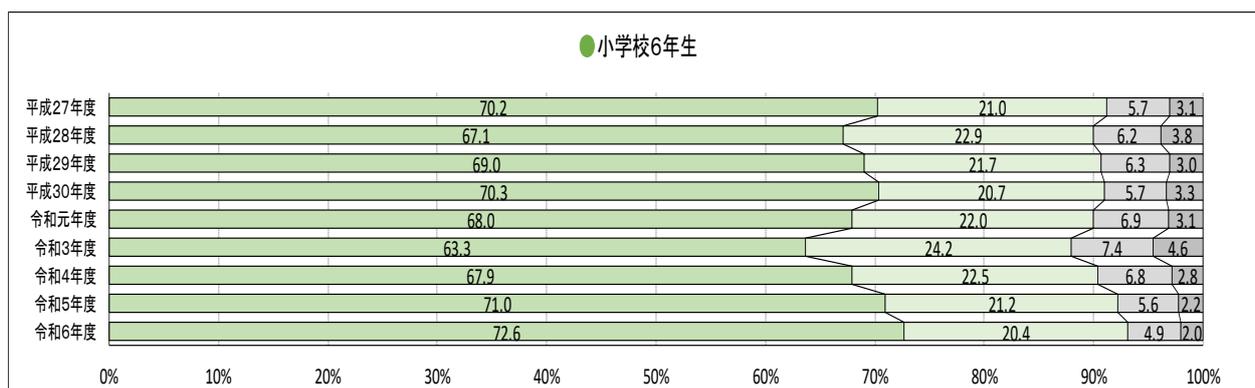
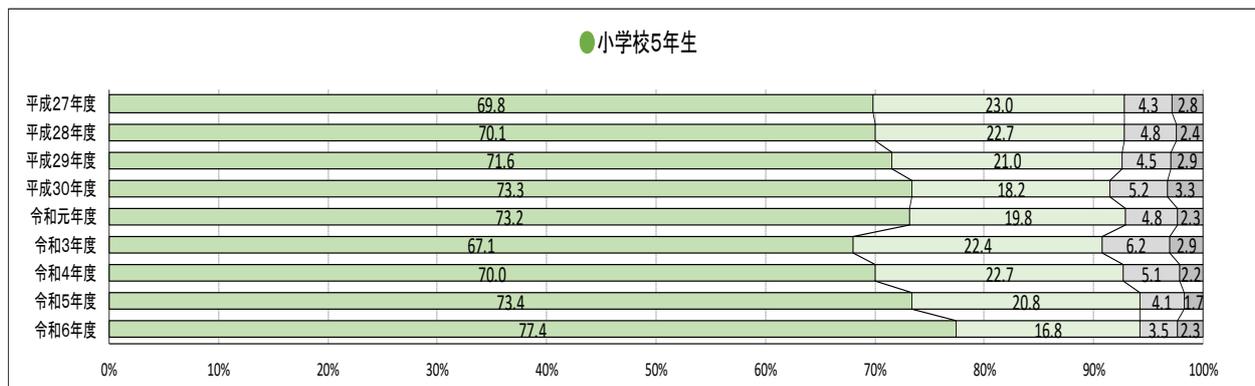
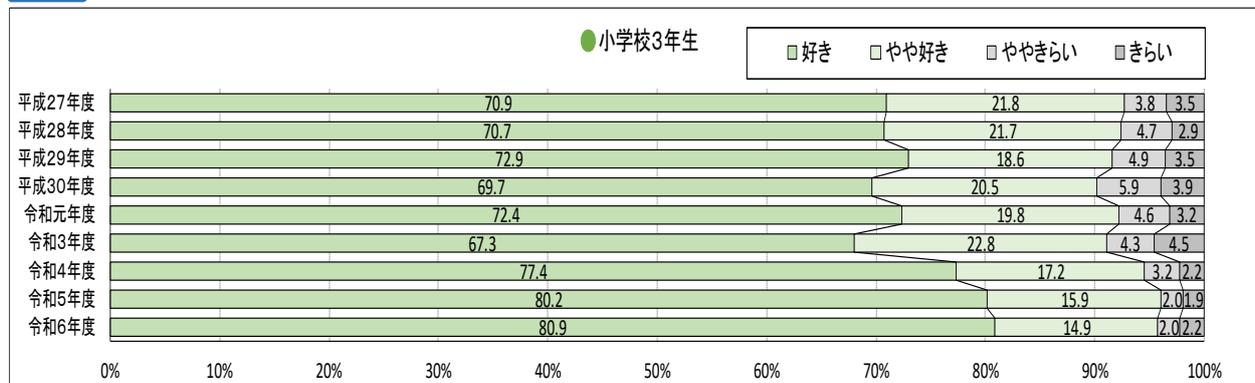


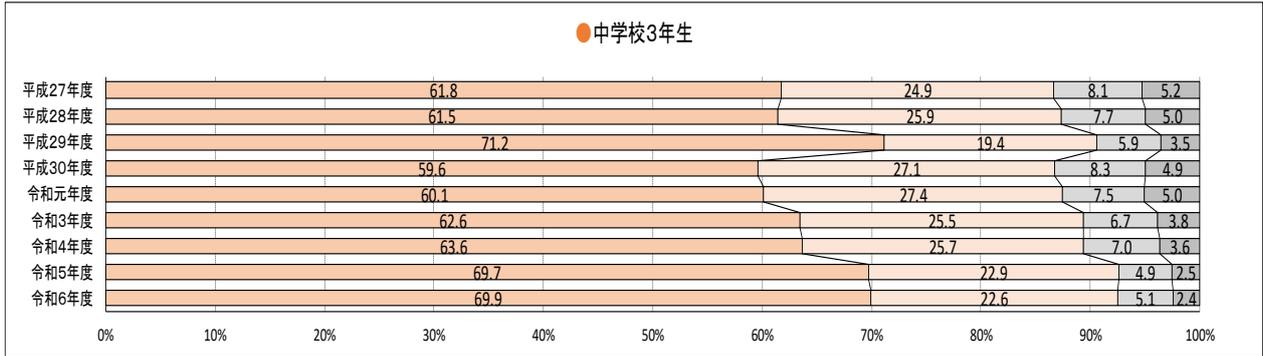
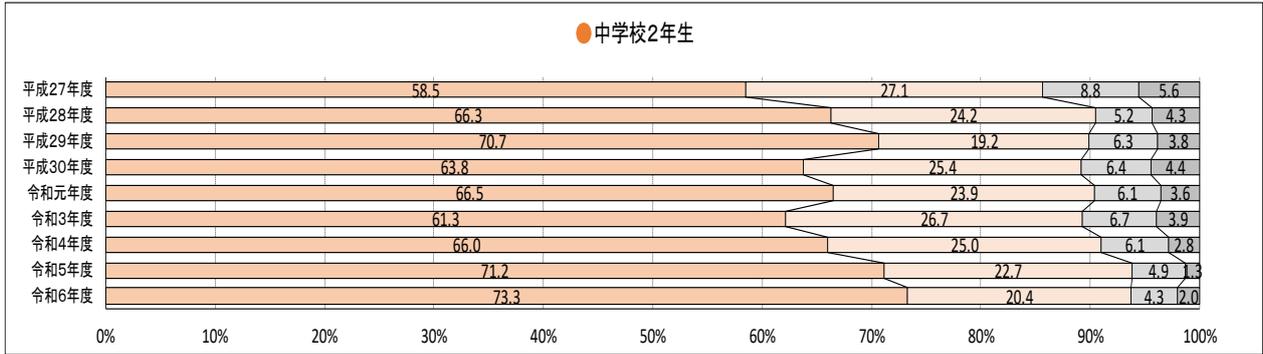
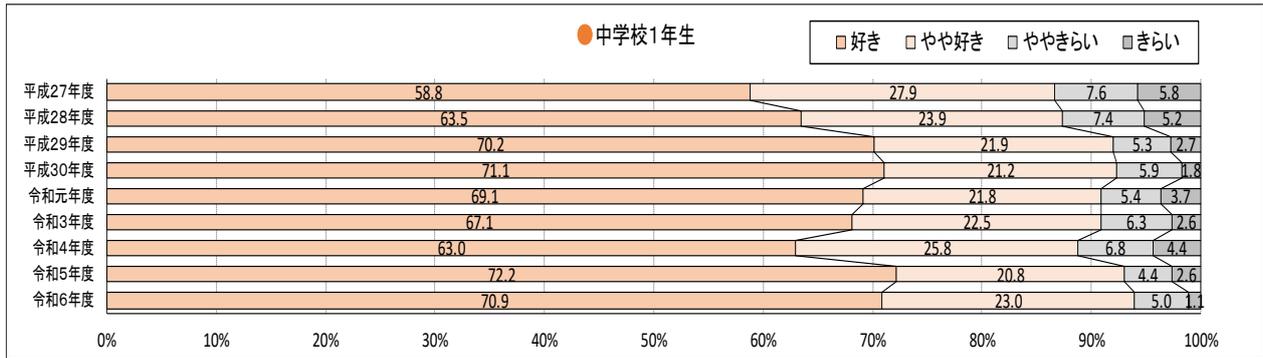
<参考資料1>平成27年度～令和6年度データ

2 運動やスポーツに対する意識

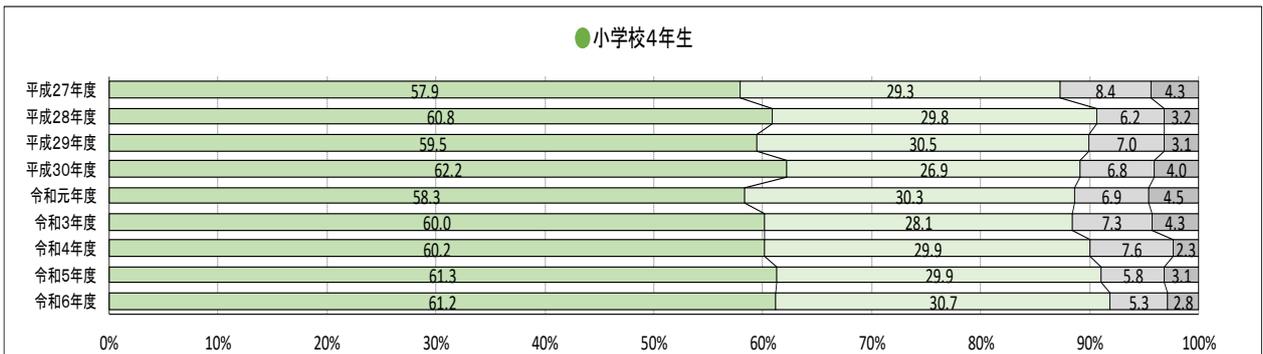
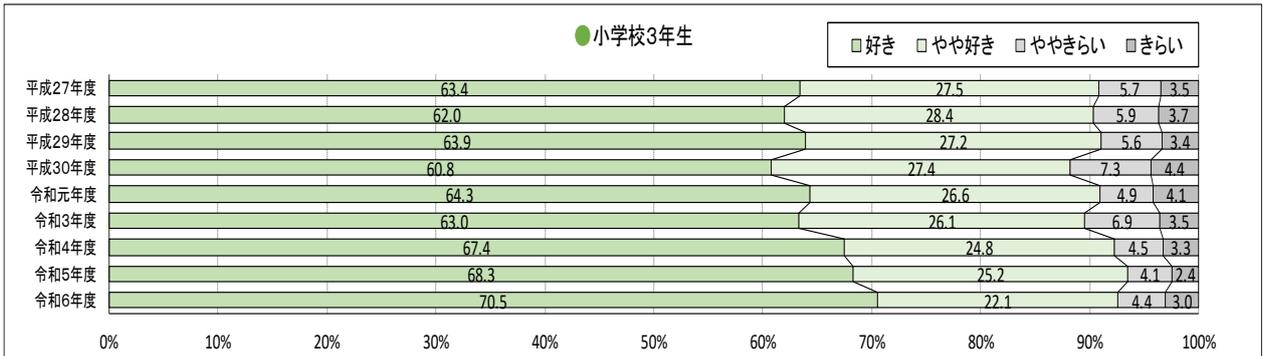
[運動やスポーツの好き・嫌いの経年変化]

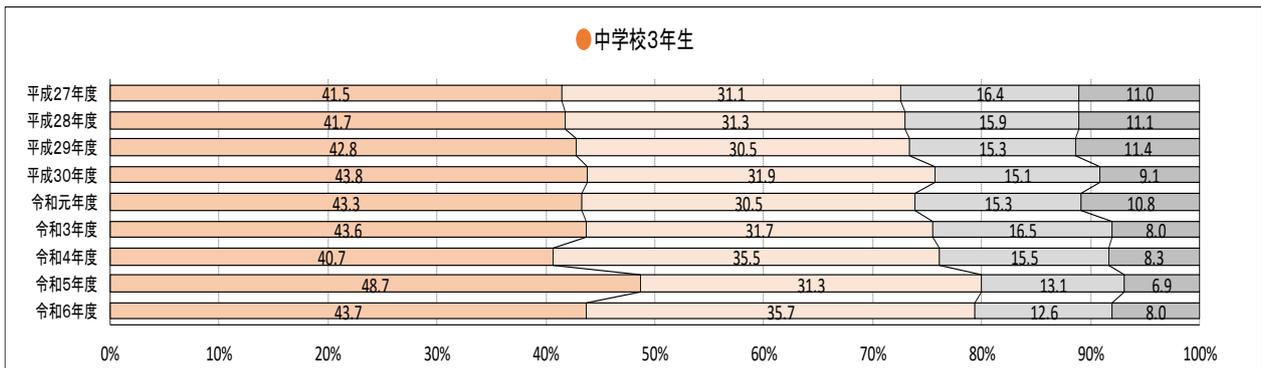
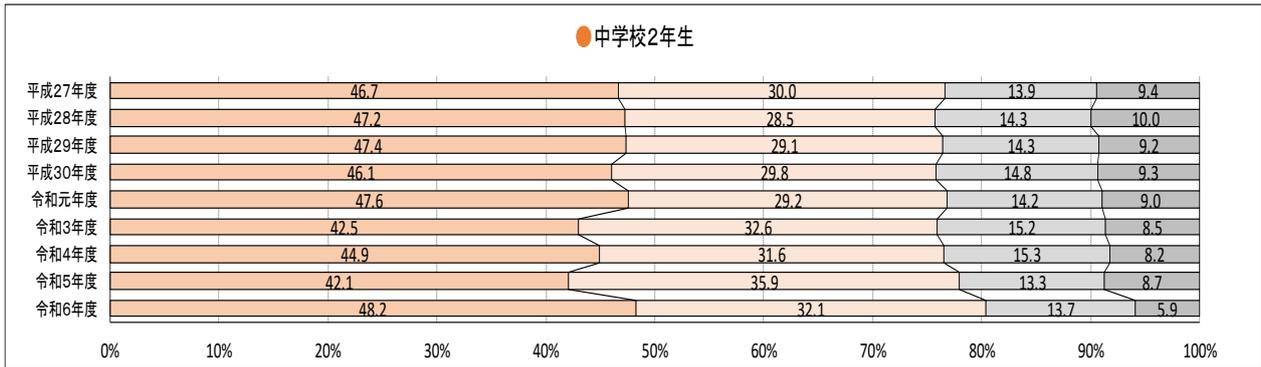
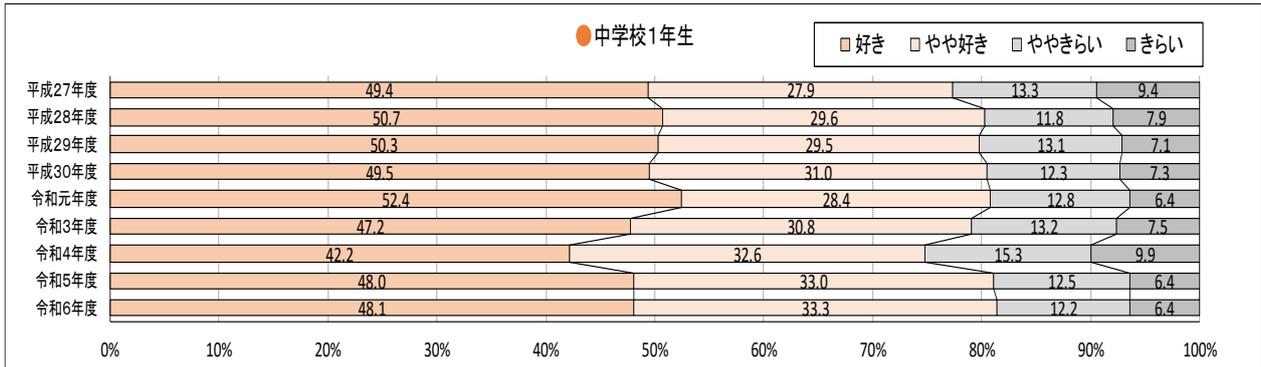
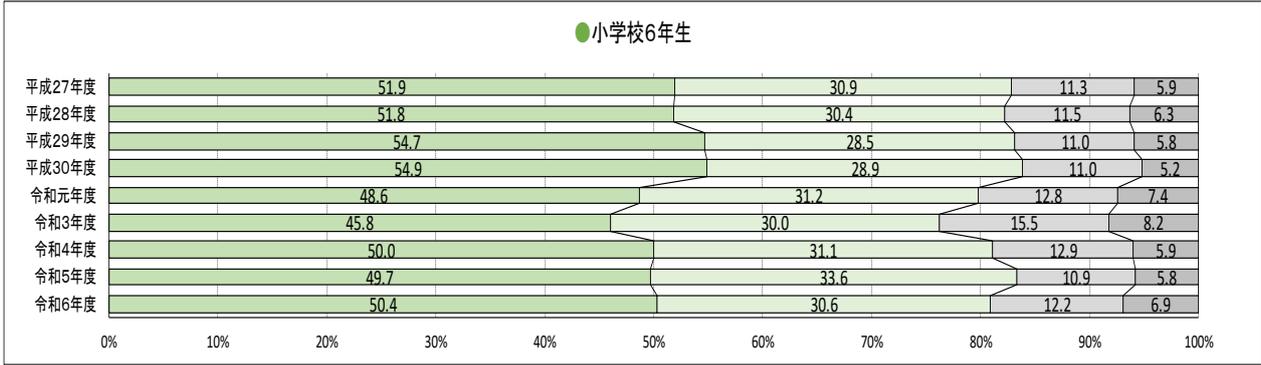
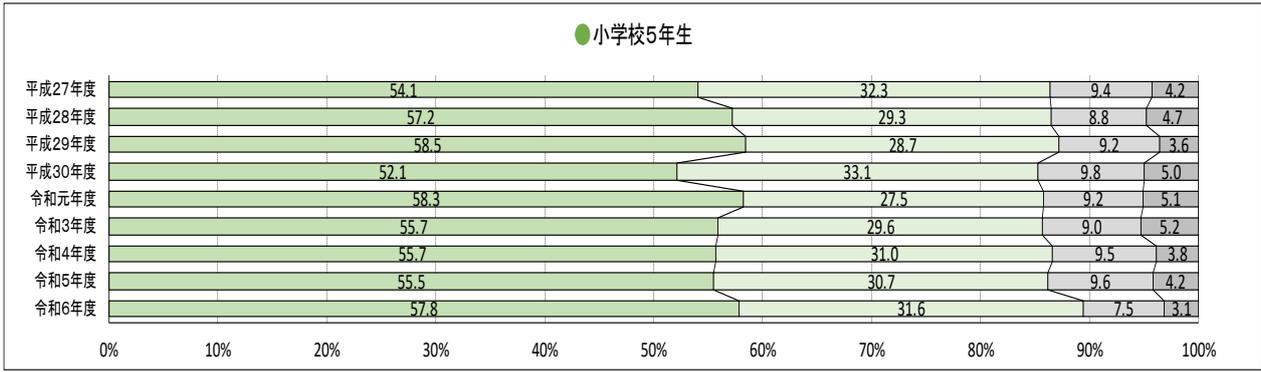
男子





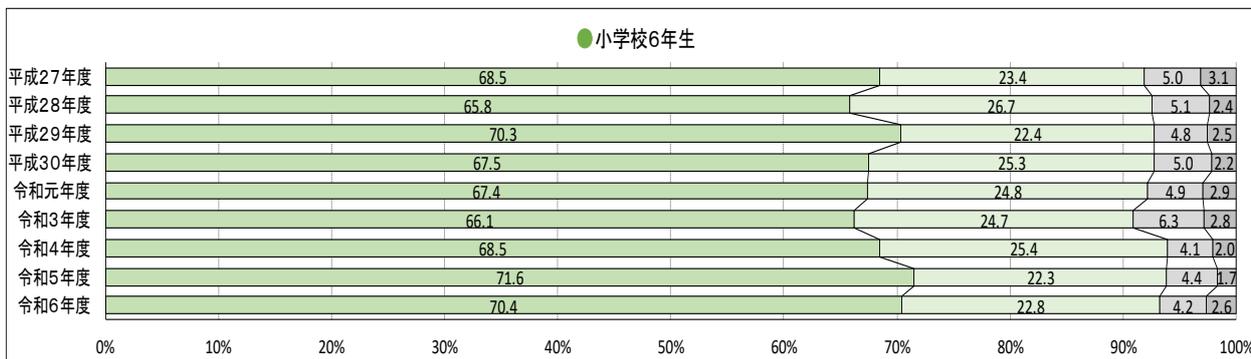
女子

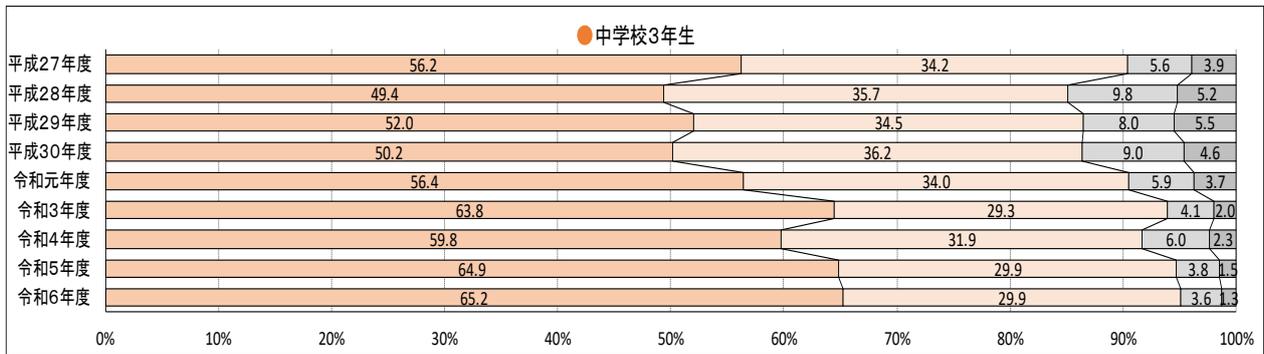
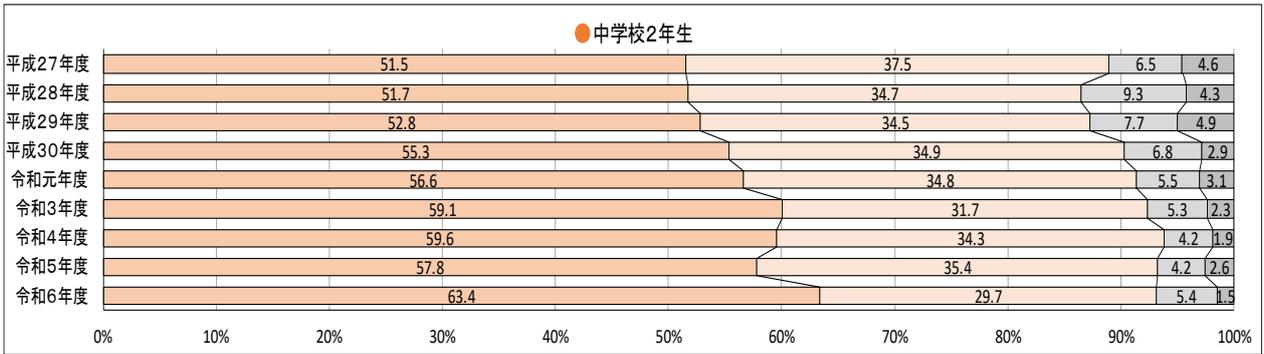
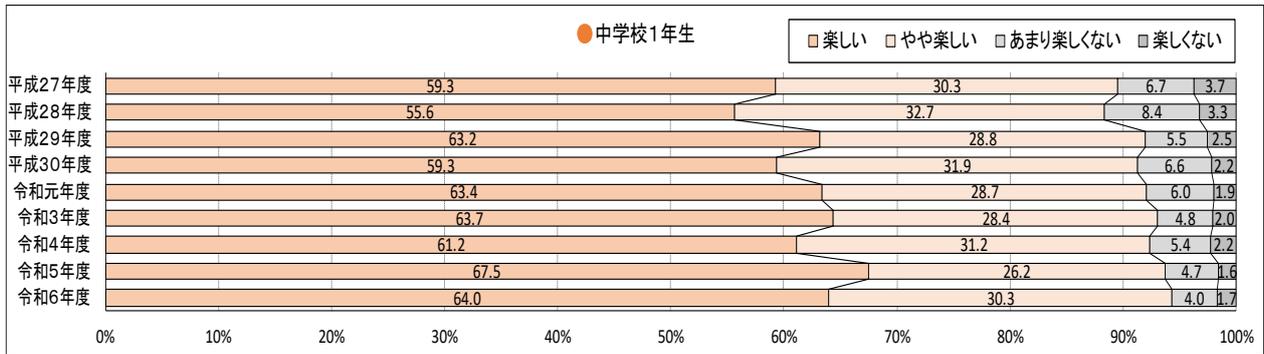




〔体育・保健体育の授業が楽しいの経年変化〕

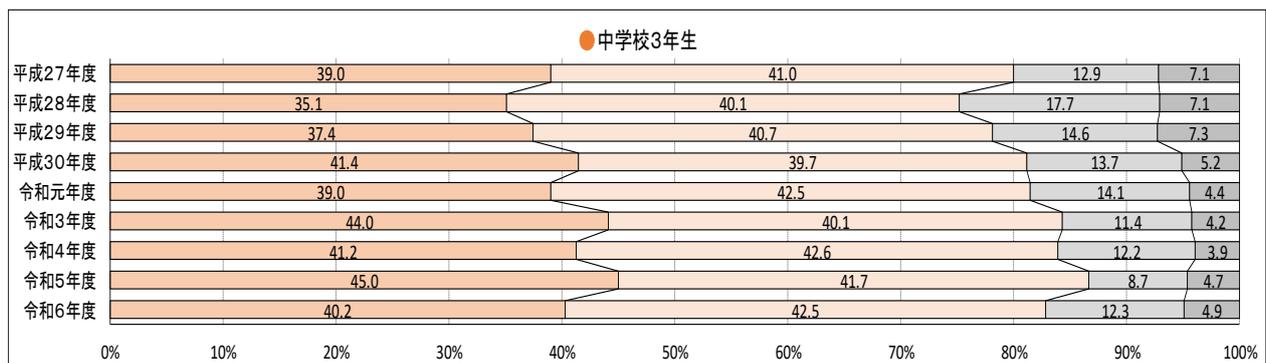
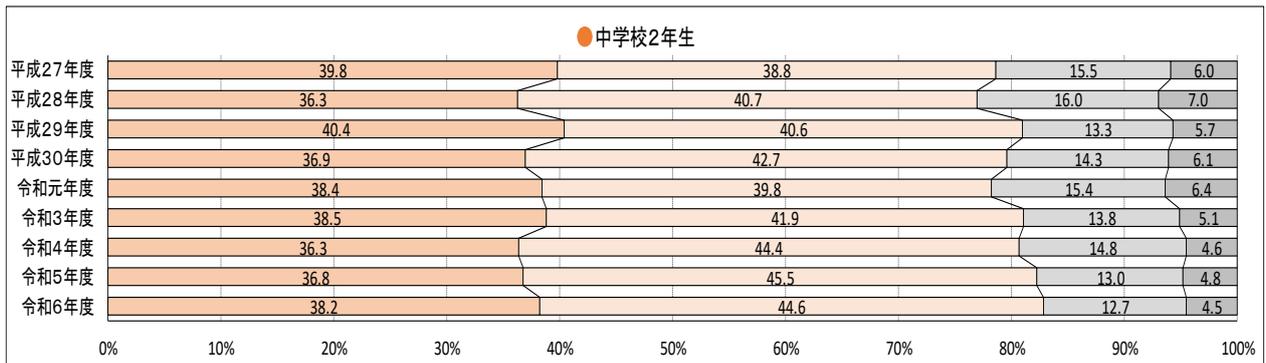
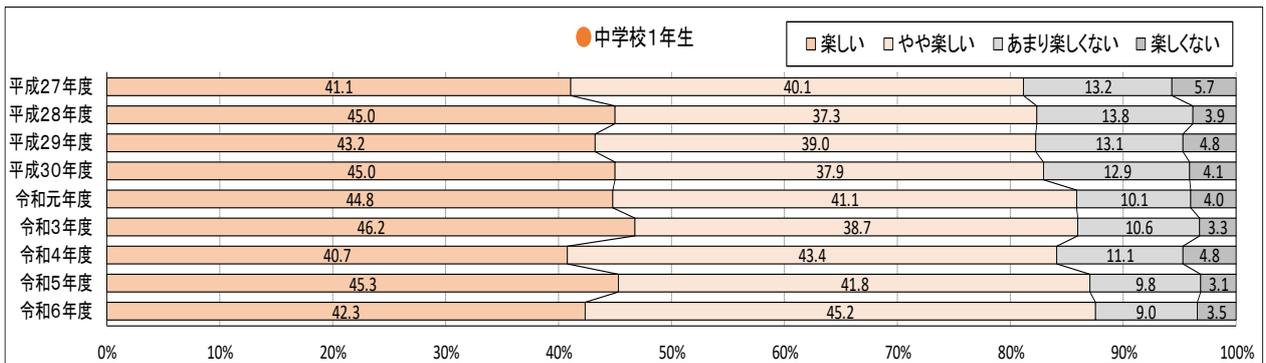
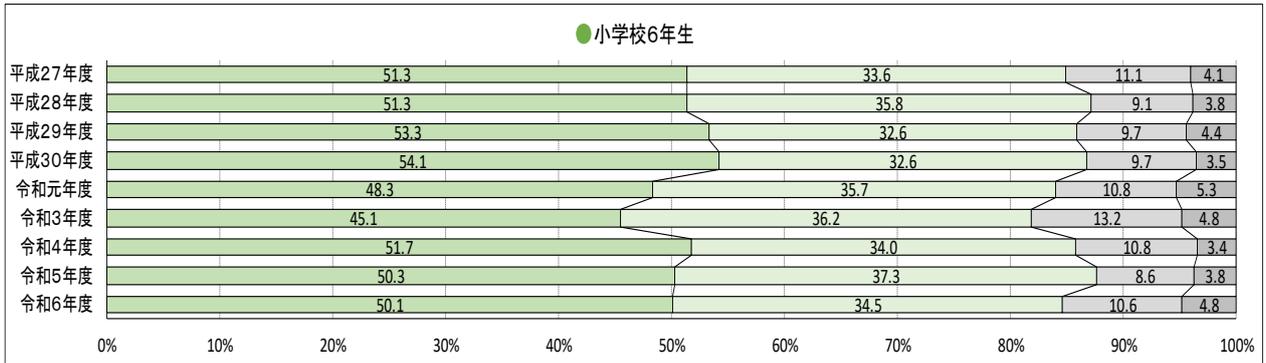
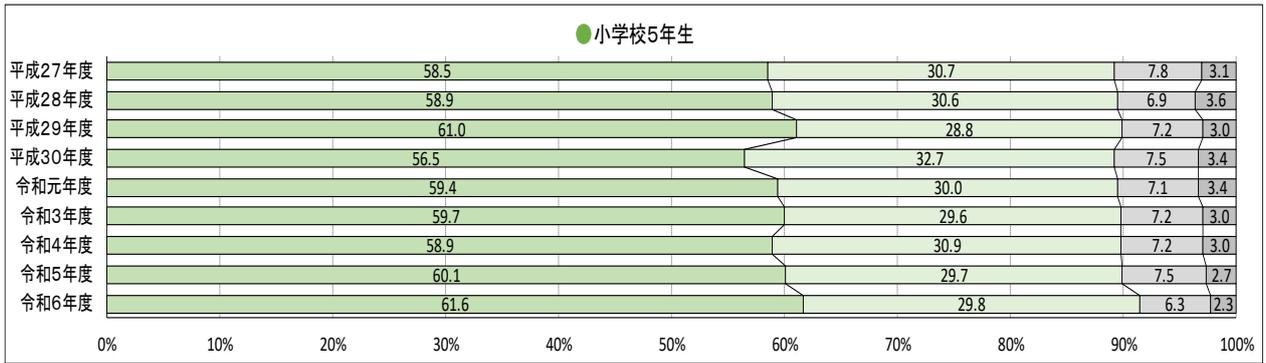
男子





女子



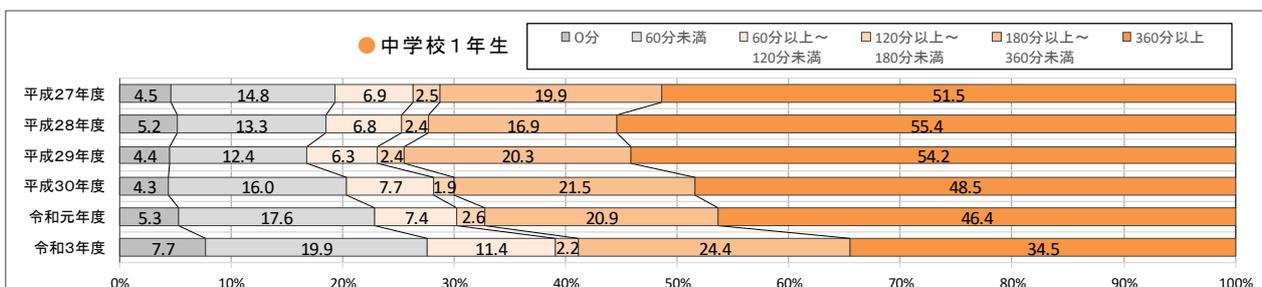
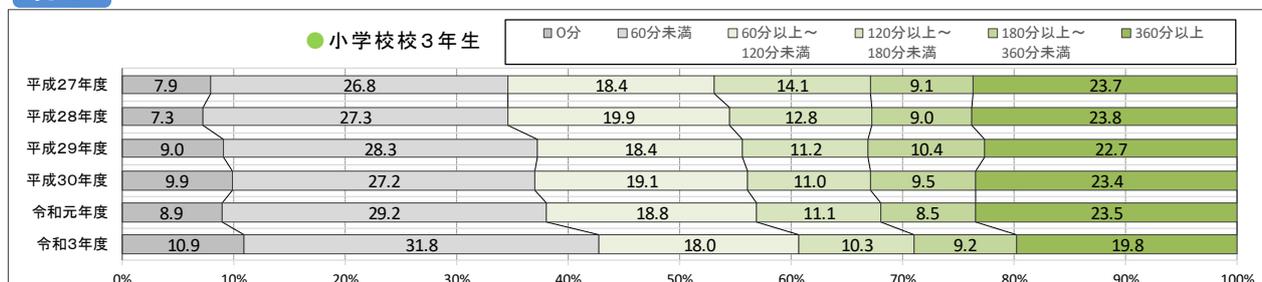


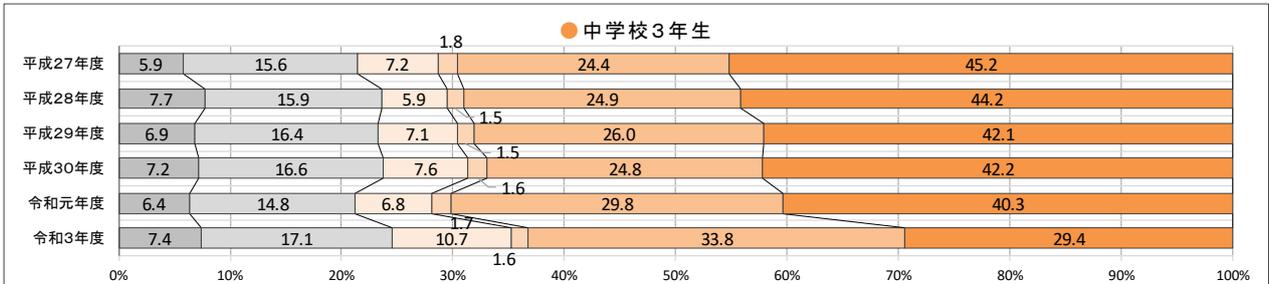
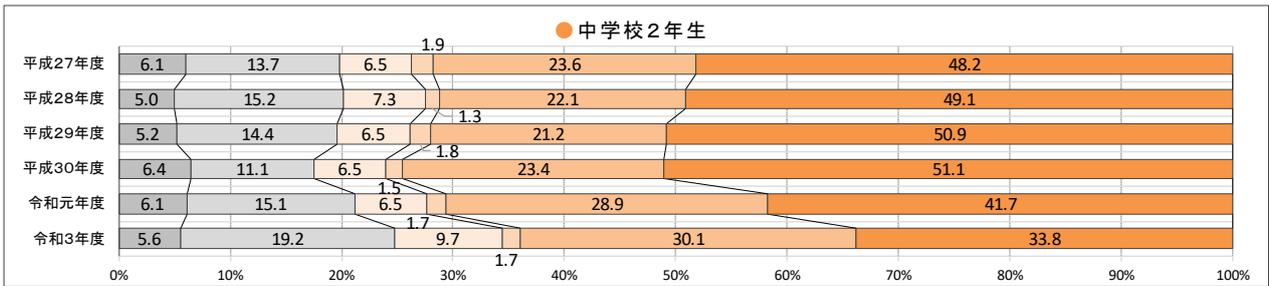
＜参考資料2＞平成27年度～令和3年度データ

3 1週間の総運動時間（経年変化）

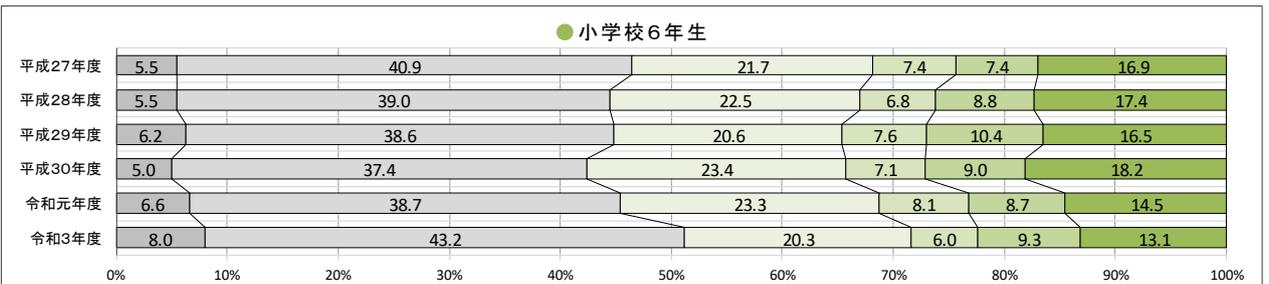
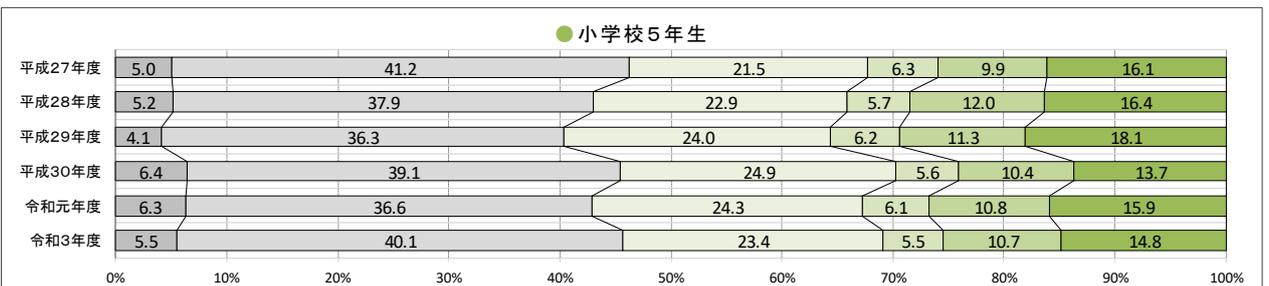
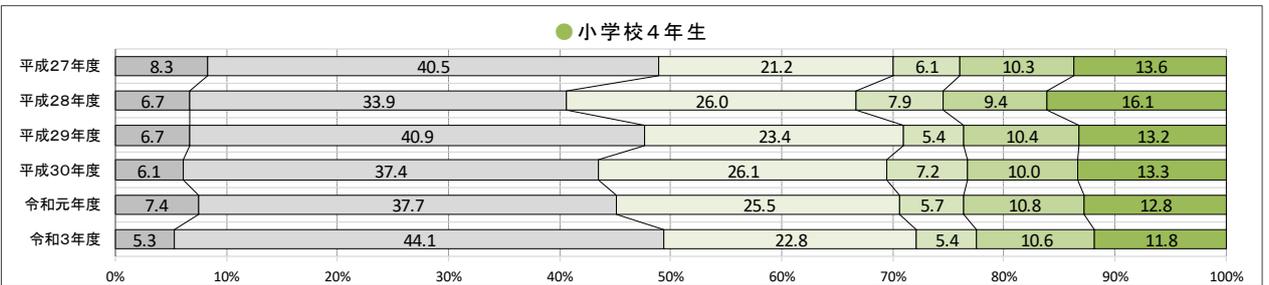
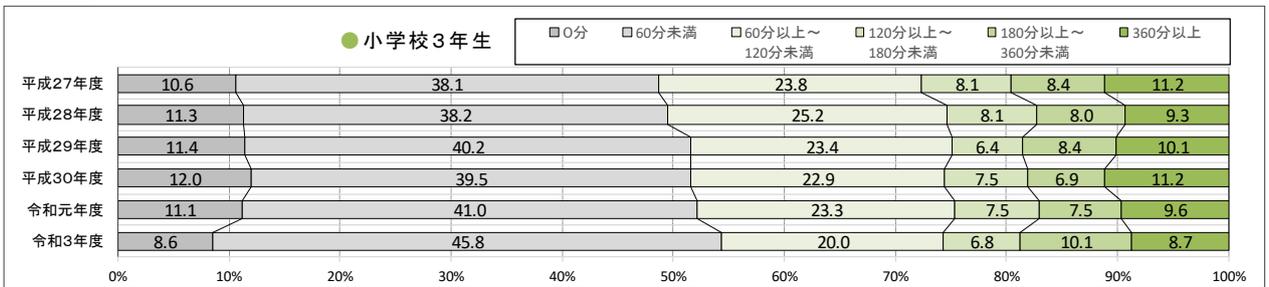
※令和4年度以降のデータはP. 36～37

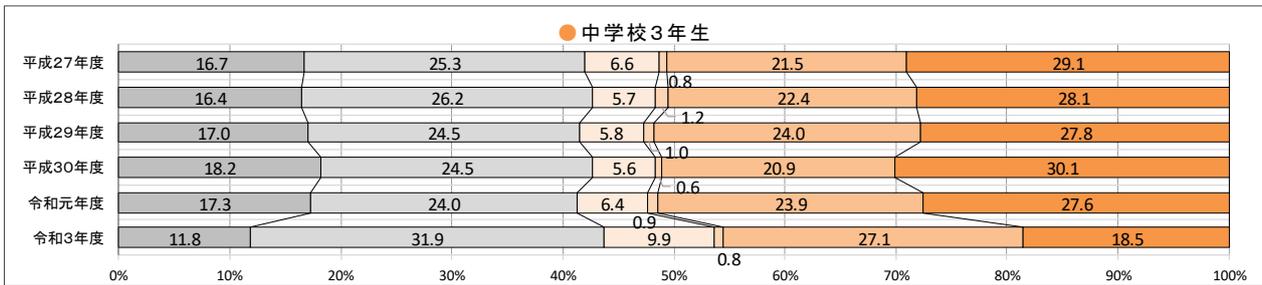
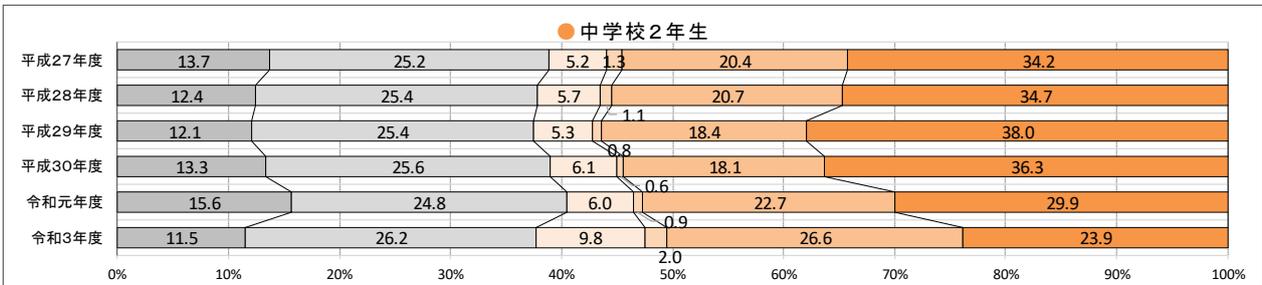
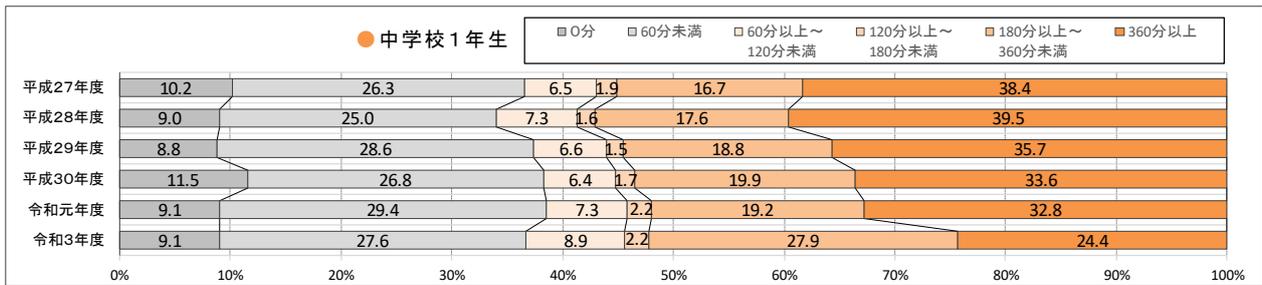
男子





女子



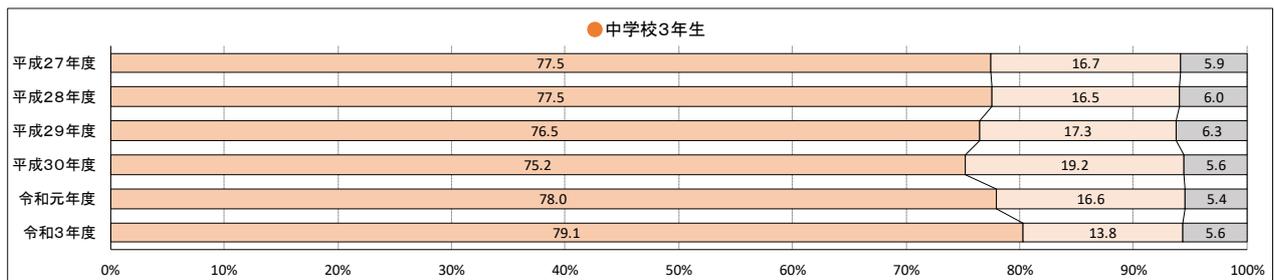
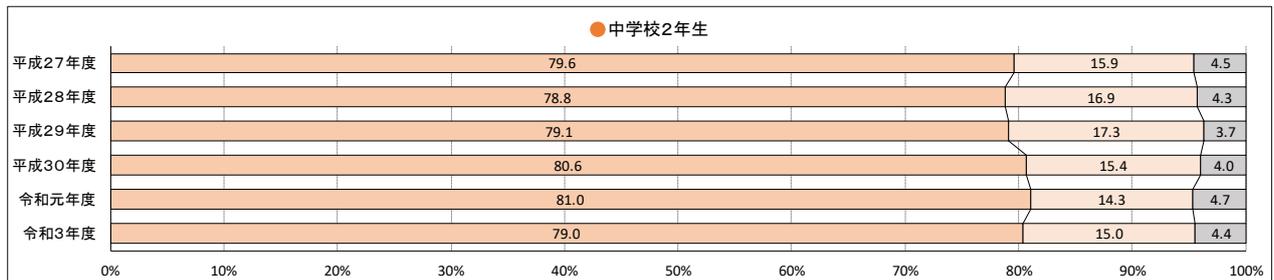


4 生活習慣の状況

〔朝食の摂取状況の経年変化〕 ※令和4年度以降のデータはP. 38～40

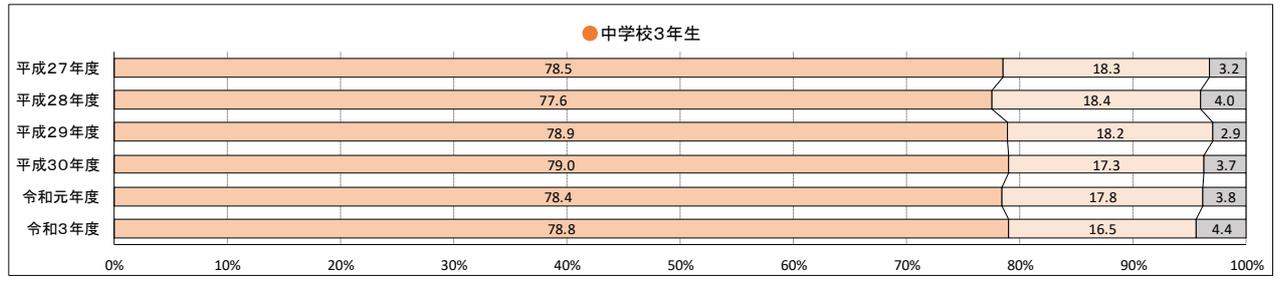
男子





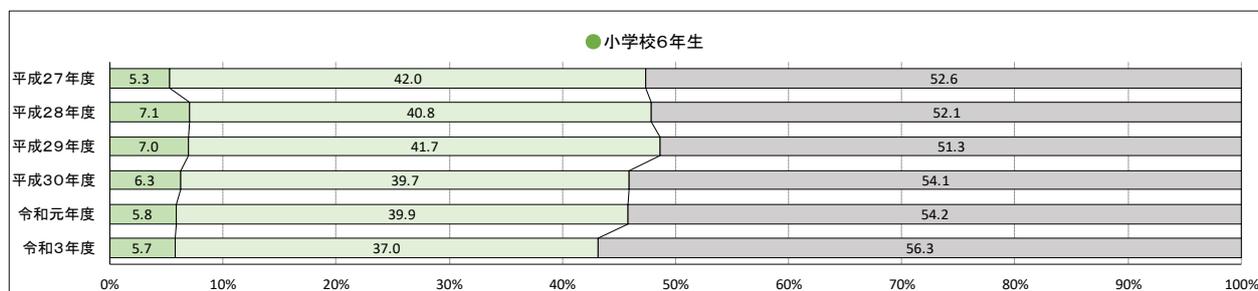
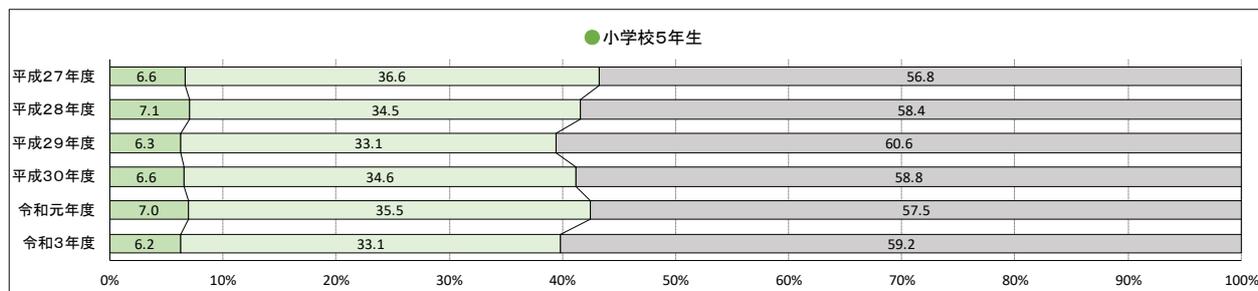
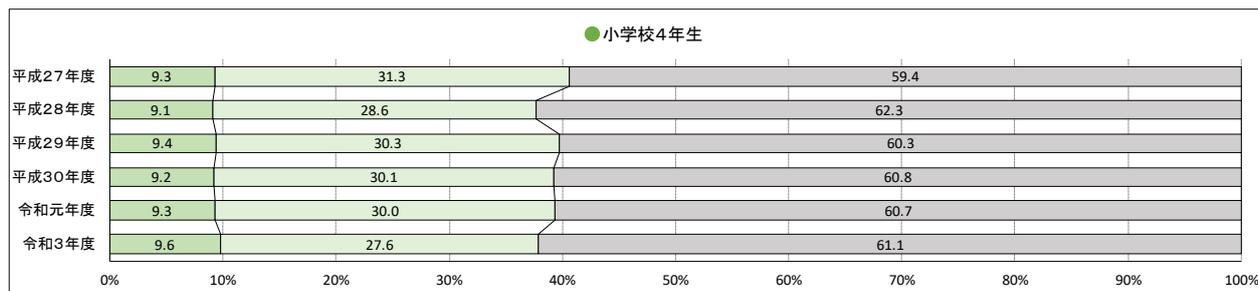
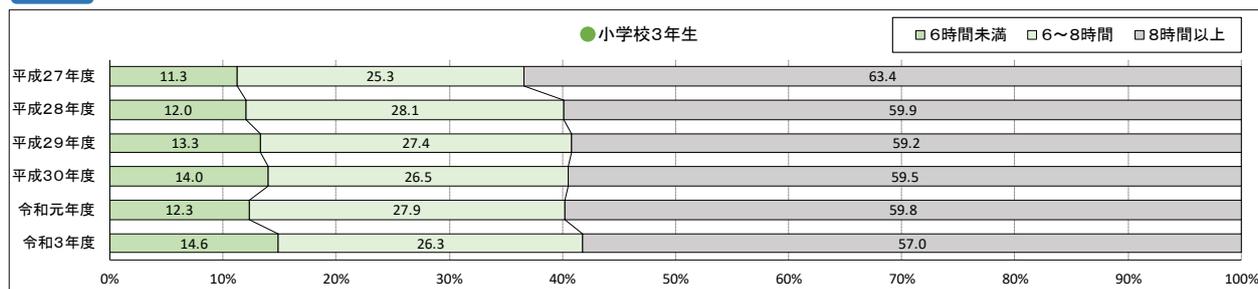
女子

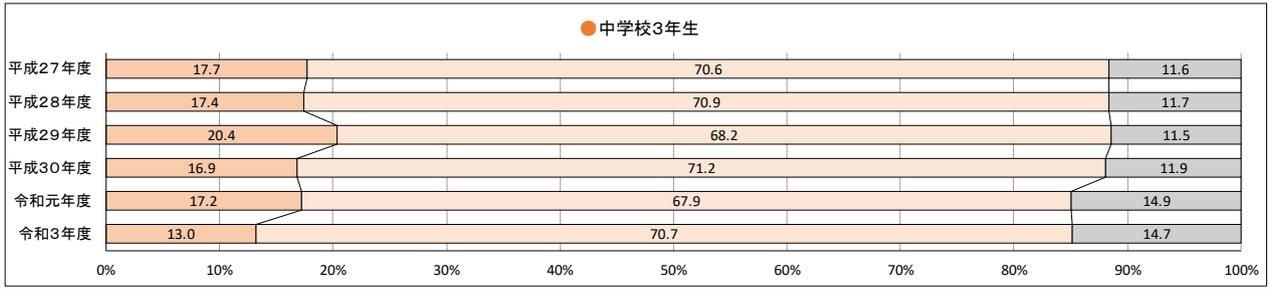




〔1日の睡眠時間の経年変化〕 ※令和4年度以降のデータはP. 40~42

男子





女子

