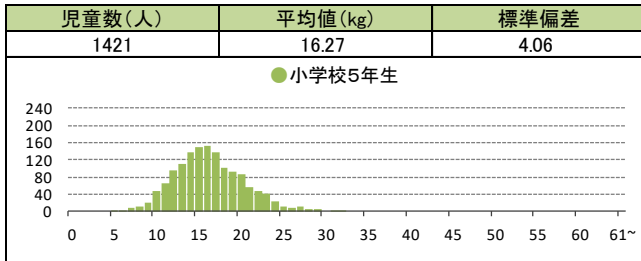
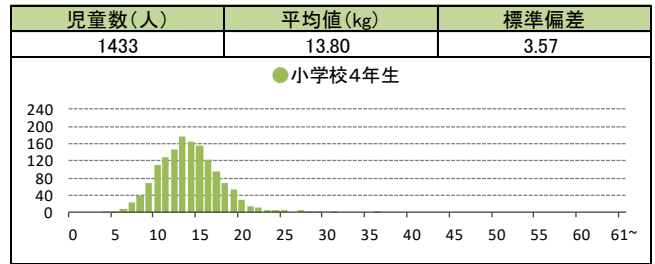
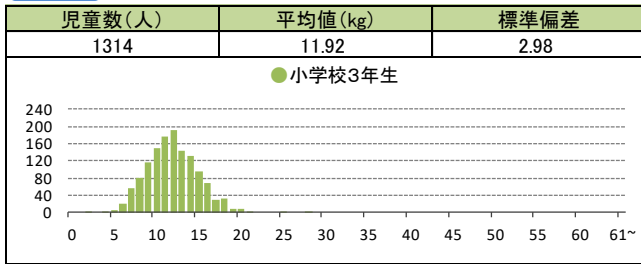


握 力

男子



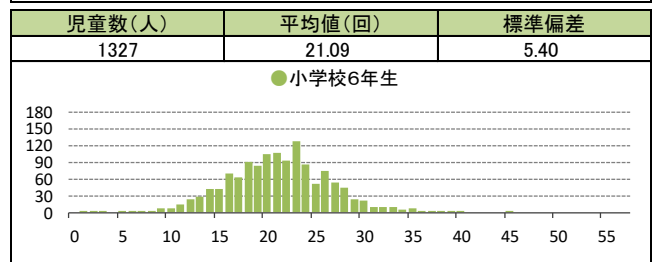
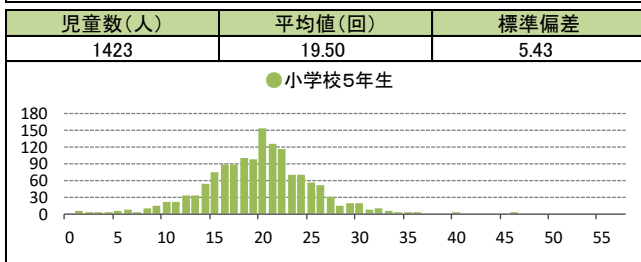
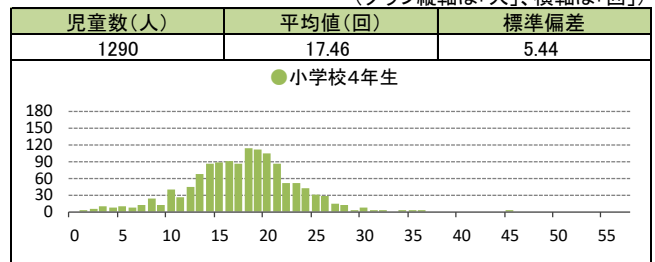
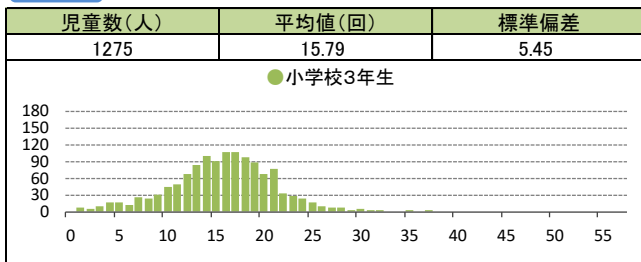
女子

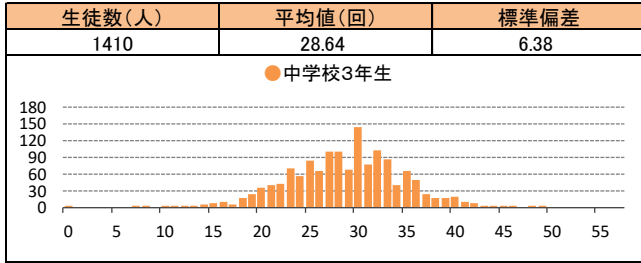
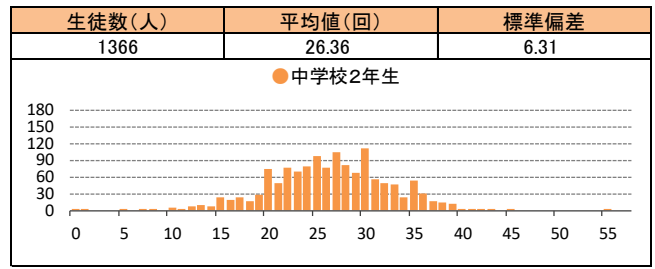
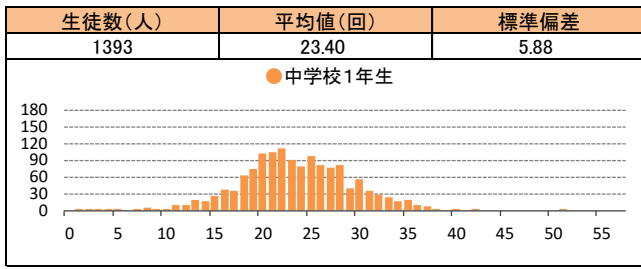


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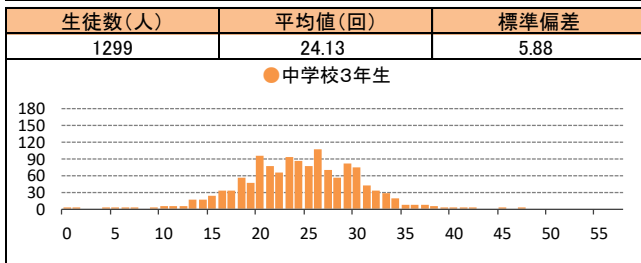
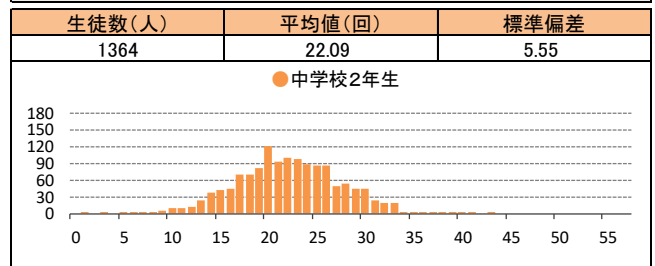
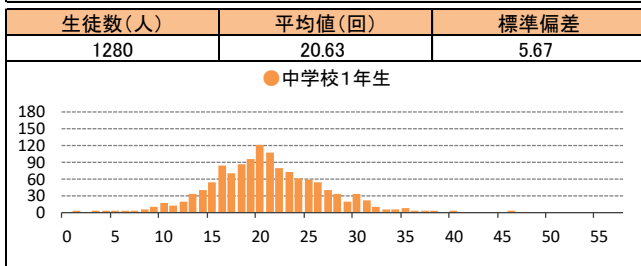
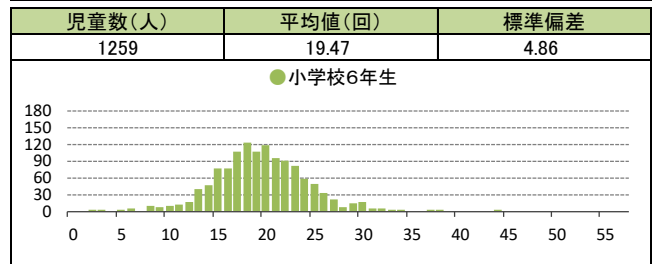
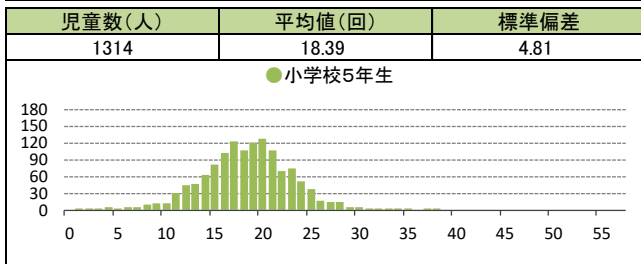
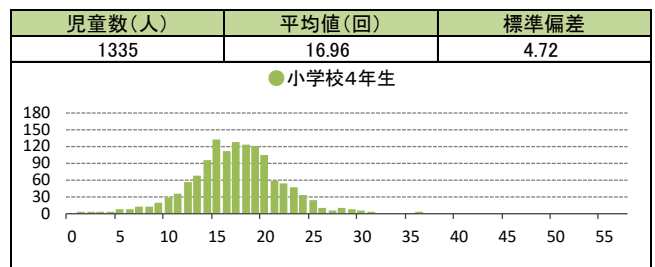
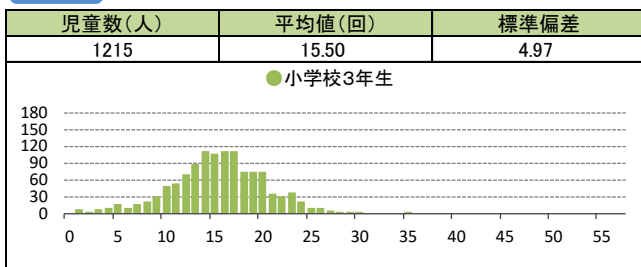
男子

(グラフ縦軸は「人」、横軸は「回」)





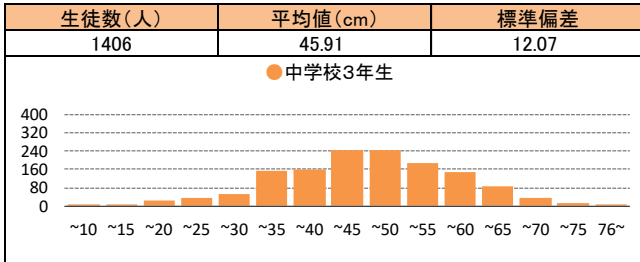
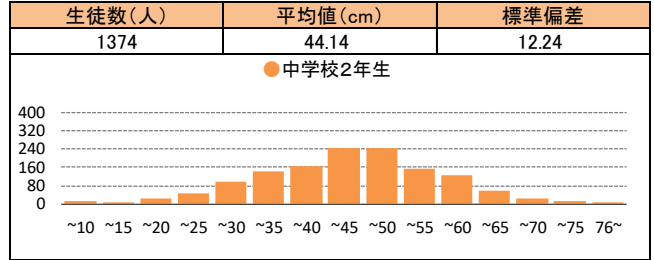
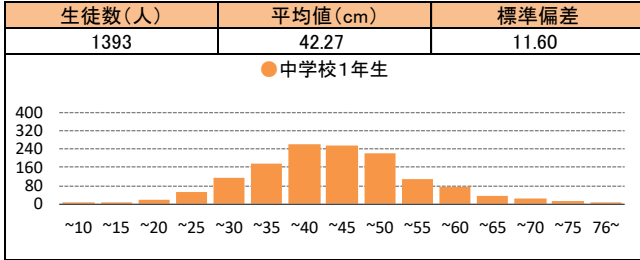
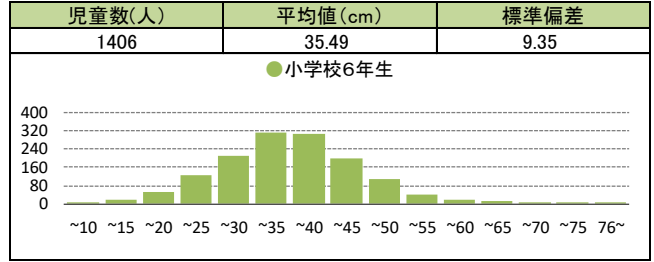
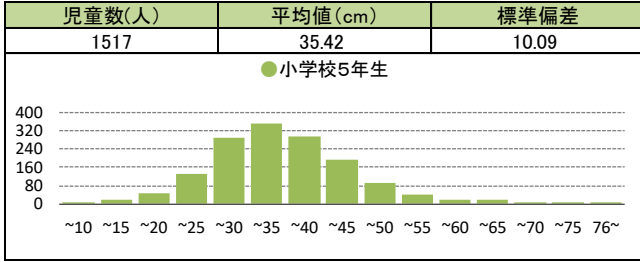
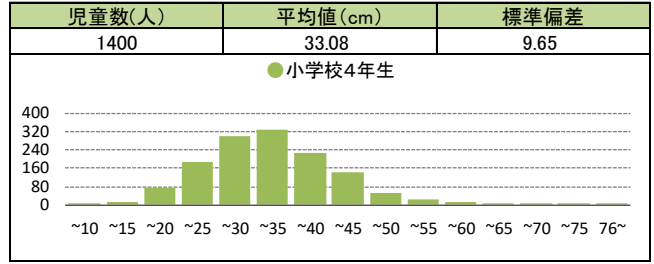
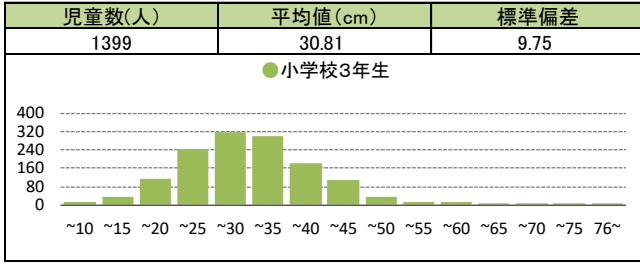
女子



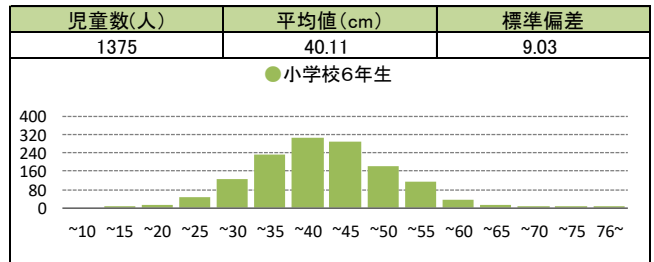
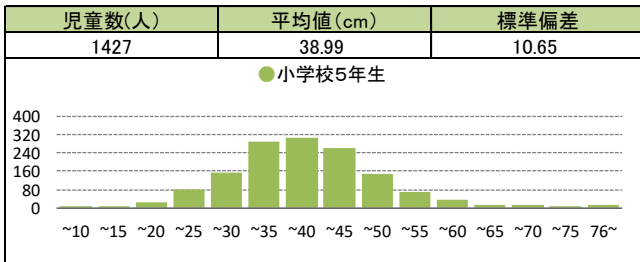
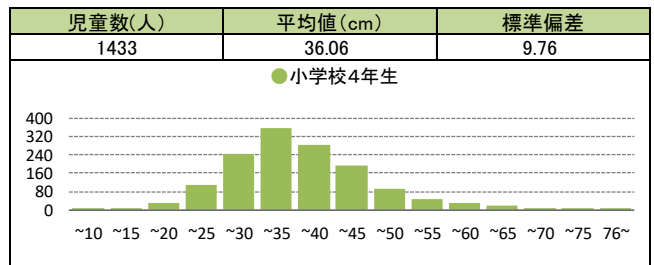
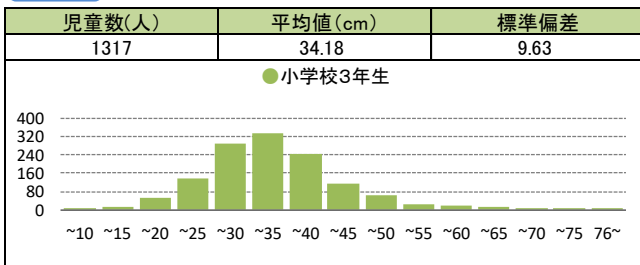
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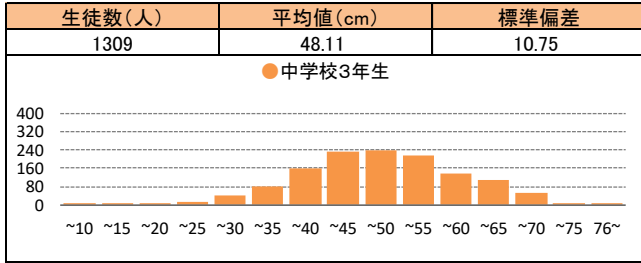
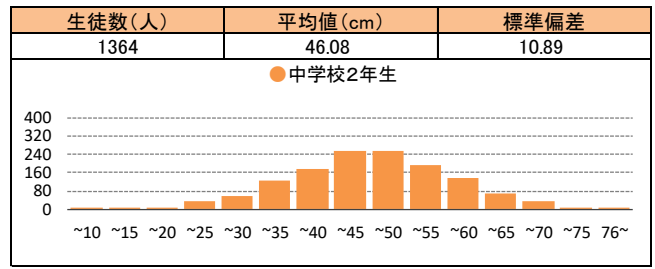
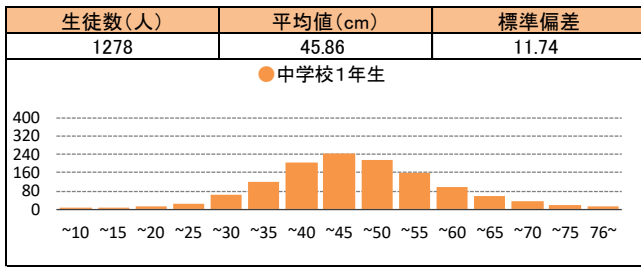
男子

(グラフ縦軸は「人」、横軸は「cm」)



女子

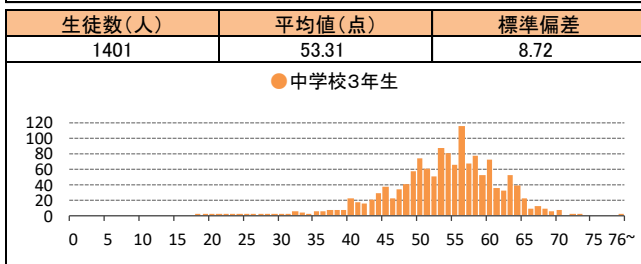
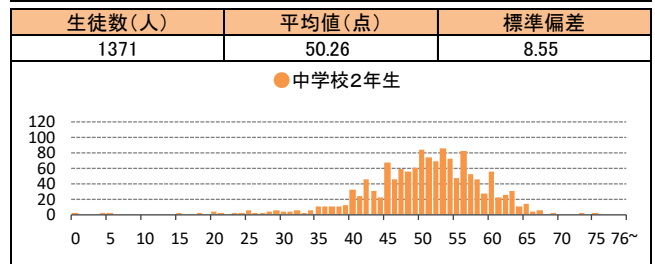
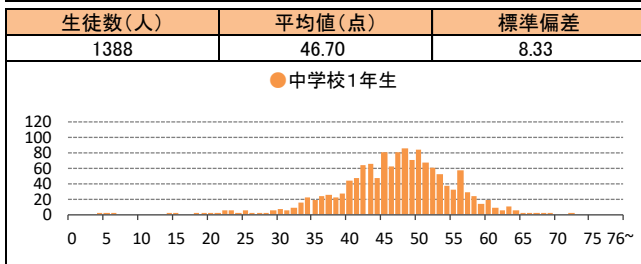
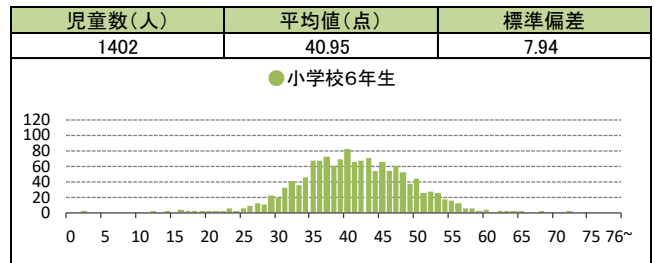
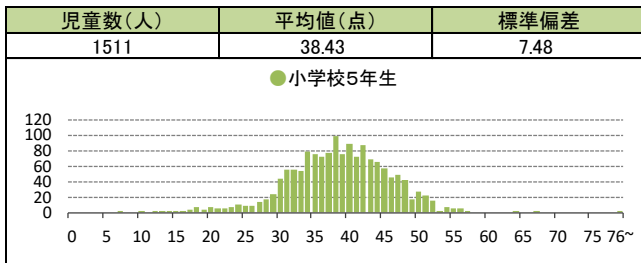
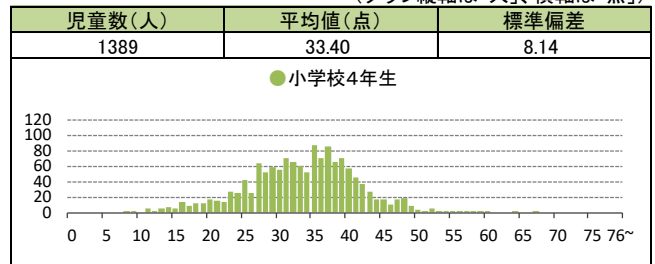
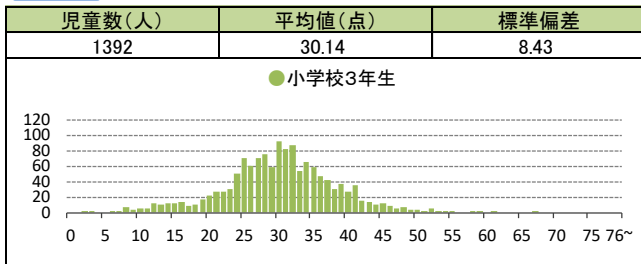




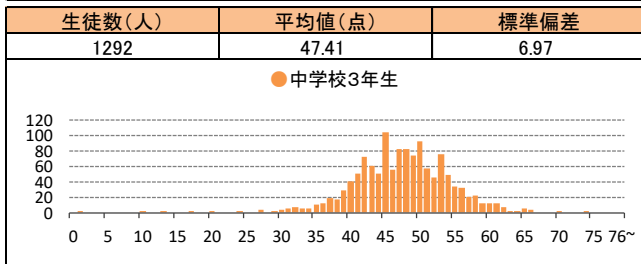
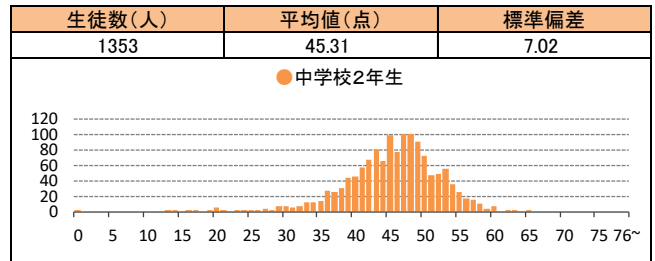
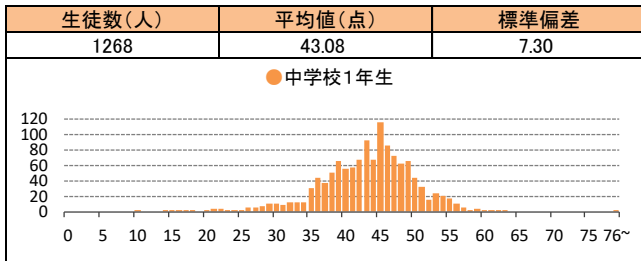
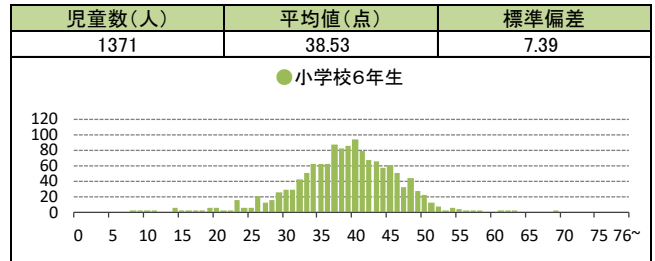
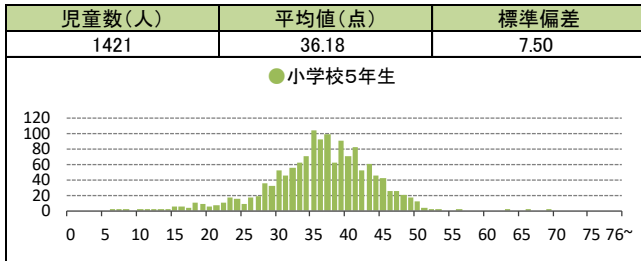
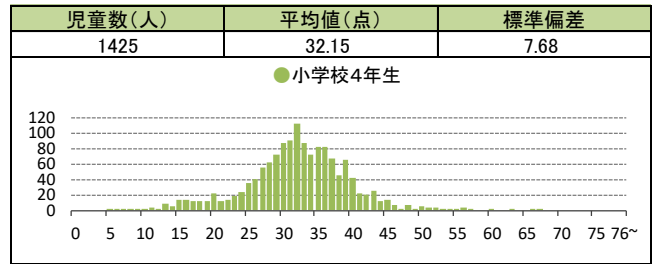
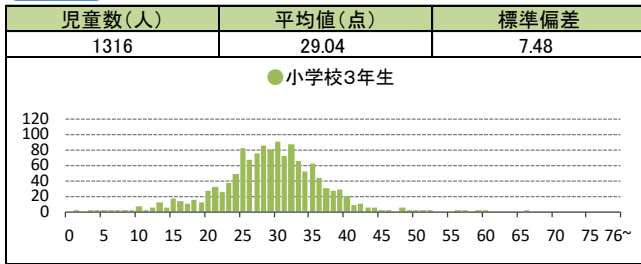
反復横とび

男子

(グラフ縦軸は「人」、横軸は「点」)



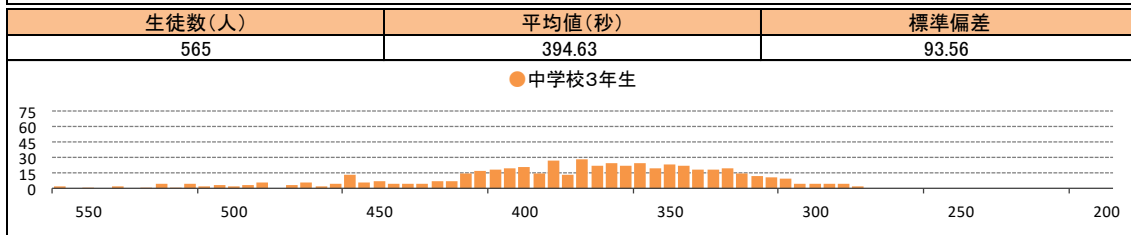
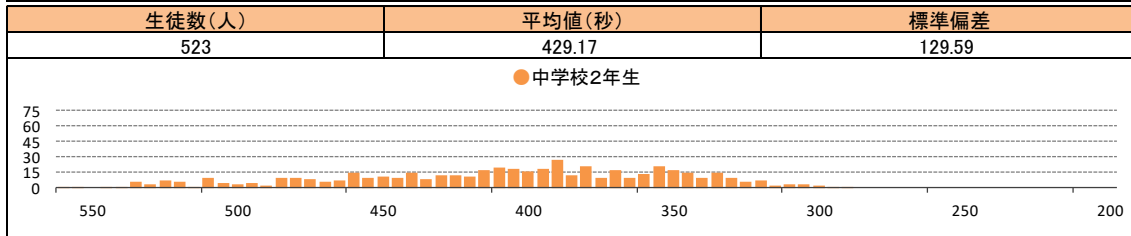
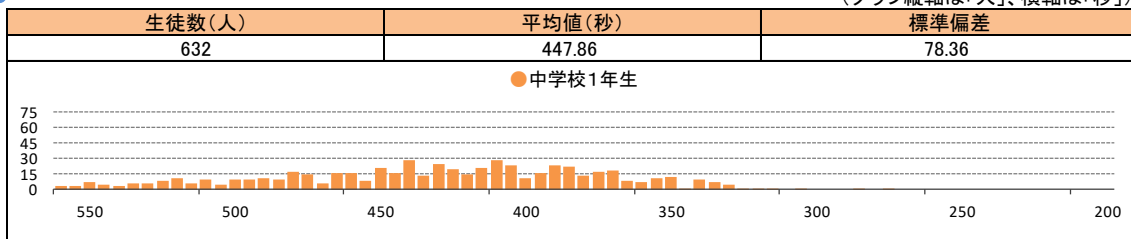
女子



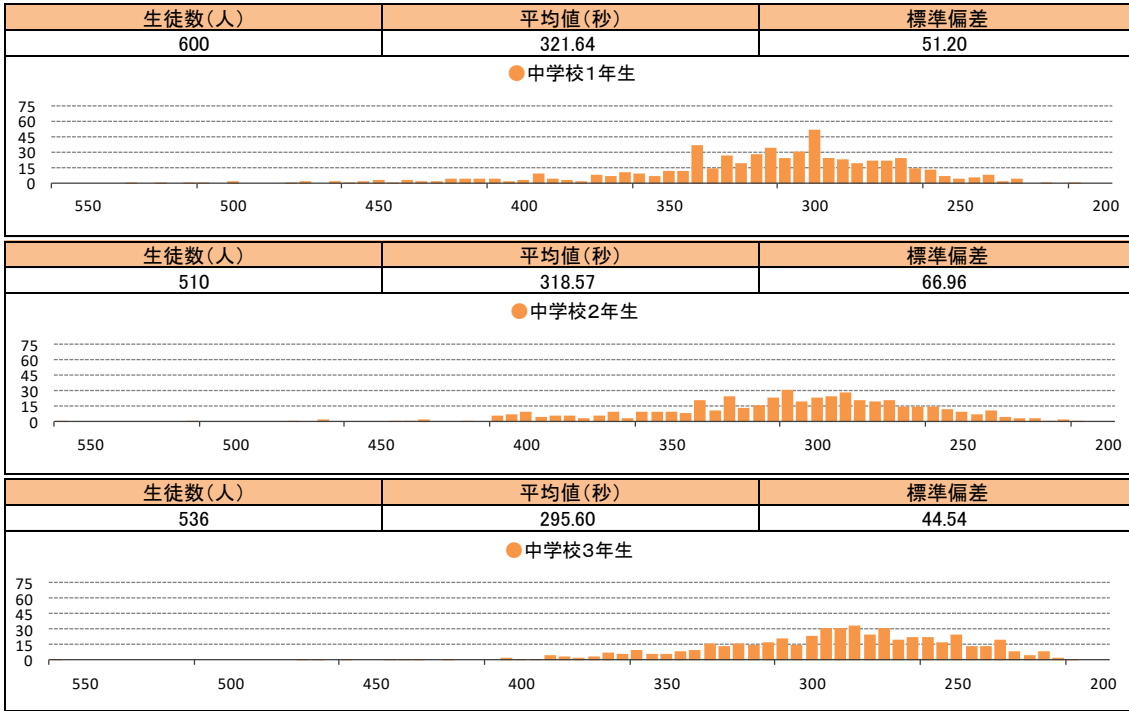
持久走(男子1500m、女子1000m)

男子

(グラフ縦軸は「人」、横軸は「秒」)



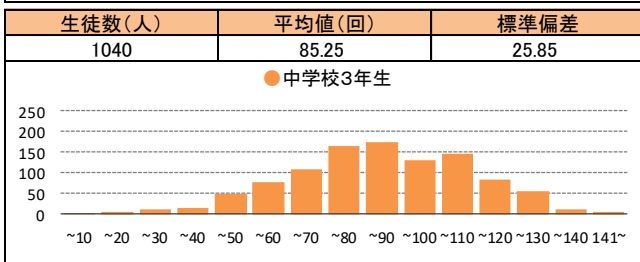
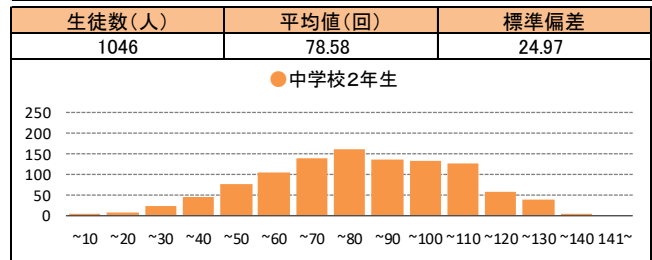
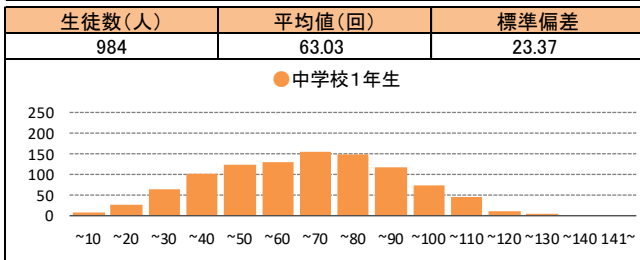
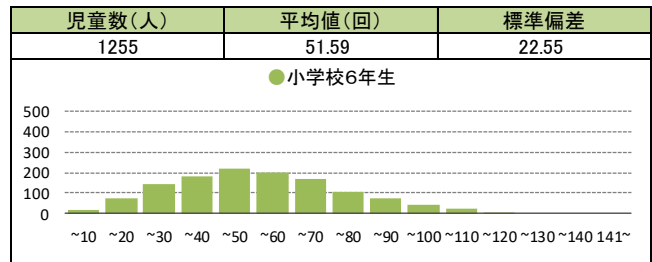
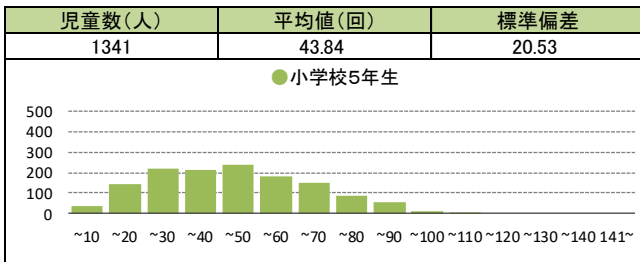
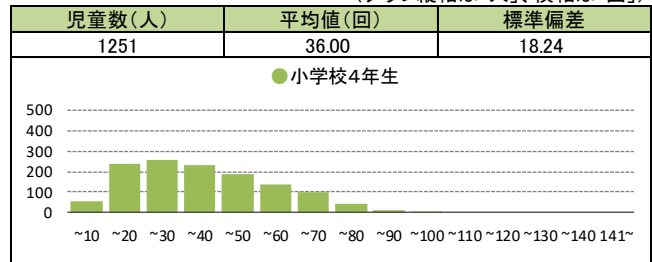
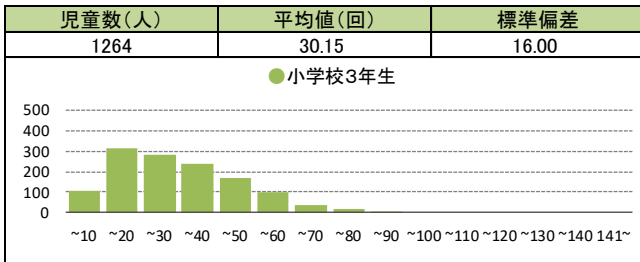
女子



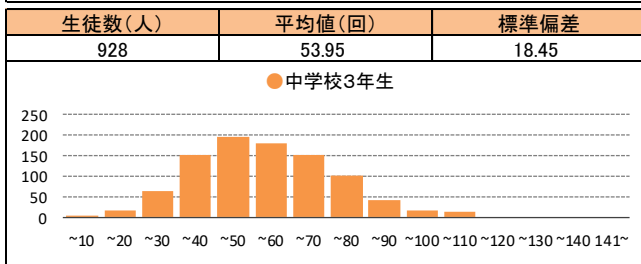
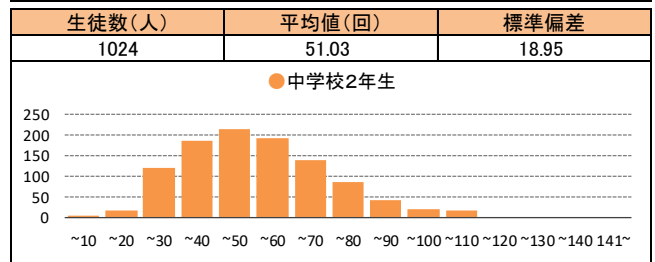
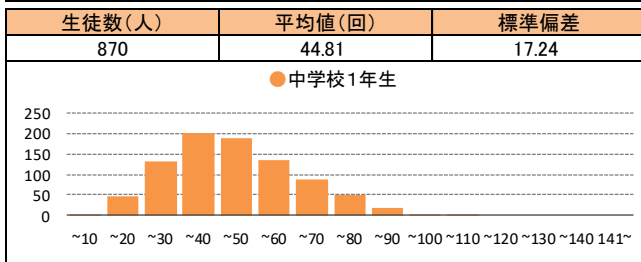
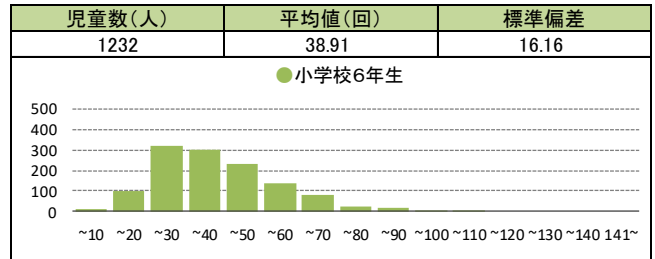
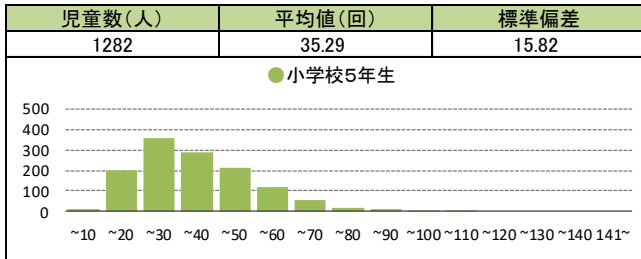
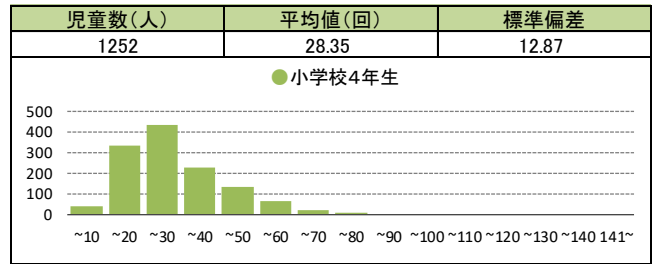
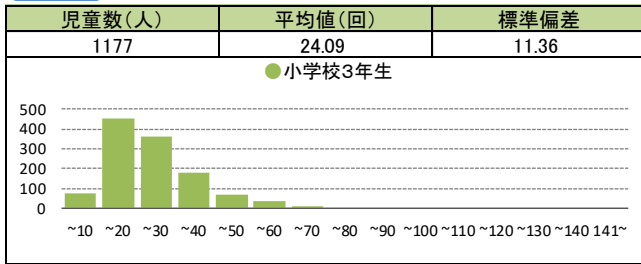
20mシャトルラン

男子

(グラフ縦軸は「人」、横軸は「回」)



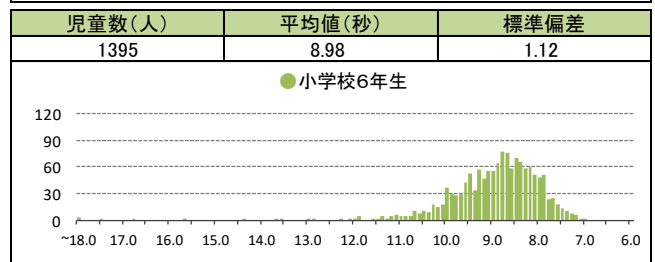
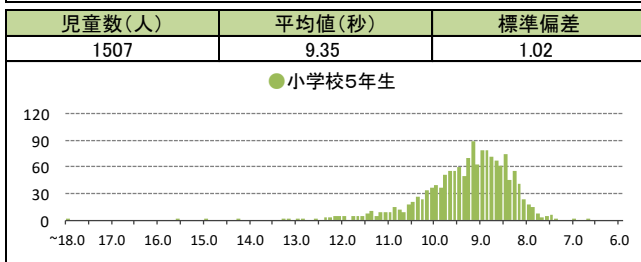
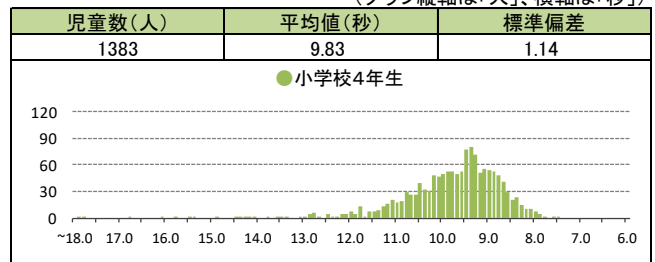
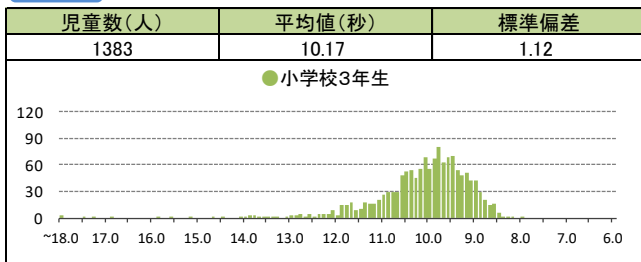
女子

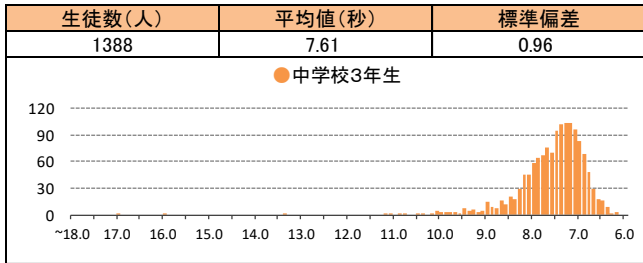
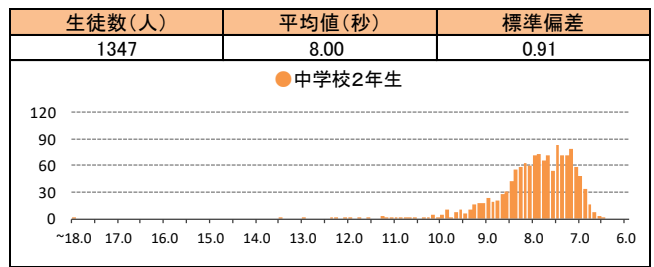
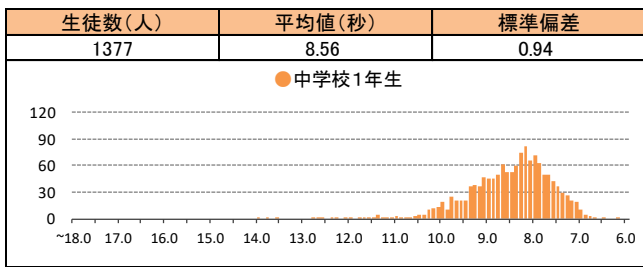


50 m 走

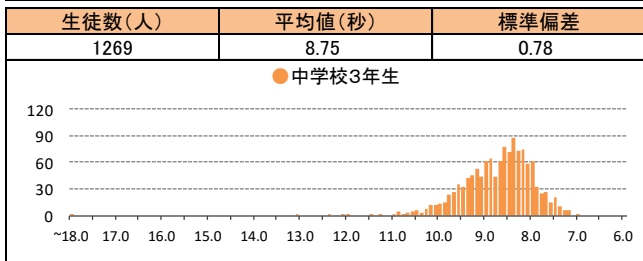
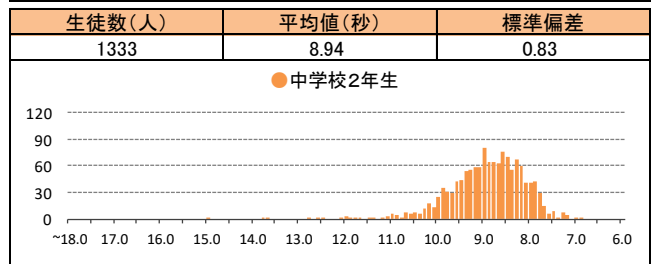
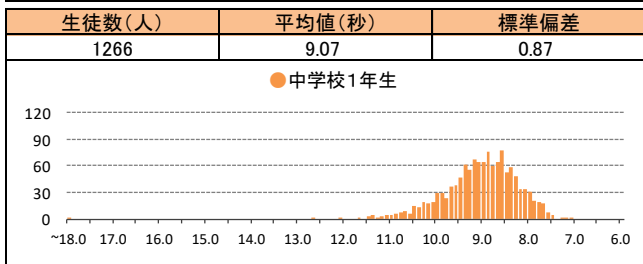
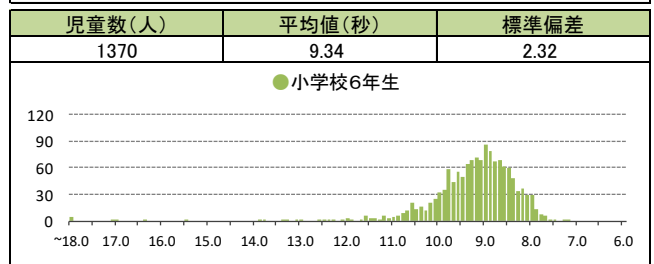
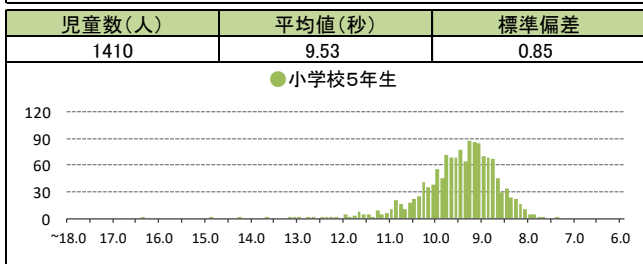
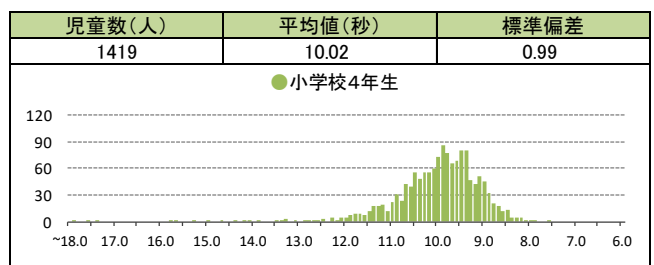
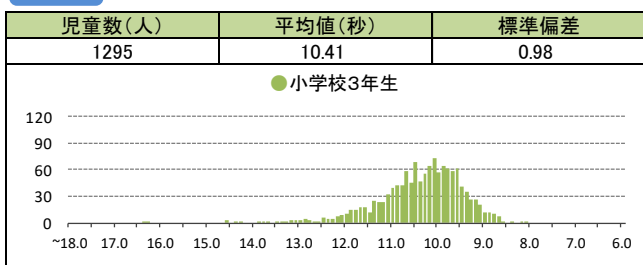
男子

(グラフ縦軸は「人」、横軸は「秒」)





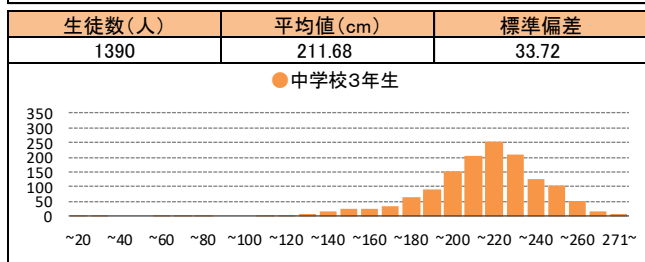
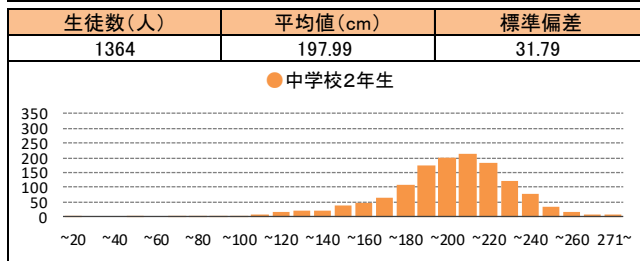
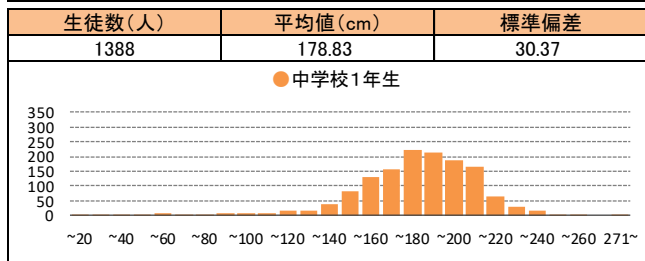
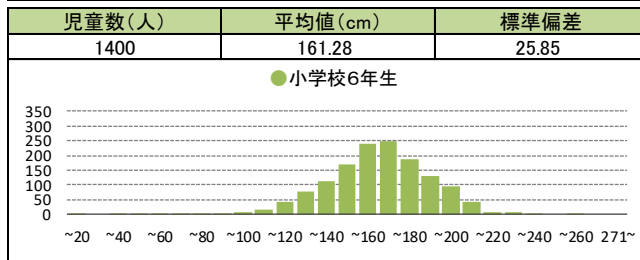
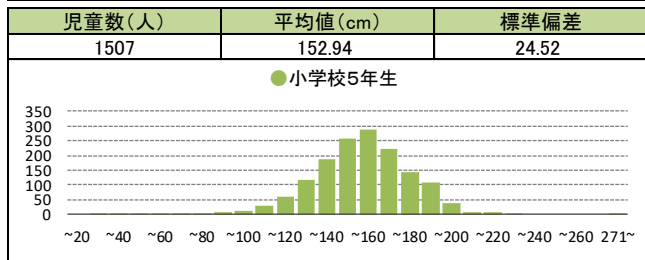
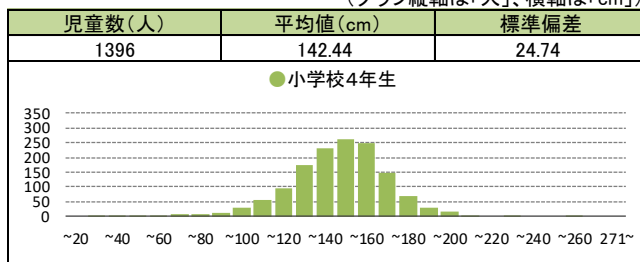
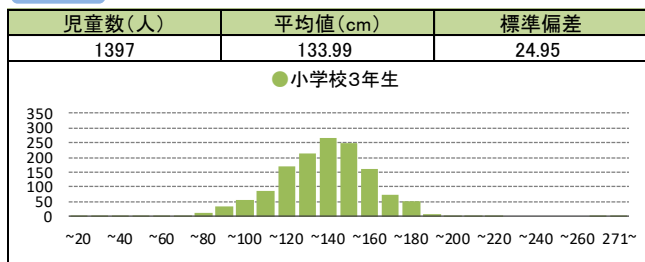
女子



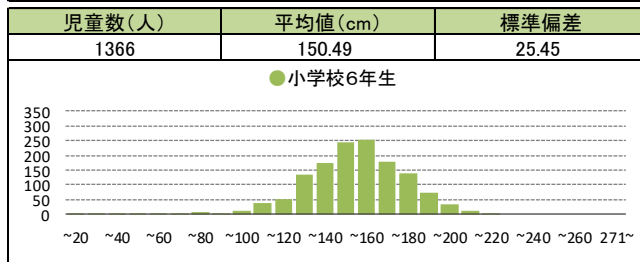
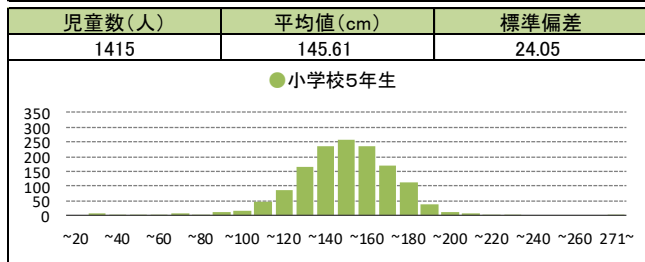
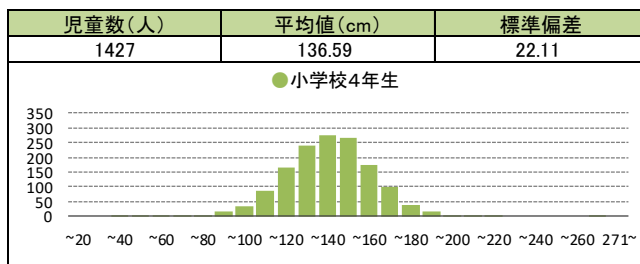
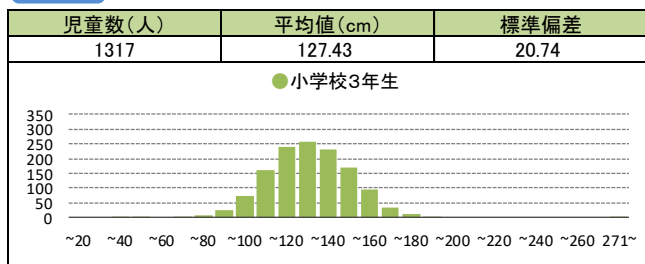
立ち幅跳び

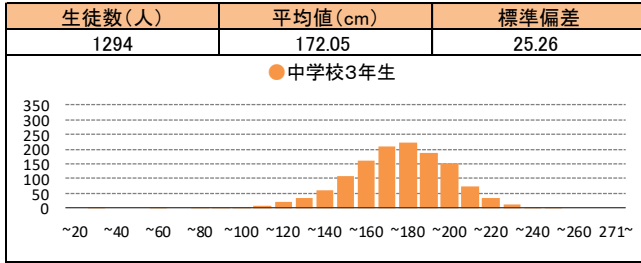
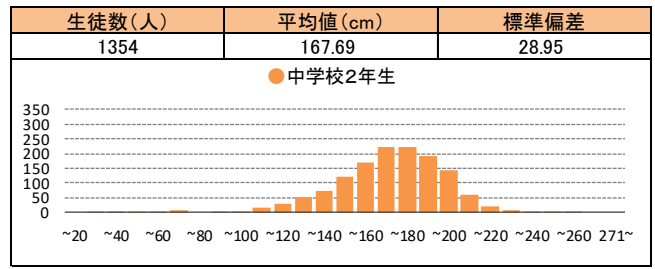
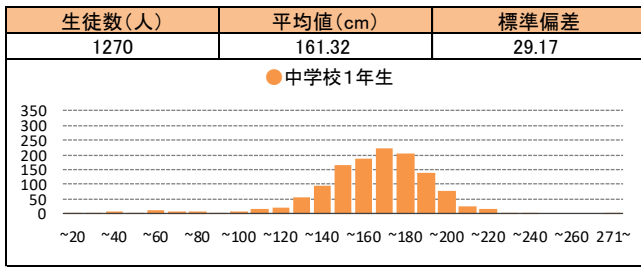
男子

(グラフ縦軸は「人」、横軸は「cm」)



女子

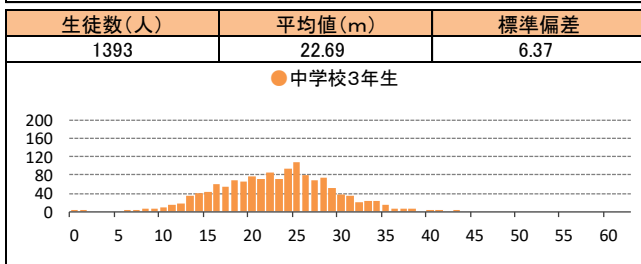
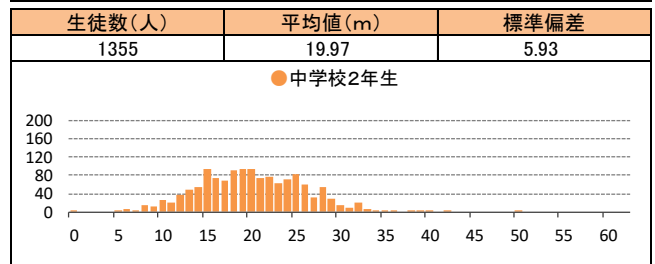
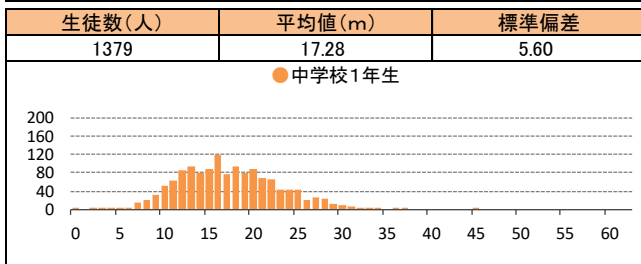
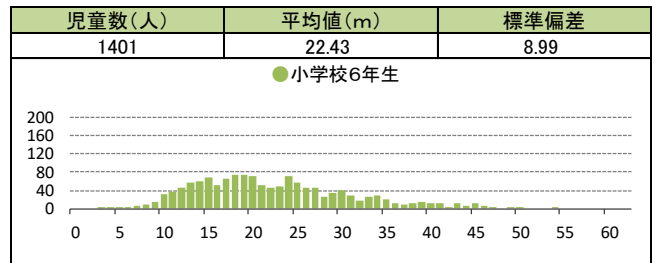
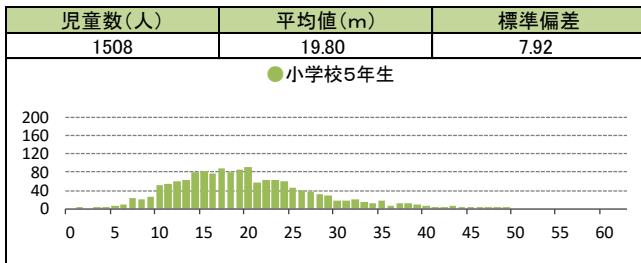
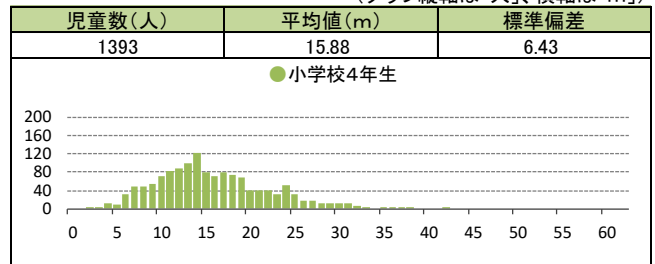
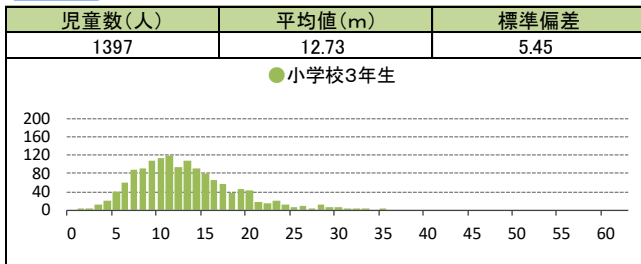




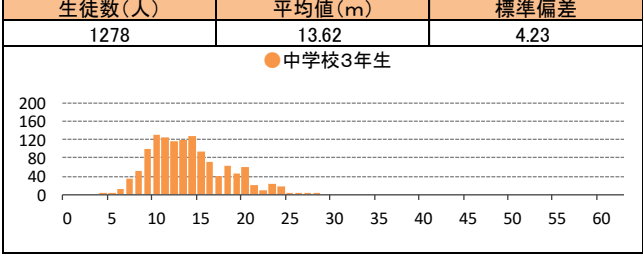
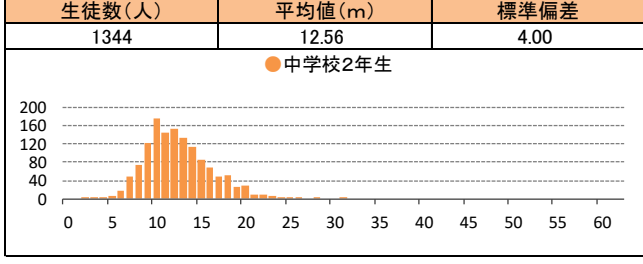
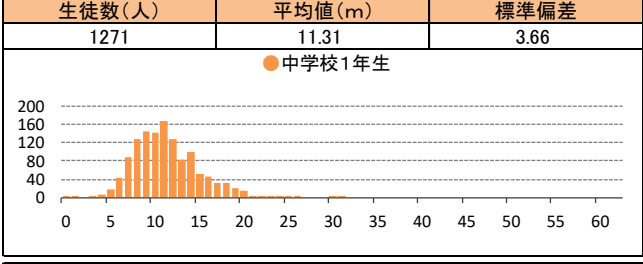
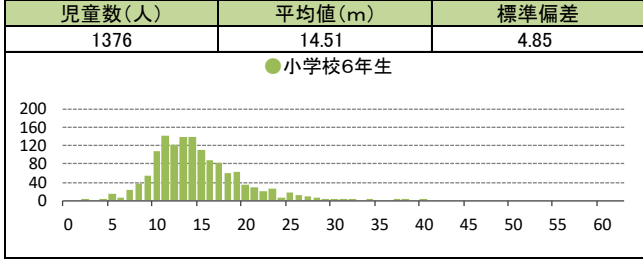
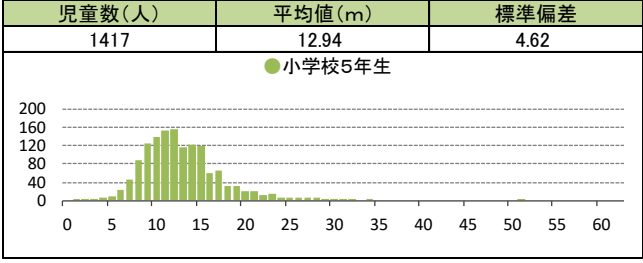
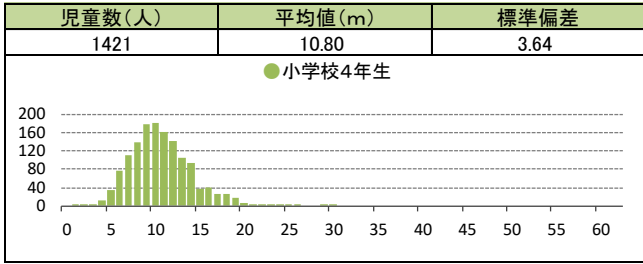
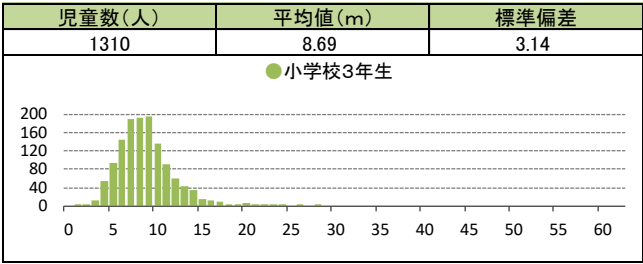
ボール投げ(小学校ソフトボール投げ、中学校ハンドボール投げ)

男子

(グラフ縦軸は「人」、横軸は「m」)



女子



<各種目の経年変化>

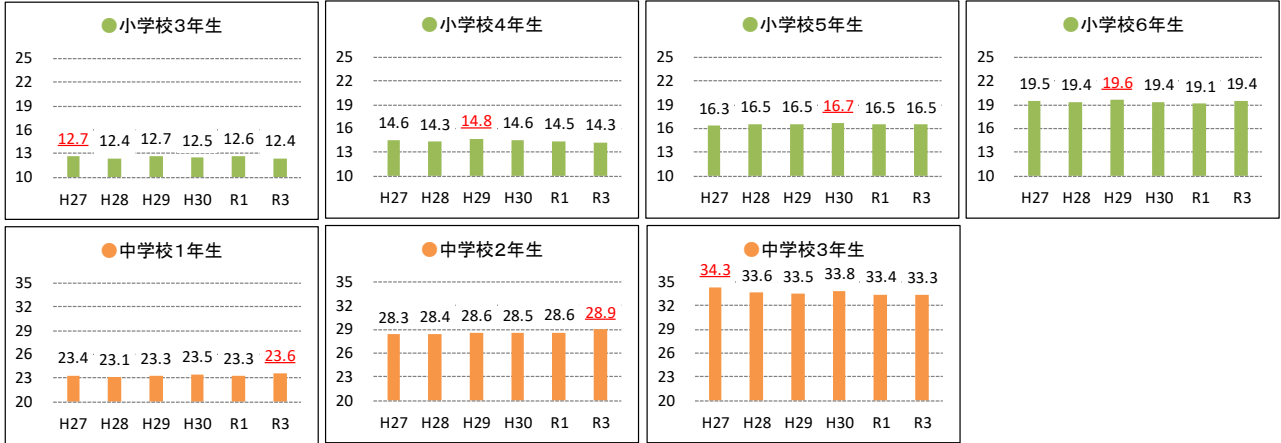
各種目別に見ると、長座体前屈は中学校2年生男女・3年生男子以外は平成27年度の調査開始以降過去最高値であった。一方、20mシャトルランは全学年、上体起こしは中学校全学年、反復横とびは小学校全学年において過去最低値であった。

※下線(赤)の数値は最高値(小数第2位までの比較)

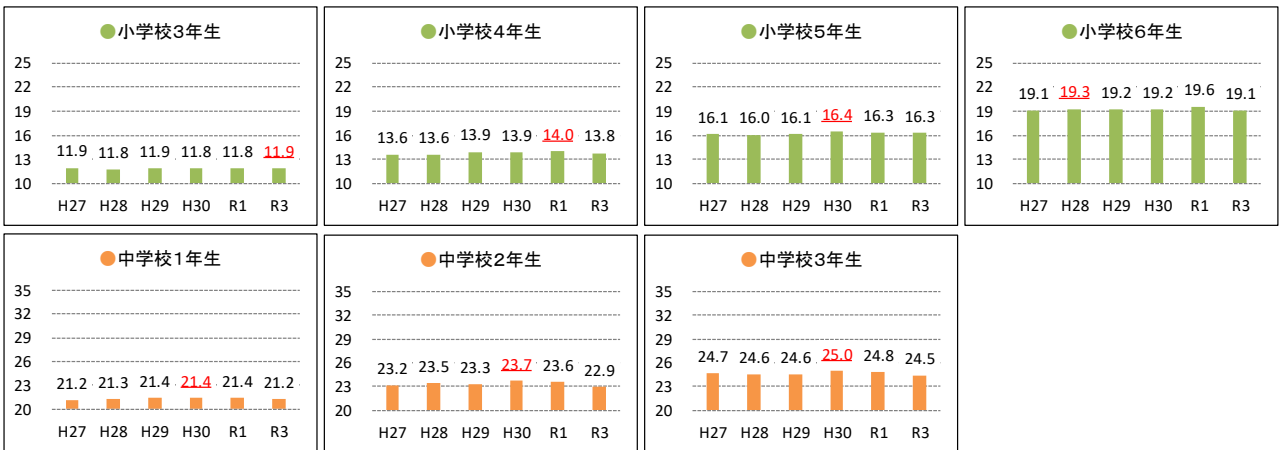
握 力

男子

※グラフ横軸の「H～」は調査年度、縦軸の数値の単位は「kg」。



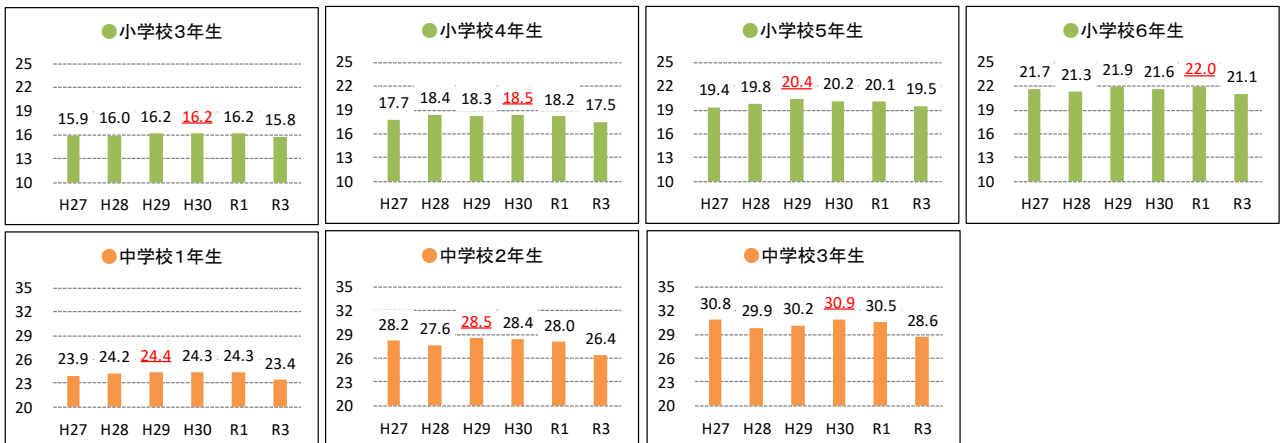
女子



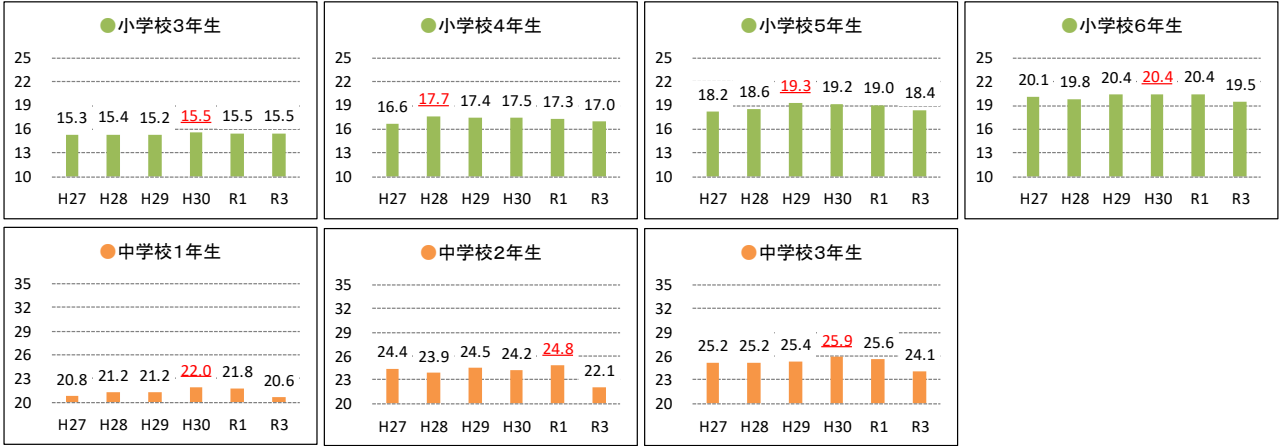
上 体 起 こ し

男子

※グラフ横軸の「H～」は調査年度、縦軸の数値の単位は「回」。



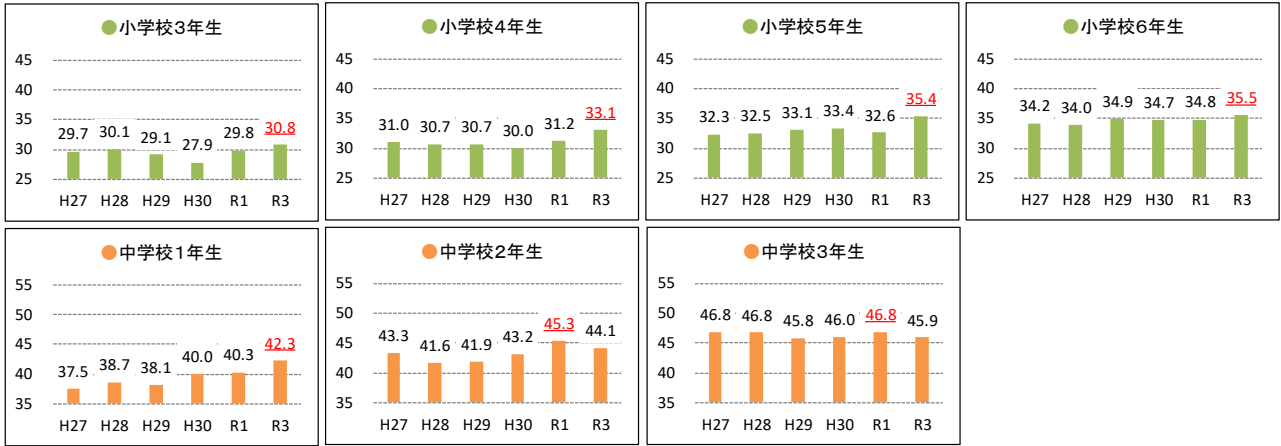
女子



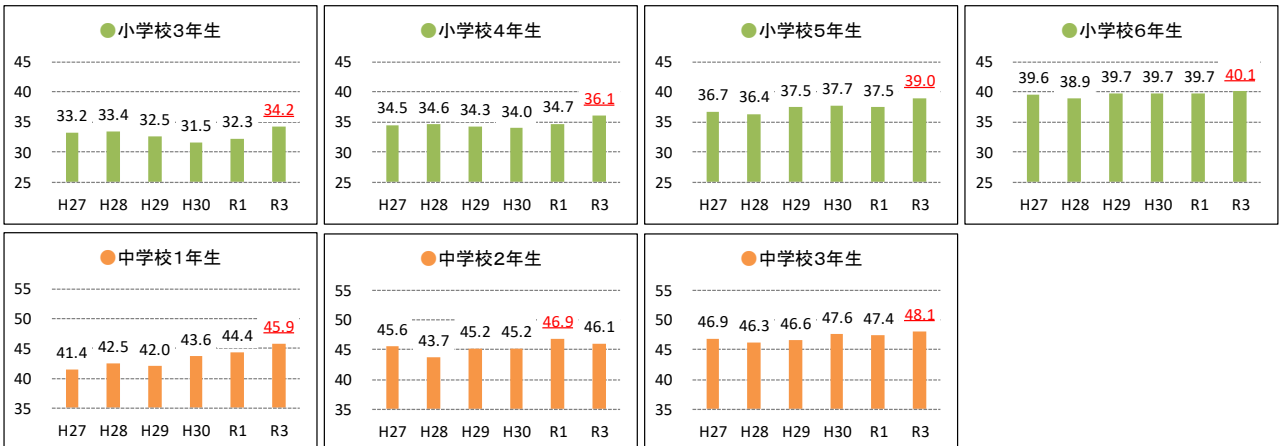
長座体前屈

男子

※グラフ横軸の「H～」は調査年度、縦軸の数値の単位は「cm」。



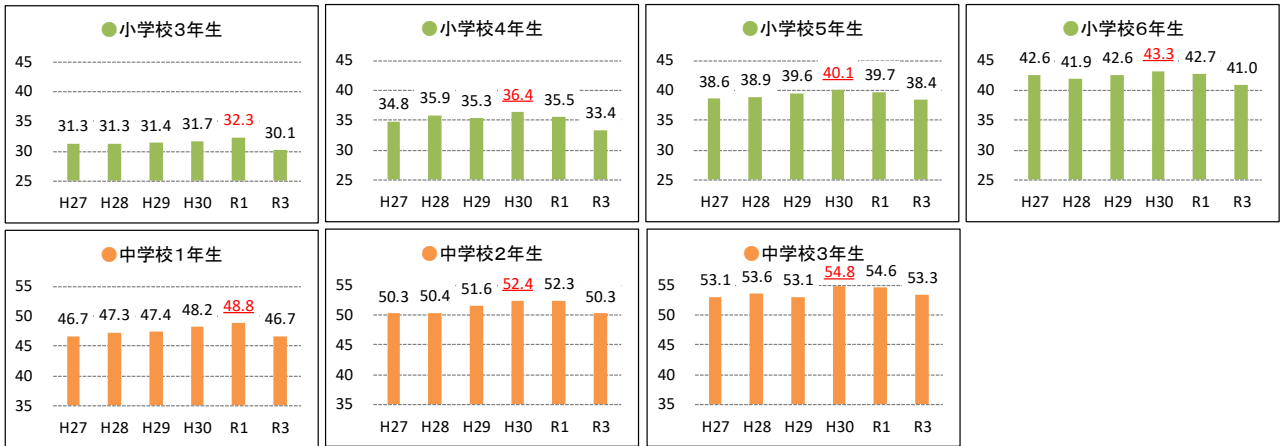
女子



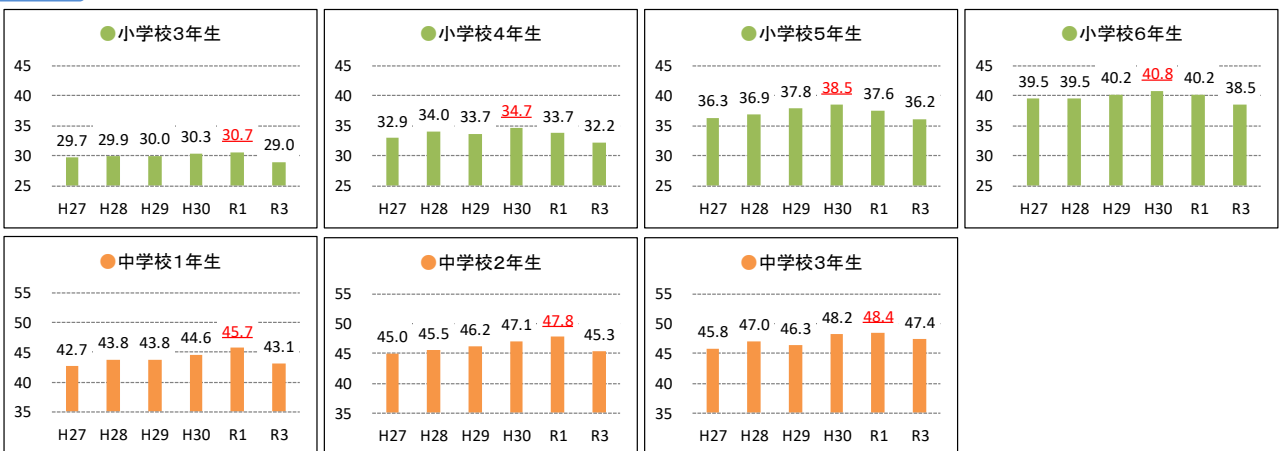
反復横とび

男子

※グラフ横軸の「H～」は調査年度、縦軸の数値の単位は「点」。



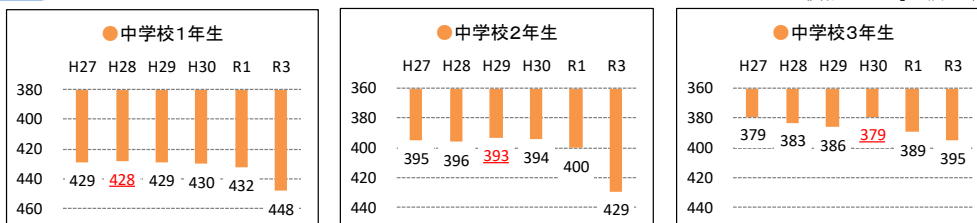
女子



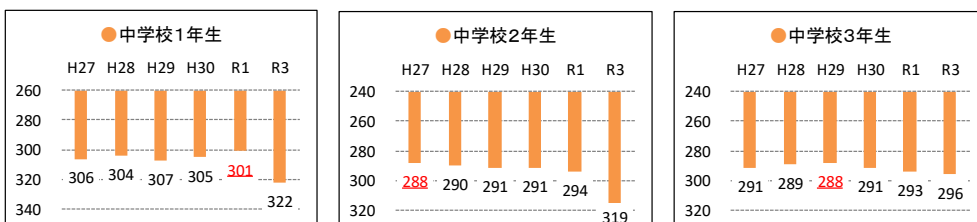
持久走(男子1500m、女子1000m)

男子

※グラフ横軸の「H～」は調査年度、縦軸の数値の単位は「秒」。



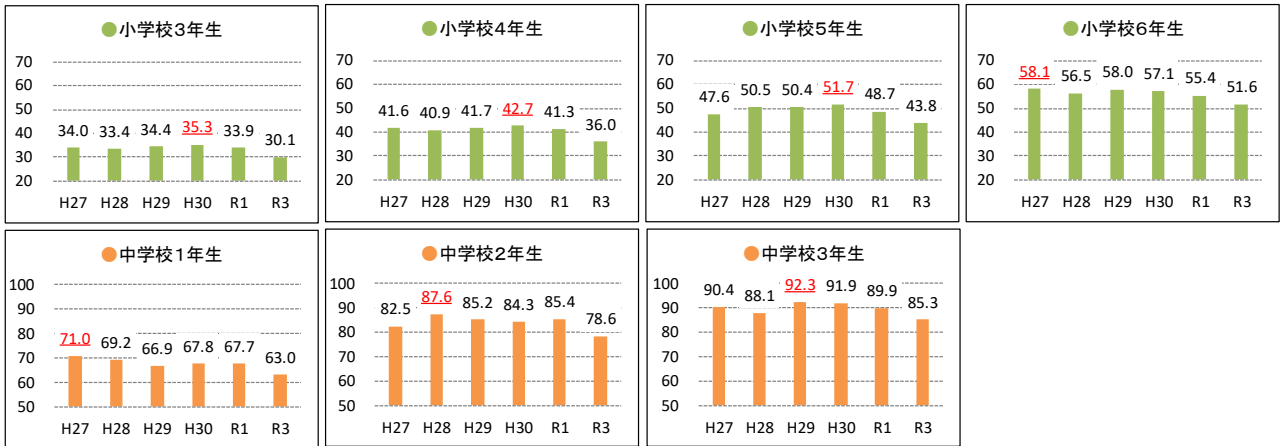
女子



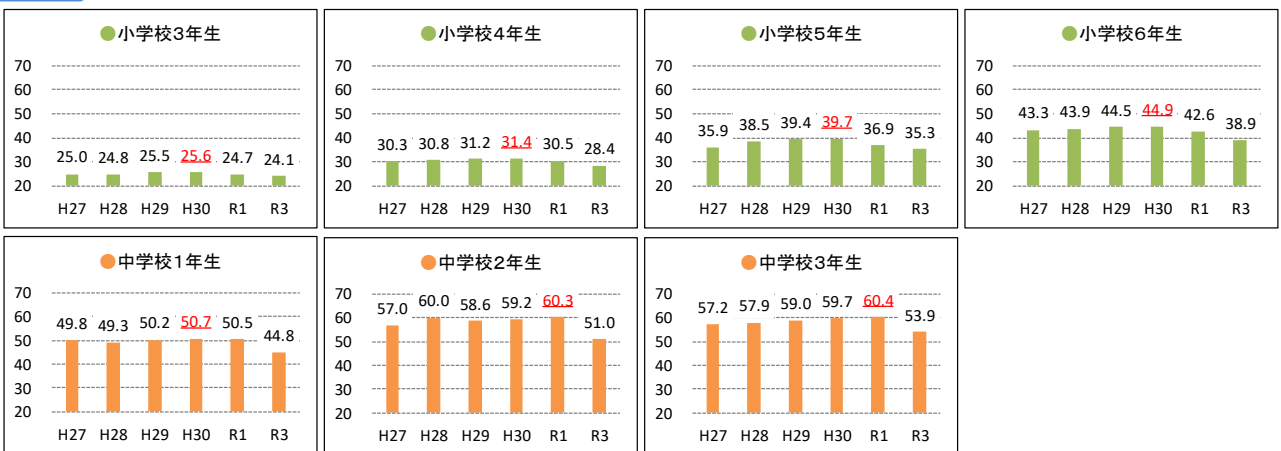
20mシャトルラン

男子

※グラフ横軸の「H～」は調査年度、縦軸の数値の単位は「回」。



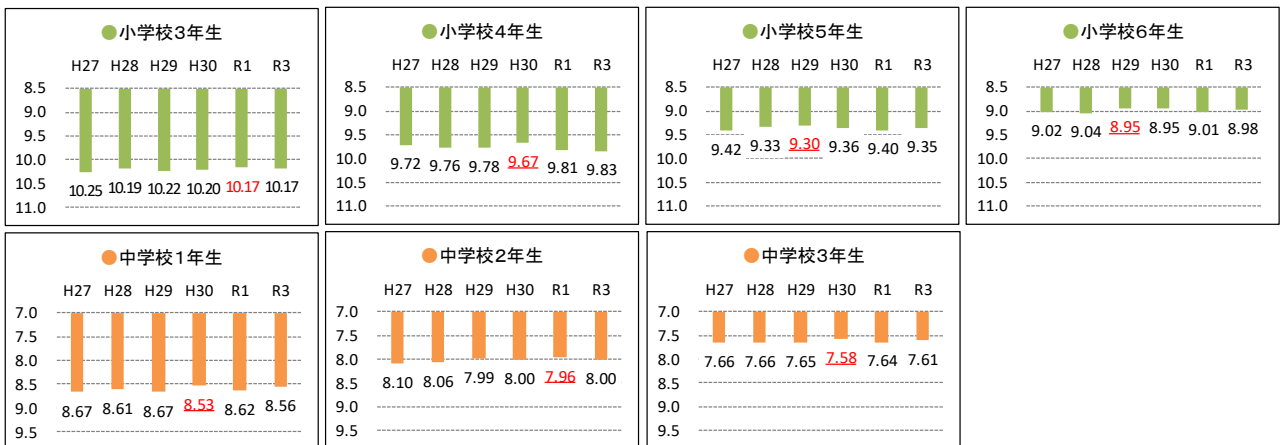
女子



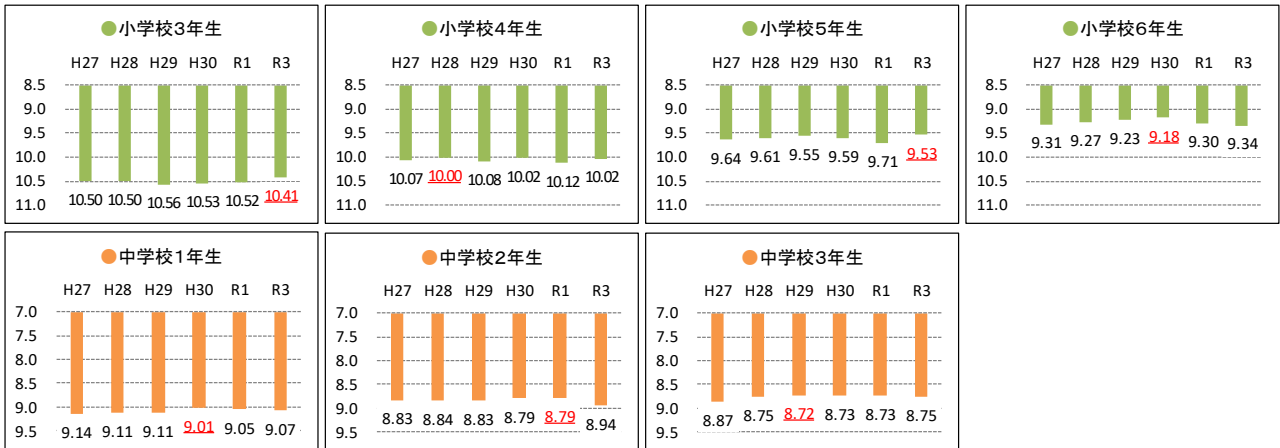
50m走

男子

※グラフ横軸の「H～」は調査年度、縦軸の数値の単位は「秒」。



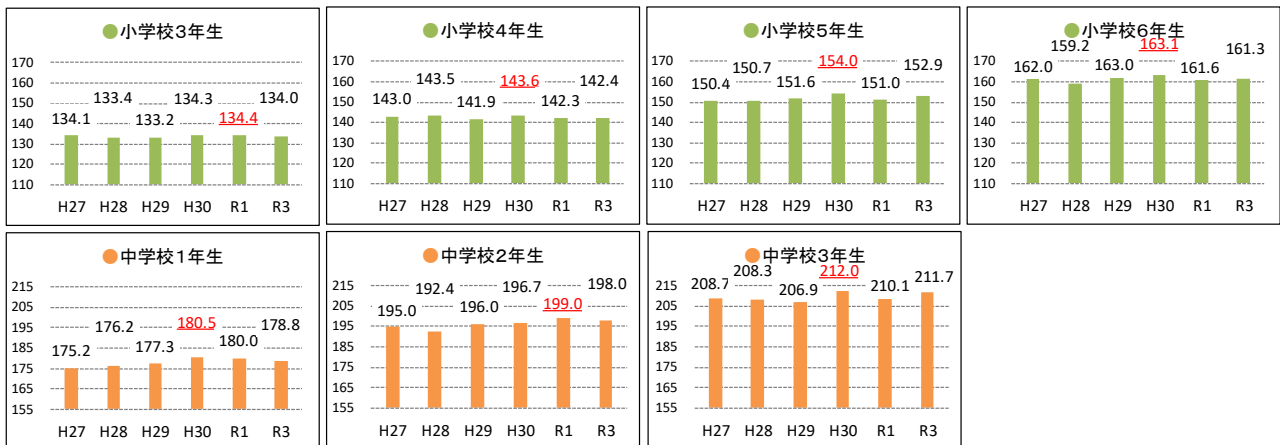
女子



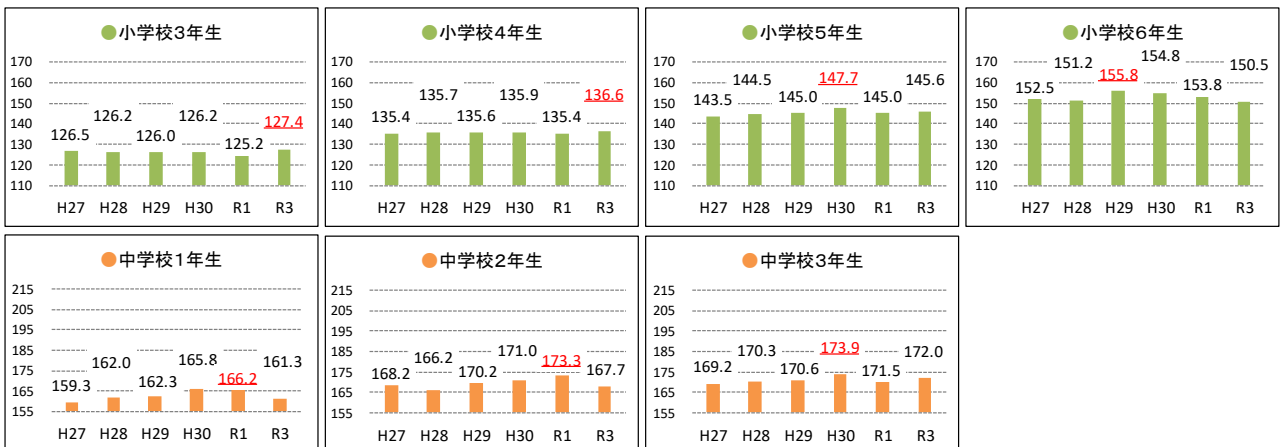
立ち幅とび

男子

※グラフ横軸の「H～」は調査年度、縦軸の数値の単位は「cm」。



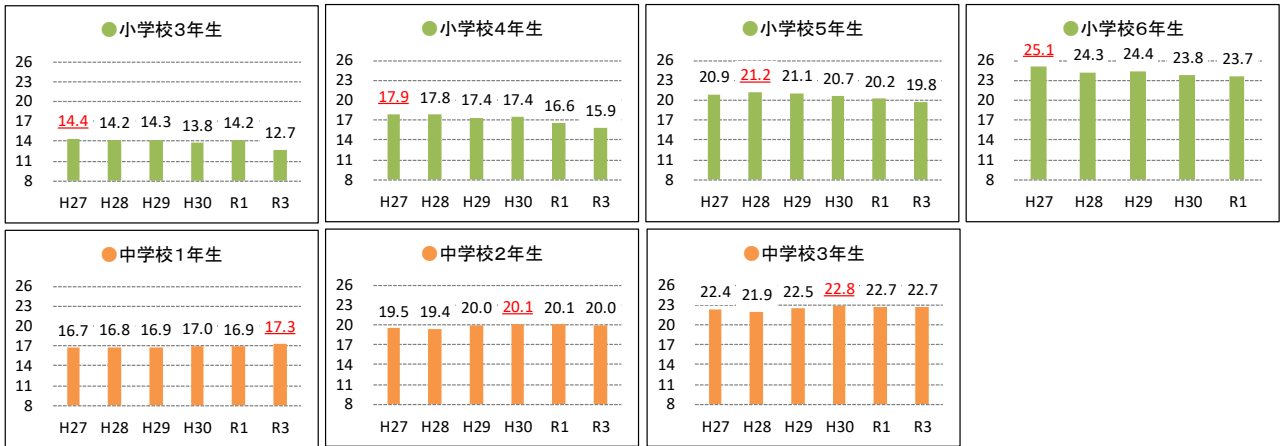
女子



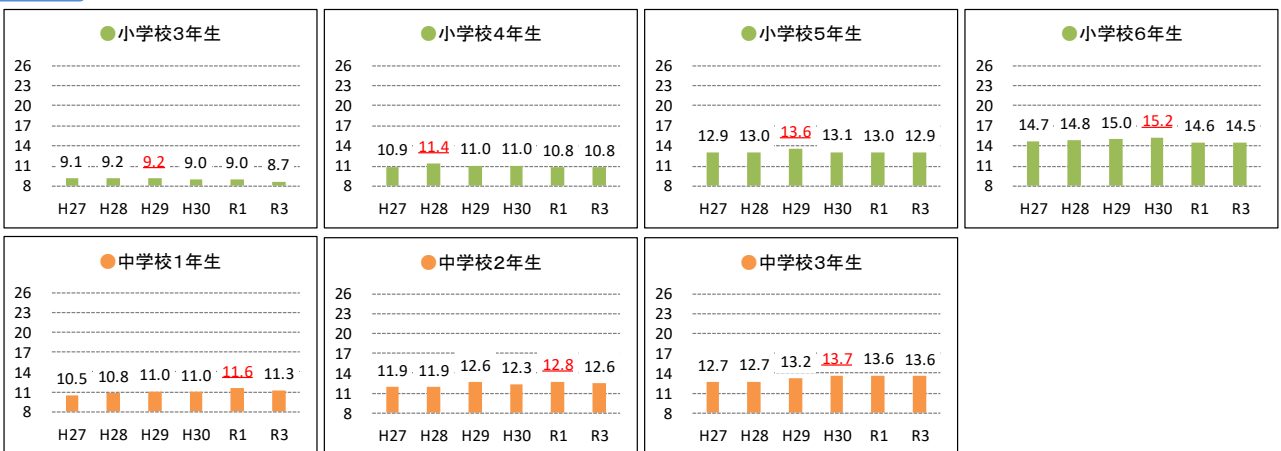
ボール投げ(小学校ソフトボール投げ、中学校ハンドボール投げ)

男子

※グラフ横軸の「H～」は調査年度、縦軸の数値の単位は「m」。



女子

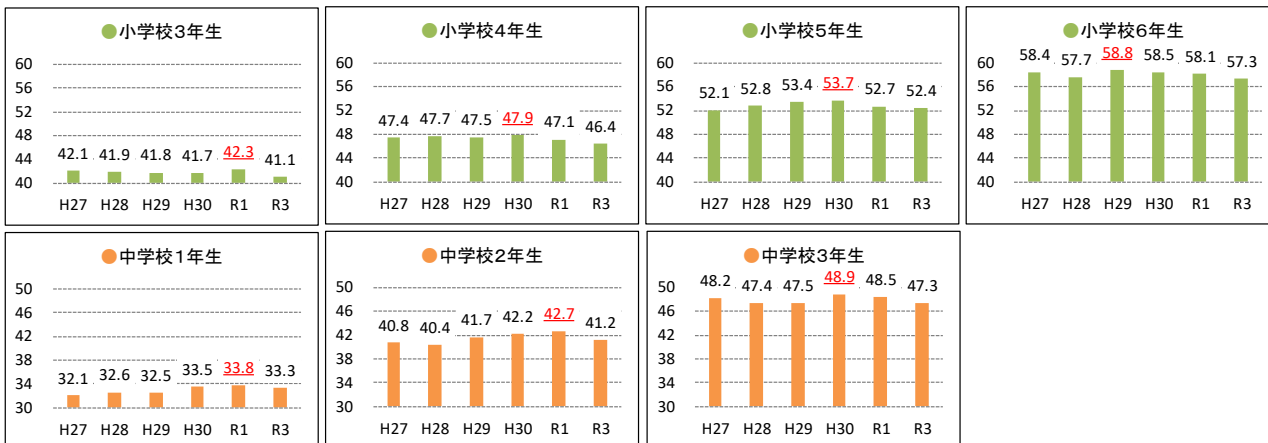


<体力合計点の経年変化>

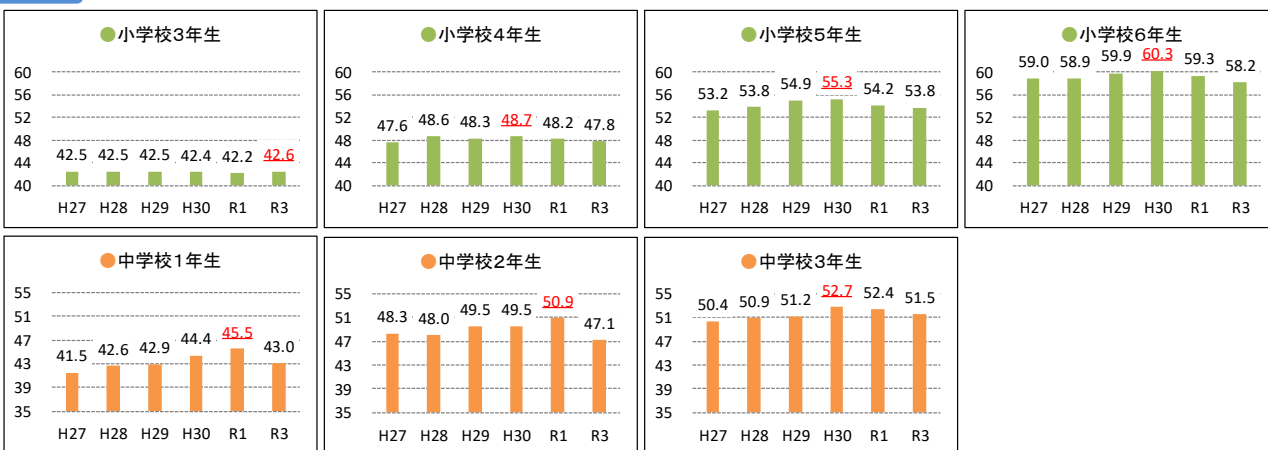
体力合計点

男子

※グラフ横軸の「H～」は調査年度、縦軸の数値の単位は「点」。



女子

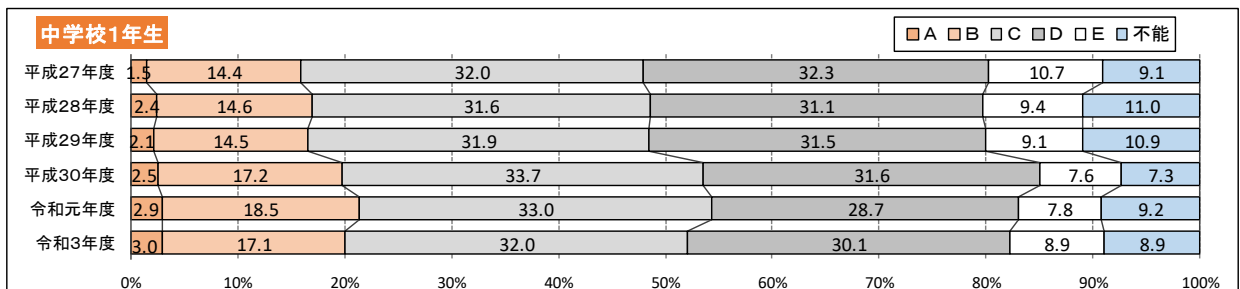
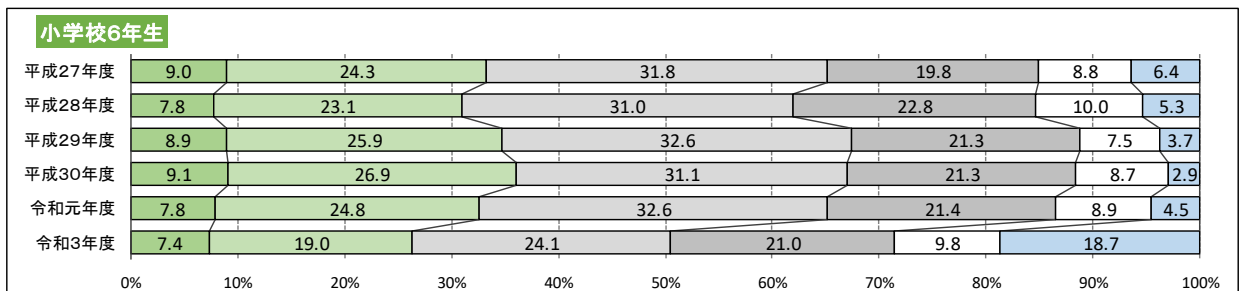
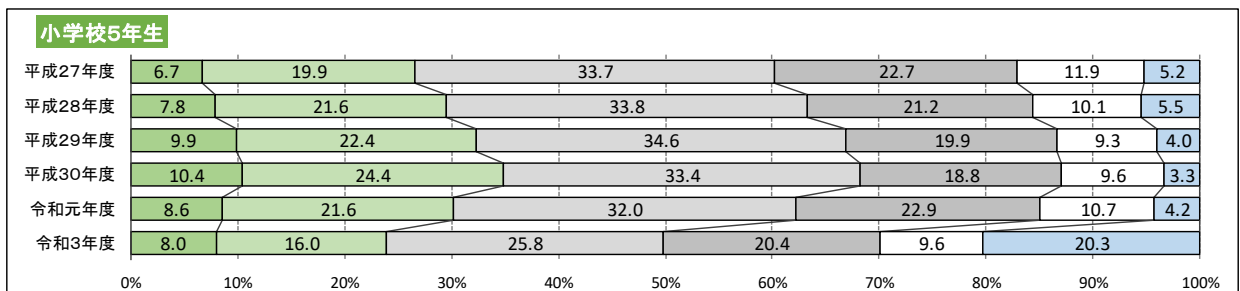
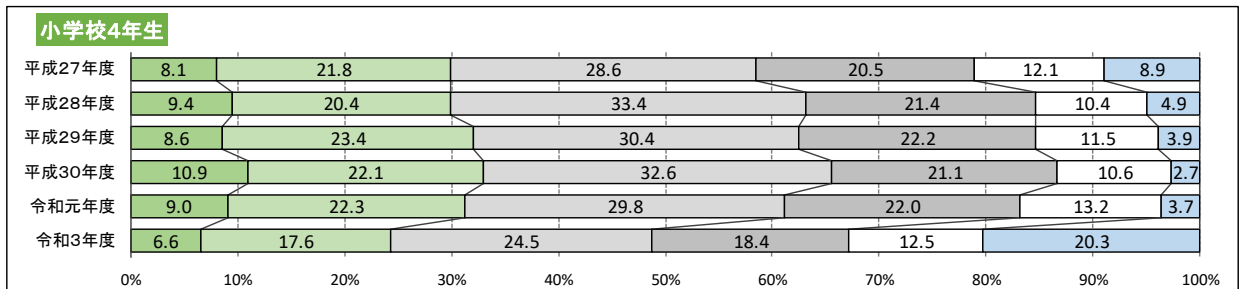
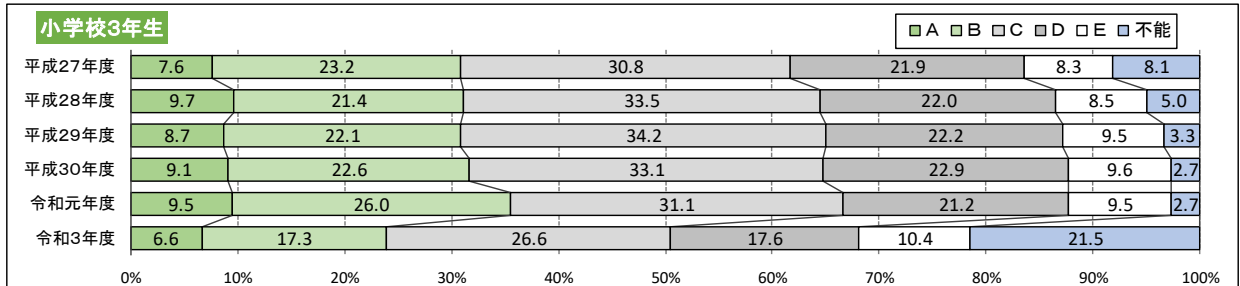


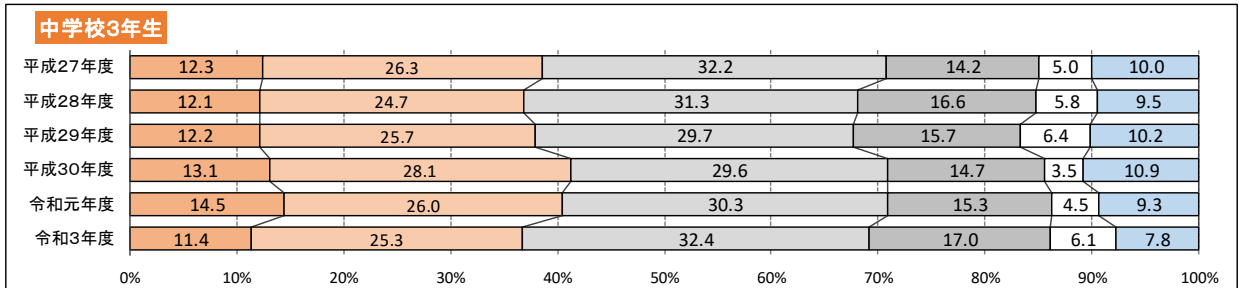
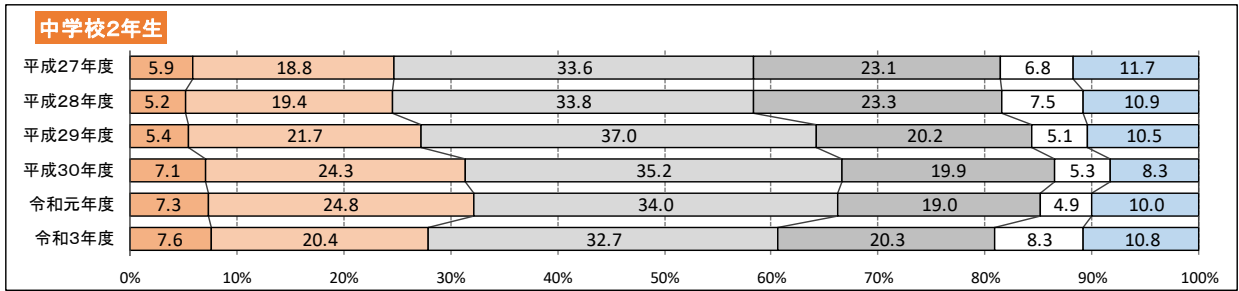
〈総合評価（段階別）の経年変化〉

小学校全学年、中学校2年生女子において、総合評価A・Bの割合が過去最低値であり、中学校2年生女子の総合評価D・Eの割合は過去最高値であった。また、小学校3年生男子以外は、総合評価〔(A+B) - (D+E)〕のポイントが、令和元年度を下回った。

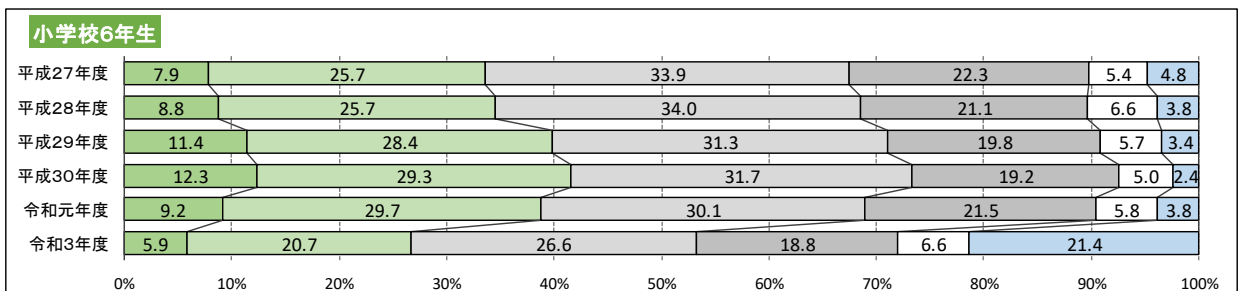
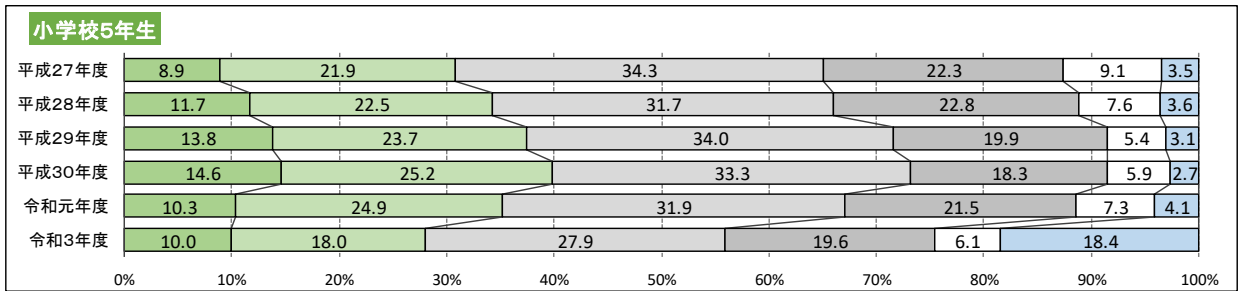
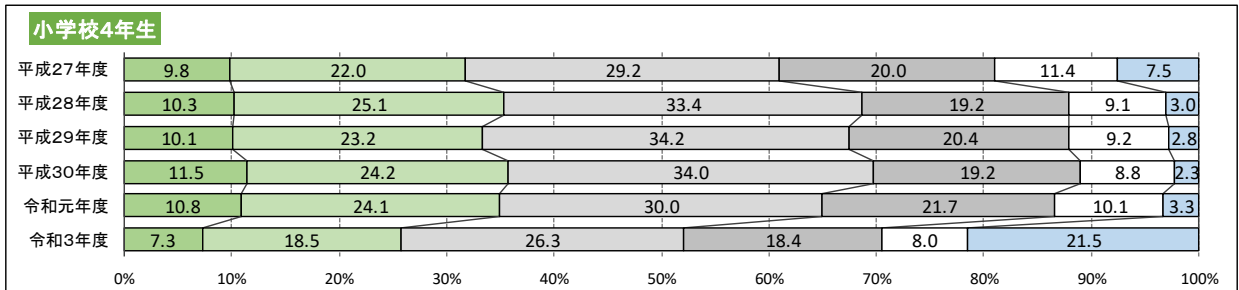
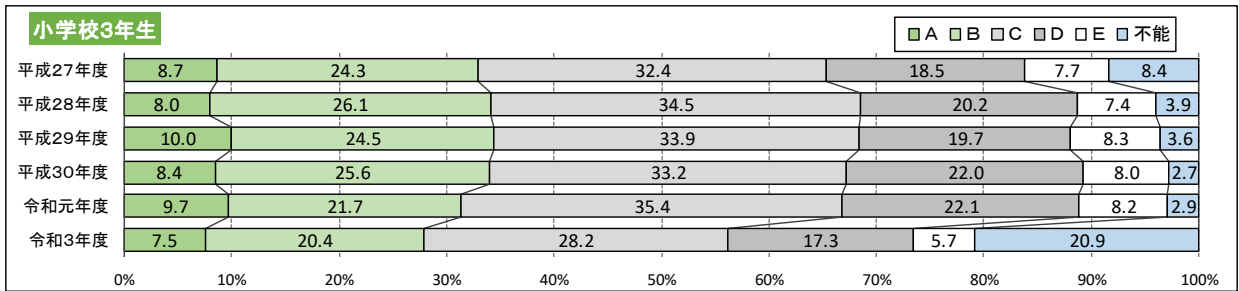
実技調査の全ての種目を終了できなかった「評価不能」の割合は、小学校全学年において、過去最高値であった。

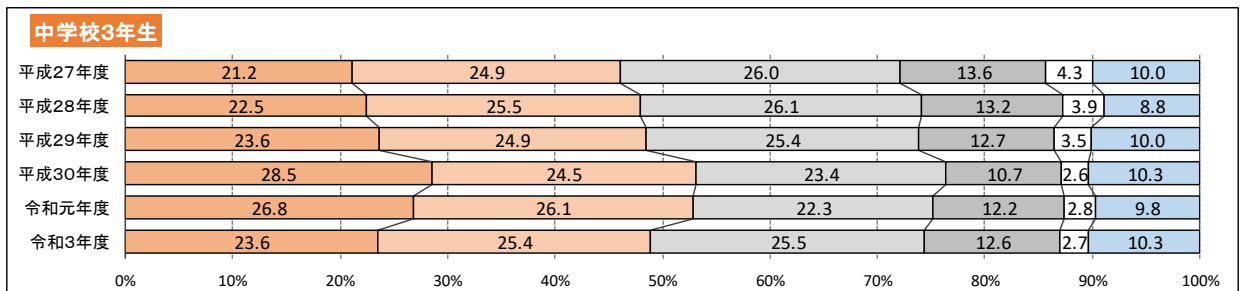
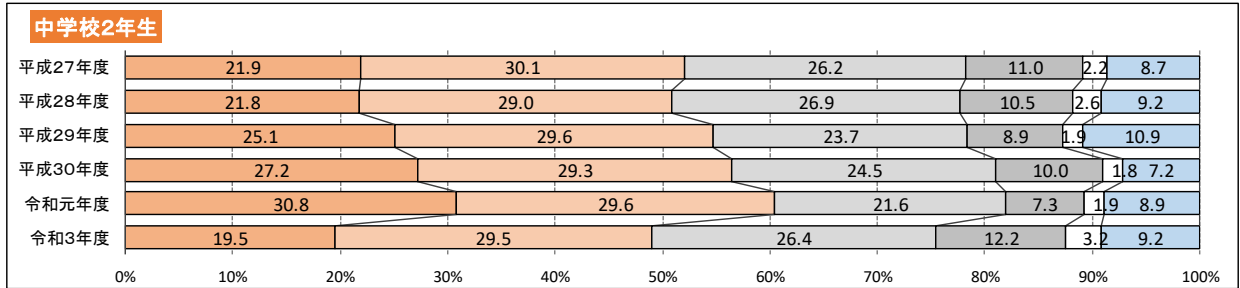
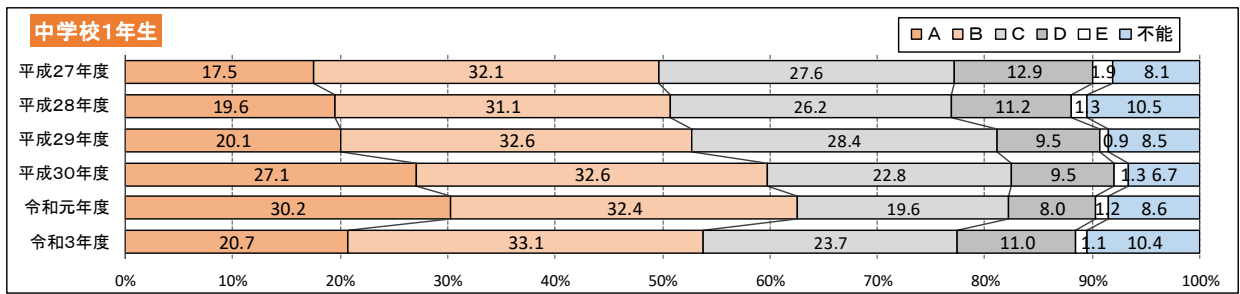
男子





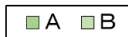
女子



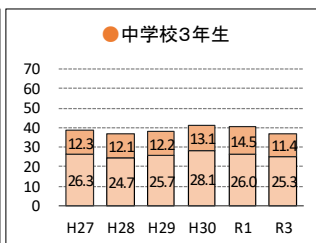
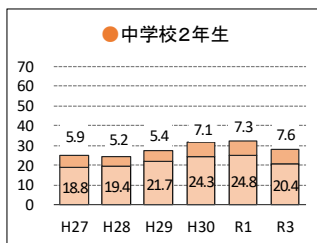
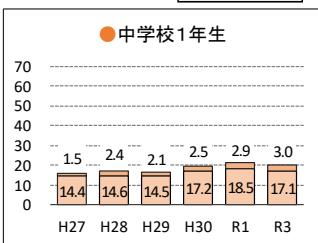
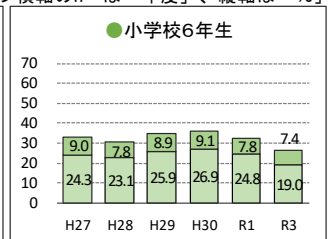
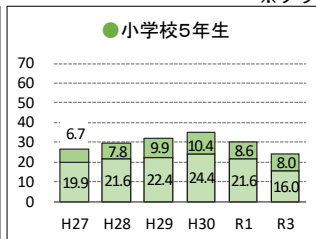
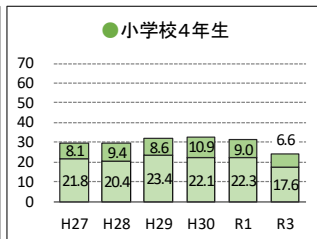
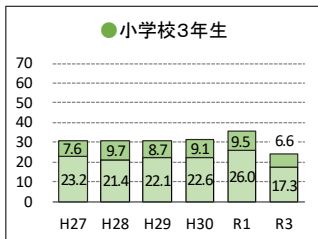


[A+B率]

男子

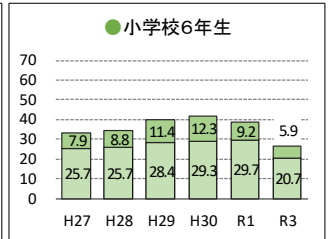
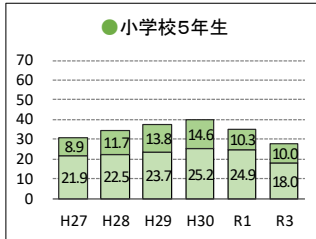
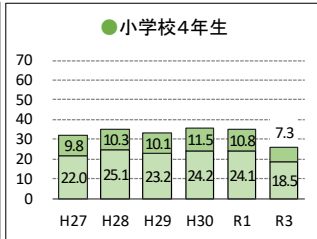
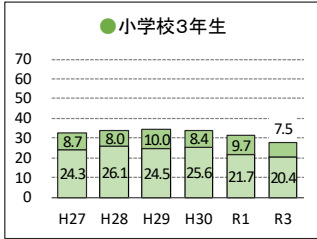


※グラフ横軸のH～は「年度」、縦軸は「%」

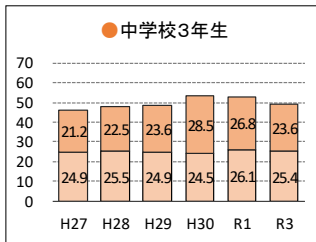
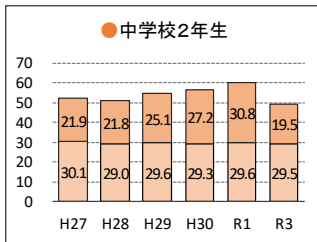
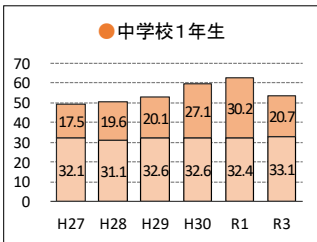


女子

■ A ■ B



■ A ■ B

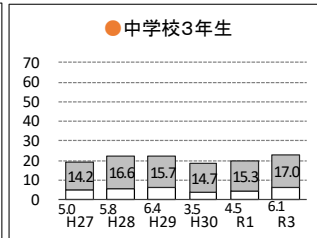
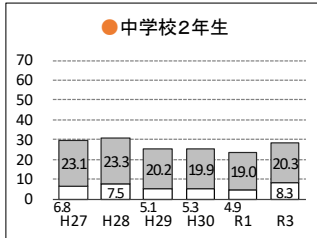
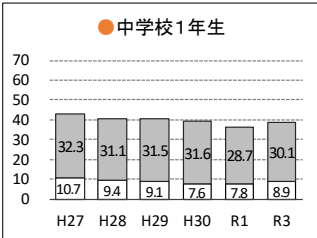
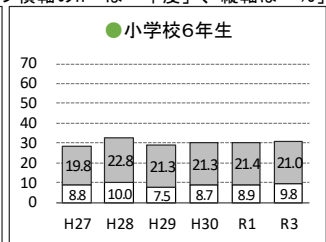
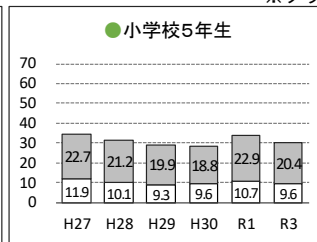
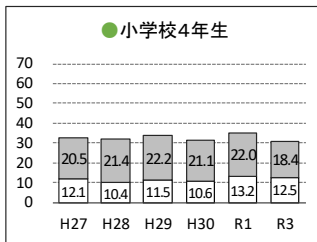
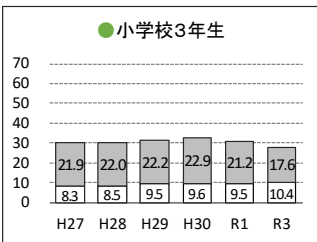


[D+E率]

男子

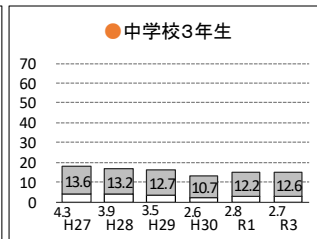
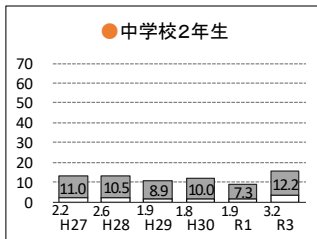
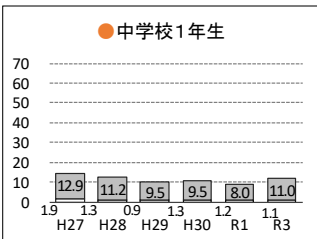
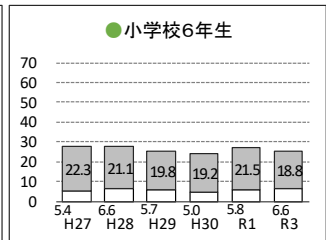
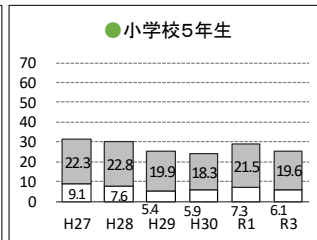
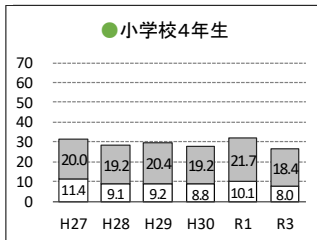
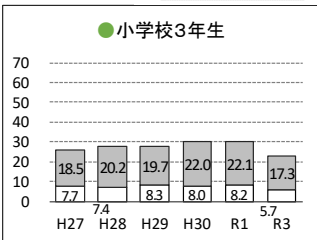
■ D □ E

※グラフ横軸のH～は「年度」、縦軸は「%」



女子

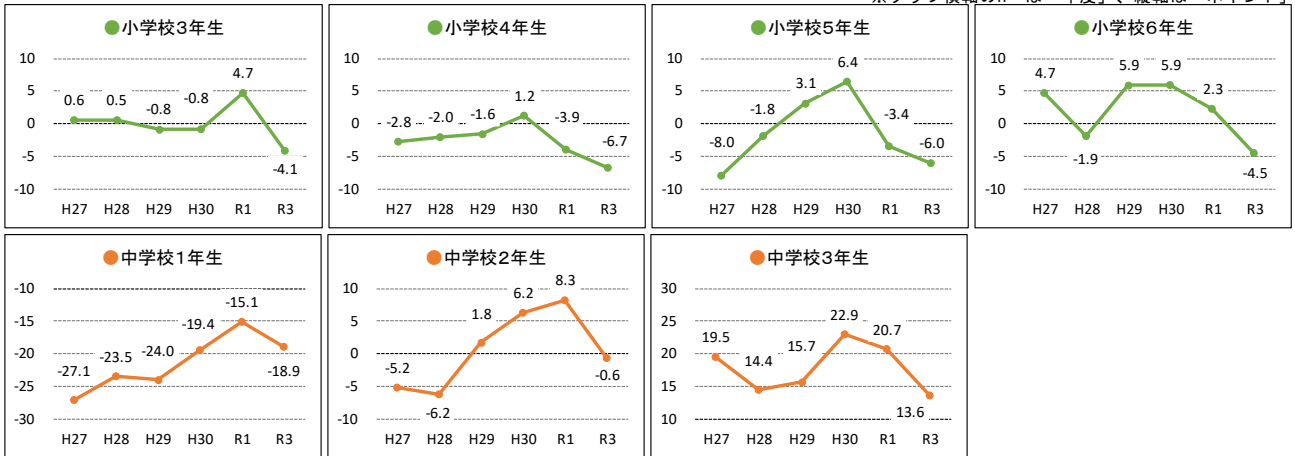
■ D □ E



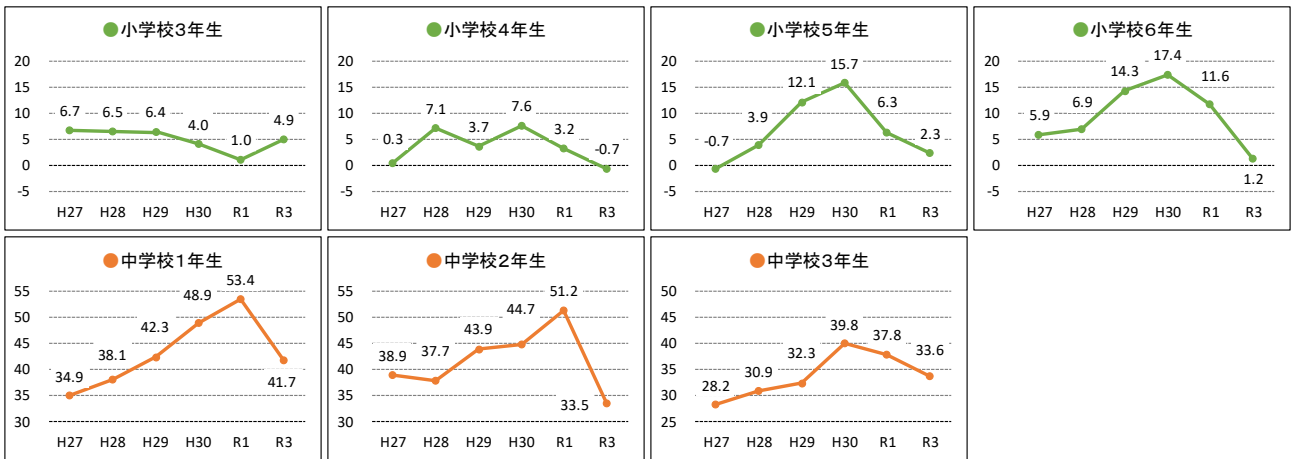
[(A+B) - (D+E) 率]

男子

※グラフ横軸のH～は「年度」、縦軸は「ポイント」



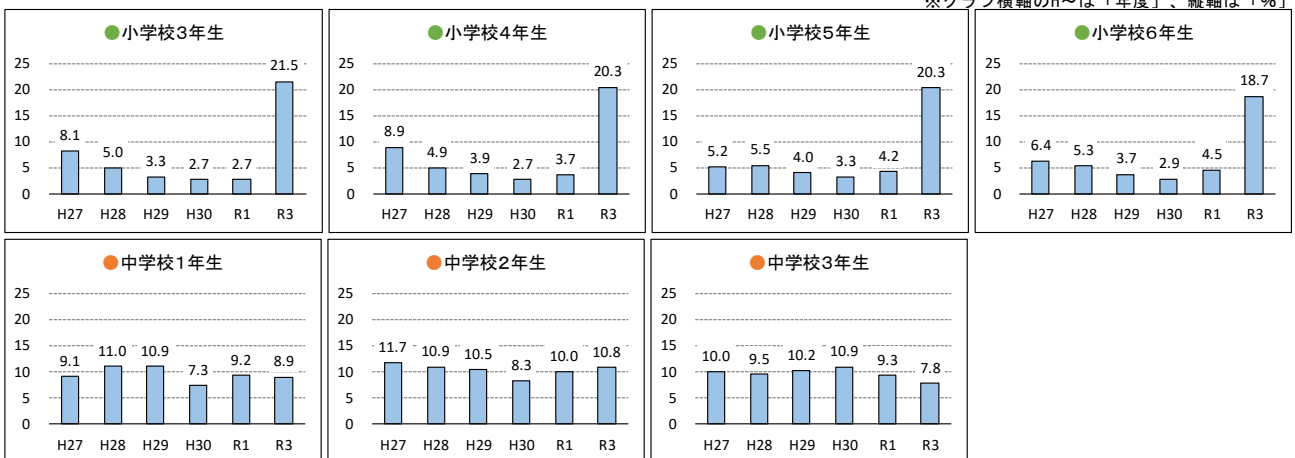
女子



〔評価不能率〕

男子

※グラフ横軸のH～は「年度」、縦軸は「%」



女子

